



Festival par équipes section 3
Rimouski, 5- - 7-6-2026

Epreuve 23
2026-06-07 - 16:00

Dames, 400m Libre

11 ans et plus
Liste résultats

Points: AQUA 2025

Rang				Age					Temps	Pts		
11 - 13 ans												
1.	VEILLETTE, Olivianne			13	Club de natation Mégophias				4:41.47	547		
	50m:	31.19	31.19	150m:	1:40.62	35.33	250m:	2:52.65	36.28	350m:	4:05.89	36.68
	100m:	1:05.29	34.10	200m:	2:16.37	35.75	300m:	3:29.21	36.56	400m:	4:41.47	35.58
2.	LABBÉ, Laurence			12	Nsh				4:46.68	518		
	50m:	31.03	31.03	150m:	1:42.35	36.29	250m:	2:56.84	37.24	350m:	4:11.24	37.22
	100m:	1:06.06	35.03	200m:	2:19.60	37.25	300m:	3:34.02	37.18	400m:	4:46.68	35.44
3.	PIAGET, Ariane			13	Côte-des-Neiges Notre-Dame-de-				4:52.68	486		
	50m:	31.81	31.81	150m:	1:45.38	37.71	250m:	3:00.66	37.93	350m:	4:15.66	37.52
	100m:	1:07.67	35.86	200m:	2:22.73	37.35	300m:	3:38.14	37.48	400m:	4:52.68	37.02
4.	GRABOWIECKA, Isca			12	Cote Saint-Luc Aquatics				4:54.75	476		
	50m:	32.81	32.81	150m:	1:47.76	37.96	250m:	3:03.51	37.83	350m:	4:19.47	37.43
	100m:	1:09.80	36.99	200m:	2:25.68	37.92	300m:	3:42.04	38.53	400m:	4:54.75	35.28
5.	SOUCY, Satyana			13	Club de natation Mégophias				5:03.90	434		
	50m:	33.87	33.87	150m:	1:52.38	39.37	250m:	3:10.93	39.22	350m:	4:27.67	38.08
	100m:	1:13.01	39.14	200m:	2:31.71	39.33	300m:	3:49.59	38.66	400m:	5:03.90	36.23
6.	BÉLANGER, Laurence			13	Club Aquatique Charlesbourg				5:05.22	429		
	50m:	34.96	34.96	150m:	1:52.48	39.23	250m:	3:10.25	38.67	350m:	4:27.68	38.44
	100m:	1:13.25	38.29	200m:	2:31.58	39.10	300m:	3:49.24	38.99	400m:	5:05.22	37.54
7.	BOISVERT, Émy			13	Club de natation Mégophias				5:06.16	425		
	50m:	34.18	34.18	150m:	1:51.42	39.30	250m:	3:09.87	39.16	350m:	4:28.48	39.41
	100m:	1:12.12	37.94	200m:	2:30.71	39.29	300m:	3:49.07	39.20	400m:	5:06.16	37.68
8.	DION, Éliane			13	Club de natation Mégophias				5:07.69	419		
	50m:	35.25	35.25	150m:	1:53.16	39.29	250m:	3:12.21	39.65	350m:	4:29.93	38.76
	100m:	1:13.87	38.62	200m:	2:32.56	39.40	300m:	3:51.17	38.96	400m:	5:07.69	37.76
9.	PELLETIER, Laurence			13	Club de natation Mégophias				5:08.61	415		
	50m:	33.21	33.21	150m:	1:50.82	39.37	250m:	3:09.09	38.90	350m:	4:29.04	40.15
	100m:	1:11.45	38.24	200m:	2:30.19	39.37	300m:	3:48.89	39.80	400m:	5:08.61	39.57
10.	SPOTO, Marlene			13	Mtl Nord Natation				5:09.14	413		
	50m:	34.69	34.69	150m:	1:53.81	39.73	250m:	3:13.91	39.60	350m:	4:32.64	38.27
	100m:	1:14.08	39.39	200m:	2:34.31	40.50	300m:	3:54.37	40.46	400m:	5:09.14	36.50
11.	D'AMORE, Emilia			13	Côte-des-Neiges Notre-Dame-de-				5:09.18	413		
	50m:	34.88	34.88	150m:	1:54.18	39.85	250m:	3:13.91	39.97	350m:	4:32.93	39.06
	100m:	1:14.33	39.45	200m:	2:33.94	39.76	300m:	3:53.87	39.96	400m:	5:09.18	36.25
12.	BRANCHAUD, Chloe			13	Club de natation Saint-Laurent				5:18.25	378		
	50m:	36.43	36.43	150m:	1:56.40	40.61	250m:	3:18.00	40.77	350m:	4:39.32	40.21
	100m:	1:15.79	39.36	200m:	2:37.23	40.83	300m:	3:59.11	41.11	400m:	5:18.25	38.93
13.	OUELLET, Josiane			13	Les Dauphins de Rimouski				5:20.23	371		
	50m:	35.44	35.44	150m:	1:56.22	41.29	250m:	3:19.43	42.11	350m:	4:41.90	41.50
	100m:	1:14.93	39.49	200m:	2:37.32	41.10	300m:	4:00.40	40.97	400m:	5:20.23	38.33
14.	MASSICOTTE, Livia			11	Club de natation Mégophias				5:20.34	371		
	50m:	34.77	34.77	150m:	1:55.26	40.93	250m:	3:15.91	40.80	350m:	4:39.54	42.07
	100m:	1:14.33	39.56	200m:	2:35.11	39.85	300m:	3:57.47	41.56	400m:	5:20.34	40.80
15.	PARENT, Isabelle			11	Club Aquatique Charlesbourg				5:23.28	361		
	50m:	35.38	35.38	150m:	1:55.56	40.86	250m:	3:17.66	42.13	350m:	4:41.74	41.10
	100m:	1:14.70	39.32	200m:	2:35.53	39.97	300m:	4:00.64	42.98	400m:	5:23.28	41.54



