

Torneio Inter-Regional Especialista 2026
Rio Maior, 13 - 14/6/2026

Prova 6 Masc., 400m Estilos Infantil
13/06/2026 - 10:40 Resultados

MASC Inf B: 7:39.50; Inf A: 7:29.50

Pontos: AQUA 2026

Lugar	Nome	Ano	Clube	Tempo Final	Pts	Pontos
1.	Salvador Henrique Vieira	12	Torres Novas	5:46.85	341	
	50m: 37.73 150m: 2:08.06 250m: 3:40.36 350m: 5:08.95					
	100m: 1:21.76 200m: 2:52.36 300m: 4:28.95 400m: 5:46.85					
2.	Duarte Oliveira Diniz	12	Os Belenenses	6:00.82	303	
	50m: 37.86 150m: 2:08.56 250m: 3:47.24 350m: 5:21.15					
	100m: 1:22.85 200m: 2:53.94 300m: 4:41.05 400m: 6:00.82					
3.	Joao Maria Tempero	12	Pimpoes/Cimai	6:28.64	242	
	50m: 43.00 150m: 2:23.69 250m: 4:07.91 350m: 5:47.59					
	100m: 1:32.19 200m: 3:12.61 300m: 5:03.26 400m: 6:28.64					
4.	Vicente Casanova Rebelo	13	Os Belenenses	6:38.85	224	
	50m: 42.87 150m: 2:30.47 250m: 4:14.39 350m: 5:55.28					
	100m: 1:38.93 200m: 3:21.29 300m: 5:10.31 400m: 6:38.85					
5.	Xavier Bagagem Carvalho	13	Miranda do Corvo	7:20.60	166	
	50m: 37.52 150m: 2:49.45 250m: 4:48.39 350m: 6:39.22					
	100m: 1:51.94 200m: 3:43.83 300m: 5:53.88 400m: 7:20.60					
DSQ	Martim Piedade Santos	12	Obidos Criativa, EEM			
	<i>SW 6.2 - O (a) atleta perdeu a posição dorsal durante o percurso</i>					
WDR	Pedro Manuel Ahmad	12	Os Belenenses			

Prova 6 Masc., 400m Estilos Juvenil
13/06/2026 - 10:40 Resultados

MASC Juv B: 7:05.00; Juv A: 6:43.00

Pontos: AQUA 2026

Lugar	Nome	Ano	Clube	Tempo Final	Pts	Pontos
1.	Duarte Moura Mendes	11	Torres Novas	5:00.28	526	
	50m: 32.15 150m: 1:48.66 250m: 3:09.03 350m: 4:26.31					
	100m: 1:08.76 200m: 2:27.23 300m: 3:51.43 400m: 5:00.28					
2.	Tomas Ferreira Batista	11	CPCD Póvoa de Santa Iria	5:11.68	470	
	100m: 1:07.93 200m: 2:28.37 300m: 3:59.94 400m: 5:11.68					
3.	Daniel Filipe Jorge	10	Rio Maior	5:12.54	467	
	50m: 31.30 150m: 1:49.40 250m: 3:15.93 350m: 4:38.30					
	100m: 1:08.17 200m: 2:29.95 300m: 4:02.69 400m: 5:12.54					
4.	Ryan Lukas Desousa	11	ACSintra	5:13.71	461	
	50m: 32.26 150m: 1:51.26 250m: 3:18.46 350m: 4:40.11					
	100m: 1:10.13 200m: 2:32.39 300m: 4:05.38 400m: 5:13.71					
5.	Martim Marino Brilha	10	Os Belenenses	5:14.75	457	
	50m: 32.18 150m: 1:50.73 250m: 3:18.63 350m: 4:40.77					
	100m: 1:07.97 200m: 2:33.75 300m: 4:04.94 400m: 5:14.75					
6.	Tiago Frazao Barra	10	Rio Maior	5:20.84	431	
	50m: 31.77 150m: 1:52.17 250m: 3:20.88 350m: 4:45.87					
	100m: 1:09.57 200m: 2:33.54 300m: 4:09.78 400m: 5:20.84					
7.	Martim Miguel Santos	11	Rio Maior	5:28.05	403	
	50m: 34.55 150m: 1:54.91 250m: 3:24.52 400m: 5:28.05					
	100m: 1:13.24 200m: 2:35.27 300m: 4:12.93					
8.	Duarte Ribeiro Lima	11	Geslours	5:32.61	387	
	50m: 33.01 150m: 1:56.96 250m: 3:26.28 350m: 4:54.56					
	100m: 1:13.74 200m: 2:39.03 300m: 4:14.96 400m: 5:32.61					

