

Championnats FFBN Masters 2026
Charleroi, 25/5/2026

Epreuve 8
25/05/2026

400m Libre

Cat. générale
Liste résultats

Points: AQUA 2025

Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	FINA		
20 - 24 ans, Messieurs										
	1.	LECLERCQ, Justin	04	HELIOS	BEL	4:27.27	4:39.46	488		
		50m: 31.67	31.67	150m: 1:42.29	35.62	250m: 2:52.76	35.05	350m: 4:04.42	35.78	
		100m: 1:06.67	35.00	200m: 2:17.71	35.42	300m: 3:28.64	35.88	400m: 4:39.46	35.04	
20 - 24 ans, Dames										
	1.	MAKA, Emilie	02	ESN	BEL	4:53.44	5:33.09	352		
		50m: 36.70	36.70	150m: 1:57.10	40.86	250m: 3:22.07	42.92	350m: 4:50.24	44.13	
		100m: 1:16.24	39.54	200m: 2:39.15	42.05	300m: 4:06.11	44.04	400m: 5:33.09	42.85	
	2.	COP, Caro	02	BRABO	BEL	6:20.41	6:43.94	197		
		50m: 47.55	47.55	150m: 2:30.20	51.75	250m: 4:12.57	51.23	350m: 5:54.49	50.89	
		100m: 1:38.45	50.90	200m: 3:21.34	51.14	300m: 5:03.60	51.03	400m: 6:43.94	49.45	
25 - 29 ans, Dames										
	1.	HAEGEMAN, Karen	97	AST	BEL	5:14.04	5:02.31	472		
		50m: 33.92	33.92	150m: 1:49.40	38.45	250m: 3:06.59	38.65	350m: 4:24.42	38.87	
		100m: 1:10.95	37.03	200m: 2:27.94	38.54	300m: 3:45.55	38.96	400m: 5:02.31	37.89	
	2.	FRIPPIAT, Lory	01	CNB	BEL	5:22.14	5:24.87	380		
		50m: 35.66	35.66	150m: 1:55.98	40.92	250m: 3:19.57	42.20	350m: 4:43.91	42.43	
		100m: 1:15.06	39.40	200m: 2:37.37	41.39	300m: 4:01.48	41.91	400m: 5:24.87	40.96	
	3.	LIMBIOUL, Marie	01	FNCS	BEL	5:22.11	5:37.75	338		
		50m: 35.96	35.96	150m: 1:59.85	42.55	250m: 3:26.02	43.24	350m: 4:54.45	44.11	
		100m: 1:17.30	41.34	200m: 2:42.78	42.93	300m: 4:10.34	44.32	400m: 5:37.75	43.30	
	4.	PIRET, Clémence	99	W	BEL	5:28.09	5:54.73	292		
		50m: 39.27	39.27	150m: 2:08.65	44.85	250m: 3:39.44	45.58	350m: 5:10.36	45.33	
		100m: 1:23.80	44.53	200m: 2:53.86	45.21	300m: 4:25.03	45.59	400m: 5:54.73	44.37	
30 - 34 ans, Messieurs										
	1.	CAPRASSE, Thomas	92	FNCS	BEL	6:01.16	6:12.02	207		
		50m: 41.13	41.13	150m: 2:13.05	47.28	250m: 3:51.24	49.32	350m: 5:29.88	49.95	
		100m: 1:25.77	44.64	200m: 3:01.92	48.87	300m: 4:39.93	48.69	400m: 6:12.02	42.14	
35 - 39 ans, Messieurs										
	1.	JACQUERIE, Pierre	88	FNCS	BEL	4:42.12	4:47.74	447		
		50m: 32.33	32.33	150m: 1:46.07	37.31	250m: 2:59.28	36.90	350m: 4:12.59	36.81	
		100m: 1:08.76	36.43	200m: 2:22.38	36.31	300m: 3:35.78	36.50	400m: 4:47.74	35.15	
	2.	CLERENS, Nicolas	87	AQUABLA	BEL	4:54.73	5:22.18	318		
		50m: 35.70	35.70	150m: 1:57.18	40.31	250m: 3:18.55	40.74	350m: 4:42.64	42.22	
		100m: 1:16.87	41.17	200m: 2:37.81	40.63	300m: 4:00.42	41.87	400m: 5:22.18	39.54	
	3.	D'HONDT, Xavier	90	CNBA	BEL	5:18.65	5:32.92	288		
		50m: 36.01	36.01	150m: 1:58.69	41.90	250m: 3:25.58	43.53	350m: 4:53.70	43.82	
		100m: 1:16.79	40.78	200m: 2:42.05	43.36	300m: 4:09.88	44.30	400m: 5:32.92	39.22	
	4.	SCOHY, Brett	89	AQUABLA	BEL	5:31.51	5:42.99	264		
		50m: 35.57	35.57	150m: 2:01.54	44.52	250m: 3:30.81	44.56	350m: 4:59.49	44.65	
		100m: 1:17.02	41.45	200m: 2:46.25	44.71	300m: 4:14.84	44.03	400m: 5:42.99	43.50	
35 - 39 ans, Dames										
	1.	DEJONCKHEERE, Mélina	91	CNSW	BEL	5:51.55	6:11.05	255		
		50m: 43.38	43.38	150m: 2:17.19	47.52	250m: 3:51.43	47.68	350m: 5:26.16	48.00	
		100m: 1:29.67	46.29	200m: 3:03.75	46.56	300m: 4:38.16	46.73	400m: 6:11.05	44.89	

