

Limietenwedstrijd
Sportoase De Watermolen, 24/5/2026

Programmanr. 30
24/05/2026 - 16:46

Heren, 400m vrije slag

11 jaar en ouder
Resultaten

Punten: AQUA 2025

Rang			Inscr.				Tijd	Pnt		
1.	Verhamme Matts		SOS/11001/10 4:32.26				4:30.18	540		
	50m:	30.52 30.52	150m:	1:39.86 35.12	250m:	2:48.85 34.58	350m:	3:56.53 33.54		
	100m:	1:04.74 34.22	200m:	2:14.27 34.41	300m:	3:22.99 34.14	400m:	4:30.18 33.65		
2.	Cornelis Pieterjan		BRABO/11506/1C4:37.23				4:31.26	533		
	50m:	30.78 30.78	150m:	1:39.54 34.69	250m:	2:48.91 34.51	350m:	3:57.77 34.36		
	100m:	1:04.85 34.07	200m:	2:14.40 34.86	300m:	3:23.41 34.50	400m:	4:31.26 33.49		
3.	Van Raemdonck Camu		FIRST/11211/09 4:33.56				4:33.18	522		
	50m:	30.46 30.46	150m:	1:39.65 34.98	250m:	2:50.28 35.34	350m:	4:00.16 34.71		
	100m:	1:04.67 34.21	200m:	2:14.94 35.29	300m:	3:25.45 35.17	400m:	4:33.18 33.02		
4.	Wachtelaer Celle		AST/11061/12 4:33.75				4:35.83	507		
	50m:	31.56 31.56	150m:	1:42.25 35.46	250m:	2:52.89 34.80	350m:	4:02.80 34.13		
	100m:	1:06.79 35.23	200m:	2:18.09 35.84	300m:	3:28.67 35.78	400m:	4:35.83 33.03		
5.	Roosen Thomas		BRABO/11428/1C4:39.46				4:36.02	506		
	50m:	31.14 31.14	150m:	1:40.94 35.26	250m:	2:51.21 34.97	350m:	4:02.34 34.94		
	100m:	1:05.68 34.54	200m:	2:16.24 35.30	300m:	3:27.40 36.19	400m:	4:36.02 33.68		
6.	Bogaerts Thijs		MEGA/11337/09 4:34.43				4:36.04	506		
	50m:	30.53 30.53	150m:	1:39.92 35.26	250m:	2:51.35 35.84	350m:	4:01.87 35.21		
	100m:	1:04.66 34.13	200m:	2:15.51 35.59	300m:	3:26.66 35.31	400m:	4:36.04 34.17		
7.	Horovyi Mykyta		ZOLA/11136/07 NT				4:36.43	504		
	50m:	29.74 29.74	150m:	1:39.15 35.36	250m:	2:49.64 35.18	350m:	4:01.36 35.77		
	100m:	1:03.79 34.05	200m:	2:14.46 35.31	300m:	3:25.59 35.95	400m:	4:36.43 35.07		
8.	Van Den Brecht Mathias		AZL/11097/11 4:41.30				4:36.57	503		
	50m:	31.31 31.31	150m:	1:41.09 35.09	250m:	2:51.92 35.32	350m:	4:03.29 35.54		
	100m:	1:06.00 34.69	200m:	2:16.60 35.51	300m:	3:27.75 35.83	400m:	4:36.57 33.28		
9.	Vandorpe Dante		RSC/11067/08 4:28.64				4:38.04	495		
	50m:	30.54 30.54	150m:	1:39.54 34.90	250m:	2:50.17 35.40	350m:	4:02.02 35.89		
	100m:	1:04.64 34.10	200m:	2:14.77 35.23	300m:	3:26.13 35.96	400m:	4:38.04 36.02		
10.	Vermeulen Daan		MEGA/11441/11 4:45.74				4:39.72	486		
	50m:	31.19 31.19	150m:	1:41.88 35.64	250m:	2:54.42 36.19	350m:	4:05.99 34.95		
	100m:	1:06.24 35.05	200m:	2:18.23 36.35	300m:	3:31.04 36.62	400m:	4:39.72 33.73		
11.	Huens Warre		MEGA/11253/10 4:42.01				4:40.48	483		
	50m:	31.81 31.81	150m:	1:41.34 34.74	250m:	2:52.81 35.82	350m:	4:05.53 36.23		
	100m:	1:06.60 34.79	200m:	2:16.99 35.65	300m:	3:29.30 36.49	400m:	4:40.48 34.95		
12.	Shirvill Casper		BRABO/11360/114:45.03				4:42.83	471		
	50m:	32.26 32.26	150m:	1:44.72 36.33	250m:	2:56.88 35.89	350m:	4:08.39 35.71		
	100m:	1:08.39 36.13	200m:	2:20.99 36.27	300m:	3:32.68 35.80	400m:	4:42.83 34.44		
13.	Slos Robbie		FIRST/10712/01 4:45.07				4:44.38	463		
	50m:	31.42 31.42	150m:	1:43.52 36.85	250m:	2:55.82 36.40	350m:	4:08.64 36.24		
	100m:	1:06.67 35.25	200m:	2:19.42 35.90	300m:	3:32.40 36.58	400m:	4:44.38 35.74		
14.	Wojciula Tymon		ZNA/11416/11 4:45.80				4:44.63	462		
	50m:	32.04 32.04	150m:	1:46.13 37.64	250m:	2:59.54 36.79	350m:	4:11.63 35.31		
	100m:	1:08.49 36.45	200m:	2:22.75 36.62	300m:	3:36.32 36.78	400m:	4:44.63 33.00		
15.	Verhenne Tim		LZV/11077/10 4:39.55				4:44.90	460		
	50m:	31.85 31.85	150m:	1:44.97 36.79	250m:	2:57.82 36.12	350m:	4:10.05 35.90		
	100m:	1:08.18 36.33	200m:	2:21.70 36.73	300m:	3:34.15 36.33	400m:	4:44.90 34.85		
16.	Verhagen Toon		STW/11223/11 4:50.25				4:45.15	459		
	50m:	32.80 32.80	150m:	1:46.34 37.13	250m:	2:59.98 37.72	350m:	4:11.69 35.42		
	100m:	1:09.21 36.41	200m:	2:22.26 35.92	300m:	3:36.27 36.29	400m:	4:45.15 33.46		
17.	Vanhavere Daan		STW/11229/11 4:52.66				4:46.83	451		
	50m:	33.41 33.41	150m:	1:45.83 36.27	250m:	2:59.77 37.34	350m:	4:12.10 35.91		
	100m:	1:09.56 36.15	200m:	2:22.43 36.60	300m:	3:36.19 36.42	400m:	4:46.83 34.73		

