Prova 2 | Femin., 1500m Livres | Open
03/07/2026 - 18:35 | Resultados

Recordes Nacionais 50m Open	16:15.12	Diana Margarida, DURAES	SLB	Lisboa	09/02/2020
Recordes Nacionais 50m Jun 18	16:24.05	Tamila Hryhorivna, HOLUB	POR	Budapeste (HUN)	24/07/2017
Recordes Nacionais 50m Juv A	16:43.22	Tamila Hryhorivna, HOLUB	SCB	Singapore (SGP)	29/08/2015
Recordes Nacionais 50m Inf A	17:34.28	Maria Miguel, VELOSO	CNAC	Coimbra	08/07/2007
Recordes Regionais (PL) Open	17:53.18	Miriam Filipe, MARCOS	CNOL	Oeiras	23/07/2017
Recordes Regionais (PL) Jun 18	19:06.62	Margarida Maria, LUIZ	LAGAC	Oeiras	15/02/2026
Recordes Regionais (PL) Juv A	17:53.18	Miriam Filipe, MARCOS	CNOL	Oeiras	23/07/2017
Recordes Regionais (PL) Inf A	19:11.99	Margarida Maria, LUIZ	LAGAC	Lisboa	23/06/2013

Pontos: AQUA 2025

Lugar	Nome	Licença	Clube	Tempo Final	AQUA	Pts

Juvenis A

1. Ines Filipa, MATEUS — 212937 — Lagoa Academico Clube — **19:45.18** — 468 — 12,00 — -

100m:	1:11.21	1:11.21	500m:	6:16.79	1:17.53	900m:	11:35.23	1:20.91	1300m:	17:02.98	1:22.09
200m:	2:26.75	1:15.54	600m:	7:35.12	1:18.33	1000m:	12:57.00	1:21.77	1400m:	18:24.24	1:21.26
300m:	3:42.90	1:16.15	700m:	8:53.69	1:18.57	1100m:	14:19.08	1:22.08	1500m:	19:45.18	1:20.94
400m:	4:59.26	1:16.36	800m:	10:14.32	1:20.63	1200m:	15:40.89	1:21.81			

2. Sira Valentim, FALEIRO — 209302 — Lagoa Academico Clube — **20:25.33** — 423 — 10,00 — -

100m:	1:11.67	1:11.67	500m:	6:24.42	1:20.74	900m:	11:53.94	1:23.56	1300m:	17:36.92	1:26.03
200m:	2:27.72	1:16.05	600m:	7:46.21	1:21.79	1000m:	13:19.30	1:25.36	1400m:	19:02.11	1:25.19
300m:	3:44.77	1:17.05	700m:	9:07.95	1:21.74	1100m:	14:44.97	1:25.67	1500m:	20:25.33	1:23.22
400m:	5:03.68	1:18.91	800m:	10:30.38	1:22.43	1200m:	16:10.89	1:25.92			

Juniores

1. Margarida Maria, LUIZ — 211814 — FC Ferreiras/AlgarExperience — **19:24.75** — 493 — 12,00 — -

100m:	1:10.91	1:10.91	500m:	6:15.90	1:16.61	900m:	11:27.43	1:18.16	1300m:	16:44.91	1:20.04
200m:	2:26.70	1:15.79	600m:	7:33.37	1:17.47	1000m:	12:46.17	1:18.74	1400m:	18:04.92	1:20.01
300m:	3:42.76	1:16.06	700m:	8:51.17	1:17.80	1100m:	14:05.16	1:18.99	1500m:	19:24.75	1:19.83
400m:	4:59.29	1:16.53	800m:	10:09.27	1:18.10	1200m:	15:24.87	1:19.71			

EXH Bruna Filipa, BORRALHO — 216451 — Lagoa Academico Clube — **19:16.60** — 504 — - — -

100m:	1:11.51	1:11.51	500m:	6:16.45	1:17.08	900m:	11:28.05	1:18.14	1300m:	16:42.96	1:19.43
200m:	2:26.77	1:15.26	600m:	7:34.04	1:17.59	1000m:	12:46.72	1:18.67	1400m:	18:00.45	1:17.49
300m:	3:42.91	1:16.14	700m:	8:51.63	1:17.59	1100m:	14:05.14	1:18.42	1500m:	19:16.60	1:16.15
400m:	4:59.37	1:16.46	800m:	10:09.91	1:18.28	1200m:	15:23.53	1:18.39			