



Festival par équipes section 4
Alma, 5- - 7-6-2026



Epreuve 24
2026-06-07 - 16:22

Messieurs, 400m Libre

11 ans et plus
Liste résultats

Points: AQUA 2025

Rang				Age						Temps	Pts	
11 - 13 ans												
1.	ROSENBLATT, Corbin			13	Groupe Aquatique Mille-Îles Nord					4:19.63	546	
	50m:	30.45	30.45	150m:	1:35.59	32.92	250m:	2:41.56	32.89	350m:	3:47.38	32.87
	100m:	1:02.67	32.22	200m:	2:08.67	33.08	300m:	3:14.51	32.95	400m:	4:19.63	32.25
2.	DI LALLA, Thomas			12	Groupe Aquatique Mille-Îles Nord					4:36.74	451	
	50m:	32.24	32.24	150m:	1:42.95	35.73	250m:	2:53.15	34.71	350m:	4:03.31	34.87
	100m:	1:07.22	34.98	200m:	2:18.44	35.49	300m:	3:28.44	35.29	400m:	4:36.74	33.43
3.	BOUASSIDA, Elyes			13	Velox Natation					4:39.71	436	
	50m:	32.56	32.56	150m:	1:43.30	35.37	250m:	2:54.67	35.82	350m:	4:05.43	35.42
	100m:	1:07.93	35.37	200m:	2:18.85	35.55	300m:	3:30.01	35.34	400m:	4:39.71	34.28
4.	LAFRENIERE, Edouard			13	LMRL Rivière-du-Loup					4:49.05	395	
	50m:	34.28	34.28	150m:	1:46.33	36.71	250m:	3:01.33	37.38	350m:	4:15.40	36.75
	100m:	1:09.62	35.34	200m:	2:23.95	37.62	300m:	3:38.65	37.32	400m:	4:49.05	33.65
5.	MATHIEU, Eliot			12	Velox Natation					4:55.87	369	
	50m:	32.73	32.73	150m:	1:46.44	37.54	250m:	3:02.07	38.00	350m:	4:18.44	38.60
	100m:	1:08.90	36.17	200m:	2:24.07	37.63	300m:	3:39.84	37.77	400m:	4:55.87	37.43
6.	DESBIENS, Gabriel			13	LMRL Rivière-du-Loup					4:56.22	367	
	50m:	33.79	33.79	150m:	1:48.06	37.79	250m:	3:03.21	37.10	350m:	4:19.84	38.75
	100m:	1:10.27	36.48	200m:	2:26.11	38.05	300m:	3:41.09	37.88	400m:	4:56.22	36.38
7.	SILVERWOOD-YOUNG, Owen			13	Dorval Swim Club					4:58.88	358	
	50m:	32.90	32.90	150m:	1:47.71	37.66	250m:	3:04.47	38.36	350m:	4:21.63	38.36
	100m:	1:10.05	37.15	200m:	2:26.11	38.40	300m:	3:43.27	38.80	400m:	4:58.88	37.25
8.	LEVESQUE, Thomas			12	LMRL Rivière-du-Loup					5:07.19	329	
	50m:	37.64	37.64	150m:	1:54.58	39.21	250m:	3:13.59	39.45	350m:	4:31.13	38.51
	100m:	1:15.37	37.73	200m:	2:34.14	39.56	300m:	3:52.62	39.03	400m:	5:07.19	36.06
9.	KIM, James			12	Groupe Aquatique Mille-Îles Nord					5:17.18	299	
	50m:	37.55	37.55	150m:	1:59.22	40.64	250m:	3:19.78	40.21	350m:	4:39.50	39.48
	100m:	1:18.58	41.03	200m:	2:39.57	40.35	300m:	4:00.02	40.24	400m:	5:17.18	37.68
10.	D'AUTEUIL, Charles			13	LMRL Rivière-du-Loup					5:17.33	299	
	50m:	35.49	35.49	150m:	1:56.38	41.15	250m:	3:17.68	40.69	350m:	4:38.50	40.34
	100m:	1:15.23	39.74	200m:	2:36.99	40.61	300m:	3:58.16	40.48	400m:	5:17.33	38.83
11.	PLANTE, Samuel			12	Club Natation Juvaqua Alma					5:20.05	291	
	50m:	36.31	36.31	150m:	1:57.92	41.21	250m:	3:21.05	41.25	350m:	4:42.46	40.19
	100m:	1:16.71	40.40	200m:	2:39.80	41.88	300m:	4:02.27	41.22	400m:	5:20.05	37.59
12.	CHITAC, Tudor Stefan			12	Groupe Aquatique Mille-Îles Nord					5:26.93	273	
	50m:	37.64	37.64	150m:	2:01.08	41.86	250m:	3:23.65	40.89	350m:	4:46.97	41.48
	100m:	1:19.22	41.58	200m:	2:42.76	41.68	300m:	4:05.49	41.84	400m:	5:26.93	39.96
13.	SLIJEPCEVIC, Vladimir			11	Dorval Swim Club					5:32.27	260	
	50m:	37.74	37.74	150m:	2:02.76	42.33	250m:	3:28.22	42.79	350m:	4:53.17	42.18
	100m:	1:20.43	42.69	200m:	2:45.43	42.67	300m:	4:10.99	42.77	400m:	5:32.27	39.10
14.	SERGERIE, Marc-Antoine			13	Club Natation Sept-Îles					5:48.03	226	
	50m:	39.20	39.20	150m:	2:08.18	45.44	250m:	3:39.68	45.63	350m:	5:07.66	43.18
	100m:	1:22.74	43.54	200m:	2:54.05	45.87	300m:	4:24.48	44.80	400m:	5:48.03	40.37
15.	AUGER, Xavier			11	Groupe Aquatique Mille-Îles Nord					5:58.47	207	
	50m:	40.34	40.34	150m:	2:12.02	46.68	250m:	3:44.98	46.71	350m:	5:16.74	45.45
	100m:	1:25.34	45.00	200m:	2:58.27	46.25	300m:	4:31.29	46.31	400m:	5:58.47	41.73



