



Associa  o de Nata  o do Algarve
Campeonato Regional de Juvenis, Juniores, Seniores e Nata  o Adaptada
Loul , 03 - 05/07/2026



Prova 18 Masc., 400m Livres Open
04/07/2026 - 17:00 Resultados

Recordes Nacionais 50m Open	3:50.56	Jose Paulo, LOPES	POR	Barcelona (ESP)	06/06/2021
Recordes Nacionais 50m Sen	3:50.56	Jose Paulo, LOPES	POR	Barcelona (ESP)	06/06/2021
Recordes Nacionais 50m Jun 18	3:53.79	Jose Paulo, LOPES	SCB	Oeiras	28/07/2018
Recordes Nacionais 50m Jun 17	3:57.15	Gustavo Manuel, SANTA	POR	Helsinki (FIN)	14/07/2010
Recordes Nacionais 50m Juv A	3:59.38	Gustavo Manuel, SANTA	POR	Tampere (FIN)	21/07/2009
Recordes Nacionais 50m Juv B	4:06.22	Rui Filipe, COSTA	VSC	Coimbra	29/07/2006
Recordes Nacionais 50m Inf A	4:15.99	Pedro Fontoura, OLIVEIRA	CFB	Badajoz (ESP)	11/07/2004
Recordes Nacionais 50m Inf B	4:28.42	Pedro Fontoura, OLIVEIRA	CFB	Restelo	26/07/2003
Recordes Regionais (PL) Open	3:57.11	Miguel Martins, PIRES	LDC	Jamor	30/07/2004
Recordes Regionais (PL) Sen	3:57.11	Miguel Martins, PIRES	LDC	Jamor	30/07/2004
Recordes Regionais (PL) Jun 18	4:05.41	Jo�o Duarte, SANTOS	CNOL	Famalic�o	20/07/2013
Recordes Regionais (PL) Jun 17	4:04.65	Jo�o Duarte, SANTOS	CNOL	Oeiras	28/07/2012
Recordes Regionais (PL) Juv A	4:10.88	Jo�o Duarte, SANTOS	CNOL	Paphos (CYP)	25/06/2011
Recordes Regionais (PL) Juv B	4:09.85	Tiago Miguel, VILHENA	CNFA	Oeiras	23/07/2016
Recordes Regionais (PL) Inf A	4:20.30	Tiago Miguel, VILHENA	CNFA	Oeiras	18/07/2015
Recordes Regionais (PL) Inf B	4:33.46	Tiago Miguel, VILHENA	CNFA	Loule	19/07/2014

Pontos: AQUA 2025

Lugar	Nome	Licen�a	Clube	Tempo Final	AQUA	Pts
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Juvenis B

1.	Isaac Salavessa, HORTA	214384	Cng	4:44.07	464	12,00	-
	100m: 1:06.20 1:06.20	200m: 2:18.14 1:11.94	300m: 3:31.12 1:12.98	400m: 4:44.07 1:12.95			
2.	Daniel Filipe, O	218175	Cng	4:50.05	436	10,00	-
	100m: 1:09.15 1:09.15	200m: 2:25.01 1:15.86	300m: 3:40.76 1:15.75	400m: 4:50.05 1:09.29			
3.	Francisco Pinto, ESTEVES	225569	FC Ferreiras/AlgarExperience	5:39.78	271	9,00	-
	100m: 1:15.48 1:15.48	200m: 2:42.66 1:27.18	300m: 4:12.36 1:29.70	400m: 5:39.78 1:27.42			
4.	Francisco Martins, CARDOSO	219367	Lagoa Academico Clube	6:07.68	214	8,00	-
	100m: 1:22.25 1:22.25	200m: 2:56.10 1:33.85	300m: 4:33.22 1:37.12	400m: 6:07.68 1:34.46			

Juvenis A

1.	Tiago Malhador, LULAK	212575	Louletano / Loule Aqui e Agora	4:27.60	556	12,00	-
	100m: 1:02.27 1:02.27	200m: 2:09.82 1:07.55	300m: 3:19.02 1:09.20	400m: 4:27.60 1:08.58			
2.	Goncalo Alexandre, RETRE	212248	Louletano / Loule Aqui e Agora	4:32.01	529	10,00	-
	100m: 1:03.16 1:03.16	200m: 2:12.90 1:09.74	300m: 3:23.78 1:10.88	400m: 4:32.01 1:08.23			
3.	Nazar, SKILKY	211857	FC Ferreiras/AlgarExperience	4:36.51	504	9,00	-
	100m: 1:02.41 1:02.41	200m: 2:12.41 1:10.00	300m: 3:25.01 1:12.60	400m: 4:36.51 1:11.50			
4.	Rodrigo Ferreira, PLACIDO	213280	Louletano / Loule Aqui e Agora	4:38.97	490	8,00	-
	100m: 1:06.10 1:06.10	200m: 2:16.81 1:10.71	300m: 3:28.22 1:11.41	400m: 4:38.97 1:10.75			

