

Torneio Inter-Regional Especialista 2026
Rio Maior, 13 - 14/6/2026

Prova 14
13/06/2026 - 17:00

Femin., 200m Costas

Infantil
Resultados

FEM Inf B: 3:21.00; Inf A: 3:15.00

Pontos: AQUA 2026

Lugar	Nome	Ano	Clube	Tempo Final	Pts	Pontos
1.	Maria Amelia Torres	13	Viver Santarem	2:45.34	413	
	50m: 38.23 100m: 1:21.06 150m: 2:04.10 200m: 2:45.34					
2.	Ana Luisa Vieira	12	ACSintra	2:45.99	408	
	50m: 38.90 100m: 1:20.82 150m: 2:04.36 200m: 2:45.99					
3.	Laurine Aurore Amorim	13	ACSintra	2:47.93	394	
	50m: 41.50 100m: 1:24.70 150m: 2:06.61 200m: 2:47.93					
4.	Julia Pinto Pinheiro	12	Pimpoes/Cimai	2:51.90	367	
	50m: 41.52 100m: 1:25.09 150m: 2:09.76 200m: 2:51.90					
5.	Madalena Santos Machado	12	Ndco	2:53.84	355	
	100m: 1:25.67 200m: 2:53.84					
6.	Arina Golendukhina	12	Palmela Desporto	2:54.04	354	
	50m: 40.24 100m: 1:25.04 150m: 2:10.63 200m: 2:54.04					
7.	Beatriz Cruz Figueiredo	13	Fisica Torres Vedras	2:54.58	350	
	50m: 41.17 100m: 1:25.47 150m: 2:10.90 200m: 2:54.58					
8.	Margarida Madeira Pires	12	Rio Maior	2:55.15	347	
	100m: 1:28.22 200m: 2:55.15					
9.	Matilde Abelho Vaz	12	CLAC-Entroncamento	2:55.24	346	
	50m: 43.04 100m: 1:27.61 150m: 2:12.85 200m: 2:55.24					
10.	Rita Balsa Alves	12	BUZIOS - Coruche	2:56.19	341	
	50m: 41.10 100m: 1:25.42 150m: 2:11.77 200m: 2:56.19					
11.	Maria Leonor Assuncao	12	Pimpoes/Cimai	2:59.38	323	
	50m: 43.77 100m: 1:30.04 150m: 2:16.45 200m: 2:59.38					
12.	Emma Henriques Souto	13	Obidos Criativa, EEM	2:59.45	323	
	50m: 43.45 100m: 1:30.03 150m: 2:16.24 200m: 2:59.45					
13.	Marta Costa Soares	12	Uniao Samorense	3:01.00	314	
	50m: 43.42 100m: 1:29.12 150m: 2:15.63 200m: 3:01.00					
14.	Elisa Rodrigues Simoes	13	Benedita Sport Club Natação	3:01.05	314	
	50m: 44.58 100m: 1:30.85 150m: 2:16.48 200m: 3:01.05					
15.	Iara Maria Camacho	12	Pimpoes/Cimai	3:05.45	292	
	50m: 44.90 100m: 1:33.56 150m: 2:21.24 200m: 3:05.45					
16.	Sofia Guilherme Cabreira	13	Obidos Criativa, EEM	3:06.44	288	
	100m: 1:33.72 150m: 2:22.43 200m: 3:06.44					
17.	Maria Almeida Duarte	12	CPCD Póvoa de Santa Iria	3:11.79	264	
	100m: 1:35.87 200m: 3:11.79					
18.	Jessica Garcia Ferreira	12	Obidos Criativa, EEM	3:12.27	262	
	50m: 46.43 100m: 1:34.96 150m: 2:24.43 200m: 3:12.27					
19.	Joana Verissimo Tavares	12	CLAC-Entroncamento	3:12.46	261	
	50m: 45.23 100m: 1:34.49 150m: 2:24.99 200m: 3:12.46					
20.	Carolina Marques Ribeiro	13	Rio Maior	3:12.66	261	
	50m: 45.86 100m: 1:35.50 150m: 2:25.39 200m: 3:12.66					
21.	Laura Sofia Graca FTL	12	Uniao Samorense	3:15.80	248	
	50m: 48.09 100m: 1:38.69 150m: 2:28.80 200m: 3:15.80					
22.	Gabriela Lopes Costa	13	CPCD Póvoa de Santa Iria	3:18.30	239	
	50m: 46.82 100m: 1:36.80 150m: 2:28.92 200m: 3:18.30					

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Prova 14, Femin., 200m Costas, Infantil

Lugar	Nome	Ano	Clube	Tempo Final	Pts	Pontos
23.	Ana Sofia Silva 50m: 47.32 100m: 1:37.46	13	Naval de Peniche	3:18.71 150m: 2:28.92 200m: 3:18.71	237	
24.	Ana Leonor Lopes <i>FTL</i> 50m: 48.46 100m: 1:40.28	12	Rio Maior	3:22.29 150m: 2:32.43 200m: 3:22.29	225	
25.	Leonor Chambel Santos <i>FTL</i> 50m: 49.59 100m: 1:40.85	13	Nautico Abrantes	3:23.28 150m: 2:32.76 200m: 3:23.28	222	
26.	Catarina Faustino Dias <i>FTL</i> 50m: 49.43 100m: 1:42.51	13	Naval de Peniche	3:26.59 150m: 2:35.78 200m: 3:26.59	211	
27.	Maria Leonor Serodio <i>FTL</i> 50m: 51.99 100m: 1:46.73	12	Viver Santarem	3:35.64 150m: 2:41.69 200m: 3:35.64	186	
WDR	Margarida Lourenco Antunes	12	CCDSerta			
WDR	Maria Mateus Cabrita	12	CPCD Póvoa de Santa Iria			
WDR	Constanca Mendao Silva	13	Rio Maior			

