



Campeonatos Regionais de Verão da ARNN e Torregri III
Vinhais, 27 - 28/6/2026



Prova 32

27/06/2026 - 19:05

Femin., 200m Estilos

Infantis

Resultados

Recordes Regionais (25m) Open	2:20.68	Ana Margarida Guedes	GCVR	Estarreja	03/12/2022
Recordes Regionais (25m) Inf A	2:24.95	Ana Margarida Guedes	GCVR	Estarreja	13/12/2014
Recordes Regionais (25m) Inf B	2:30.86	Ana Margarida Guedes	GCVR	Cantanhede	29/03/2014

Lugar	Nome	Licença	Idade	Clube	Tempo Final	Pts
1.	Ana Rita Teixeira	216143	13	Peso da Regua	2:59.22	5,00
	50m: 40.16 40.16	100m: 1:25.19 45.03		150m: 2:59.22		
2.	Susana Pedro Carvalhinha	214488	13	Gcvr	3:01.22	-
	50m: 42.16 42.16	100m: 1:27.75 45.59		150m: 3:01.22		
3.	Leonor Afonso Matela	220723	14	Escola Natacao Braganca	3:02.46	4,00
	50m: 40.25 40.25	100m: 1:27.93 47.68		150m: 3:02.46		
4.	Benedita Martins Fernandes	214551	13	Gcvr	3:07.43	-
	50m: 43.81 43.81	100m: 1:32.28 48.47		150m: 3:07.43		
5.	Lorena Sofia Ribeiro	223766	14	Gcvr	3:08.81	-
	50m: 40.34 40.34	100m: 1:31.46 51.12		150m: 3:08.81		
6.	Carlota Teiga Cruz	217390	13	Gcvr	3:11.09	-
	50m: 43.74 43.74	100m: 1:34.34 50.60		150m: 3:11.09		
7.	Vitoria Almeida Saraiva	220909	13	Gcvr	3:11.83	-
	50m: 40.65 40.65	100m: 1:28.90 48.25		150m: 3:11.83		
8.	Maria Joao Gomes	216332	13	Gcvr	3:12.73	-
	50m: 43.38 43.38	100m: 1:30.56 47.18		150m: 3:12.73		
9.	Alice Silva Costa	224051	14	Gcvr	3:15.31	-
	50m: 44.49 44.49	100m: 1:34.87 50.38		150m: 3:15.31		
10.	Leonor Vaz Osório	216142	13	Peso da Regua	3:18.26	-
	50m: 46.31 46.31	100m: 1:37.31 51.00		150m: 3:18.26		
11.	Matilde Ribeiro Sales	220142	13	Peso da Regua	3:19.28	-
	50m: 42.71 42.71	100m: 1:33.39 50.68		150m: 3:19.28		
12.	Mara Daniela Rocha	222067	13	Peso da Regua	3:23.09	-
	50m: 44.46 44.46	100m: 1:41.64 57.18		150m: 3:23.09		
13.	Amalia Jose Quintelas	223398	13	Gcvr	3:29.32	-
	50m: 45.50 45.50	100m: 1:36.97 51.47		150m: 3:29.32		
14.	Iris Pereira Santos	225117	14	Durius Ac Pesqueira	3:42.41	3,00
	50m: 50.69 50.69	100m: 1:44.02 53.33		150m: 3:42.41		

Prova 32

27/06/2026 - 19:05

Femin., 200m Estilos

Juvenis

Resultados

Recordes Regionais (25m) Open	2:20.68	Ana Margarida Guedes	GCVR	Estarreja	03/12/2022
Recordes Regionais (25m) Juv A	2:27.39	Joana Patrícia Pinto	GCVR	Leiria	05/12/2009
Recordes Regionais (25m) Juv B	2:30.02	Ana Margarida Guedes	GCVR	Mirandela	24/10/2015