DNS	Jose Pedro, MINHALMA	210690	Cng	-	-	-
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Junior

1.	Diogo Filipe, CARDOSO	210399	Natacao Olhao	4:31.69	531	12,00	-	
	100m: 1:03.82	1:03.82	200m: 2:14.34	1:10.52	300m: 3:24.22	1:09.88	400m: 4:31.69	1:07.47
2.	Joao Terceiro, LOPES	209300	Portinado	4:34.70	514	10,00	-	
	100m: 1:04.33	1:04.33	200m: 2:14.47	1:10.14	300m: 3:26.15	1:11.68	400m: 4:34.70	1:08.55

Seniores

1.	Miguel Salomao, TRISTAO	129885	Portinado	4:24.44	576	12,00	-
	100m: 1:01.90 1:01.90	200m: 2:09.69 1:07.79	300m: 3:17.23 1:07.54	400m: 4:24.44 1:07.21			
2.	David Luis, SEABRA	146577	Cng	4:37.16	500	10,00	-
	100m: 1:06.49 1:06.49	200m: 2:17.92 1:11.43	300m: 3:30.02 1:12.10	400m: 4:37.16 1:07.14			
3.	Tomas Alves, COSTA	120573	Aquatico Silves	4:50.00	437	9,00	-
	100m: 1:07.27 1:07.27	200m: 2:21.06 1:13.79	300m: 3:36.46 1:15.40	400m: 4:50.00 1:13.54			



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Prova 18, Masc., 400m Livres

DNS	Sebastiao Vieira, GUERREIRO	224338	Lagoa Academico Clube										-	-
EXH	Tiago Frazao, BARRA	214568	Rio Maior	4:35.87	507	-	-							
	100m: 1:04.62 1:04.62	200m: 2:15.10 1:10.48	300m: 3:26.37 1:11.27	400m: 4:35.87 1:09.50										
EXH	Daniel Filipe, JORGE	210798	Rio Maior	4:42.19	474	-	-							
	100m: 1:06.21 1:06.21	200m: 2:17.76 1:11.55	300m: 3:31.06 1:13.30	400m: 4:42.19 1:11.13										
EXH	Pedro Morgado, COSTA	216915	Rio Maior	4:42.30	473	-	-							
	100m: 1:05.16 1:05.16	200m: 2:17.51 1:12.35	300m: 3:30.73 1:13.22	400m: 4:42.30 1:11.57										
EXH	Gabriel Antunes, RAMOS	220234	Rio Maior	4:43.67	466	-	-							
	100m: 1:07.05 1:07.05	200m: 2:20.04 1:12.99	300m: 3:33.80 1:13.76	400m: 4:43.67 1:09.87										
EXH	Duarte Ferreira, PLACIDO	213279	Louletano / Loule Aqui e Agora	4:46.43	453	-	-							
	100m: 1:08.75 1:08.75	200m: 2:22.07 1:13.32	300m: 3:35.39 1:13.32	400m: 4:46.43 1:11.04										
EXH	Martim Miguel, SANTOS	216945	Rio Maior	4:52.95	423	-	-							
	100m: 1:11.28 1:11.28	200m: 2:25.94 1:14.66	300m: 3:40.78 1:14.84	400m: 4:52.95 1:12.17										
EXH	Luis Miguel, REIS	213109	Rio Maior	4:57.61	404	-	-							
	100m: 1:10.41 1:10.41	200m: 2:27.27 1:16.86	300m: 3:44.10 1:16.83	400m: 4:57.61 1:13.51										
EXH	Francisco Miguel, MARTELO	216259	Louletano / Loule Aqui e Agora	5:05.13	375	-	-							
	100m: 1:11.00 1:11.00	200m: 2:29.06 1:18.06	300m: 3:48.62 1:19.56	400m: 5:05.13 1:16.51										
EXH	Jose Tiago, MENDES	216343	Natacao Olhao	5:06.91	368	-	-							
	100m: 1:12.32 1:12.32	200m: 2:30.54 1:18.22	300m: 3:49.81 1:19.27	400m: 5:06.91 1:17.10										
EXH	Denis Gabriel, MARIS	219370	Lagoa Academico Clube	5:30.51	295	-	-							
	100m: 1:17.91 1:17.91	200m: 2:43.75 1:25.84	300m: 4:09.30 1:25.55	400m: 5:30.51 1:21.21										
EXH	Gabriel Duarte, CABRITA	216612	FC Ferreiras/AlgarExperience	5:39.33	272	-	-							
	100m: 1:18.57 1:18.57	200m: 2:46.67 1:28.10	300m: 4:15.69 1:29.02	400m: 5:39.33 1:23.64										