

Latvian Short Course Championships (25m)
Jelgava, 12 - 14/6/2026

Event 10
12/06/2026 - 17:44

Men, 400m Freestyle

Open
Results

Latvijas rekords	3:51.52	MILOSLAVSKIS Romans	LAT	Shanghai (CHN)	07/04/2006
Sacens bu rekords	3:52.96	MIKELSONS Kristaps	LAT	Valmiera	16/06/2023

SKSM : 3:46.76 / SM : 4:06.29 / SMK : 4:20.64 / I : 4:39.05 / II : 5:07.14 / III : 5:46.42 / IV : 6:58.98

Points: AQUA 2025

Vieta	Uzv	rds,	v	rds	Dz.g.	Komanda	Rezult	ts	Punkti	RL	SK	KP
1.	ORBIDANS	Jaroslavs			08	Jelgavas SPS	4:06.44		638		SMK	
	50m:	27.37	27.37	150m:	1:29.31	31.41	250m:	2:32.66	31.69	350m:	3:36.45	31.90
	100m:	57.90	30.53	200m:	2:00.97	31.66	300m:	3:04.55	31.89	400m:	4:06.44	29.99
2.	PETRIKINS	Ilja			08	RSS Ridzene-DSN	4:06.67		637	+0.80	SMK	
	50m:	27.62	27.62	150m:	1:29.37	31.23	250m:	2:32.41	31.29	350m:	3:37.35	32.61
	100m:	58.14	30.52	200m:	2:01.12	31.75	300m:	3:04.74	32.33	400m:	4:06.67	29.32
3.	KIRGIZOVS	Timurs			08	Rezeknes BJSS	4:06.68		637		SMK	
	50m:	27.16	27.16	150m:	1:28.61	31.29	250m:	2:32.04	31.69	350m:	3:36.75	32.44
	100m:	57.32	30.16	200m:	2:00.35	31.74	300m:	3:04.31	32.27	400m:	4:06.68	29.93
4.	GRIGAS	Vytautas			09	Druskininku SC	4:10.19		610	+0.72	SMK	
	50m:	27.06	27.06	150m:	1:29.70	31.49	250m:	2:34.24	32.48	350m:	3:38.19	31.71
	100m:	58.21	31.15	200m:	2:01.76	32.06	300m:	3:06.48	32.24	400m:	4:10.19	32.00
5.	VILIMS	Mihails			09	SK Delfins	4:13.82		584	+0.71	SMK	
	50m:	27.64	27.64	150m:	1:32.35	32.48	250m:	2:38.41	32.94	350m:	3:43.97	32.05
	100m:	59.87	32.23	200m:	2:05.47	33.12	300m:	3:11.92	33.51	400m:	4:13.82	29.85
6.	VITOLS	Reinis			07	RSS Ridzene-DSN	4:14.43		580	+0.80	SMK	
	50m:	28.15	28.15	150m:	1:30.50	31.69	250m:	2:35.96	32.84	350m:	3:43.17	33.51
	100m:	58.81	30.66	200m:	2:03.12	32.62	300m:	3:09.66	33.70	400m:	4:14.43	31.26
7.	NECIPORENKO	Dmitrijs			10	RSS Ridzene-ZOL	4:24.74		515		I	
	50m:	30.50	30.50	150m:	1:34.88	32.98	250m:	2:43.97	33.81	350m:	3:51.57	33.97
	100m:	1:01.90	31.40	200m:	2:10.16	35.28	300m:	3:17.60	33.63	400m:	4:24.74	33.17
8.	PETRUSIS	Dominykas			09	Druskininku SC	4:25.32		511	+0.83	I	
	50m:	29.27	29.27	150m:	1:36.51	33.71	250m:	2:45.03	34.72	350m:	3:53.58	33.93
	100m:	1:02.80	33.53	200m:	2:10.31	33.80	300m:	3:19.65	34.62	400m:	4:25.32	31.74
9.	LASKOVAS	Vejas			11	Utenos DSC	4:25.61		510		I	
	50m:	30.65	30.65	150m:	1:38.64	34.00	250m:	2:46.46	33.94	350m:	3:53.97	33.48
	100m:	1:04.64	33.99	200m:	2:12.52	33.88	300m:	3:20.49	34.03	400m:	4:25.61	31.64
10.	MESKINS	Mihails			11	Jurmalas SS	4:26.62		504	+0.67	I	
	50m:	30.13	30.13	150m:	1:36.44	33.28	250m:	2:45.33	34.68	350m:	3:54.67	34.79
	100m:	1:03.16	33.03	200m:	2:10.65	34.21	300m:	3:19.88	34.55	400m:	4:26.62	31.95
11.	KSENDZOVS	Maksimilians			10	PK Ogre	4:28.39		494	+0.75	I	
	50m:	29.39	29.39	150m:	1:35.87	33.72	250m:	2:45.47	34.74	350m:	3:55.46	35.28
	100m:	1:02.15	32.76	200m:	2:10.73	34.86	300m:	3:20.18	34.71	400m:	4:28.39	32.93
12.	VIKSNE	Gustavs			97	Kipsalas peldbaseins GJ	4:36.47		452	+0.73	I	
	50m:	30.36	30.36	150m:	1:40.11	35.22	250m:	2:51.61	35.90	350m:	4:02.70	35.53
	100m:	1:04.89	34.53	200m:	2:15.71	35.60	300m:	3:27.17	35.56	400m:	4:36.47	33.77
13.	KORKACS	Jegors			13	Kipsalas peldbaseins GJ	4:40.69		432		II	
	50m:	30.80	30.80	150m:	1:41.65	36.03	250m:	2:53.86	36.32	350m:	4:06.44	36.07
	100m:	1:05.62	34.82	200m:	2:17.54	35.89	300m:	3:30.37	36.51	400m:	4:40.69	34.25
14.	APSITIS	Anrijs			07	PS Gauja	4:41.86		427	+0.63	II	
	50m:	31.02	31.02	150m:	1:40.09	34.96	250m:	2:51.28	35.87	350m:	4:05.47	37.28
	100m:	1:05.13	34.11	200m:	2:15.41	35.32	300m:	3:28.19	36.91	400m:	4:41.86	36.39
15.	ZVAIGZNE	Aleksejs			11	SK Delfins	4:47.53		402		II	
	50m:	31.85	31.85	150m:	1:45.01	36.81	250m:	2:59.90	37.51	350m:	4:14.46	36.94
	100m:	1:08.20	36.35	200m:	2:22.39	37.38	300m:	3:37.52	37.62	400m:	4:47.53	33.07
16.	PRUZINSKIS	Andris			13	Valmieras SS	4:50.01		392	+0.68	II	
	50m:	32.34	32.34	150m:	1:44.20	36.35	250m:	2:58.98	37.58	350m:	4:14.31	38.12
	100m:	1:07.85	35.51	200m:	2:21.40	37.20	300m:	3:36.19	37.21	400m:	4:50.01	35.70