Lugar	Nome	Licença	Idade	Clube	Tempo Final	Pts
1.	Maria Ines Mesquita	214677	16	Gcvr	2:39.07	-
	50m: 33.57 33.57	100m: 1:14.50 40.93		150m: 2:39.07		
2.	Margarida Nunes Maio	225717	15	Gcvr	2:39.19	-
	50m: 34.25 34.25	100m: 1:16.75 42.50		150m: 2:39.19		
3.	Ines Rua Fernandes	213137	15	Gcvr	2:47.81	-
	50m: 35.39 35.39	100m: 1:17.81 42.42		150m: 2:47.81		



Campeonatos Regionais de Verão da ARNN e Torregri III
Vinhais, 27 - 28/6/2026



Prova 32, Femin., 200m Estilos

Prova 32
27/06/2026 - 19:05
Femin., 200m Estilos
Juniões e Seniores
Resultados

Recordes Regionais (25m) Open	2:20.68	Ana Margarida Guedes	GCVR	Estarreja	03/12/2022
Recordes Regionais (25m) Sen	2:20.68	Ana Margarida Guedes	GCVR	Estarreja	03/12/2022
Recordes Regionais (25m) 18	2:23.72	Ana Margarida Guedes	GCVR	Sto. António dos Cavaleiros	08/12/2018
Recordes Regionais (25m) 17	2:23.96	Ana Margarida Guedes	GCVR	Mirandela	10/02/2018

Lugar	Nome	Licença	Idade	Clube	Tempo Final	Pts
1.	Leonor Carnide Silva	151721	17	Gcvr	2:31.31	7,00
	50m: 31.78 31.78	100m: 1:10.03 38.25	150m: 2:31.31			

Prova 32
27/06/2026 - 19:05
Femin., 200m Estilos
Absoluto
Resultados

Recordes Regionais (25m) Open	2:20.68	Ana Margarida Guedes	GCVR	Estarreja	03/12/2022
Recordes Regionais (25m) Sen	2:20.68	Ana Margarida Guedes	GCVR	Estarreja	03/12/2022
Recordes Regionais (25m) 18	2:23.72	Ana Margarida Guedes	GCVR	Sto. António dos Cavaleiros	08/12/2018
Recordes Regionais (25m) 17	2:23.96	Ana Margarida Guedes	GCVR	Mirandela	10/02/2018
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Recordes Regionais (25m) Inf A	2:24.95	Ana Margarida Guedes	GCVR	Estarreja	13/12/2014
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	50m: 31.78 31.78	100m: 1:10.03 38.25	150m: 2:31.31			
2.	Maria Ines Mesquita	214677	16	Gcvr	2:39.07	-
	50m: 33.57 33.57	100m: 1:14.50 40.93	150m: 2:39.07			
3.	Margarida Nunes Maio	225717	15	Gcvr	2:39.19	-
	50m: 34.25 34.25	100m: 1:16.75 42.50	150m: 2:39.19			
4.	Ines Rua Fernandes	213137	15	Gcvr	2:47.81	-
	50m: 35.39 35.39	100m: 1:17.81 42.42	150m: 2:47.81			
5.	Ana Rita Teixeira	216143	13	Peso da Regua	2:59.22	5,00
	50m: 40.16 40.16	100m: 1:25.19 45.03	150m: 2:59.22			
6.	Susana Pedro Carvalhinha	214488	13	Gcvr	3:01.22	-
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	50m: 44.49 44.49	100m: 1:34.87 50.38	150m: 3:15.31			
14.	Leonor Vaz Osório	216142	13	Peso da Regua	3:18.26	-
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	50m: 44.46 44.46	100m: 1:41.64 57.18	150m: 3:23.09			
17.	Amalia Jose Quintelas	223398	13	Gcvr	3:29.32	-
	50m: 45.50 45.50	100m: 1:36.97 51.47	150m: 3:29.32			
18.	Iris Pereira Santos	225117	14	Durius Ac Pesqueira	3:42.41	3,00
	50m: 50.69 50.69	100m: 1:44.02 53.33	150m: 3:42.41			