



Campeonatos Regionais de Verão da ARNN e Torregri III Vinhais, 27 - 28/6/2026

Prova 1

27/06/2026 - 10:00

Femin., 1500m Livres

Juvenis

Resultados

Recordes Regionais (25m) Open	18:30.56	Ana Margarida Guedes	GCVR	Chaves	15/11/2015
Recordes Regionais (25m) Juv A	19:40.02	Maria Migueis Teixeira	CNIN	Bragança	05/07/2015
Recordes Regionais (25m) Juv B	18:30.56	Ana Margarida Guedes	GCVR	Chaves	15/11/2015

Lugar	Nome	Licença	Idade	Clube	Tempo Final	Pts
1.	Maria Ines Mesquita	214677	16	Gcvr	19:51.79	-
	50m: 35.69 35.69	450m:		850m:	1250m:	
	100m: 1:14.81 39.12	500m: 6:38.22		900m: 11:52.50	1300m: 17:12.69	
	150m:	550m:		950m:	1350m:	
	200m: 2:34.79	600m: 7:54.37		1000m: 13:12.19	1400m: 18:32.97	
	250m:	650m:		1050m:	1450m:	
	300m: 3:55.00	700m: 9:13.75		1100m: 14:32.79	1500m: 19:51.79	
	350m:	750m:		1150m:		
	400m: 5:15.22	800m: 10:33.22		1200m: 15:52.90		
2.	Ines Rua Fernandes	213137	15	Gcvr	20:01.17	-
	50m: 36.27 36.27	400m: 5:14.31	1:20.32	800m: 10:36.60	1:21.04	1200m: 15:59.87 1:21.70
	100m: 1:15.20 38.93	500m: 6:34.85	1:20.54	900m: 11:56.70	1:20.10	1300m: 17:21.63 1:21.76
	200m: 2:34.17 1:18.97	600m: 7:54.49	1:19.64	1000m: 13:17.20	1:20.50	1400m: 18:41.60 1:19.97
	300m: 3:53.99 1:19.82	700m: 9:15.56	1:21.07	1100m: 14:38.17	1:20.97	1500m: 20:01.17 1:19.57
3.	Matilde Pinto Teixeira	211225	15	Escola Natacao Braganca	23:00.49	5,00
	50m: 39.81 39.81	400m: 5:53.21	1:30.87	800m: 12:01.21	1:32.29	1200m: 18:14.96 1:34.04
	100m: 1:22.78 42.97	500m: 7:24.64	1:31.43	900m: 13:34.89	1:33.68	1300m: 19:50.96 1:36.00
	200m: 2:51.53 1:28.75	600m: 8:57.07	1:32.43	1000m: 15:07.74	1:32.85	1400m: 21:26.64 1:35.68
	300m: 4:22.34 1:30.81	700m: 10:28.92	1:31.85	1100m: 16:40.92	1:33.18	1500m: 23:00.49 1:33.85
4.	Ana Miguel Tuna	222998	16	Escola Natacao Braganca	23:55.20	-
	50m: 41.25 41.25	400m: 6:14.18	1:34.97	800m: 12:36.78	1:35.60	1200m: 19:06.15 1:37.22
	100m: 1:05.78 24.53	500m: 7:48.90	1:34.72	900m: 14:13.56	1:36.78	1300m: 20:43.81 1:37.66
	200m: 3:03.00 1:57.22	600m: 9:25.28	1:36.38	1000m: 15:51.03	1:37.47	1400m: 22:21.31 1:37.50
	300m: 4:39.21 1:36.21	700m: 11:01.18	1:35.90	1100m: 17:28.93	1:37.90	1500m: 23:55.20 1:33.89

Prova 1

27/06/2026 - 10:00

Femin., 1500m Livres

Juniores e Seniores

Resultados

Recordes Regionais (25m) Open	18:30.56	Ana Margarida Guedes	GCVR	Chaves	15/11/2015
Recordes Regionais (25m) 18 +	19:00.94	Ana Sofia Nóbrega	GCVR	St.ª Marta de Penaguião	30/06/2013
Recordes Regionais (25m) 17	19:17.23	Maria Carolina Eira	GCVR	Santa Marta de Penaguião	02/07/2022

Lugar	Nome	Licença	Idade	Clube	Tempo Final	Pts
1.	Maria Manuel Braz <i>Recorde Regional</i>	209417	17	Gcvr	18:57.25	7,00
	50m: 33.18 33.18	450m:		850m:	1250m:	
	100m: 1:10.53 37.35	500m: 6:18.03		900m: 11:21.57	1300m: 16:27.15	
	150m:	550m:		950m:	1350m:	
	200m: 2:27.43	600m: 7:34.25		1000m: 12:38.28	1400m: 17:43.03	
	250m:	650m:		1050m:	1450m:	
	300m: 3:44.18	700m: 8:49.53		1100m: 13:55.50	1500m: 18:57.25	
	350m:	750m:		1150m:		
	400m: 5:01.22	800m: 10:04.90		1200m: 15:11.50		
2.	Francisca Moreira Fonseca	209211	17	Peso da Regua	23:24.45	4,00
	50m: 37.67 37.67	450m:		850m:	1250m:	
	100m: 1:21.45 43.78	500m: 7:33.45		900m: 13:53.13	1300m: 20:14.77	
	150m:	550m:		950m:	1350m:	
	200m: 2:52.45	600m: 9:07.85		1000m: 15:29.42	1400m: 21:50.25	
	250m:	650m:		1050m:	1450m:	
	300m: 4:25.03	700m: 10:42.95		1100m: 17:04.10	1500m: 23:24.45	
	350m:	750m:		1150m:		
	400m: 5:54.13	800m: 12:18.95		1200m: 18:39.85		