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Epreuve 24, Garçons, 400m Libre, 11 - 13 ans

Rang				Age					Temps	Pts		
16.	FAUCHON, zachary			11	Club Natation Bois Francs				6:04.52	197		
	50m:	40.83	40.83	150m:	2:14.21	47.12	250m:	3:49.54	47.13	350m:	5:21.68	45.46
	100m:	1:27.09	46.26	200m:	3:02.41	48.20	300m:	4:36.22	46.68	400m:	6:04.52	42.84
17.	TREMBLAY, Mathieu			12	Club Natation Sept-Îles				6:05.52	195		
	50m:	40.26	40.26	150m:	2:13.10	47.29	250m:	3:47.01	46.91	350m:	5:22.25	47.28
	100m:	1:25.81	45.55	200m:	3:00.10	47.00	300m:	4:34.97	47.96	400m:	6:05.52	43.27

14 - 15 ans

1.	PARENT, Maxime			15	Groupe Aquatique Mille-Îles Nord				4:17.53	559		
	50m:	29.46	29.46	150m:	1:33.46	32.45	250m:	2:39.63	33.03	350m:	3:45.64	32.78
	100m:	1:01.01	31.55	200m:	2:06.60	33.14	300m:	3:12.86	33.23	400m:	4:17.53	31.89
2.	BURRIDGE-MICHAUD, Logan			15	Groupe Aquatique Mille-Îles Nord				4:29.92	486		
	50m:	30.74	30.74	150m:	1:39.62	34.86	250m:	2:49.46	35.22	350m:	3:57.69	33.72
	100m:	1:04.76	34.02	200m:	2:14.24	34.62	300m:	3:23.97	34.51	400m:	4:29.92	32.23
3.	BEAUDET, Alexis			15	Club Natation Juvaqua Alma				4:34.13	464		
	50m:	31.10	31.10	150m:	1:39.97	34.68	250m:	2:50.60	35.53	350m:	4:00.73	34.94
	100m:	1:05.29	34.19	200m:	2:15.07	35.10	300m:	3:25.79	35.19	400m:	4:34.13	33.40
4.	SCRIPCARU, David			14	Groupe Aquatique Mille-Îles Nord				4:37.96	445		
	50m:	30.85	30.85	150m:	1:39.99	35.06	250m:	2:50.64	35.54	350m:	4:03.15	36.67
	100m:	1:04.93	34.08	200m:	2:15.10	35.11	300m:	3:26.48	35.84	400m:	4:37.96	34.81
5.	GAUTHIER, Thomas			14	Groupe Aquatique Mille-Îles Nord				4:41.85	427		
	50m:	31.48	31.48	150m:	1:41.04	35.10	250m:	2:53.20	36.30	350m:	4:06.55	36.66
	100m:	1:05.94	34.46	200m:	2:16.90	35.86	300m:	3:29.89	36.69	400m:	4:41.85	35.30
6.	LEMAY, Florent			14	Club Natation Juvaqua Alma				4:57.00	364		
	50m:	32.48	32.48	150m:	1:47.23	38.11	250m:	3:03.78	37.92	350m:	4:20.02	37.67
	100m:	1:09.12	36.64	200m:	2:25.86	38.63	300m:	3:42.35	38.57	400m:	4:57.00	36.98
7.	LEVESQUE, Edouard			14	LMRL Rivière-du-Loup				5:03.65	341		
	50m:	33.89	33.89	150m:	1:50.71	39.32	250m:	3:08.37	38.51	350m:	4:25.87	38.67
	100m:	1:11.39	37.50	200m:	2:29.86	39.15	300m:	3:47.20	38.83	400m:	5:03.65	37.78
8.	ST-PIERRE, Noah			15	LMRL Rivière-du-Loup				5:12.92	312		
	50m:	35.48	35.48	150m:	1:53.35	39.41	250m:	3:13.49	39.96	350m:	4:34.92	41.25
	100m:	1:13.94	38.46	200m:	2:33.53	40.18	300m:	3:53.67	40.18	400m:	5:12.92	38.00
9.	SECK, Amar			14	Velox Natation				5:22.02	286		
	50m:	35.74	35.74	150m:	1:56.67	41.11	250m:	3:19.20	41.23	350m:	4:41.85	40.25
	100m:	1:15.56	39.82	200m:	2:37.97	41.30	300m:	4:01.60	42.40	400m:	5:22.02	40.17
10.	LIZOTTE, Jacob			15	Velox Natation				5:38.42	246		
	50m:	36.84	36.84	150m:	2:01.41	43.54	250m:	3:29.60	43.98	350m:	4:57.24	44.33
	100m:	1:17.87	41.03	200m:	2:45.62	44.21	300m:	4:12.91	43.31	400m:	5:38.42	41.18