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40 - 44 ans, Messieurs

1. BUTTENAERS, Patrice	83	FNCS	BEL	5:01.99	5:22.49	317		
50m: 35.39	35.39	150m: 1:55.22	40.31	250m: 3:18.09	41.22	350m: 4:42.29	42.02	
100m: 1:14.91	39.52	200m: 2:36.87	41.65	300m: 4:00.27	42.18	400m: 5:22.49	40.20	

40 - 44 ans, Dames

1. BUTTENAERS, Lindsay	86	FNCS	BEL	6:29.13	6:47.81	192		
50m: 44.24	44.24	150m: 2:25.81	51.58	250m: 4:11.84	53.11	350m: 5:56.88	51.76	
100m: 1:34.23	49.99	200m: 3:18.73	52.92	300m: 5:05.12	53.28	400m: 6:47.81	50.93	

45 - 49 ans, Messieurs

1. FLOURAKIS, Matthieu	81	CNSW	FRA	5:37.67	5:29.97	296		
50m: 36.36	36.36	150m: 1:58.21	41.12	250m: 3:22.69	41.48	350m: 4:48.41	42.51	
100m: 1:17.09	40.73	200m: 2:41.21	43.00	300m: 4:05.90	43.21	400m: 5:29.97	41.56	
2. RICHEZ, Maxime	77	CCM	BEL	NT	5:33.17	288		
50m: 36.51	36.51	150m: 2:00.60	43.07	250m: 3:27.59	43.11	350m: 4:52.46	41.98	
100m: 1:17.53	41.02	200m: 2:44.48	43.88	300m: 4:10.48	42.89	400m: 5:33.17	40.71	
3. DE PAUW, Gerrit	79	ZORO	BEL	5:17.35	5:34.36	285		
50m: 36.13	36.13	150m: 2:00.39	43.60	250m: 3:28.10	44.86	350m: 4:55.26	44.21	
100m: 1:16.79	40.66	200m: 2:43.24	42.85	300m: 4:11.05	42.95	400m: 5:34.36	39.10	

50 - 54 ans, Messieurs

1. DELBROUCK, Manuel	72	HELIOS	BEL	4:55.34	5:13.01	347		
50m: 35.95	35.95	150m: 1:53.58	39.03	250m: 3:13.20	39.76	350m: 4:34.47	40.41	
100m: 1:14.55	38.60	200m: 2:33.44	39.86	300m: 3:54.06	40.86	400m: 5:13.01	38.54	
2. JOINNEAU, Cédric	76	DM	BEL	5:49.14	6:04.94	219		
50m: 40.05	40.05	150m: 2:10.35	46.29	250m: 3:45.46	47.63	350m: 5:20.04	47.73	
100m: 1:24.06	44.01	200m: 2:57.83	47.48	300m: 4:32.31	46.85	400m: 6:04.94	44.90	

55 - 59 ans, Messieurs

1. CLOEZ, Frédéric	68	SNL	FRA	5:20.66	5:30.09	296		
50m: 38.12	38.12	150m: 2:00.87	41.84	250m: 3:26.45	42.37	350m: 4:51.40	42.37	
100m: 1:19.03	40.91	200m: 2:44.08	43.21	300m: 4:09.03	42.58	400m: 5:30.09	38.69	