Torneio Inter-Regional Especialista 2026
Rio Maior, 13 - 14/6/2026

Prova 6, Masc., 400m Estilos, Juvenil

Lugar	Nome	Ano	Clube	Tempo Final	Pts	Pontos
9.	Lourenco Sousa Calais	11	CPCD Póvoa de Santa Iria	5:33.38	384	
	50m: 32.77 150m: 1:57.47	11	CPCD Póvoa de Santa Iria	250m: 3:26.09 350m: 4:55.28		
	100m: 1:13.12 200m: 2:40.48			300m: 4:14.05 400m: 5:33.38		
10.	Tomas Neto Rodrigues	11	ACSintra	5:38.94	366	
	50m: 35.11 150m: 2:00.78			250m: 3:36.46 350m: 5:03.31		
	100m: 1:15.54 200m: 2:44.67			300m: 4:26.51 400m: 5:38.94		
11.	Diogo Chambel Santos	11	Nautico Abrantes	5:47.71	339	
	50m: 37.37 150m: 2:08.80			250m: 3:38.67 350m: 5:08.50		
	100m: 1:23.82 200m: 2:52.07			300m: 4:28.45 400m: 5:47.71		
12.	Martim Fonseca Figueira	11	CPCD Póvoa de Santa Iria	5:50.39	331	
	100m: 1:18.68 200m: 2:53.67			300m: 4:30.18 400m: 5:50.39		
13.	Eduardo Martim Carmo	11	Obidos Criativa, EEM	6:27.83	244	
	50m: 35.90 100m: 1:21.54			400m: 6:27.83		
14.	Rodrigo Miguel Alcobia <i>FTL</i>	11	Clube de Nataçãõ Ferreira do	7:17.72	170	
	50m: 39.66 150m: 2:34.20			250m: 4:34.09 350m: 6:32.86		
	100m: 1:42.06 200m: 3:24.68			300m: 5:49.00 400m: 7:17.72		
WDR	Ricardo Silva Caetano	11	Os Belenenses			

Prova 6 Masc., 400m Estilos Junior Resultados
13/06/2026 - 10:40

MASC : 6:26.50

Pontos: AQUA 2026

Lugar	Nome	Ano	Clube	Tempo Final	Pts	Pontos
1.	Afonso Bernardo Evaristo	08	Torres Novas	4:57.76	540	
	50m: 31.46 150m: 1:45.67			250m: 3:05.08 350m: 4:23.17		
	100m: 1:07.87 200m: 2:23.26			300m: 3:48.61 400m: 4:57.76		
2.	Samuel Dinis Maia	08	Miranda do Corvo	5:08.03	487	
	50m: 30.16 150m: 1:46.34			250m: 3:08.60 350m: 4:31.10		
	100m: 1:05.68 200m: 2:25.71			300m: 3:54.77 400m: 5:08.03		

Prova 6 Masc., 400m Estilos Senior Resultados
13/06/2026 - 10:40

MASC : 6:10.00

Pontos: AQUA 2026

Lugar	Nome	Ano	Clube	Tempo Final	Pts	Pontos
1.	Tomas Alexandre Santos	07	BUZIOS - Coruche	5:48.84	335	
	50m: 34.15 150m: 2:03.30			250m: 3:38.81 350m: 5:11.01		
	100m: 1:16.51 200m: 2:48.97			300m: 4:31.06 400m: 5:48.84		
2.	Bernardo Marques Fernandes	07	CLAC-Entroncamento	6:04.02	295	
	100m: 1:25.04 200m: 2:59.58			300m: 4:44.59 400m: 6:04.02		