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Epreuve 23, Filles, 400m Libre, 11 - 13 ans

Rang			Age					Temps	Pts
16.	GHRIB, Kayla Maysun		13	Club de natation Saint-Laurent				5:24.20	358
	50m: 35.84 35.84	150m: 1:56.03	40.71	250m: 3:19.70	42.30	350m: 4:43.37	41.77		
	100m: 1:15.32 39.48	200m: 2:37.40	41.37	300m: 4:01.60	41.90	400m: 5:24.20	40.83		
17.	SYLVAIN, Maude		12	Nsh				5:24.48	357
	50m: 34.88 34.88	150m: 1:56.19	41.19	250m: 3:20.86	42.55	350m: 4:45.04	42.01		
	100m: 1:15.00 40.12	200m: 2:38.31	42.12	300m: 4:03.03	42.17	400m: 5:24.48	39.44		
18.	BEN-ELI, Lielle		12	Cote Saint-Luc Aquatics				5:30.94	336
	50m: 36.93 36.93	150m: 2:02.30	42.92	250m: 3:28.45	42.57	350m: 4:51.87	40.68		
	100m: 1:19.38 42.45	200m: 2:45.88	43.58	300m: 4:11.19	42.74	400m: 5:30.94	39.07		
19.	ST-PIERRE, Élyzabeth		11	Les Dauphins de Rimouski				5:37.56	317
	50m: 37.17 37.17	150m: 2:03.88	44.04	250m: 3:31.80	43.96	350m: 4:57.47	41.72		
	100m: 1:19.84 42.67	200m: 2:47.84	43.96	300m: 4:15.75	43.95	400m: 5:37.56	40.09		
20.	MIGNEAULT, Éliane		13	Nsh				5:39.22	312
	50m: 36.31 36.31	150m: 2:00.79	43.07	250m: 3:27.91	43.52	350m: 4:56.64	44.22		
	100m: 1:17.72 41.41	200m: 2:44.39	43.60	300m: 4:12.42	44.51	400m: 5:39.22	42.58		
21.	BLOUIN, Victoria		11	Les Dauphins de Rimouski				5:40.21	309
	50m: 38.58 38.58	150m: 2:05.53	44.22	250m: 3:32.60	43.72	350m: 4:58.61	43.29		
	100m: 1:21.31 42.73	200m: 2:48.88	43.35	300m: 4:15.32	42.72	400m: 5:40.21	41.60		
22.	MUNGER TREMBLAY, Julyanne		13	Club Aquatique Charlesbourg				5:43.61	300
	50m: 39.46 39.46	150m: 2:07.37	44.70	250m: 3:35.38	43.87	350m: 5:02.97	43.80		
	100m: 1:22.67 43.21	200m: 2:51.51	44.14	300m: 4:19.17	43.79	400m: 5:43.61	40.64		
23.	ZEMOURI, Luna		11	Côte-des-Neiges Notre-Dame-de-				5:45.03	297
	50m: 37.36 37.36	150m: 2:03.84	43.90	250m: 3:32.51	44.14	350m: 5:01.32	44.64		
	100m: 1:19.94 42.58	200m: 2:48.37	44.53	300m: 4:16.68	44.17	400m: 5:45.03	43.71		