16 ans et plus

1.	NAULT, Xavier			16	Club Natation Bois Francs				4:02.90	667		
	50m:	27.83	27.83	150m:	1:28.82	30.72	250m:	2:31.24	31.07	350m:	3:33.87	31.25
	100m:	58.10	30.27	200m:	2:00.17	31.35	300m:	3:02.62	31.38	400m:	4:02.90	29.03
2.	PARENT, Nicolas			18	Groupe Aquatique Mille-Îles Nord				4:03.60	661		
	50m:	28.18	28.18	150m:	1:29.42	30.84	250m:	2:31.73	31.14	350m:	3:34.10	31.04
	100m:	58.58	30.40	200m:	2:00.59	31.17	300m:	3:03.06	31.33	400m:	4:03.60	29.50
3.	DZHAMAIEV, Timur			20	Dorval Swim Club				4:07.83	628		
	50m:	28.03	28.03	150m:	1:29.43	31.01	250m:	2:32.21	31.44	350m:	3:36.46	32.33
	100m:	58.42	30.39	200m:	2:00.77	31.34	300m:	3:04.13	31.92	400m:	4:07.83	31.37



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Epreuve 24, Messieurs, 400m Libre, 16 ans et plus

Rang					Age					Temps	Pts	
4.	MENARD, Thomas				16	LMRL Rivière-du-Loup				4:12.75	592	
	50m:	28.40	28.40	150m:	1:31.18	31.73	250m:	2:34.91	31.92	350m:	3:39.74	31.89
	100m:	59.45	31.05	200m:	2:02.99	31.81	300m:	3:07.85	32.94	400m:	4:12.75	33.01
5.	GAUTHIER, Olivier				17	Groupe Aquatique Mille-Îles Nord				4:16.80	564	
	50m:	30.09	30.09	150m:	1:34.05	32.17	250m:	2:39.21	32.60	350m:	3:44.55	32.59
	100m:	1:01.88	31.79	200m:	2:06.61	32.56	300m:	3:11.96	32.75	400m:	4:16.80	32.25
6.	BEAULAC, Matys				19	Club Natation Bois Francs				4:23.19	524	
	50m:	28.42	28.42	150m:	1:33.17	32.97	250m:	2:41.33	33.94	350m:	3:49.79	34.28
	100m:	1:00.20	31.78	200m:	2:07.39	34.22	300m:	3:15.51	34.18	400m:	4:23.19	33.40
7.	NAGIRNEAC, Alex				17	Dorval Swim Club				4:24.62	516	
	50m:	30.51	30.51	150m:	1:38.65	34.33	250m:	2:46.60	33.68	350m:	3:53.24	32.81
	100m:	1:04.32	33.81	200m:	2:12.92	34.27	300m:	3:20.43	33.83	400m:	4:24.62	31.38
8.	ROY, Liam				25	Dorval Swim Club				4:24.80	514	
	50m:	30.71	30.71	150m:	1:38.22	33.79	250m:	2:46.05	33.73	350m:	3:53.39	33.36
	100m:	1:04.43	33.72	200m:	2:12.32	34.10	300m:	3:20.03	33.98	400m:	4:24.80	31.41
9.	CASSAN, Antoine				32	Club Natation Juvaqua Alma				4:31.50	477	
	50m:	30.61	30.61	150m:	1:37.02	33.48	250m:	2:45.76	34.54	350m:	3:56.04	35.34
	100m:	1:03.54	32.93	200m:	2:11.22	34.20	300m:	3:20.70	34.94	400m:	4:31.50	35.46
10.	HUNT, Liam				17	Dorval Swim Club				4:38.89	440	