Limietenwedstrijd
Sportoase De Watermolen, 24/5/2026

Programmanr. 30, Heren, 400m vrije slag, 11 jaar en ouder

Rang				Inscr.			Tijd	Pnt				
18.	Naegels Reza			ZOLA/11128/10			4:42.57	4:53.44	421			
	50m:	31.81	31.81	150m:	1:44.43	37.05	250m:	2:59.78	37.90	350m:	4:15.88	38.15
	100m:	1:07.38	35.57	200m:	2:21.88	37.45	300m:	3:37.73	37.95	400m:	4:53.44	37.56
19.	Karer Malik			TSZ/11099/12			5:03.44	5:02.52	384			
	50m:	33.70	33.70	150m:	1:49.41	38.63	250m:	3:07.45	39.56	350m:	4:24.79	38.97
	100m:	1:10.78	37.08	200m:	2:27.89	38.48	300m:	3:45.82	38.37	400m:	5:02.52	37.73
20.	Renders Klaas			TSZ/11078/12			5:15.82	5:03.36	381			
	50m:	35.81	35.81	150m:	1:53.86	39.55	250m:	3:10.79	38.32	350m:	4:26.47	37.31
	100m:	1:14.31	38.50	200m:	2:32.47	38.61	300m:	3:49.16	38.37	400m:	5:03.36	36.89
21.	Blommaert Célian			RSC/11124/10			5:27.73	5:08.18	364			
	50m:	34.91	34.91	150m:	1:52.80	39.40	250m:	3:12.60	39.70	350m:	4:32.59	39.55
	100m:	1:13.40	38.49	200m:	2:32.90	40.10	300m:	3:53.04	40.44	400m:	5:08.18	35.59
22.	Casier Jarne			RSC/11133/11			5:27.36	5:08.67	362			
	50m:	35.18	35.18	150m:	1:54.50	40.07	250m:	3:14.78	39.71	350m:	4:32.88	38.49
	100m:	1:14.43	39.25	200m:	2:35.07	40.57	300m:	3:54.39	39.61	400m:	5:08.67	35.79
23.	Casteur Nicolas			FIRST/11297/13			5:25.11	5:13.12	347			
	50m:	35.01	35.01	150m:	1:55.49	40.70	250m:	3:16.09	39.74	350m:	4:35.81	39.38
	100m:	1:14.79	39.78	200m:	2:36.35	40.86	300m:	3:56.43	40.34	400m:	5:13.12	37.31
24.	Turpijn Jules			MEGA/11494/13			5:46.85	5:18.34	330			
	50m:	36.61	36.61	150m:	1:59.10	41.11	250m:	3:21.56	41.03	350m:	4:41.96	39.40
	100m:	1:17.99	41.38	200m:	2:40.53	41.43	300m:	4:02.56	41.00	400m:	5:18.34	36.38
25.	Bombeeck Mathias			ZNA/11417/12			NT	5:21.25	321			
	50m:	34.95	34.95	150m:	1:57.38	42.21	250m:	3:21.36	42.66	350m:	4:44.31	40.24
	100m:	1:15.17	40.22	200m:	2:38.70	41.32	300m:	4:04.07	42.71	400m:	5:21.25	36.94
26.	Stabel Jonathan			KST/11085/13			5:22.91	5:22.04	319			
	50m:	35.82	35.82	150m:	1:56.56	40.92	250m:	3:20.71	42.10	350m:	4:42.93	40.94