24.	GIROUX VALLERAND, Chloé		12	Nsh				5:47.20	291
	50m: 36.92 36.92	150m: 2:03.95	44.46	250m: 3:33.64	44.63	350m: 5:05.19	44.97		
	100m: 1:19.49 42.57	200m: 2:49.01	45.06	300m: 4:20.22	46.58	400m: 5:47.20	42.01		
25.	LECLERC, Lydia		12	Club Aquatique Charlesbourg				5:49.74	285
	50m: 38.87 38.87	150m: 2:06.81	45.69	250m: 3:37.55	44.86	350m: 5:07.41	44.78		
	100m: 1:21.12 42.25	200m: 2:52.69	45.88	300m: 4:22.63	45.08	400m: 5:49.74	42.33		
26.	MARTINS, Julia		12	Mtl Nord Natation				5:53.44	276
	50m: 39.71 39.71	150m: 2:09.88	45.70	250m: 3:42.63	46.68	350m: 5:11.78	43.70		
	100m: 1:24.18 44.47	200m: 2:55.95	46.07	300m: 4:28.08	45.45	400m: 5:53.44	41.66		
27.	RUIZ RODAS, Genesis		11	Club de natation Mégophias				5:53.60	276
	50m: 37.05 37.05	150m: 2:05.24	45.05	250m: 3:35.51	44.69	350m: 5:09.04	46.98		
	100m: 1:20.19 43.14	200m: 2:50.82	45.58	300m: 4:22.06	46.55	400m: 5:53.60	44.56		
28.	COTÉ-PAPILLON, Flavie		13	Les Dauphins de Rimouski				5:54.40	274
	50m: 38.73 38.73	150m: 2:10.68	46.77	250m: 3:42.70	46.56	350m: 5:13.30	45.08		
	100m: 1:23.91 45.18	200m: 2:56.14	45.46	300m: 4:28.22	45.52	400m: 5:54.40	41.10		
29.	PROULX, Gabrielle		11	Les Dauphins de Rimouski				5:55.92	270
	50m: 39.72 39.72	150m: 2:11.91	46.58	250m: 3:44.78	46.81	350m: 5:13.83	44.81		
	100m: 1:25.33 45.61	200m: 2:57.97	46.06	300m: 4:29.02	44.24	400m: 5:55.92	42.09		
30.	HASSON, Kelly		12	Côte-des-Neiges Notre-Dame-de-				5:58.76	264
	50m: 41.20 41.20	150m: 2:12.56	45.39	250m: 3:44.03	46.11	350m: 5:14.82	45.40		
	100m: 1:27.17 45.97	200m: 2:57.92	45.36	300m: 4:29.42	45.39	400m: 5:58.76	43.94		
31.	PAQUET, Julianne		12	Club Aquatique Charlesbourg				5:58.90	264
	50m: 39.80 39.80	150m: 2:10.03	45.29	250m: 3:42.05	46.65	350m: 5:14.17	46.02		
	100m: 1:24.74 44.94	200m: 2:55.40	45.37	300m: 4:28.15	46.10	400m: 5:58.90	44.73		



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Epreuve 23, Filles, 400m Libre, 11 - 13 ans

