



Campeonatos Regionais de Verão da ARNN e Torregri III
Vinhais, 27 - 28/6/2026



Prova 46

Femin., 200m Livres

Infantis

28/06/2026 - 11:40

Resultados

Recordes Regionais (25m) Open	2:07.23	Ana Sofia Nobrega	ANG	Doha (QAT)	07/12/2014
Recordes Regionais (25m) Inf A	2:15.36	Joana Patrícia Pinto	GCVR	Vila Real	10/06/2008
Recordes Regionais (25m) Inf B	2:21.29	Andreia Monteiro Barreira	CMNPR	Santa Marta de Penaguião	13/07/2019

Lugar	Nome	Licença	Idade	Clube	Tempo Final	Pts
1.	Susana Pedro Carvalhinha	214488	13	Gcvr	2:37.39	-
	50m: 36.28 36.28	100m: 1:16.53	40.25	150m: 200m:	2:37.39	
2.	Laura Jorge Alves	216844	13	Gcvr	2:37.79	-
	50m: 34.87 34.87	100m: 1:14.44	39.57	150m: 200m:	2:37.79	
3.	Leonor Afonso Matela	220723	14	Escola Natacao Braganca	2:38.93	-
	50m: 33.90 33.90	100m: 1:13.53	39.63	150m: 200m:	2:38.93	
4.	Ana Rita Teixeira	216143	13	Peso da Regua	2:44.43	4,00
	50m: 36.56 36.56	100m: 1:18.14	41.58	150m: 200m:	2:44.43	
5.	Naima Francisco Ferreira	218420	13	Escola Natacao Braganca	2:46.03	-
	50m: 37.56 37.56	100m: 1:19.50	41.94	150m: 200m:	2:46.03	
6.	Lorena Sofia Ribeiro	223766	14	Gcvr	2:47.68	-
	50m: 37.53 37.53	100m: 1:20.00	42.47	150m: 200m:	2:47.68	
7.	Benedita Martins Fernandes	214551	13	Gcvr	2:47.72	-
	50m: 38.37 38.37	100m: 1:20.97	42.60	150m: 200m:	2:47.72	
8.	Matilde Ribeiro Sales	220142	13	Peso da Regua	2:48.75	-
	50m: 38.25 38.25	100m: 1:21.40	43.15	150m: 200m:	2:48.75	
9.	Maria Joao Gomes	216332	13	Gcvr	2:51.03	-
	50m: 38.74 38.74	100m: 1:23.57	44.83	150m: 200m:	2:51.03	
10.	Catarina Alexandra Tralhao	220506	14	Durius Ac Pesqueira	2:55.68	-
	50m: 39.81 39.81	100m: 1:24.62	44.81	150m: 200m:	2:55.68	
11.	Leonor Vaz Osório	216142	13	Peso da Regua	2:58.28	-
	50m: 42.68 42.68	100m: 1:29.06	46.38	150m: 200m:	2:58.28	
12.	Mara Daniela Rocha	222067	13	Peso da Regua	2:58.41	-
	50m: 38.66 38.66	100m: 1:23.87	45.21	150m: 200m:	2:58.41	
13.	Alice Silva Costa	224051	14	Gcvr	2:58.59	-
	50m: 39.75 39.75	100m: 1:24.83	45.08	150m: 200m:	2:58.59	
14.	Diana Ribeiro Nogueira	217385	14	Gcvr	3:00.37	-
	50m: 41.30 41.30	100m: 1:27.37	46.07	150m: 200m:	3:00.37	
15.	Iris Pereira Santos	225117	14	Durius Ac Pesqueira	3:22.34	-
	50m: 44.94 44.94	100m: 1:37.02	52.08	150m: 200m:	3:22.34	

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Femin., 200m Livres

Juvenis

28/06/2026 - 11:40

Resultados

Recordes Regionais (25m) Open	2:07.23	Ana Sofia Nobrega	ANG	Doha (QAT)	07/12/2014
Recordes Regionais (25m) Juv A	2:09.00	Maria Carolina Eira	GCVR	Vila Real	10/06/2021
Recordes Regionais (25m) Juv B	2:09.68	Maria Silva Pereira	GCVR	Vila Real	10/06/2023