	100m:	1:15.64	39.82	200m:	2:38.61	42.05	300m:	4:01.99	41.28	400m:	5:22.04	39.11
27.	Roosen Mathijs			BRABO/11531/14			5:37.78	5:26.36	306			
	50m:	36.43	36.43	150m:	1:59.31	41.73	250m:	3:22.76	41.41	350m:	4:45.91	41.80
	100m:	1:17.58	41.15	200m:	2:41.35	42.04	300m:	4:04.11	41.35	400m:	5:26.36	40.45
28.	Marius Mattis			AST/11070/13			5:39.78	5:39.01	273			
	50m:	37.52	37.52	150m:	2:05.98	45.15	250m:	3:34.47	44.46	350m:	5:03.17	43.01
	100m:	1:20.83	43.31	200m:	2:50.01	44.03	300m:	4:20.16	45.69	400m:	5:39.01	35.84
29.	Osselaer Van Nieuwenhuyze Kian			TSZ/11113/15			5:36.55	5:39.61	272			
	50m:	38.35	38.35	150m:	2:04.37	43.62	250m:	3:31.70	43.64	350m:	4:58.98	43.85
	100m:	1:20.75	42.40	200m:	2:48.06	43.69	300m:	4:15.13	43.43	400m:	5:39.61	40.63
30.	Adams Mathis			KST/11104/14			6:02.25	5:39.73	271			
	50m:	37.92	37.92	150m:	2:05.61	44.45	250m:	3:34.70	44.89	350m:	5:00.89	41.98
	100m:	1:21.16	43.24	200m:	2:49.81	44.20	300m:	4:18.91	44.21	400m:	5:39.73	38.84
31.	Vanhaesebroeck Louis-Emile			ZN/11090/14			5:59.11	5:49.31	250			
	50m:	38.61	38.61	150m:	2:05.29	43.04	250m:	3:35.44	45.30	350m:	5:05.61	44.24
	100m:	1:22.25	43.64	200m:	2:50.14	44.85	300m:	4:21.37	45.93	400m:	5:49.31	43.70
32.	Kenis Axl			KST/11124/11			6:18.34	5:50.79	246			
	50m:	36.73	36.73	150m:	2:02.47	43.98	250m:	3:35.00	46.77	350m:	5:06.83	45.83
	100m:	1:18.49	41.76	200m:	2:48.23	45.76	300m:	4:21.00	46.00	400m:	5:50.79	43.96
33.	Debolle Kyan			ZNA/11387/13			5:56.42	5:51.62	245			
	50m:	38.64	38.64	150m:	2:07.39	45.58	250m:	3:39.37	47.03	350m:	5:09.61	45.25
	100m:	1:21.81	43.17	200m:	2:52.34	44.95	300m:	4:24.36	44.99	400m:	5:51.62	42.01
34.	Hadi Rayan			RSC/11152/11			NT	6:02.27	224			
	50m:	37.14	37.14	150m:	2:07.06	45.82	250m:	3:38.28	45.22	350m:	5:16.14	49.35
	100m:	1:21.24	44.10	200m:	2:53.06	46.00	300m:	4:26.79	48.51	400m:	6:02.27	46.13
35.	Keymeulen Albert			AST/11083/15			NT	6:28.26	182			
	50m:	42.26	42.26	150m:	2:20.80	49.72	250m:	4:01.06	50.63	350m:	5:41.24	50.39
	100m:	1:31.08	48.82	200m:	3:10.43	49.63	300m:	4:50.85	49.79	400m:	6:28.26	47.02