Rang		Age			Temps	Pts
32.	JANISCH VARGAS, Luisa	11	Côte-des-Neiges Notre-Dame-de-		6:04.09	252
	50m: 39.17 39.17	150m: 2:09.77	46.18 250m: 3:44.13	47.59	350m: 5:18.43	47.17
	100m: 1:23.59 44.42	200m: 2:56.54	46.77 300m: 4:31.26	47.13	400m: 6:04.09	45.66
33.	GUEVARA, Stella Rose	12	Mtl Nord Natation		6:07.09	246
	50m: 40.40 40.40	150m: 2:11.81	45.57 250m: 3:45.58	46.82	350m: 5:20.49	47.76
	100m: 1:26.24 45.84	200m: 2:58.76	46.95 300m: 4:32.73	47.15	400m: 6:07.09	46.60
34.	LAGHNIMI, Rayhana	11	Mtl Nord Natation		6:34.08	199
	50m: 40.05 40.05	150m: 2:22.61	52.24 250m: 4:03.61	51.17	350m: 5:46.23	51.22
	100m: 1:30.37 50.32	200m: 3:12.44	49.83 300m: 4:55.01	51.40	400m: 6:34.08	47.85
35.	BEAULIEU, Rachel	11	Les Dauphins de Rimouski		6:56.17	169
	50m: 43.07 43.07	150m: 2:29.40	53.72 250m: 4:15.49	53.37	350m: 6:00.15	51.39
	100m: 1:35.68 52.61	200m: 3:22.12	52.72 300m: 5:08.76	53.27	400m: 6:56.17	56.02

14 - 15 ans

1.	OUELLET, Laurence	14	Nsh		4:42.52	541
	50m: 30.90 30.90	150m: 1:42.07	36.63 250m: 2:55.66	36.75	350m: 4:08.61	35.74
	100m: 1:05.44 34.54	200m: 2:18.91	36.84 300m: 3:32.87	37.21	400m: 4:42.52	33.91
2.	TREMBLAY, Béatrice	15	Club de natation Mégophias		4:43.84	533
	50m: 31.84 31.84	150m: 1:43.26	35.80 250m: 2:56.36	36.72	350m: 4:09.83	36.53
	100m: 1:07.46 35.62	200m: 2:19.64	36.38 300m: 3:33.30	36.94	400m: 4:43.84	34.01
3.	CÔTÉ, Emma	14	Club Aquatique Charlesbourg		4:44.00	532
	50m: 31.69 31.69	150m: 1:43.93	36.40 250m: 2:57.84	36.85	350m: 4:10.38	35.85
	100m: 1:07.53 35.84	200m: 2:20.99	37.06 300m: 3:34.53	36.69	400m: 4:44.00	33.62
4.	HO, Kum Yiu Hebe	15	Côte-des-Neiges Notre-Dame-de-		4:46.21	520
	50m: 30.88 30.88	150m: 1:41.89	36.44 250m: 2:55.36	36.81	350m: 4:10.12	37.38
	100m: 1:05.45 34.57	200m: 2:18.55	36.66 300m: 3:32.74	37.38	400m: 4:46.21	36.09
5.	SAVARD-FORGET, Rose	14	Nsh		4:49.30	504
	50m: 33.61 33.61	150m: 1:45.96	36.23 250m: 2:59.43	36.88	350m: 4:13.79	37.01
	100m: 1:09.73 36.12	200m: 2:22.55	36.59 300m: 3:36.78	37.35	400m: 4:49.30	35.51
6.	LEHAD, Milissa	14	Mtl Nord Natation		4:49.92	500
	50m: 32.09 32.09	150m: 1:43.84	36.49 250m: 2:58.41	37.26	350m: 4:13.36	36.96
	100m: 1:07.35 35.26	200m: 2:21.15	37.31 300m: 3:36.40	37.99	400m: 4:49.92	36.56
7.	CONVIÉ, Lucy	15	Cote Saint-Luc Aquatics		4:55.19	474
	50m: 32.56 32.56	150m: 1:46.28	37.30 250m: 3:01.94	37.95	350m: 4:18.48	38.47
	100m: 1:08.98 36.42	200m: 2:23.99	37.71 300m: 3:40.01	38.07	400m: 4:55.19	36.71
8.	CHEVALIER, Eva	15	Club Aquatique Charlesbourg		4:56.79	466
	50m: 33.40 33.40	150m: 1:47.14	37.21 250m: 3:02.64	37.41	350m: 4:19.11	38.05
	100m: 1:09.93 36.53	200m: 2:25.23	38.09 300m: 3:41.06	38.42	400m: 4:56.79	37.68
9.	LEMIRE, Zoé	15	Club de natation Mégophias		5:00.39	450
	50m: 34.35 34.35	150m: 1:50.84	38.56 250m: 3:07.88	38.66	350m: 4:23.89	37.95
	100m: 1:12.28 37.93	200m: 2:29.22	38.38 300m: 3:45.94	38.06	400m: 5:00.39	36.50
10.	BELLE-ISLE, Emilie	15	Club Aquatique Charlesbourg		5:00.52	449
	50m: 32.96 32.96	150m: 1:46.77	37.67 250m: 3:04.35	39.14	350m: 4:22.75	38.88
	100m: 1:09.10 36.14	200m: 2:25.21	38.44 300m: 3:43.87	39.52	400m: 5:00.52	37.77
11.	ROMDHANE, Yasmine	15	Nsh		5:06.15	425
	50m: 34.01 34.01	150m: 1:48.54	37.81 250m: 3:06.96	39.23	350m: 4:27.02	39.87
	100m: 1:10.73 36.72	200m: 2:27.73	39.19 300m: 3:47.15	40.19	400m: 5:06.15	39.13
12.	HO, Chloe	14	Côte-des-Neiges Notre-Dame-de-		5:09.14	413
	50m: 33.47 33.47	150m: 1:49.97	39.27 250m: 3:10.07	39.97	350m: 4:30.37	39.99
	100m: 1:10.70 37.23	200m: 2:30.10	40.13 300m: 3:50.38	40.31	400m: 5:09.14	38.77



