

Championnats FFBN Masters 2026
Charleroi, 25/5/2026

Epreuve 16
25/05/2026

400m 4 nages

Cat. générale
Liste résultats

Points: AQUA 2025

Q	PL NAME	YB	CLUB	COUN	I-TIME	S-TIME	FINA			
25 - 29 ans, Dames										
1.	FRIPPIAT, Lory	01	CNB	BEL	5:53.41	6:18.05	342			
	50m: 37.15	37.15	150m: 2:09.96	49.01	250m: 3:53.83	57.04	350m: 5:36.58	44.17		
	100m: 1:20.95	43.80	200m: 2:56.79	46.83	300m: 4:52.41	58.58	400m: 6:18.05	41.47		
2.	DANESIN, Fiora	97	W	BEL	6:20.40	6:33.51	303			
	50m: 40.50	40.50	150m: 2:20.27	49.10	250m: 4:05.48	57.41	350m: 5:50.07	45.51		
	100m: 1:31.17	50.67	200m: 3:08.07	47.80	300m: 5:04.56	59.08	400m: 6:33.51	43.44		
3.	PIRET, Clémence	99	W	BEL	6:41.96	6:58.81	251			
	50m: 48.79	48.79	150m: 2:43.66	54.92	250m: 4:32.40	55.93	350m: 6:14.73	46.04		
	100m: 1:48.74	59.95	200m: 3:36.47	52.81	300m: 5:28.69	56.29	400m: 6:58.81	44.08		
45 - 49 ans, Messieurs										
1.	FLOURAKIS, Matthieu	81	CNSW	FRA	NT	6:16.98	266			
	50m: 40.82	40.82	150m: 2:16.77	48.81	250m: 3:58.93	55.31	350m: 5:36.03	42.19		
	100m: 1:27.96	47.14	200m: 3:03.62	46.85	300m: 4:53.84	54.91	400m: 6:16.98	40.95		
50 - 54 ans, Messieurs										
1.	DELBROUCK, Manuel	72	HELIOS	BEL	5:53.43	6:13.92	272			
	50m: 44.29	44.29	150m: 2:22.29	47.66	250m: 4:03.43	54.95	350m: 5:36.22	38.97		
	100m: 1:34.63	50.34	200m: 3:08.48	46.19	300m: 4:57.25	53.82	400m: 6:13.92	37.70		
55 - 59 ans, Messieurs										
1.	CLARK, Johan	71	ZDKK	BEL	6:19.22	6:48.79	208			
	50m: 43.26	43.26	150m: 2:29.72	52.75	250m: 4:20.02	59.53	350m: 6:04.73	46.17		
	100m: 1:36.97	53.71	200m: 3:20.49	50.77	300m: 5:18.56	58.54	400m: 6:48.79	44.06		
60 - 64 ans, Messieurs										
1.	HERMAN, Hugues	66	CNSW	BEL	5:55.35	6:04.53	294			
	50m: 39.49	39.49	150m: 2:13.24	46.47	250m: 3:51.82	52.46	350m: 5:25.49	40.36		
	100m: 1:26.77	47.28	200m: 2:59.36	46.12	300m: 4:45.13	53.31	400m: 6:04.53	39.04		
65 - 69 ans, Messieurs										
1.	SCHURMANS, Thierry	58	CNSW	BEL	7:45.96	8:16.67	116			
	50m: 56.02	56.02	150m: 3:17.77	1:10.88	250m: 5:27.87	1:04.69	350m: 7:26.71	54.53		
	100m: 2:06.89	1:10.87	200m: 4:23.18	1:05.41	300m: 6:32.18	1:04.31	400m: 8:16.67	49.96		
Cat. générale, Messieurs										
1.	HERMAN, Hugues	66	CNSW	BEL	5:55.35	6:04.53	294			
	50m: 39.49	39.49	150m: 2:13.24	46.47	250m: 3:51.82	52.46	350m: 5:25.49	40.36		
	100m: 1:26.77	47.28	200m: 2:59.36	46.12	300m: 4:45.13	53.31	400m: 6:04.53	39.04		
2.	DELBROUCK, Manuel	72	HELIOS	BEL	5:53.43	6:13.92	272			
	50m: 44.29	44.29	150m: 2:22.29	47.66	250m: 4:03.43	54.95	350m: 5:36.22	38.97		
	100m: 1:34.63	50.34	200m: 3:08.48	46.19	300m: 4:57.25	53.82	400m: 6:13.92	37.70		
3.	FLOURAKIS, Matthieu	81	CNSW	FRA	NT	6:16.98	266			
	50m: 40.82	40.82	150m: 2:16.77	48.81	250m: 3:58.93	55.31	350m: 5:36.03	42.19		
	100m: 1:27.96	47.14	200m: 3:03.62	46.85	300m: 4:53.84	54.91	400m: 6:16.98	40.95		
4.	CLARK, Johan	71	ZDKK	BEL	6:19.22	6:48.79	208			
	50m: 43.26	43.26	150m: 2:29.72	52.75	250m: 4:20.02	59.53	350m: 6:04.73	46.17		
	100m: 1:36.97	53.71	200m: 3:20.49	50.77	300m: 5:18.56	58.54	400m: 6:48.79	44.06		
5.	SCHURMANS, Thierry	58	CNSW	BEL	7:45.96	8:16.67	116			
	50m: 56.02	56.02	150m: 3:17.77	1:10.88	250m: 5:27.87	1:04.69	350m: 7:26.71	54.53		
	100m: 2:06.89	1:10.87	200m: 4:23.18	1:05.41	300m: 6:32.18	1:04.31	400m: 8:16.67	49.96		