

2km van Lelystad - LAC deel 4  
Lelystad, 7-6-2026

Programmanr. 7  
7-6-2026 - 13:35

Dames, 2000m vrije slag

2012 en ouder  
Resultaten

rang	naam	vereniging	intijd	tijd	RT			
1.	Feline Slijkhuis	SG Octopus - ZVV	25:58.16	200501042	<b>26:33.00</b>			
	100m: 1:12.82	1:12.82	600m: 7:48.66	1:19.85	1100m: 14:30.63	1:20.10	1600m: 21:15.38	1:20.44
	200m: 2:30.95	1:18.13	700m: 9:08.27	1:19.61	1200m: 15:51.10	1:20.47	1700m: 22:36.82	1:21.44
	300m: 3:49.88	1:18.93	800m: 10:28.35	1:20.08	1300m: 17:11.99	1:20.89	1800m: 23:57.16	1:20.34
	400m: 5:09.12	1:19.24	900m: 11:50.05	1:21.70	1400m: 18:32.64	1:20.65	1900m: 25:16.02	1:18.86
	500m: 6:28.81	1:19.69	1000m: 13:10.53	1:20.48	1500m: 19:54.94	1:22.30	2000m: 26:33.00	1:16.98
2.	Nynke Jansen	Batavia Swim	28:42.00	200404914	<b>28:32.21</b>			
	100m: 1:19.03	1:19.03	600m: 8:31.13	1:26.78	1100m: 15:43.07	1:25.37	1600m: 22:57.10	1:26.40
	200m: 2:44.37	1:25.34	700m: 9:57.74	1:26.61	1200m: 17:09.68	1:26.61	1700m: 24:22.74	1:25.64
	300m: 4:10.64	1:26.27	800m: 11:24.52	1:26.78	1300m: 18:37.34	1:27.66	1800m: 25:48.68	1:25.94
	400m: 5:38.48	1:27.84	900m: 12:51.39	1:26.87	1400m: 20:04.38	1:27.04	1900m: 27:11.70	1:23.02
	500m: 7:04.35	1:25.87	1000m: 14:17.70	1:26.31	1500m: 21:30.70	1:26.32	2000m: 28:32.21	1:20.51
3.	Femke Mandema	Dwk	28:03.91	201100396	<b>28:38.66</b>			
	100m: 1:16.46	1:16.46	600m: 8:23.93	1:26.42	1100m: 15:39.10	1:27.52	1600m: 22:58.64	1:27.90
	200m: 2:40.58	1:24.12	700m: 9:48.63	1:24.70	1200m: 17:06.92	1:27.82	1700m: 24:26.18	1:27.54
	300m: 4:05.71	1:25.13	800m: 11:14.95	1:26.32	1300m: 18:34.70	1:27.78	1800m: 25:52.64	1:26.46
	400m: 5:31.45	1:25.74	900m: 12:42.89	1:27.94	1400m: 20:02.96	1:28.26	1900m: 27:16.73	1:24.09
	500m: 6:57.51	1:26.06	1000m: 14:11.58	1:28.69	1500m: 21:30.74	1:27.78	2000m: 28:38.66	1:21.93
4.	Britt Hopman	SG Octopus - ZVV	29:49.53	200702688	<b>28:44.50</b>			
	100m: 1:17.99	1:17.99	600m: 8:28.16	1:26.68	1100m: 15:43.59	1:28.16	1600m: 23:02.63	1:28.13
	200m: 2:43.16	1:25.17	700m: 9:54.72	1:26.56	1200m: 17:10.64	1:27.05	1700m: 24:30.16	1:27.53
	300m: 4:09.18	1:26.02	800m: 11:21.12	1:26.40	1300m: 18:38.87	1:28.23	1800m: 25:55.91	1:25.75
	400m: 5:35.15	1:25.97	900m: 12:48.29	1:27.17	1400m: 20:07.70	1:28.83	1900m: 27:20.80	1:24.89
	500m: 7:01.48	1:26.33	1000m: 14:15.43	1:27.14	1500m: 21:34.50	1:26.80	2000m: 28:44.50	1:23.70
5.	Keysha-Florance Kasima	Batavia Swim	32:34.30	201101158	<b>31:06.19</b>			
	100m: 1:26.30	1:26.30	600m: 9:12.61	1:33.36	1100m: 17:03.00	1:34.38	1600m: 25:00.05	1:33.26
	200m: 2:59.50	1:33.20	700m: 10:46.60	1:33.99	1200m: 18:37.78	1:34.78	1700m: 26:31.42	1:31.37
	300m: 4:33.92	1:34.42	800m: 12:20.15	1:33.55	1300m: 20:13.93	1:36.15	1800m: 28:04.42	1:33.00
	400m: 6:07.42	1:33.50	900m: 13:54.32	1:34.17	1400m: 21:50.74	1:36.81	1900m: 29:37.64	1:33.22
	500m: 7:39.25	1:31.83	1000m: 15:28.62	1:34.30	1500m: 23:26.79	1:36.05	2000m: 31:06.19	1:28.55
6.	Wendy Roowaan	Zignea	33:00.00	197500458	<b>31:09.65</b>			
	100m: 1:25.60	1:25.60	600m: 9:18.04	1:34.41	1100m: 17:09.56	1:34.23	1600m: 25:01.01	1:34.52
