

Torneio Inter-Regional Especialista 2026  
Rio Maior, 13 - 14/6/2026

Prova 25  
14/06/2026 - 13:00

Masc., 200m Bruços

Infantil  
Resultados

MASC Inf B: 3:37.50; Inf A: 3:27.50

Pontos: AQUA 2026

Lugar	Nome	Ano	Clube	Tempo Final	Pts	Pontos
1.	Tomas Macedo Eusebio	12	Portugal	<b>2:41.00</b>	473	
	50m: 38.39 100m: 1:18.84 150m: 2:01.40 200m: 2:41.00					
2.	Guilherme Pereira Sousa	12	Portugal	<b>2:46.41</b>	428	
	100m: 1:19.41 200m: 2:46.41					
3.	Tomas Pereira Ferreira	12	Portugal	<b>2:56.12</b>	361	
	50m: 39.63 100m: 1:25.04 150m: 2:11.96 200m: 2:56.12					
4.	Lourenco Filipe Gomes	13	Fisica Torres Vedras	<b>2:58.32</b>	348	
	50m: 40.00 100m: 1:26.41 150m: 2:15.00 200m: 2:58.32					
5.	Joao Daniel Santos	12	Portugal	<b>2:59.44</b>	341	
	100m: 1:27.54 200m: 2:59.44					
6.	Romeu Ferreira Mimoso	13	Portugal	<b>3:00.65</b>	335	
	50m: 43.40 100m: 1:31.18 150m: 2:15.86 200m: 3:00.65					
7.	Eduardo Tsukagoshi Castela	13	Portugal	<b>3:02.90</b>	322	
	50m: 41.01 100m: 1:27.73 200m: 3:02.90					
8.	Tiago Carvalho Pinto	12	Portugal	<b>3:07.36</b>	300	
	50m: 42.93 100m: 1:32.04 150m: 2:19.53 200m: 3:07.36					
9.	Joao Pedro Veiga	13	Portugal	<b>3:07.62</b>	299	
	50m: 44.15 100m: 1:33.18 150m: 2:22.87 200m: 3:07.62					
10.	Guilherme Rafael Freitas	13	ADRCC Monte Maior	<b>3:08.39</b>	295	
	50m: 43.08 100m: 1:30.77 150m: 2:19.59 200m: 3:08.39					
11.	Manuel Antonio Nunes	12	Palmela Desporto	<b>3:10.41</b>	286	
	50m: 43.81 100m: 1:32.49 150m: 2:21.97 200m: 3:10.41					
12.	Santiago Raposo Fernandes	12	20Km de Almeirim	<b>3:10.53</b>	285	
	50m: 42.41 100m: 1:31.07 150m: 2:20.81 200m: 3:10.53					
13.	Manuel Mota Rodrigues	13	Portugal	<b>3:12.71</b>	276	
	50m: 45.91 100m: 1:34.21 150m: 2:25.14 200m: 3:12.71					
14.	Pedro Manuel Ahmad	12	Os Belenenses	<b>3:13.84</b>	271	
	50m: 45.64 100m: 1:34.24 150m: 2:24.19 200m: 3:13.84					
15.	Roberto Bento Canas	12	Pimpoes/Cimai	<b>3:14.23</b>	269	
	50m: 44.74 100m: 1:33.68 150m: 2:26.97 200m: 3:14.23					
16.	Lourenco Fonseca Duarte	13	Portugal	<b>3:15.43</b>	264	
	100m: 1:35.77 200m: 3:15.43					
17.	Vicente Manuel Nunes	13	Clube Nautico de Salvaterra de	<b>3:16.61</b>	259	
	50m: 45.59 100m: 1:35.46 150m: 2:26.49 200m: 3:16.61					
18.	Rodrigo Costa Henriques	12	Clube de Natação e Triatlo de Lis	<b>3:19.26</b>	249	
	50m: 43.48 100m: 1:33.44 150m: 2:26.37 200m: 3:19.26					
19.	Artur Miguel Silva	12	Natacao do Tejo	<b>3:23.00</b>	236	
	50m: 46.81 100m: 1:39.29 150m: 2:32.99 200m: 3:23.00					
20.	Lourenco Filipe Costa	12	20Km de Almeirim	<b>3:24.06</b>	232	
	100m: 1:38.39 200m: 3:24.06					
21.	Afonso Duarte Silveira	13	AN Albicastrense	<b>3:31.09</b>	210	
	50m: 48.55 100m: 1:42.83 150m: 2:38.32 200m: 3:31.09					
22.	Francisco Maria Cardoso	13	AN Albicastrense	<b>3:31.74</b>	208	
	50m: 48.61 100m: 1:40.58 150m: 2:37.82 200m: 3:31.74					

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Prova 25, Masc., 200m Bruços, Infantil

Lugar	Nome	Ano	Clube	Tempo Final	Pts	Pontos
23.	Antonio Beirao Valente <i>FTL</i>	12	AN Albicastrense	<b>3:39.66</b>	186	
	50m: 49.77 100m: 1:46.32 150m: 2:43.81 200m: 3:39.66					
24.	Eduardo Agostinho Duque <i>FTL</i>	13	20Km de Almeirim	<b>3:40.54</b>	184	
	50m: 49.71 100m: 1:46.88 150m: 2:46.71 200m: 3:40.54					
25.	Martim Moura Lopes <i>FTL</i>	13	Torres Novas	<b>3:52.36</b>	157	
	50m: 53.15 100m: 1:52.51 150m: 2:54.90 200m: 3:52.36					
26.	Alexandre Pinto Zahari <i>FTL</i>	13	20Km de Almeirim	<b>3:56.46</b>	149	
	50m: 54.34 100m: 1:54.95 150m: 2:57.93 200m: 3:56.46					
WDR	Carlos Silvestre Lourenco	13	BUZIOS - Coruche			