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Epreuve 23, Filles, 400m Libre, 14 - 15 ans

Rang			Age					Temps	Pts
13.	FORTIN, Charlie		14	Club Aquatique Charlesbourg				5:10.52	407
	50m: 34.49	34.49	150m: 1:52.09	39.63	250m: 3:13.11	40.75	350m: 4:32.55	39.45	
	100m: 1:12.46	37.97	200m: 2:32.36	40.27	300m: 3:53.10	39.99	400m: 5:10.52	37.97	
14.	MORIN, Camille		15	Nsh				5:23.88	359
	50m: 35.72	35.72	150m: 1:57.55	41.81	250m: 3:21.10	42.05	350m: 4:45.09	42.12	
	100m: 1:15.74	40.02	200m: 2:39.05	41.50	300m: 4:02.97	41.87	400m: 5:23.88	38.79	
15.	BERGERON, Clara		14	Cote Saint-Luc Aquatics				5:28.66	343
	50m: 35.34	35.34	150m: 1:58.04	42.13	250m: 3:22.37	41.99	350m: 4:47.10	42.70	
	100m: 1:15.91	40.57	200m: 2:40.38	42.34	300m: 4:04.40	42.03	400m: 5:28.66	41.56	
16.	DUBÉ, Anna		15	Les Dauphins de Rimouski				5:30.71	337
	50m: 36.72	36.72	150m: 1:59.99	42.25	250m: 3:25.45	42.58	350m: 4:50.80	42.04	
	100m: 1:17.74	41.02	200m: 2:42.87	42.88	300m: 4:08.76	43.31	400m: 5:30.71	39.91	
17.	TASSE, Megan		15	Cote Saint-Luc Aquatics				5:32.83	331
	50m: 36.32	36.32	150m: 1:59.32	42.43	250m: 3:24.76	42.67	350m: 4:50.09	42.44	
	100m: 1:16.89	40.57	200m: 2:42.09	42.77	300m: 4:07.65	42.89	400m: 5:32.83	42.74	
18.	PARENT, Léanne		14	Les Dauphins de Rimouski				5:39.42	312
	50m: 36.82	36.82	150m: 2:03.22	44.19	250m: 3:30.34	42.93	350m: 4:57.38	43.26	
	100m: 1:19.03	42.21	200m: 2:47.41	44.19	300m: 4:14.12	43.78	400m: 5:39.42	42.04	
19.	MARTIN, Clara		15	Club de natation Saint-Laurent				5:40.39	309
	50m: 37.20	37.20	150m: 2:02.31	43.18	250m: 3:30.63	43.82	350m: 4:57.97	43.01	
	100m: 1:19.13	41.93	200m: 2:46.81	44.50	300m: 4:14.96	44.33	400m: 5:40.39	42.42	
20.	ADJALI, Rahyle		15	Mtl Nord Natation				5:41.49	306
	50m: 38.05	38.05	150m: 2:04.14	43.89	250m: 3:32.43	44.74	350m: 5:00.35	44.09	
	100m: 1:20.25	42.20	200m: 2:47.69	43.55	300m: 4:16.26	43.83	400m: 5:41.49	41.14	