Campeonatos Regionais de Verão da ARNN e Torregri III
Vinhais, 27 - 28/6/2026

Prova 1, Femin., 1500m Livres

Prova 1
27/06/2026 - 10:00

Femin., 1500m Livres

15 anos e mais velhos

Resultados

Recordes Regionais (25m) Open	18:30.56	Ana Margarida Guedes	GCVR	Chaves	15/11/2015
Recordes Regionais (25m) 18 +	19:00.94	Ana Sofia Nóbrega	GCVR	St.ª Marta de Penaguião	30/06/2013
Recordes Regionais (25m) 17	19:17.23	Maria Carolina Eira	GCVR	Santa Marta de Penaguião	02/07/2022
Recordes Regionais (25m) Juv A	19:40.02	Maria Migueis Teixeira	CNIN	Bragança	05/07/2015
Recordes Regionais (25m) Juv B	18:30.56	Ana Margarida Guedes	GCVR	Chaves	15/11/2015

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1.	Maria Manuel Braz <i>Recorde Regional</i>	209417	17	Gcvr	18:57.25	7,00
	50m: 33.18 33.18	450m:	850m:	1250m:		
	100m: 1:10.53 37.35	500m: 6:18.03	900m: 11:21.57	1300m: 16:27.15		
	150m:	550m:	950m:	1350m:		
	200m: 2:27.43	600m: 7:34.25	1000m: 12:38.28	1400m: 17:43.03		
	250m:	650m:	1050m:	1450m:		
	300m: 3:44.18	700m: 8:49.53	1100m: 13:55.50	1500m: 18:57.25		
	350m:	750m:	1150m:			
	400m: 5:01.22	800m: 10:04.90	1200m: 15:11.50			
2.	Maria Ines Mesquita	214677	16	Gcvr	19:51.79	-
	50m: 35.69 35.69	450m:	850m:	1250m:		
	100m: 1:14.81 39.12	500m: 6:38.22	900m: 11:52.50	1300m: 17:12.69		
	150m:	550m:	950m:	1350m:		
	200m: 2:34.79	600m: 7:54.37	1000m: 13:12.19	1400m: 18:32.97		
	250m:	650m:	1050m:	1450m:		
	300m: 3:55.00	700m: 9:13.75	1100m: 14:32.79	1500m: 19:51.79		
	350m:	750m:	1150m:			
	400m: 5:15.22	800m: 10:33.22	1200m: 15:52.90			
3.	Ines Rua Fernandes	213137	15	Gcvr	20:01.17	-
	50m: 36.27 36.27	400m: 5:14.31 1:20.32	800m: 10:36.60 1:21.04	1200m: 15:59.87 1:21.70		
	100m: 1:15.20 38.93	500m: 6:34.85 1:20.54	900m: 11:56.70 1:20.10	1300m: 17:21.63 1:21.76		
	200m: 2:34.17 1:18.97	600m: 7:54.49 1:19.64	1000m: 13:17.20 1:20.50	1400m: 18:41.60 1:19.97		
	300m: 3:53.99 1:19.82	700m: 9:15.56 1:21.07	1100m: 14:38.17 1:20.97	1500m: 20:01.17 1:19.57		
4.	Matilde Pinto Teixeira	211225	15	Escola Natacao Braganca	23:00.49	5,00
	50m: 39.81 39.81	400m: 5:53.21 1:30.87	800m: 12:01.21 1:32.29	1200m: 18:14.96 1:34.04		
	100m: 1:22.78 42.97	500m: 7:24.64 1:31.43	900m: 13:34.89 1:33.68	1300m: 19:50.96 1:36.00		
	200m: 2:51.53 1:28.75	600m: 8:57.07 1:32.43	1000m: 15:07.74 1:32.85	1400m: 21:26.64 1:35.68		
	300m: 4:22.34 1:30.81	700m: 10:28.92 1:31.85	1100m: 16:40.92 1:33.18	1500m: 23:00.49 1:33.85		
5.	Francisca Moreira Fonseca	209211	17	Peso da Regua	23:24.45	4,00
	50m: 37.67 37.67	450m:	850m:	1250m:		
	100m: 1:21.45 43.78	500m: 7:33.45	900m: 13:53.13	1300m: 20:14.77		
	150m:	550m:	950m:	1350m:		
	200m: 2:52.45	600m: 9:07.85	1000m: 15:29.42	1400m: 21:50.25		
	250m:	650m:	1050m:	1450m:		
	300m: 4:25.03	700m: 10:42.95	1100m: 17:04.10	1500m: 23:24.45		
	350m:	750m:	1150m:			
	400m: 5:54.13	800m: 12:18.95	1200m: 18:39.85			
6.	Ana Miguel Tuna	222998	16	Escola Natacao Braganca	23:55.20	-
	50m: 41.25 41.25	400m: 6:14.18 1:34.97	800m: 12:36.78 1:35.60	1200m: 19:06.15 1:37.22		
	100m: 1:05.78 24.53	500m: 7:48.90 1:34.72	900m: 14:13.56 1:36.78	1300m: 20:43.81 1:37.66		
	200m: 3:03.00 1:57.22	600m: 9:25.28 1:36.38	1000m: 15:51.03 1:37.47	1400m: 22:21.31 1:37.50		
	300m: 4:39.21 1:36.21	700m: 11:01.18 1:35.90	1100m: 17:28.93 1:37.90	1500m: 23:55.20 1:33.89		