



Campeonatos Regionais de Verão da ARNN e Torregri III  
Vinhais, 27 - 28/6/2026



Prova 26  
27/06/2026 - 18:20

Femin., 400m Livres

Cadetes B  
Resultados

| Lugar | Nome                                                                | Licença                          | Idade | Clube                                   | Tempo Final                    | Pts |
|-------|---------------------------------------------------------------------|----------------------------------|-------|-----------------------------------------|--------------------------------|-----|
| 1.    | Carminho Teiga Cruz<br>50m: 46.37 46.37<br>100m: 1:38.12 51.75      | 222100<br>150m: 3:25.75<br>200m: | 10    | Gcvr<br>250m: 5:09.69<br>300m:          | 350m: 6:41.00<br>400m: 6:41.00 | -   |
| 2.    | Catarina Pombo Ribeiro<br>50m: 45.62 45.62<br>100m: 1:37.65 52.03   | 223239<br>150m: 3:22.44<br>200m: | 11    | Peso da Regua<br>250m: 5:08.00<br>300m: | 350m: 6:45.79<br>400m: 6:45.79 | -   |
| 3.    | Luana Magalhaes Alves<br>50m: 49.12 49.12<br>100m: 1:43.72 54.60    | 223396<br>150m: 3:36.51<br>200m: | 11    | Gcvr<br>250m: 5:28.66<br>300m:          | 350m: 7:14.44<br>400m: 7:14.44 | -   |
| 4.    | Camila Araújo Sousa<br>50m: 51.25 51.25<br>100m: 1:52.40 1:01.15    | 223233<br>150m: 3:54.53<br>200m: | 11    | Peso da Regua<br>250m: 5:54.25<br>300m: | 350m: 7:44.36<br>400m: 7:44.36 | -   |
| 5.    | Guiomar Sofia Oliveira<br>50m: 52.23 52.23<br>100m: 1:56.13 1:03.90 | 223393<br>150m: 4:06.23<br>200m: | 10    | Gcvr<br>250m: 6:17.56<br>300m:          | 350m: 8:21.91<br>400m: 8:21.91 | -   |
| 6.    | Isabel Maria Vara<br>50m: 54.28 54.28<br>100m: 1:58.93 1:04.65      | 226909<br>150m: 4:06.47<br>200m: | 10    | FC Vinhais<br>250m: 6:22.50<br>300m:    | 350m: 8:22.25<br>400m: 8:22.25 | -   |
| DNS   | Mafalda Maria Miradouro                                             | 226916                           | 10    | FC Vinhais                              |                                | -   |