55 - 59 ans, Dames

1. DUBUS, Lucy	69	DM	BEL	6:18.56	6:42.46	200		
50m: 43.90	43.90	150m: 2:25.06	51.39	250m: 4:10.08	52.32	350m: 5:54.25	52.40	
100m: 1:33.67	49.77	200m: 3:17.76	52.70	300m: 5:01.85	51.77	400m: 6:42.46	48.21	
2. DELAERE, Sabine	69	DM	BEL	6:34.02	7:14.93	158		
50m: 48.03	48.03	150m: 2:37.37	55.84	250m: 4:29.43	56.30	350m: 6:20.90	55.41	
100m: 1:41.53	53.50	200m: 3:33.13	55.76	300m: 5:25.49	56.06	400m: 7:14.93	54.03	

60 - 64 ans, Dames

1. MICHEL, Pierrette	62	CNSW	BEL	5:24.02	5:37.00	340		
50m: 38.40	38.40	150m: 2:04.34	43.61	250m: 3:29.39	42.26	350m: 4:55.17	43.49	
100m: 1:20.73	42.33	200m: 2:47.13	42.79	300m: 4:11.68	42.29	400m: 5:37.00	41.83	
2. AERTS, Christel	66	TESSwim	BEL	6:39.20	6:44.44	197		
50m: 44.13	44.13	150m: 2:25.21	52.09	250m: 4:10.11	53.01	350m: 5:55.05	52.61	
100m: 1:33.12	48.99	200m: 3:17.10	51.89	300m: 5:02.44	52.33	400m: 6:44.44	49.39	

65 - 69 ans, Messieurs

1. SCHURMANS, Thierry	58	CNSW	BEL	6:39.81	7:06.60	137		
50m: 47.37	47.37	150m: 2:37.69	56.39	250m: 4:27.95	55.88	350m: 6:16.54	54.62	
100m: 1:41.30	53.93	200m: 3:32.07	54.38	300m: 5:21.92	53.97	400m: 7:06.60	50.06	
2. JULLIEN, Guy	57	HELIOS	BEL	7:23.30	7:51.46	101		
50m: 54.33	54.33	150m: 2:55.11	1:01.73	250m: 4:56.55	1:00.44	350m: 6:56.01	59.36	
100m: 1:53.38	59.05	200m: 3:56.11	1:01.00	300m: 5:56.65	1:00.10	400m: 7:51.46	55.45	

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70 - 74 ans, Dames

1. GIORGI, Miléna	53	HELIOS	BEL	NT	9:41.42	66		
50m: 1:04.07	1:04.07	150m: 3:30.92	1:15.38	250m: 6:02.32	1:16.19	350m: 8:30.43	1:12.54	
100m: 2:15.54	1:11.47	200m: 4:46.13	1:15.21	300m: 7:17.89	1:15.57	400m: 9:41.42	1:10.99	