16 - 17 ans

1.	MASSICOTTE, Anabelle		16	Club de natation Mégophias				4:30.23	618
	50m: 29.90	29.90	150m: 1:37.28	34.55	250m: 2:46.85	34.92	350m: 3:56.65	34.96	
	100m: 1:02.73	32.83	200m: 2:11.93	34.65	300m: 3:21.69	34.84	400m: 4:30.23	33.58	
2.	BLUMEL, Margaret		16	Club de natation Saint-Laurent				4:38.70	563
	50m: 30.17	30.17	150m: 1:38.78	35.33	250m: 2:51.12	36.61	350m: 4:03.17	36.17	
	100m: 1:03.45	33.28	200m: 2:14.51	35.73	300m: 3:27.00	35.88	400m: 4:38.70	35.53	
3.	PELLETIER, Mélyane		16	Les Dauphins de Rimouski				4:44.32	531
	50m: 32.19	32.19	150m: 1:43.88	36.23	250m: 2:56.83	36.44	350m: 4:08.75	35.32	
	100m: 1:07.65	35.46	200m: 2:20.39	36.51	300m: 3:33.43	36.60	400m: 4:44.32	35.57	
4.	AN, Vivian		17	Club de natation Saint-Laurent				4:55.09	475
	50m: 32.56	32.56	150m: 1:46.05	37.29	250m: 3:01.21	37.81	350m: 4:17.62	38.25	
	100m: 1:08.76	36.20	200m: 2:23.40	37.35	300m: 3:39.37	38.16	400m: 4:55.09	37.47	
5.	LAROSE, Elishka		17	Cote Saint-Luc Aquatics				5:00.29	450
	50m: 33.05	33.05	150m: 1:47.13	37.91	250m: 3:03.85	37.92	350m: 4:22.70	39.18	
	100m: 1:09.22	36.17	200m: 2:25.93	38.80	300m: 3:43.52	39.67	400m: 5:00.29	37.59	
6.	JACOB, Fanny		16	Club de natation Mégophias				5:01.13	447
	50m: 32.92	32.92	150m: 1:47.87	38.19	250m: 3:05.44	38.85	350m: 4:23.56	39.17	
	100m: 1:09.68	36.76	200m: 2:26.59	38.72	300m: 3:44.39	38.95	400m: 5:01.13	37.57	
7.	ANDRAS, Maria		17	Cote Saint-Luc Aquatics				5:02.73	439
	50m: 34.79	34.79	150m: 1:50.85	38.36	250m: 3:08.09	38.62	350m: 4:25.46	38.82	
	100m: 1:12.49	37.70	200m: 2:29.47	38.62	300m: 3:46.64	38.55	400m: 5:02.73	37.27	
8.	PÉLISSIER, Anna Simone		16	Club Aquatique Charlesbourg				5:11.08	405
	50m: 35.11	35.11	150m: 1:52.42	39.08	250m: 3:11.15	39.72	350m: 4:31.45	40.21	
	100m: 1:13.34	38.23	200m: 2:31.43	39.01	300m: 3:51.24	40.09	400m: 5:11.08	39.63	



