



Campeonatos Regionais de Verão da ARNN e Torregri III
Vinhais, 27 - 28/6/2026



Prova 38

Femin., 800m Livres

Infantis

28/06/2026 - 10:00

Resultados

Recordes Regionais (25m) Open	9:47.02	Joana Patricia Pinto	GCVR	Vila Real	01/03/2009
Recordes Regionais (25m) Inf A	9:47.70	Ana Margarida Guedes	GCVR	Bragan�a	04/07/2015
Recordes Regionais (25m) Inf B	9:47.64	Ana Margarida Guedes	GCVR	Santa Marta	06/07/2014

Lugar	Nome	Licen�a	Idade	Clube	Tempo Final	Pts
1.	Susana Pedro Carvalhinha	214488	13	Gcvr	11:21.81	-
	50m: 38.25 38.25	300m: 4:10.21 1:25.71		600m: 8:31.43 1:27.22		
	100m: 1:20.59 42.34	400m: 5:37.12 1:26.91		700m: 9:58.18 1:26.75		
	200m: 2:44.50 1:23.91	500m: 7:04.21 1:27.09		800m: 11:21.81 1:23.63		
2.	Naima Francisco Ferreira	218420	13	Escola Natacao Braganca	11:44.63	5,00
	50m: 37.27 37.27	250m: 4:15.38		500m: 7:14.74	650m: 10:15.77	
	100m: 1:18.95 41.68	300m: 4:15.38		550m: 7:14.74	700m: 10:15.77	
	150m: 2:45.85	350m: 5:44.36		600m: 8:44.06	750m: 11:44.63	
	200m: 2:45.85	400m: 5:44.36			800m: 11:44.63	
3.	Leonor Ferreira Sousa	222428	14	Fnc	11:48.68	4,00
	50m: 37.90 37.90	300m: 4:20.75 1:31.57		600m: 8:54.78 1:30.85		
	100m: 1:20.43 42.53	400m: 5:52.50 1:31.75		700m: 10:24.81 1:30.03		
	200m: 2:49.18 1:28.75	500m: 7:23.93 1:31.43		800m: 11:48.68 1:23.87		
4.	Benedita Martins Fernandes	214551	13	Gcvr	12:00.47	-
	50m: 40.40 40.40	300m: 4:29.22 1:32.03		600m: 9:06.33 1:32.08		
	100m: 1:25.79 45.39	400m: 6:01.83 1:32.61		700m: 10:33.97 1:27.64		
	200m: 2:57.19 1:31.40	500m: 7:34.25 1:32.42		800m: 12:00.47 1:26.50		
5.	Ana Rita Teixeira	216143	13	Peso da Regua	12:14.51	3,00
	50m: 37.44 37.44	300m: 4:20.51 1:31.04		600m: 9:05.09 1:35.68		
	100m: 1:20.84 43.40	400m: 5:54.76 1:34.25		700m: 10:39.15 1:34.06		
	200m: 2:49.47 1:28.63	500m: 7:29.41 1:34.65		800m: 12:14.51 1:35.36		
6.	Lorena Sofia Ribeiro	223766	14	Gcvr	12:27.23	-
	50m: 41.02 41.02	300m: 4:33.41 1:34.39		600m: 9:19.65 1:34.52		
	100m: 1:26.76 45.74	400m: 6:08.59 1:35.18		700m: 10:54.15 1:34.50		
	200m: 2:59.02 1:32.26	500m: 7:45.13 1:36.54		800m: 12:27.23 1:33.08		
7.	Matilde Ribeiro Sales	220142	13	Peso da Regua	12:48.78	-
	50m: 40.75 40.75	300m: 4:43.21 1:38.21		600m: 9:40.06 1:38.99		
	100m: 1:27.50 46.75	400m: 6:23.09 1:39.88		700m: 11:16.29 1:36.23		
	200m: 3:05.00 1:37.50	500m: 8:01.07 1:37.98		800m: 12:48.78 1:32.49		
8.	Catarina Alexandra Tralh�o	220506	14	Durius Ac Pesqueira	13:02.66	2,00
	50m: 42.87 42.87	300m: 4:53.02 1:40.61		600m: 9:52.87 1:39.89		
	100m: 1:32.19 49.32	400m: 6:33.56 1:40.54		700m: 11:30.66 1:37.79		
	200m: 3:12.41 1:40.22	500m: 8:12.98 1:39.42		800m: 13:02.66 1:32.00		

Prova 38

Femin., 800m Livres

Juvenis

28/06/2026 - 10:00

Resultados

Recordes Regionais (25m) Open	9:47.02	Joana Patricia Pinto	GCVR	Vila Real	01/03/2009
Recordes Regionais (25m) Juv A	9:49.86	Ana Margarida Guedes	GCVR	Vila Real	20/11/2016
Recordes Regionais (25m) Juv B	9:47.02	Joana Patr�cia Pinto	GCVR	Vila Real	01/03/2009