	50m:	29.54	29.54	150m:	1:38.69	35.64	250m:	2:51.06	35.94	350m:	4:03.75	36.54
	100m:	1:03.05	33.51	200m:	2:15.12	36.43	300m:	3:27.21	36.15	400m:	4:38.89	35.14
11.	MAHEUX, Timothé				16	Groupe Aquatique Mille-Îles Nord				4:41.64	428	
	50m:	30.56	30.56	150m:	1:38.51	35.04	250m:	2:51.38	36.44	350m:	4:05.28	37.03
	100m:	1:03.47	32.91	200m:	2:14.94	36.43	300m:	3:28.25	36.87	400m:	4:41.64	36.36
12.	CARDINAL, Eymeric				17	Dorval Swim Club				4:42.20	425	
	50m:	31.19	31.19	150m:	1:40.33	35.00	250m:	2:52.97	36.34	350m:	4:06.20	36.16
	100m:	1:05.33	34.14	200m:	2:16.63	36.30	300m:	3:30.04	37.07	400m:	4:42.20	36.00
13.	GIRARD, Éliott				17	Club Natation Juvaqua Alma				4:48.31	398	
	50m:	31.05	31.05	150m:	1:41.32	35.84	250m:	2:56.65	38.19	350m:	4:12.54	37.53
	100m:	1:05.48	34.43	200m:	2:18.46	37.14	300m:	3:35.01	38.36	400m:	4:48.31	35.77
14.	BENSAAD, Rayene				16	Velox Natation				5:04.47	338	
	50m:	33.94	33.94	150m:	1:49.47	38.64	250m:	3:08.89	39.74	350m:	4:28.00	39.40
	100m:	1:10.83	36.89	200m:	2:29.15	39.68	300m:	3:48.60	39.71	400m:	5:04.47	36.47
15.	DEVROE, Axel				17	Club Natation Bois Francs				5:08.16	326	
	50m:	33.30	33.30	150m:	1:48.64	38.66	250m:	3:07.32	39.59	350m:	4:30.20	41.91
	100m:	1:09.98	36.68	200m:	2:27.73	39.09	300m:	3:48.29	40.97	400m:	5:08.16	37.96
16.	DESCHESNE, Gabriel				18	Club Natation Juvaqua Alma				5:08.37	326	
	50m:	35.26	35.26	150m:	1:54.99	40.58	250m:	3:15.68	39.64	350m:	4:34.09	38.24
	100m:	1:14.41	39.15	200m:	2:36.04	41.05	300m:	3:55.85	40.17	400m:	5:08.37	34.28
17.	MARTINEZ FELISARDO, Gustavo				16	Club Natation Juvaqua Alma				5:20.50	290	
	50m:	35.69	35.69	150m:	1:58.57	42.59	250m:	3:21.49	40.11	350m:	4:43.56	41.26
	100m:	1:15.98	40.29	200m:	2:41.38	42.81	300m:	4:02.30	40.81	400m:	5:20.50	36.94
18.	TREMBLAY, Yannis				19	Club Natation Juvaqua Alma				5:28.78	269	
	50m:	33.62	33.62	150m:	1:52.23	40.26	250m:	3:16.83	42.66	350m:	4:43.75	43.61
	100m:	1:11.97	38.35	200m:	2:34.17	41.94	300m:	4:00.14	43.31	400m:	5:28.78	45.03
19.	ROULEAU, malik				16	Club Natation Bois Francs				5:46.21	230	
	50m:	35.72	35.72	150m:	1:57.57	42.24	250m:	3:27.28	45.13	350m:	5:00.28	46.97
	100m:	1:15.33	39.61	200m:	2:42.15	44.58	300m:	4:13.31	46.03	400m:	5:46.21	45.93