Prova 14

Femin., 200m Costas

Juvenil
Resultados

13/06/2026 - 17:00

FEM Juv B: 3:06.00; Juv A: 3:01.90

Pontos: AQUA 2026

Lugar	Nome	Ano	Clube	Tempo Final	Pts	Pontos
1.	Beatriz Peguinho Simoes 100m: 1:14.65 150m: 1:54.97	10	Rio Maior	2:34.19 200m: 2:34.19	509	
2.	Elisa Henriques Souto 50m: 39.39 100m: 1:21.65	10	Obidos Criativa, EEM	2:45.31 150m: 2:04.16 200m: 2:45.31	413	
3.	Ines Martins Farinha 50m: 40.31 100m: 1:23.68	11	CCDSerta	2:49.29 150m: 2:08.41 200m: 2:49.29	384	
4.	Raquel Silva Delgado 50m: 41.29 100m: 1:24.68	11	Palmela Desporto	2:49.71 150m: 2:08.58 200m: 2:49.71	382	
5.	Beatriz Agostinho Duque 50m: 40.77 100m: 1:24.56	11	20Km de Almeirim	2:52.10 150m: 2:09.76 200m: 2:52.10	366	
6.	Leonor Duarte Goncalves 50m: 41.12 100m: 1:24.88	10	Ndco	2:52.14 150m: 2:09.40 200m: 2:52.14	366	
7.	Matilde Pinto Antunes 50m: 41.79 100m: 1:25.96	11	Naval de Peniche	2:53.65 150m: 2:09.61 200m: 2:53.65	356	
8.	Joana Alexandra Silva 50m: 41.62 100m: 1:26.93	10	CPCD Póvoa de Santa Iria	2:56.12 150m: 2:12.94 200m: 2:56.12	341	
9.	Mariana Bagagem Carvalho 50m: 41.83 100m: 1:26.19	10	Miranda do Corvo	2:56.33 150m: 2:11.61 200m: 2:56.33	340	
10.	Rafaela Sofia Silva 50m: 42.44 100m: 1:27.90	10	CPCD Póvoa de Santa Iria	2:59.83 150m: 2:14.21 200m: 2:59.83	321	
11.	Maria Carmo Rodrigues <i>FTL</i> 50m: 44.80 100m: 1:30.66	10	BUZIOS - Coruche	3:02.72 150m: 2:17.13 200m: 3:02.72	306	

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Lugar	Nome	Ano	Clube	Tempo Final	Pts	Pontos
12.	Isabella Scavone Lopes <i>FTL</i>	10	Miranda do Corvo	3:03.85	300	
	50m: 44.86 100m: 1:31.18 150m: 2:17.88 200m: 3:03.85					
13.	Madalena Santos Rolo <i>FTL</i>	11	CCDSerta	3:12.86	260	
	50m: 47.04 100m: 1:36.68 150m: 2:26.64 200m: 3:12.86					
14.	Carolina Mendes Goncalves <i>FTL</i>	11	CPCD Póvoa de Santa Iria	3:14.03	255	
	100m: 1:36.25 200m: 3:14.03					
15.	Matilde Vitorino Ferreira <i>FTL</i>	11	Naval de Peniche	3:14.84	252	
	50m: 46.63 100m: 1:35.46 150m: 2:26.83 200m: 3:14.84					
16.	Joana Raquel Dinis <i>FTL</i>	11	ACSintra	3:17.70	241	
	100m: 1:36.54 200m: 3:17.70					
WDR	Angela Maria Pereira	10	Clube Nautico de Salvaterra de			
WDR	Clara Santos Madureira	11	Torres Novas			

Prova 14 Femin., 200m Costas Junior Resultados
13/06/2026 - 17:00

FEM : 2:59.00

Pontos: AQUA 2026

Lugar	Nome	Ano	Clube	Tempo Final	Pts	Pontos
1.	Caetana Amado Santos	09	Miranda do Corvo	2:52.48	363	
	50m: 40.21 100m: 1:24.62 200m: 2:52.48					
2.	Ines Silva Lima <i>FTL</i>	09	Nautico Abrantes	3:06.01	290	
	50m: 43.82 100m: 1:29.82 150m: 2:17.79 200m: 3:06.01					

Prova 14 Femin., 200m Costas Senior Resultados
13/06/2026 - 17:00

FEM : 2:56.00

Pontos: AQUA 2026

Lugar	Nome	Ano	Clube	Tempo Final	Pts	Pontos
1.	Inga Vitorino Carvalho <i>FTL</i>	06	CPCD Póvoa de Santa Iria	3:01.93	310	
	100m: 1:26.90 200m: 3:01.93					