Lugar	Nome	Licen�a	Idade	Clube	Tempo Final	Pts
1.	Maria Silva Poeta	212032	16	Gcvr	10:18.59	-
	50m: 34.93 34.93	250m: 3:49.84		450m: 6:26.21	650m: 9:01.59	
	100m: 1:13.21 38.28	300m: 3:49.84		500m: 6:26.21	700m: 9:01.59	
	150m: 2:31.87	350m: 5:08.09		550m: 7:44.06	750m: 10:18.59	
	200m: 2:31.87	400m: 5:08.09		600m: 7:44.06	800m: 10:18.59	
2.	Ines Rua Fernandes	213137	15	Gcvr	10:42.50	-
	50m: 35.36 35.36	250m: 3:56.28		450m: 6:39.90	650m: 9:21.50	
	100m: 1:14.97 39.61	300m: 3:56.28		500m: 6:39.90	700m: 9:21.50	
	150m: 2:35.18	350m: 5:18.11		550m: 8:00.95	750m: 10:42.50	
	200m: 2:35.18	400m: 5:18.11		600m: 8:00.95	800m: 10:42.50	
3.	Matilde Pinto Teixeira	211225	15	Escola Natacao Braganca	12:06.63	-
	50m: 39.06 39.06	300m: 4:22.16 1:30.00		600m: 9:00.44 1:33.93		
	100m: 1:21.69 42.63	400m: 5:53.66 1:31.50		700m: 10:32.66 1:32.22		
	200m: 2:52.16 1:30.47	500m: 7:26.51 1:32.85		800m: 12:06.63 1:33.97		
4.	Ana Miguel Tuna	222998	16	Escola Natacao Braganca	12:34.80	-
	50m: 39.83 39.83	200m: 2:59.41 1:33.53		800m: 12:34.80 6:19.79		
	100m: 1:25.88 46.05	400m: 6:15.01 3:15.60				



Campeonatos Regionais de Verão da ARNN e Torregri III
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Prova 38, Femin., 800m Livres

Prova 38

28/06/2026 - 10:00

Femin., 800m Livres

Juniores e Seniores

Resultados

Recordes Regionais (25m) Open	9:47.02	Joana Patricia Pinto	GCVR	Vila Real	01/03/2009
Recordes Regionais (25m) 18 +	9:48.66	Ana Margarida Guedes	GCVR	Peso da R�gua	09/05/2021
Recordes Regionais (25m) 17	9:49.32	Joana Patr�cia Pinto	GCVR	Vila Real	26/06/2011

Lugar	Nome	Licen�a	Idade	Clube	Tempo Final	Pts
1.	Leonor Carmide Silva	151721	17	Gcvr	10:14.18	7,00
	50m: 34.12 34.12	250m: 1:11.96 37.84		450m: 6:21.93 6:21.93	650m: 8:57.87 8:57.87	
	100m: 1:11.96 37.84	300m: 3:46.40 3:46.40		500m: 6:21.93 6:21.93	700m: 8:57.87 8:57.87	
	150m: 2:28.75 2:28.75	350m: 5:03.90 5:03.90		550m: 7:40.09 7:40.09	750m: 10:14.18 10:14.18	
	200m: 2:28.75 2:28.75	400m: 5:03.90 5:03.90		600m: 7:40.09 7:40.09	800m: 10:14.18 10:14.18	
2.	Leonor Santos Silva	121982	23	Gcvr	10:25.17	-
	50m: 34.03 34.03	250m: 1:11.60 37.57		450m: 6:23.85 6:23.85	650m: 9:04.75 9:04.75	
	100m: 1:11.60 37.57	300m: 3:46.71 3:46.71		500m: 6:23.85 6:23.85	700m: 9:04.75 9:04.75	
	150m: 2:28.75 2:28.75	350m: 5:04.46 5:04.46		550m: 7:43.85 7:43.85	750m: 10:25.17 10:25.17	
	200m: 2:28.75 2:28.75	400m: 5:04.46 5:04.46		600m: 7:43.85 7:43.85	800m: 10:25.17 10:25.17	
3.	Francisca Moreira Fonseca	209211	17	Peso da Regua	12:20.09	-
	50m: 37.81 37.81	300m: 4:23.90 1:32.65		600m: 9:09.53 1:36.16		
	100m: 1:21.09 43.28	400m: 5:58.81 1:34.91		700m: 10:44.59 1:35.06		
	200m: 2:51.25 1:30.16	500m: 7:33.37 1:34.56		800m: 12:20.09 1:35.50		