	200m: 2:58.38	1:32.78	700m: 10:52.32	1:34.28	1200m: 18:43.87	1:34.31	1700m: 26:34.39	1:33.38
	300m: 4:33.33	1:34.95	800m: 12:26.60	1:34.28	1300m: 20:17.94	1:34.07	1800m: 28:06.91	1:32.52
	400m: 6:08.42	1:35.09	900m: 14:00.90	1:34.30	1400m: 21:51.91	1:33.97	1900m: 29:39.34	1:32.43
	500m: 7:43.63	1:35.21	1000m: 15:35.33	1:34.43	1500m: 23:26.49	1:34.58	2000m: 31:09.65	1:30.31
7.	Meila Broenink	Batavia Swim	30:12.93	201102332	<b>31:27.17</b>			
	100m: 1:24.46	1:24.46	600m: 9:14.14	1:36.65	1100m: 17:17.59	1:37.07	1600m: 25:16.34	1:35.63
	200m: 2:56.07	1:31.61	700m: 10:50.89	1:36.75	1200m: 18:52.99	1:35.40	1700m: 26:52.74	1:36.40
	300m: 4:28.17	1:32.10	800m: 12:29.14	1:38.25	1300m: 20:29.34	1:36.35	1800m: 28:27.31	1:34.57
	400m: 6:02.09	1:33.92	900m: 14:05.64	1:36.50	1400m: 22:05.53	1:36.19	1900m: 29:58.74	1:31.43
	500m: 7:37.49	1:35.40	1000m: 15:40.52	1:34.88	1500m: 23:40.71	1:35.18	2000m: 31:27.17	1:28.43
8.	Sophie van der Horst	Flevo	32:04.13	201000246	<b>32:53.98</b>			
	100m: 1:21.75	1:21.75	600m: 9:25.03	1:39.51	1100m: 17:39.77	1:41.83	1600m: 26:08.93	1:41.60
	200m: 2:56.03	1:34.28	700m: 11:04.06	1:39.03	1200m: 19:22.78	1:43.01	1700m: 27:54.06	1:45.13
	300m: 4:31.32	1:35.29	800m: 12:42.23	1:38.17	1300m: 21:04.11	1:41.33	1800m: 29:37.10	1:43.04
	400m: 6:08.38	1:37.06	900m: 14:19.02	1:36.79	1400m: 22:44.69	1:40.58	1900m: 31:19.96	1:42.86
	500m: 7:45.52	1:37.14	1000m: 15:57.94	1:38.92	1500m: 24:27.33	1:42.64	2000m: 32:53.98	1:34.02
9.	Sophia de Dood	Zignea	NT	201102152	<b>33:12.48</b>			
	100m: 1:27.28	1:27.28	600m: 9:39.07	1:39.86	1100m: 18:09.84	1:43.53	1600m: 26:32.42	1:40.25
	200m: 3:02.07	1:34.79	700m: 11:18.96	1:39.89	1200m: 19:50.46	1:40.62	1700m: 28:13.84	1:41.42
	300m: 4:40.89	1:38.82	800m: 13:01.24	1:42.28	1300m: 21:30.81	1:40.35	1800m: 29:54.31	1:40.47
	400m: 6:19.81	1:38.92	900m: 14:43.43	1:42.19	1400m: 23:11.57	1:40.76	1900m: 31:34.57	1:40.26
	500m: 7:59.21	1:39.40	1000m: 16:26.31	1:42.88	1500m: 24:52.17	1:40.60	2000m: 33:12.48	1:37.91
10.	Eloise Gerringa	Batavia Swim	36:15.14	201200548	<b>34:41.22</b>			
	100m: 1:26.55	1:26.55	600m: 9:31.85	1:37.93	1100m: 18:03.24	1:45.09	1600m: 27:11.43	1:50.37
	200m: 3:00.83	1:34.28	700m: 11:10.33	1:38.48	1200m: 19:51.19	1:47.95	1700m: 29:02.93	1:51.50
	300m: 4:39.13	1:38.30	800m: 12:50.61	1:40.28	1300m: 21:39.80	1:48.61	1800m: 30:57.98	1:55.05
	400m: 6:15.94	1:36.81	900m: 14:34.15	1:43.54	1400m: 23:29.91	1:50.11	1900m: 32:51.33	1:53.35
	500m: 7:53.92	1:37.98	1000m: 16:18.15	1:44.00	1500m: 25:21.06	1:51.15	2000m: 34:41.22	1:49.89
11.	Mariëlle Jans	SG Octopus - ZVV	38:03.17	200703828	<b>35:51.35</b>			
	100m: 1:30.29	1:30.29	600m: 10:16.29	1:46.36	1100m: 19:13.72	1:47.29	1600m: 28:30.18	1:52.31
	200m: 3:15.05	1:44.76	700m: 12:03.07	1:46.78	1200m: 21:03.41	1:49.69	1700m: 30:23.85	1:53.67
	300m: 4:59.18	1:44.13	800m: 13:50.49	1:47.42	1300m: 22:53.84	1:50.43	1800m: 32:17.28	1:53.43
	400m: 6:44.17	1:44.99	900m: 15:39.21	1:48.72	1400m: 24:46.75	1:52.91	1900m: 34:08.15	1:50.87
	500m: 8:29.93	1:45.76	1000m: 17:26.43	1:47.22	1500m: 26:37.87	1:51.12	2000m: 35:51.35	1:43.20