Festival par équipes section 3
Rimouski, 5- - 7-6-2026

Epreuve 23, Filles, 400m Libre, 16 - 17 ans

Rang				Age					Temps	Pts		
9.	LEBLOND, Daphnée			16	Mtl Nord Natation				5:19.48	374		
	50m:	35.05	35.05	150m:	1:55.77	40.55	250m:	3:18.61	41.68	350m:	4:40.56	40.99
	100m:	1:15.22	40.17	200m:	2:36.93	41.16	300m:	3:59.57	40.96	400m:	5:19.48	38.92
10.	LABBÉ, Camille			16	Nsh				5:19.72	373		
	50m:	35.55	35.55	150m:	1:54.67	40.31	250m:	3:16.39	41.10	350m:	4:39.12	41.14
	100m:	1:14.36	38.81	200m:	2:35.29	40.62	300m:	3:57.98	41.59	400m:	5:19.72	40.60
11.	RAYMOND, Mathilde			16	Les Dauphins de Rimouski				5:20.95	369		
	50m:	35.65	35.65	150m:	1:56.13	41.05	250m:	3:19.48	41.96	350m:	4:42.37	40.89
	100m:	1:15.08	39.43	200m:	2:37.52	41.39	300m:	4:01.48	42.00	400m:	5:20.95	38.58
12.	SPOTO, Renée			17	Mtl Nord Natation				5:29.62	340		
	50m:	36.90	36.90	150m:	2:00.82	42.59	250m:	3:25.88	42.45	350m:	4:49.80	41.38
	100m:	1:18.23	41.33	200m:	2:43.43	42.61	300m:	4:08.42	42.54	400m:	5:29.62	39.82
13.	HAMEL, Émily			16	Club Aquatique Charlesbourg				5:31.44	335		
	50m:	36.49	36.49	150m:	1:58.88	41.82	250m:	3:25.45	43.53	350m:	4:51.93	42.97
	100m:	1:17.06	40.57	200m:	2:41.92	43.04	300m:	4:08.96	43.51	400m:	5:31.44	39.51
14.	GHRIB, Amelia Ralissa			17	Club de natation Saint-Laurent				5:31.57	334		
	50m:	36.95	36.95	150m:	1:59.53	41.97	250m:	3:24.37	42.69	350m:	4:50.42	43.07
	100m:	1:17.56	40.61	200m:	2:41.68	42.15	300m:	4:07.35	42.98	400m:	5:31.57	41.15
15.	DOUCET, Simone			16	Les Dauphins de Rimouski				5:40.13	310		
	50m:	37.39	37.39	150m:	2:03.84	43.75	250m:	3:31.44	43.52	350m:	4:58.11	43.41
	100m:	1:20.09	42.70	200m:	2:47.92	44.08	300m:	4:14.70	43.26	400m:	5:40.13	42.02
16.	GRENIER, Léonie			17	Les Dauphins de Rimouski				5:51.83	280		
	50m:	37.19	37.19	150m:	2:04.37	44.21	250m:	3:33.87	45.24	350m:	5:06.56	46.11
	100m:	1:20.16	42.97	200m:	2:48.63	44.26	300m:	4:20.45	46.58	400m:	5:51.83	45.27

18 ans et plus

1.	MICHAUD, Élisabeth			20	Club de natation Saint-Laurent				4:28.84	628		
	50m:	30.79	30.79	150m:	1:37.14	33.30	250m:	2:45.28	33.98	350m:	3:54.57	35.02
	100m:	1:03.84	33.05	200m:	2:11.30	34.16	300m:	3:19.55	34.27	400m:	4:28.84	34.27
2.	MCMURRAY, Ainsley			26	Cote Saint-Luc Aquatics				4:29.21	625		
	50m:	30.55	30.55	150m:	1:38.03	34.10	250m:	2:46.66	34.21	350m:	3:56.42	34.71
	100m:	1:03.93	33.38	200m:	2:12.45	34.42	300m:	3:21.71	35.05	400m:	4:29.21	32.79
3.	TREMBLAY, Sarah-Louise			22	Club de natation Mégophias				4:38.49	565		
	50m:	30.83	30.83	150m:	1:40.24	35.24	250m:	2:52.03	35.99	350m:	4:03.63	35.79
	100m:	1:05.00	34.17	200m:	2:16.04	35.80	300m:	3:27.84	35.81	400m:	4:38.49	34.86
4.	DI MARIA, Jessica			18	Club de natation Saint-Laurent				4:38.57	564		
	50m:	30.76	30.76	150m:	1:40.26	35.45	250m:	2:52.40	36.09	350m:	4:04.51	36.02
	100m:	1:04.81	34.05	200m:	2:16.31	36.05	300m:	3:28.49	36.09	400m:	4:38.57	34.06
5.	GAGNON, Amélie			19	Nsh				4:42.75	539		
	50m:	32.27	32.27	150m:	1:43.89	36.21	250m:	2:56.42	36.25	350m:	4:08.52	35.75
	100m:	1:07.68	35.41	200m:	2:20.17	36.28	300m:	3:32.77	36.35	400m:	4:42.75	34.23
6.	SPOTO, Stella			19	Mtl Nord Natation				4:45.55	524		
	50m:	31.86	31.86	150m:	1:43.42	36.38	250m:	2:57.01	36.82	350m:	4:10.36	36.53
	100m:	1:07.04	35.18	200m:	2:20.19	36.77	300m:	3:33.83	36.82	400m:	4:45.55	35.19
7.	LECLERC, Méliane			19	Les Dauphins de Rimouski				4:53.07	484		
	50m:	32.85	32.85	150m:	1:45.88	37.12	250m:	3:01.35	37.67	350m:	4:17.75	38.28
	100m:	1:08.76	35.91	200m:	2:23.68	37.80	300m:	3:39.47	38.12	400m:	4:53.07	35.32
8.	MARTINEAU, Margot			22	Club de natation Mégophias				4:59.27	455		
	50m:	31.46	31.46	150m:	1:43.22	36.88	250m:	3:00.40	38.85	350m:	4:20.34	40.14
	100m:	1:06.34	34.88	200m:	2:21.55	38.33	300m:	3:40.20	39.80	400m:	4:59.27	38.93