Prova 38

28/06/2026 - 10:00

Femin., 800m Livres

Absoluto

Resultados

Recordes Regionais (25m) Open	9:47.02	Joana Patricia Pinto	GCVR	Vila Real	01/03/2009
Recordes Regionais (25m) 18 +	9:48.66	Ana Margarida Guedes	GCVR	Peso da R�gua	09/05/2021
Recordes Regionais (25m) 17	9:49.32	Joana Patr�cia Pinto	GCVR	Vila Real	26/06/2011
Recordes Regionais (25m) Juv A	9:49.86	Ana Margarida Guedes	GCVR	Vila Real	20/11/2016
Recordes Regionais (25m) Juv B	9:47.02	Joana Patr�cia Pinto	GCVR	Vila Real	01/03/2009
Recordes Regionais (25m) Inf A	9:47.70	Ana Margarida Guedes	GCVR	Bragan�a	04/07/2015
Recordes Regionais (25m) Inf B	9:47.64	Ana Margarida Guedes	GCVR	Santa Marta	06/07/2014

Lugar	Nome	Licen�a	Idade	Clube	Tempo Final	Pts
1.	Leonor Carmide Silva	151721	17	Gcvr	10:14.18	7,00
	50m: 34.12 34.12	250m: 1:11.96 37.84		450m: 6:21.93 6:21.93	650m: 8:57.87 8:57.87	
	100m: 1:11.96 37.84	300m: 3:46.40 3:46.40		500m: 6:21.93 6:21.93	700m: 8:57.87 8:57.87	
	150m: 2:28.75 2:28.75	350m: 5:03.90 5:03.90		550m: 7:40.09 7:40.09	750m: 10:14.18 10:14.18	
	200m: 2:28.75 2:28.75	400m: 5:03.90 5:03.90		600m: 7:40.09 7:40.09	800m: 10:14.18 10:14.18	
2.	Maria Silva Poeta	212032	16	Gcvr	10:18.59	-
	50m: 34.93 34.93	250m: 1:13.21 38.28		450m: 6:26.21 6:26.21	650m: 9:01.59 9:01.59	
	100m: 1:13.21 38.28	300m: 3:49.84 3:49.84		500m: 6:26.21 6:26.21	700m: 9:01.59 9:01.59	
	150m: 2:31.87 2:31.87	350m: 5:08.09 5:08.09		550m: 7:44.06 7:44.06	750m: 10:18.59 10:18.59	
	200m: 2:31.87 2:31.87	400m: 5:08.09 5:08.09		600m: 7:44.06 7:44.06	800m: 10:18.59 10:18.59	
3.	Leonor Santos Silva	121982	23	Gcvr	10:25.17	-
	50m: 34.03 34.03	250m: 1:11.60 37.57		450m: 6:23.85 6:23.85	650m: 9:04.75 9:04.75	
	100m: 1:11.60 37.57	300m: 3:46.71 3:46.71		500m: 6:23.85 6:23.85	700m: 9:04.75 9:04.75	
	150m: 2:28.75 2:28.75	350m: 5:04.46 5:04.46		550m: 7:43.85 7:43.85	750m: 10:25.17 10:25.17	
	200m: 2:28.75 2:28.75	400m: 5:04.46 5:04.46		600m: 7:43.85 7:43.85	800m: 10:25.17 10:25.17	
4.	Ines Rua Fernandes	213137	15	Gcvr	10:42.50	-
	50m: 35.36 35.36	250m: 1:14.97 39.61		450m: 6:39.90 6:39.90	650m: 9:21.50 9:21.50	
	100m: 1:14.97 39.61	300m: 3:56.28 3:56.28		500m: 6:39.90 6:39.90	700m: 9:21.50 9:21.50	
	150m: 2:35.18 2:35.18	350m: 5:18.11 5:18.11		550m: 8:00.95 8:00.95	750m: 10:42.50 10:42.50	
	200m: 2:35.18 2:35.18	400m: 5:18.11 5:18.11		600m: 8:00.95 8:00.95	800m: 10:42.50 10:42.50	
5.	Susana Pedro Carvalhinha	214488	13	Gcvr	11:21.81	-
	50m: 38.25 38.25	300m: 4:10.21 1:25.71		600m: 8:31.43 1:27.22		
	100m: 1:20.59 42.34	400m: 5:37.12 1:26.91		700m: 9:58.18 1:26.75		
	200m: 2:44.50 1:23.91	500m: 7:04.21 1:27.09		800m: 11:21.81 1:23.63		
6.	Naima Francisco Ferreira	218420	13	Escola Natacao Braganca	11:44.63	5,00
	50m: 37.27 37.27	250m: 1:18.95 41.68		450m: 7:14.74 7:14.74	650m: 10:15.77 10:15.77	
	100m: 1:18.95 41.68	300m: 4:15.38 4:15.38		500m: 7:14.74 7:14.74	700m: 10:15.77 10:15.77	
	150m: 2:45.85 2:45.85	350m: 5:44.36 5:44.36		550m: 8:44.06 8:44.06	750m: 11:44.63 11:44.63	
	200m: 2:45.85 2:45.85	400m: 5:44.36 5:44.36		600m: 8:44.06 8:44.06	800m: 11:44.63 11:44.63	
7.	Leonor Ferreira Sousa	222428	14	Fnc	11:48.68	4,00
	50m: 37.90 37.90	300m: 4:20.75 1:31.57		600m: 8:54.78 1:30.85		
	100m: 1:20.43 42.53	400m: 5:52.50 1:31.75		700m: 10:24.81 1:30.03		
	200m: 2:49.18 1:28.75	500m: 7:23.93 1:31.43		800m: 11:48.68 1:23.87		
8.	Benedita Martins Fernandes	214551	13	Gcvr	12:00.47	-
	50m: 40.40 40.40	300m: 4:29.22 1:32.03		600m: 9:06.33 1:32.08		
	100m: 1:25.79 45.39	400m: 6:01.83 1:32.61		700m: 10:33.97 1:27.64		
	200m: 2:57.19 1:31.40	500m: 7:34.25 1:32.42		800m: 12:00.47 1:26.50		