Cat. générale, Messieurs

1. LECLERCQ, Justin	04	HELIOS	BEL	4:27.27	4:39.46	488		
50m: 31.67	31.67	150m: 1:42.29	35.62	250m: 2:52.76	35.05	350m: 4:04.42	35.78	
100m: 1:06.67	35.00	200m: 2:17.71	35.42	300m: 3:28.64	35.88	400m: 4:39.46	35.04	
2. JACQUERIE, Pierre	88	FNCS	BEL	4:42.12	4:47.74	447		
50m: 32.33	32.33	150m: 1:46.07	37.31	250m: 2:59.28	36.90	350m: 4:12.59	36.81	
100m: 1:08.76	36.43	200m: 2:22.38	36.31	300m: 3:35.78	36.50	400m: 4:47.74	35.15	
3. DELBROUCK, Manuel	72	HELIOS	BEL	4:55.34	5:13.01	347		
50m: 35.95	35.95	150m: 1:53.58	39.03	250m: 3:13.20	39.76	350m: 4:34.47	40.41	
100m: 1:14.55	38.60	200m: 2:33.44	39.86	300m: 3:54.06	40.86	400m: 5:13.01	38.54	
4. CLERENS, Nicolas	87	AQUABLA	BEL	4:54.73	5:22.18	318		
50m: 35.70	35.70	150m: 1:57.18	40.31	250m: 3:18.55	40.74	350m: 4:42.64	42.22	
100m: 1:16.87	41.17	200m: 2:37.81	40.63	300m: 4:00.42	41.87	400m: 5:22.18	39.54	
5. BUTTENAERS, Patrice	83	FNCS	BEL	5:01.99	5:22.49	317		
50m: 35.39	35.39	150m: 1:55.22	40.31	250m: 3:18.09	41.22	350m: 4:42.29	42.02	
100m: 1:14.91	39.52	200m: 2:36.87	41.65	300m: 4:00.27	42.18	400m: 5:22.49	40.20	
6. FLOURAKIS, Matthieu	81	CNSW	FRA	5:37.67	5:29.97	296		
50m: 36.36	36.36	150m: 1:58.21	41.12	250m: 3:22.69	41.48	350m: 4:48.41	42.51	
100m: 1:17.09	40.73	200m: 2:41.21	43.00	300m: 4:05.90	43.21	400m: 5:29.97	41.56	
7. CLOEZ, Frédéric	68	SNL	FRA	5:20.66	5:30.09	296		
50m: 38.12	38.12	150m: 2:00.87	41.84	250m: 3:26.45	42.37	350m: 4:51.40	42.37	
100m: 1:19.03	40.91	200m: 2:44.08	43.21	300m: 4:09.03	42.58	400m: 5:30.09	38.69	
8. D'HONDT, Xavier	90	CNBA	BEL	5:18.65	5:32.92	288		
50m: 36.01	36.01	150m: 1:58.69	41.90	250m: 3:25.58	43.53	350m: 4:53.70	43.82	
100m: 1:16.79	40.78	200m: 2:42.05	43.36	300m: 4:09.88	44.30	400m: 5:32.92	39.22	
9. RICHEZ, Maxime	77	CCM	BEL	NT	5:33.17	288		
50m: 36.51	36.51	150m: 2:00.60	43.07	250m: 3:27.59	43.11	350m: 4:52.46	41.98	
100m: 1:17.53	41.02	200m: 2:44.48	43.88	300m: 4:10.48	42.89	400m: 5:33.17	40.71	
10. DE PAUW, Gerrit	79	ZORO	BEL	5:17.35	5:34.36	285		
50m: 36.13	36.13	150m: 2:00.39	43.60	250m: 3:28.10	44.86	350m: 4:55.26	44.21	
100m: 1:16.79	40.66	200m: 2:43.24	42.85	300m: 4:11.05	42.95	400m: 5:34.36	39.10	
11. SCOHY, Brett	89	AQUABLA	BEL	5:31.51	5:42.99	264		
50m: 35.57	35.57	150m: 2:01.54	44.52	250m: 3:30.81	44.56	350m: 4:59.49	44.65	
100m: 1:17.02	41.45	200m: 2:46.25	44.71	300m: 4:14.84	44.03	400m: 5:42.99	43.50	
12. JOINNEAU, Cédric	76	DM	BEL	5:49.14	6:04.94	219		
50m: 40.05	40.05	150m: 2:10.35	46.29	250m: 3:45.46	47.63	350m: 5:20.04	47.73	
100m: 1:24.06	44.01	200m: 2:57.83	47.48	300m: 4:32.31	46.85	400m: 6:04.94	44.90	
13. CAPRASSE, Thomas	92	FNCS	BEL	6:01.16	6:12.02	207		
50m: 41.13	41.13	150m: 2:13.05	47.28	250m: 3:51.24	49.32	350m: 5:29.88	49.95	
100m: 1:25.77	44.64	200m: 3:01.92	48.87	300m: 4:39.93	48.69	400m: 6:12.02	42.14	
14. SCHURMANS, Thierry	58	CNSW	BEL	6:39.81	7:06.60	137		
50m: 47.37	47.37	150m: 2:37.69	56.39	250m: 4:27.95	55.88	350m: 6:16.54	54.62	
100m: 1:41.30	53.93	200m: 3:32.07	54.38	300m: 5:21.92	53.97	400m: 7:06.60	50.06	
15. JULLIEN, Guy	57	HELIOS	BEL	7:23.30	7:51.46	101		
50m: 54.33	54.33	150m: 2:55.11	1:01.73	250m: 4:56.55	1:00.44	350m: 6:56.01	59.36	
100m: 1:53.38	59.05	200m: 3:56.11	1:01.00	300m: 5:56.65	1:00.10	400m: 7:51.46	55.45	