Festival par équipes section 3
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Epreuve 23, Dames, 400m Libre, 18 ans et plus

Rang			Age							Temps	Pts	
9.	ECHEVARRIA, Adriana		20	Nsh						4:59.40	454	
	50m:	34.13	34.13	150m:	1:49.64	38.33	250m:	3:06.22	38.20	350m:	4:23.35	38.07
	100m:	1:11.31	37.18	200m:	2:28.02	38.38	300m:	3:45.28	39.06	400m:	4:59.40	36.05
10.	HUNSICKER_S10SB9SM1, Ariann		22	Cote Saint-Luc Aquatics						5:04.97	430	
	50m:	32.53	32.53	150m:	1:47.55	38.22	250m:	3:06.20	39.33	350m:	4:25.75	39.61
	100m:	1:09.33	36.80	200m:	2:26.87	39.32	300m:	3:46.14	39.94	400m:	5:04.97	39.22
11.	BENGA, Cassandra		18	Côte-des-Neiges Notre-Dame-de-						5:08.50	415	
	50m:	32.13	32.13	150m:	1:47.75	38.64	250m:	3:07.50	40.04	350m:	4:29.31	41.18
	100m:	1:09.11	36.98	200m:	2:27.46	39.71	300m:	3:48.13	40.63	400m:	5:08.50	39.19
12.	THÉRIAULT, Marie-Pier		18	Nsh						5:11.31	404	
	50m:	35.02	35.02	150m:	1:52.24	39.10	250m:	3:12.50	40.18	350m:	4:32.57	39.58
	100m:	1:13.14	38.12	200m:	2:32.32	40.08	300m:	3:52.99	40.49	400m:	5:11.31	38.74
13.	DUMAIS, Roxanne		24	Les Dauphins de Rimouski						5:23.53	360	
	50m:	34.50	34.50	150m:	1:54.94	41.30	250m:	3:19.57	42.91	350m:	4:44.22	42.32
	100m:	1:13.64	39.14	200m:	2:36.66	41.72	300m:	4:01.90	42.33	400m:	5:23.53	39.31
14.	GAUDREAU, Émilie		20	Les Dauphins de Rimouski						5:32.19	332	
	50m:	34.88	34.88	150m:	1:56.75	42.00	250m:	3:23.16	43.31	350m:	4:51.05	43.99
	100m:	1:14.75	39.87	200m:	2:39.85	43.10	300m:	4:07.06	43.90	400m:	5:32.19	41.14
15.	DE MARTIN, Abigail		18	Mtl Nord Natation						6:02.13	257	
	50m:	38.16	38.16	150m:	2:06.62	45.84	250m:	3:40.90	47.39	350m:	5:16.20	47.85
	100m:	1:20.78	42.62	200m:	2:53.51	46.89	300m:	4:28.35	47.45	400m:	6:02.13	45.93
16.	HAMIDI, Tiziri		18	Mtl Nord Natation						6:06.76	247	
	50m:	38.25	38.25	150m:	2:08.34	46.17	250m:	3:43.76	47.78	350m:	5:19.18	48.17
	100m:	1:22.17	43.92	200m:	2:55.98	47.64	300m:	4:31.01	47.25	400m:	6:06.76	47.58
17.	VEILLEUX, Iris		18	Club Aquatique Charlesbourg						6:37.61	194	
	50m:	43.81	43.81	150m:	2:23.00	50.27	250m:	4:05.29	51.52	350m:	5:47.97	51.59
	100m:	1:32.73	48.92	200m:	3:13.77	50.77	300m:	4:56.38	51.09	400m:	6:37.61	49.64