Lugar	Nome	Licença	Idade	Clube	Tempo Final	Pts
1.	Maria Ines Mesquita	214677	16	Gcvr	2:23.00	-
	50m: 32.50 32.50	100m: 1:08.25	35.75	150m: 200m:	2:23.00	
2.	Maria Silva Poeta	212032	16	Gcvr	2:25.40	-
	50m: 32.59 32.59	100m: 1:09.46	36.87	150m: 200m:	2:25.40	
3.	Renata Daniela Rangel	220398	15	Gcvr	2:28.25	-
	50m: 33.05 33.05	100m: 1:10.44	37.39	150m: 200m:	2:28.25	
4.	Ines Rua Fernandes	213137	15	Gcvr	2:32.40	-
	50m: 33.72 33.72	100m: 1:11.97	38.25	150m: 200m:	2:32.40	
5.	Vitória Cortinhas Pinto	212716	16	Peso da Regua	2:48.71	-
	50m: 37.93 37.93	100m: 1:20.75	42.82	150m: 200m:	2:48.71	
6.	Matilde Pinto Teixeira	211225	15	Escola Natacao Braganca	2:52.56	-
	50m: 38.12 38.12	100m: 1:22.09	43.97	150m: 200m:	2:52.56	
DNS	Anita Santos Goncalves	210494	16	Escola Natacao Braganca		-



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Prova 46, Femin., 200m Livres

Prova 46
28/06/2026 - 11:40

Femin., 200m Livres

Juniores e Seniores
Resultados

Recordes Regionais (25m) Open	2:07.23	Ana Sofia Nobrega	ANG	Doha (QAT)	07/12/2014
Recordes Regionais (25m) Sen	2:07.23	Ana Sofia Nóbrega	ANG	Doha (QAT)	07/12/2014
Recordes Regionais (25m) 18	2:09.64	Andreia Monteiro Barreira	CMNPR	Leiria	10/12/2023
Recordes Regionais (25m) 17	2:07.93	Andreia Monteiro Barreira	CMNPR	Vila Real	10/06/2023

Lugar	Nome	Licença	Idade	Clube	Tempo Final	Pts
1.	Maria Manuel Braz	209417	17	Gcvr	2:15.56	7,00
	50m: 31.56 31.56	100m: 1:05.84 34.28	150m: 2:15.56	200m: 2:15.56		
2.	Leonor Carmide Silva	151721	17	Gcvr	2:17.65	-
	50m: 31.94 31.94	100m: 1:06.40 34.46	150m: 2:17.65	200m: 2:17.65		
3.	Leonor Santos Silva	121982	23	Gcvr	2:21.37	-
	50m: 32.25 32.25	100m: 1:08.00 35.75	150m: 2:21.37	200m: 2:21.37		
4.	Mariana Jose Martins	220726	20	Escola Natacao Braganca	2:36.44	5,00
	50m: 35.72 35.72	100m: 1:15.40 39.68	150m: 2:36.44	200m: 2:36.44		
5.	Francisca Moreira Fonseca	209211	17	Peso da Regua	2:48.96	-
	50m: 37.50 37.50	100m: 1:21.12 43.62	150m: 2:48.96	200m: 2:48.96		
6.	Maria Julia Cardoso	220507	17	Durius Ac Pesqueira	2:55.15	3,00
	50m: 38.90 38.90	100m: 1:24.71 45.81	150m: 2:55.15	200m: 2:55.15		

Prova 46
28/06/2026 - 11:40

Femin., 200m Livres

Absoluto
Resultados

Recordes Regionais (25m) Open	2:07.23	Ana Sofia Nobrega	ANG	Doha (QAT)	07/12/2014
Recordes Regionais (25m) Sen	2:07.23	Ana Sofia Nóbrega	ANG	Doha (QAT)	07/12/2014
Recordes Regionais (25m) 18	2:09.64	Andreia Monteiro Barreira	CMNPR	Leiria	10/12/2023
Recordes Regionais (25m) 17	2:07.93	Andreia Monteiro Barreira	CMNPR	Vila Real	10/06/2023
Recordes Regionais (25m) Juv A	2:09.00	Maria Carolina Eira	GCVR	Vila Real	10/06/2021
Recordes Regionais (25m) Juv B	2:09.68	Maria Silva Pereira	GCVR	Vila Real	10/06/2023
Recordes Regionais (25m) Inf A	2:15.36	Joana Patrícia Pinto	GCVR	Vila Real	10/06/2008
Recordes Regionais (25m) Inf B	2:21.29	Andreia Monteiro Barreira	CMNPR	Santa Marta de Penaguião	13/07/2019