Prova 25

Masc., 200m Bruços

Juvenil

14/06/2026 - 13:00

Resultados

MASC Juv B: 3:15.00; Juv A: 3:13.00

Pontos: AQUA 2026

Lugar	Nome	Ano	Clube	Tempo Final	Pts	Pontos
1.	Andre Santos Braga	11	ACSintra	<b>2:45.20</b>	438	
	50m: 35.47 100m: 1:17.88 150m: 2:02.61 200m: 2:45.20					
2.	Lourenco Sousa Calais	11	CPCD Póvoa de Santa Iria	<b>2:53.51</b>	378	
	50m: 38.74 100m: 1:22.78 150m: 2:07.18 200m: 2:53.51					
3.	Tiago Botelho Silva	11	Gesloures	<b>2:55.31</b>	366	
	50m: 38.92 100m: 1:23.12 150m: 2:09.91 200m: 2:55.31					
4.	Martim Fonseca Figueira	11	CPCD Póvoa de Santa Iria	<b>2:55.41</b>	366	
	50m: 40.67 100m: 1:27.06 150m: 2:12.90 200m: 2:55.41					
5.	Carlos Henrique Dias	11	Fisica Torres Vedras	<b>2:55.67</b>	364	
	50m: 40.83 100m: 1:25.56 150m: 2:11.42 200m: 2:55.67					
6.	Duarte Ribeiro Lima	11	Gesloures	<b>2:57.77</b>	351	
	50m: 41.19 100m: 1:27.87 150m: 2:13.27 200m: 2:57.77					
7.	Duarte Jose Matos	10	CCDSerta	<b>2:58.48</b>	347	
	50m: 40.06 100m: 1:26.10 150m: 2:13.24 200m: 2:58.48					
8.	Diogo Chambel Santos	11	Nautico Abrantes	<b>3:02.53</b>	324	
	50m: 41.96 100m: 1:27.89 150m: 2:15.11 200m: 3:02.53					
9.	Gustavo Pinto Mota	11	Palmela Desporto	<b>3:02.78</b>	323	
	100m: 1:28.96 200m: 3:02.78					
10.	Guilherme Gomes Nunes	10	Clube Nautico de Salvaterra de	<b>3:05.67</b>	308	
	50m: 40.54 100m: 1:27.06 150m: 2:15.26 200m: 3:05.67					
11.	Santiago Costa Veloso	11	ADRCC Monte Maior	<b>3:08.50</b>	294	
	50m: 44.58 100m: 1:34.00 150m: 2:21.71 200m: 3:08.50					
12.	Lucas Granado Vences	10	AN Albicastrense	<b>3:11.37</b>	281	
	50m: 42.25 100m: 1:29.77 150m: 2:20.30 200m: 3:11.37					
13.	Simao Oliveira Concha	11	CPCD Póvoa de Santa Iria	<b>3:12.27</b>	277	
	50m: 42.11 100m: 1:31.51 150m: 2:22.72 200m: 3:12.27					
14.	Martim Cassis Gomes <i>FTL</i>	11	Torres Novas	<b>3:19.30</b>	249	

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Prova 25, Masc., 200m Bruços, Juvenil

Lugar	Nome	Ano	Clube	Tempo Final	Pts	Pontos
	50m: 43.70 100m: 1:33.81 150m: 2:26.69 200m: 3:19.30					
15.	Dinis Oliveira Nunes <i>FTL</i>	11	BUZIOS - Coruche	<b>3:20.50</b>	245	
	50m: 45.68 100m: 1:36.16 150m: 2:28.31 200m: 3:20.50					
16.	Afonso Tomas Antunes <i>FTL</i>	11	Natacao do Tejo	<b>3:39.63</b>	186	
	100m: 1:44.13 200m: 3:39.63					

Prova 25 Masc., 200m Bruços Junior Resultados  
14/06/2026 - 13:00

MASC : 3:06.50

Pontos: AQUA 2026

Lugar	Nome	Ano	Clube	Tempo Final	Pts	Pontos
1.	Samuel Dinis Maia	08	Miranda do Corvo	<b>2:45.26</b>	437	
	50m: 36.32 100m: 1:18.21 150m: 2:01.75 200m: 2:45.26					
2.	Miguel Ferreira Cruz	08	CLAC-Entroncamento	<b>2:54.54</b>	371	
	50m: 39.22 100m: 1:23.95 150m: 2:09.21 200m: 2:54.54					
3.	Martim Silva Oliveira <i>FTL</i>	08	Torres Novas	<b>3:07.73</b>	298	
	50m: 42.16 100m: 1:30.15 150m: 2:16.53 200m: 3:07.73					

Prova 25 Masc., 200m Bruços Senior Resultados  
14/06/2026 - 13:00

MASC : 3:00.00

Pontos: AQUA 2026

Lugar	Nome	Ano	Clube	Tempo Final	Pts	Pontos
1.	Luis Filipe Viana	89	CLAC-Entroncamento	<b>2:36.98</b>	510	
	50m: 35.86 100m: 1:17.22 150m: 1:58.35 200m: 2:36.98					
2.	Bernardo Marques Fernandes <i>FTL</i>	07	CLAC-Entroncamento	<b>3:10.60</b>	285	
	50m: 43.21 100m: 1:30.87 150m: 2:20.18 200m: 3:10.60					

WDR Goncalo Gomes Augusto 04 Palmela Desporto