

Latvian Short Course Championships (25m)  
Jelgava, 12 - 14/6/2026

Event 9  
12/06/2026 - 17:38

Women, 400m Freestyle

Open  
Results

Latvijas rekords 4:15.49 MALUKA Ieva RDSN Riga 11/02/2022  
Sacens bu rekords 4:29.33 BAIKOVA Arina LAT Valmiera 22/06/2019

SKSM : 4:05.99 / SM : 4:27.18 / SMK : 4:42.74 / I : 5:02.72 / II : 5:33.19 / III : 6:15.80 / IV : 7:34.51

Points: AQUA 2025

Vieta	Uzv	rds,	v	rds	Dz.g.	Komanda	Rezult	ts	Punkti	RL	SK	KP
1.	SIRJAJEVA	Arina			06	RSS Ridzene-DSN	<b>4:42.02</b>		544		SMK	
	50m:	31.25	31.25	150m:	1:41.77	35.76	250m:	2:54.47	36.54	350m:	4:07.16	36.29
	100m:	1:06.01	34.76	200m:	2:17.93	36.16	300m:	3:30.87	36.40	400m:	4:42.02	34.86
2.	GERASEVA	Anna			07	Jelgavas SPS	<b>4:42.63</b>		540	+0.77	SMK	
	50m:	31.86	31.86	150m:	1:41.84	35.44	250m:	2:54.47	36.04	350m:	4:07.66	36.82
	100m:	1:06.40	34.54	200m:	2:18.43	36.59	300m:	3:30.84	36.37	400m:	4:42.63	34.97
3.	GULBE	Liva			08	RSS Ridzene-DSN	<b>4:47.08</b>		515	+0.74	I	
	50m:	31.82	31.82	150m:	1:43.29	36.39	250m:	2:56.93	36.84	350m:	4:10.92	36.96
	100m:	1:06.90	35.08	200m:	2:20.09	36.80	300m:	3:33.96	37.03	400m:	4:47.08	36.16
4.	SKRABE	Liene Evelina			11	Valmieras SS	<b>4:55.74</b>		471	+0.65	I	
	50m:	31.98	31.98	150m:	1:45.43	37.39	250m:	3:01.74	38.48	350m:	4:18.55	38.32
	100m:	1:08.04	36.06	200m:	2:23.26	37.83	300m:	3:40.23	38.49	400m:	4:55.74	37.19
5.	MONOKANDILOSE	Darija			10	Kipsalas peldbaseins AP	<b>5:01.17</b>		446	+0.29	I	
	50m:	32.07	32.07	150m:	1:44.86	37.05	250m:	3:02.14	38.79	350m:	4:22.10	40.74
	100m:	1:07.81	35.74	200m:	2:23.35	38.49	300m:	3:41.36	39.22	400m:	5:01.17	39.07
6.	NICIPORE	Elizabete			12	Valmieras SS	<b>5:03.11</b>		438	+0.75	II	
	50m:	32.81	32.81	150m:	1:47.39	37.98	250m:	3:05.73	39.41	350m:	4:25.47	39.79
	100m:	1:09.41	36.60	200m:	2:26.32	38.93	300m:	3:45.68	39.95	400m:	5:03.11	37.64
7.	ZARINA	Eva			12	PK Ogre	<b>5:09.48</b>		411		II	
	50m:	33.16	33.16	150m:	1:50.26	39.35	250m:	3:11.02	40.46	350m:	4:30.73	39.84
	100m:	1:10.91	37.75	200m:	2:30.56	40.30	300m:	3:50.89	39.87	400m:	5:09.48	38.75
8.	FABRICIUSA	Alise			13	Ventspils SS Spars	<b>5:10.50</b>		407	+0.75	II	
	50m:	34.58	34.58	150m:	1:53.35	40.11	250m:	3:13.25	39.93	350m:	4:33.52	39.75
	100m:	1:13.24	38.66	200m:	2:33.32	39.97	300m:	3:53.77	40.52	400m:	5:10.50	36.98
9.	POULSENA	Liva			13	Valmieras SS	<b>5:11.06</b>		405	+0.69	II	
	50m:	33.11	33.11	150m:	1:49.67	39.10	250m:	3:11.16	40.76	350m:	4:32.19	40.25
	100m:	1:10.57	37.46	200m:	2:30.40	40.73	300m:	3:51.94	40.78	400m:	5:11.06	38.87
10.	BROWN	Abigail Amelia			11	Druskininku SC	<b>5:16.98</b>		383	+0.29	II	
	50m:	34.24	34.24	150m:	1:54.85	40.95	250m:	3:17.39	41.17	350m:	4:39.33	40.46
	100m:	1:13.90	39.66	200m:	2:36.22	41.37	300m:	3:58.87	41.48	400m:	5:16.98	37.65
11.	RITUMA	Emilija			13	Kipsalas peldbaseins GJ	<b>5:18.17</b>		378	+0.77	II	
	50m:	34.54	34.54	150m:	1:55.22	41.04	250m:	3:19.25	42.38	350m:	4:40.18	39.24
	100m:	1:14.18	39.64	200m:	2:36.87	41.65	300m:	4:00.94	41.69	400m:	5:18.17	37.99
12.	SASNAUSKAITE	Ineta			11	Druskininku SC	<b>5:24.05</b>		358		II	
	50m:	36.46	36.46	150m:	1:59.59	41.81	250m:	3:23.42	41.60	350m:	4:46.51	41.37
	100m:	1:17.78	41.32	200m:	2:41.82	42.23	300m:	4:05.14	41.72	400m:	5:24.05	37.54
	PETRIKA	Anastasija			13	Jelgavas SPS	<b>5:24.05</b>		358		II	
	50m:	36.43	36.43	150m:	1:58.95	41.56	250m:	3:23.98	42.53	350m:	4:45.47	40.87
	100m:	1:17.39	40.96	200m:	2:41.45	42.50	300m:	4:04.60	40.62	400m:	5:24.05	38.58
14.	RUDAKOVA	Agate			12	RSS Ridzene-DSN	<b>5:37.06</b>		318	+0.73	III	
	50m:	36.47	36.47	150m:	2:00.97	42.68	250m:	3:28.20	43.47	350m:	4:55.36	43.78
	100m:	1:18.29	41.82	200m:	2:44.73	43.76	300m:	4:11.58	43.38	400m:	5:37.06	41.70
DSQ	JAKSTONYTE	Ema			09	Utenos DSC	<b>4:38.98</b>			+0.86	SMK	
	<i>(Time: 17:55), Nav veikta distance pilna apm r</i>											
	50m:	30.93	30.93	150m:	1:41.91	36.31	250m:	2:53.69	35.80	350m:	4:05.48	35.69
	100m:	1:05.60	34.67	200m:	2:17.89	35.98	300m:	3:29.79	36.10	400m:	4:38.98	33.50