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Vieta	Uzv rds,	v rds	Dz.g.	Komanda	Rezult ts	Punkti	RL	SK	KP			
17.	SAPOVALOVS Artjoms		13	Jelgavas SPS	4:50.85	388		II				
	50m:	32.39	32.39	150m:	1:46.01	36.76	250m:	2:59.79	37.12	350m:	4:15.94	37.48
	100m:	1:09.25	36.86	200m:	2:22.67	36.66	300m:	3:38.46	38.67	400m:	4:50.85	34.91
18.	BUKS Henrijs		13	Kekavas NSS	4:53.87	376	+0.63	II				
	50m:	31.18	31.18	150m:	1:43.69	37.05	250m:	2:59.16	37.89	350m:	4:16.64	38.88
	100m:	1:06.64	35.46	200m:	2:21.27	37.58	300m:	3:37.76	38.60	400m:	4:53.87	37.23
19.	ALEKSANDROVS Daniels		09	PS Gauja	4:54.50	374		II				
	50m:	31.08	31.08	150m:	1:43.15	36.93	250m:	2:59.28	38.38	350m:	4:16.92	38.67
	100m:	1:06.22	35.14	200m:	2:20.90	37.75	300m:	3:38.25	38.97	400m:	4:54.50	37.58
20.	BALANASS Toms		07	PS Gauja	4:58.79	358	+0.64	II				
	50m:	30.59	30.59	150m:	1:43.78	37.64	250m:	3:01.77	39.16	350m:	4:20.72	39.24
	100m:	1:06.14	35.55	200m:	2:22.61	38.83	300m:	3:41.48	39.71	400m:	4:58.79	38.07
21.	KOZLOVSKIS Mikelis		11	RSS Ridzene-DSN	5:00.61	351		II				
	50m:	32.01	32.01	150m:	1:48.52	38.62	250m:	3:07.43	39.33	350m:	4:25.60	38.99
	100m:	1:09.90	37.89	200m:	2:28.10	39.58	300m:	3:46.61	39.18	400m:	5:00.61	35.01
22.	GREIDINS Renars		09	PS Gauja	5:18.18	296	+0.85	III				
	50m:	33.50	33.50	150m:	1:50.50	39.33	250m:	3:11.52	40.63	350m:	4:36.60	43.08
	100m:	1:11.17	37.67	200m:	2:30.89	40.39	300m:	3:53.52	42.00	400m:	5:18.18	41.58