Campeonatos Regionais de Verão da ARNN e Torregri III
Vinhais, 27 - 28/6/2026



Prova 38, Femin., 800m Livres, Absoluto

Lugar	Nome	Licença	Idade	Clube	Tempo Final	Pts
9.	Matilde Pinto Teixeira	211225	15	Escola Natacao Braganca	12:06.63	-
	50m: 39.06 39.06	300m: 4:22.16 1:30.00	600m: 9:00.44 1:33.93			
	100m: 1:21.69 42.63	400m: 5:53.66 1:31.50	700m: 10:32.66 1:32.22			
	200m: 2:52.16 1:30.47	500m: 7:26.51 1:32.85	800m: 12:06.63 1:33.97			
10.	Ana Rita Teixeira	216143	13	Peso da Regua	12:14.51	3,00
	50m: 37.44 37.44	300m: 4:20.51 1:31.04	600m: 9:05.09 1:35.68			
	100m: 1:20.84 43.40	400m: 5:54.76 1:34.25	700m: 10:39.15 1:34.06			
	200m: 2:49.47 1:28.63	500m: 7:29.41 1:34.65	800m: 12:14.51 1:35.36			
11.	Francisca Moreira Fonseca	209211	17	Peso da Regua	12:20.09	-
	50m: 37.81 37.81	300m: 4:23.90 1:32.65	600m: 9:09.53 1:36.16			
	100m: 1:21.09 43.28	400m: 5:58.81 1:34.91	700m: 10:44.59 1:35.06			
	200m: 2:51.25 1:30.16	500m: 7:33.37 1:34.56	800m: 12:20.09 1:35.50			
12.	Lorena Sofia Ribeiro	223766	14	Gcvt	12:27.23	-
	50m: 41.02 41.02	300m: 4:33.41 1:34.39	600m: 9:19.65 1:34.52			
	100m: 1:26.76 45.74	400m: 6:08.59 1:35.18	700m: 10:54.15 1:34.50			
	200m: 2:59.02 1:32.26	500m: 7:45.13 1:36.54	800m: 12:27.23 1:33.08			
13.	Ana Miguel Tuna	222998	16	Escola Natacao Braganca	12:34.80	-
	50m: 39.83 39.83	200m: 2:59.41 1:33.53	800m: 12:34.80 6:19.79			
	100m: 1:25.88 46.05	400m: 6:15.01 3:15.60				
14.	Matilde Ribeiro Sales	220142	13	Peso da Regua	12:48.78	-
	50m: 40.75 40.75	300m: 4:43.21 1:38.21	600m: 9:40.06 1:38.99			
	100m: 1:27.50 46.75	400m: 6:23.09 1:39.88	700m: 11:16.29 1:36.23			
	200m: 3:05.00 1:37.50	500m: 8:01.07 1:37.98	800m: 12:48.78 1:32.49			
15.	Catarina Alexandra Tralhao	220506	14	Durius Ac Pesqueira	13:02.66	2,00
	50m: 42.87 42.87	300m: 4:53.02 1:40.61	600m: 9:52.87 1:39.89			
	100m: 1:32.19 49.32	400m: 6:33.56 1:40.54	700m: 11:30.66 1:37.79			
	200m: 3:12.41 1:40.22	500m: 8:12.98 1:39.42	800m: 13:02.66 1:32.00			