Lugar	Nome	Licença	Idade	Clube	Tempo Final	Pts
1.	Maria Manuel Braz	209417	17	Gcvr	2:15.56	7,00
	50m: 31.56 31.56	100m: 1:05.84 34.28	150m: 2:15.56	200m: 2:15.56		
2.	Leonor Carmide Silva	151721	17	Gcvr	2:17.65	-
	50m: 31.94 31.94	100m: 1:06.40 34.46	150m: 2:17.65	200m: 2:17.65		
3.	Leonor Santos Silva	121982	23	Gcvr	2:21.37	-
	50m: 32.25 32.25	100m: 1:08.00 35.75	150m: 2:21.37	200m: 2:21.37		
4.	Maria Ines Mesquita	214677	16	Gcvr	2:23.00	-
	50m: 32.50 32.50	100m: 1:08.25 35.75	150m: 2:23.00	200m: 2:23.00		
5.	Maria Silva Poeta	212032	16	Gcvr	2:25.40	-
	50m: 32.59 32.59	100m: 1:09.46 36.87	150m: 2:25.40	200m: 2:25.40		
6.	Renata Daniela Rangel	220398	15	Gcvr	2:28.25	-
	50m: 33.05 33.05	100m: 1:10.44 37.39	150m: 2:28.25	200m: 2:28.25		
7.	Ines Rua Fernandes	213137	15	Gcvr	2:32.40	-
	50m: 33.72 33.72	100m: 1:11.97 38.25	150m: 2:32.40	200m: 2:32.40		
8.	Mariana Jose Martins	220726	20	Escola Natacao Braganca	2:36.44	5,00
	50m: 35.72 35.72	100m: 1:15.40 39.68	150m: 2:36.44	200m: 2:36.44		
9.	Susana Pedro Carvalhinha	214488	13	Gcvr	2:37.39	-
	50m: 36.28 36.28	100m: 1:16.53 40.25	150m: 2:37.39	200m: 2:37.39		
10.	Laura Jorge Alves	216844	13	Gcvr	2:37.79	-
	50m: 34.87 34.87	100m: 1:14.44 39.57	150m: 2:37.79	200m: 2:37.79		
11.	Leonor Afonso Matela	220723	14	Escola Natacao Braganca	2:38.93	-
	50m: 33.90 33.90	100m: 1:13.53 39.63	150m: 2:38.93	200m: 2:38.93		
12.	Ana Rita Teixeira	216143	13	Peso da Regua	2:44.43	4,00
	50m: 36.56 36.56	100m: 1:18.14 41.58	150m: 2:44.43	200m: 2:44.43		
13.	Naima Francisco Ferreira	218420	13	Escola Natacao Braganca	2:46.03	-
	50m: 37.56 37.56	100m: 1:19.50 41.94	150m: 2:46.03	200m: 2:46.03		
14.	Lorena Sofia Ribeiro	223766	14	Gcvr	2:47.68	-
	50m: 37.53 37.53	100m: 1:20.00 42.47	150m: 2:47.68	200m: 2:47.68		
15.	Benedita Martins Fernandes	214551	13	Gcvr	2:47.72	-
	50m: 38.37 38.37	100m: 1:20.97 42.60	150m: 2:47.72	200m: 2:47.72		



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Vinhais, 27 - 28/6/2026



Prova 46, Femin., 200m Livres, Absoluto

Lugar	Nome	Licença	Idade	Clube	Tempo Final	Pts
16.	Vitória Cortinhas Pinto 50m: 37.93 37.93	212716 100m: 1:20.75 42.82	16	Peso da Regua	200m: 2:48.71 2:48.71	-
17.	Matilde Ribeiro Sales 50m: 38.25 38.25	220142 100m: 1:21.40 43.15	13	Peso da Regua	200m: 2:48.75 2:48.75	-
18.	Francisca Moreira Fonseca 50m: 37.50 37.50	209211 100m: 1:21.12 43.62	17	Peso da Regua	200m: 2:48.96 2:48.96	-
19.	Maria Joao Gomes 50m: 38.74 38.74	216332 100m: 1:23.57 44.83	13	Gcwr	200m: 2:51.03 2:51.03	-
20.	Matilde Pinto Teixeira 50m: 38.12 38.12	211225 100m: 1:22.09 43.97	15	Escola Natacao Braganca	200m: 2:52.56 2:52.56	-
21.	Maria Julia Cardoso 50m: 38.90 38.90	220507 100m: 1:24.71 45.81	17	Durius Ac Pesqueira	200m: 2:55.15 2:55.15	3,00
22.	Catarina Alexandra Tralhao 50m: 39.81 39.81	220506 100m: 1:24.62 44.81	14	Durius Ac Pesqueira	200m: 2:55.68 2:55.68	-
23.	Leonor Vaz Osório 50m: 42.68 42.68	216142 100m: 1:29.06 46.38	13	Peso da Regua	200m: 2:58.28 2:58.28	-
24.	Mara Daniela Rocha 50m: 38.66 38.66	222067 100m: 1:23.87 45.21	13	Peso da Regua	200m: 2:58.41 2:58.41	-
25.	Alice Silva Costa 50m: 39.75 39.75	224051 100m: 1:24.83 45.08	14	Gcwr	200m: 2:58.59 2:58.59	-
26.	Diana Ribeiro Nogueira 50m: 41.30 41.30	217385 100m: 1:27.37 46.07	14	Gcwr	200m: 3:00.37 3:00.37	-
27.	Iris Pereira Santos 50m: 44.94 44.94	225117 100m: 1:37.02 52.08	14	Durius Ac Pesqueira	200m: 3:22.34 3:22.34	-
DNS	Anita Santos Goncalves	210494	16	Escola Natacao Braganca		-