

Ethias Swimming Trophy  
Charleroi, 23 - 24/5/2026

Epreuve 53  
24/05/2026

Filles, 400m Libre

11 - 12 ans  
Liste résultats

Points: AQUA 2025

Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	FINA
11 ans								
	1.	GOFFART, Lola	15	MOSAN	BEL	6:30.03	<b>5:35.28</b>	346
		<i>Mistral, Trident</i>						
		50m: 39.39 39.39	150m: 2:02.29 42.23	250m: 3:27.16 43.07	350m: 4:54.41 43.49			
		100m: 1:20.06 40.67	200m: 2:44.09 41.80	300m: 4:10.92 43.76	400m: 5:35.28 40.87			
	2.	FONCIER, Poppy	15	AQUABLA	BEL	5:41.91	<b>5:47.37</b>	311
		<i>Mistral</i>						
		50m: 38.72 38.72	150m: 2:05.76 44.68	250m: 3:34.90 45.30	350m: 5:05.06 44.52			
		100m: 1:21.08 42.36	200m: 2:49.60 43.84	300m: 4:20.54 45.64	400m: 5:47.37 42.31			
	3.	PUGENGER, Ophélie	15	ENLN	BEL	5:54.61	<b>5:49.96</b>	304
		<i>Mistral</i>						
		50m: 39.84 39.84	150m: 2:10.30 45.71	250m: 3:41.24 45.70	350m: 5:10.46 45.08			
		100m: 1:24.59 44.75	200m: 2:55.54 45.24	300m: 4:25.38 44.14	400m: 5:49.96 39.50			
	4.	BOULARD, Valentine	15	BCSG	BEL	5:57.10	<b>5:51.45</b>	300
		<i>Mistral</i>						
		50m: 38.34 38.34	150m: 2:05.04 44.21	250m: 3:36.94 46.13	350m: 5:08.75 44.98			
		100m: 1:20.83 42.49	200m: 2:50.81 45.77	300m: 4:23.77 46.83	400m: 5:51.45 42.70			
	5.	LEROY, Louise	15	NOC	BEL	6:16.53	<b>5:54.14</b>	293
		50m: 40.68 40.68	150m: 2:11.39 46.89	250m: 3:42.95 45.66	350m: 5:12.59 44.44			
		100m: 1:24.50 43.82	200m: 2:57.29 45.90	300m: 4:28.15 45.20	400m: 5:54.14 41.55			
	6.	AKBUGA STOMMEN, Eva	15	AQUABLA	BEL	6:08.41	<b>6:00.27</b>	278
		50m: 41.05 41.05	150m: 2:11.63 45.59	250m: 3:44.56 46.77	350m: 5:16.89 46.10			
		100m: 1:26.04 44.99	200m: 2:57.79 46.16	300m: 4:30.79 46.23	400m: 6:00.27 43.38			
	7.	GIESSER, Charlotte	15	HELIOS	BEL	6:04.48	<b>6:05.95</b>	266
		50m: 42.26 42.26	150m: 2:15.69 46.77	250m: 3:49.95 46.63	350m: 5:23.62 45.44			
		100m: 1:28.92 46.66	200m: 3:03.32 47.63	300m: 4:38.18 48.23	400m: 6:05.95 42.33			
	8.	RUTTIENS VELASQUEZ, Mila	15	WN	BEL	6:22.11	<b>6:08.12</b>	261
		50m: 41.04 41.04	150m: 2:16.18 47.66	250m: 3:49.47 46.43	350m: 5:24.24 45.62			
		100m: 1:28.52 47.48	200m: 3:03.04 46.86	300m: 4:38.62 49.15	400m: 6:08.12 43.88			
	9.	RENARD, Camille	15	ENLN	BEL	6:03.05	<b>6:09.97</b>	257
		50m: 39.83 39.83	150m: 2:11.27 46.78	250m: 3:45.90 47.80	350m: 5:23.60 48.14			
		100m: 1:24.49 44.66	200m: 2:58.10 46.83	300m: 4:35.46 49.56	400m: 6:09.97 46.37			
	10.	TEKDEMIR, Eylul	15	WN	TUR	NT	<b>6:12.27</b>	252
		50m: 40.00 40.00	150m: 2:12.22 48.25	250m: 3:49.35 48.74	350m: 5:27.23 48.79			
		100m: 1:23.97 43.97	200m: 3:00.61 48.39	300m: 4:38.44 49.09	400m: 6:12.27 45.04			
	11.	SAELENS, Alexia	15	WN	BEL	NT	<b>6:16.62</b>	244
		50m: 39.64 39.64	150m: 2:12.68 48.73	250m: 3:52.34 49.67	350m: 5:30.87 49.01			
		100m: 1:23.95 44.31	200m: 3:02.67 49.99	300m: 4:41.86 49.52	400m: 6:16.62 45.75			
	12.	STIEVENARD, Alice	15	AQUABLA	BEL	6:23.85	<b>6:22.87</b>	232
		50m: 39.92 39.92	150m: 2:16.77 49.41	250m: 3:55.53 49.79	350m: 5:35.38 49.92			
		100m: 1:27.36 47.44	200m: 3:05.74 48.97	300m: 4:45.46 49.93	400m: 6:22.87 47.49			
	13.	KACEJKO, Olivia	15	WN	POL	6:24.41	<b>6:24.19</b>	229
		50m: 42.84 42.84	150m: 2:21.03 48.64	250m: 3:59.64 48.55	350m: 5:37.24 48.62			
		100m: 1:32.39 49.55	200m: 3:11.09 50.06	300m: 4:48.62 48.98	400m: 6:24.19 46.95			
	14.	ES-SAIDY, Kenza	15	VN	BEL	6:43.66	<b>6:27.03</b>	224
		50m: 41.03 41.03	150m: 2:18.46 49.56	250m: 4:00.29 50.96	350m: 5:41.75 50.59			
		100m: 1:28.90 47.87	200m: 3:09.33 50.87	300m: 4:51.16 50.87	400m: 6:27.03 45.28			
	15.	BINOK KIHOSA, Janis	15	MOSAN	BEL	7:45.39	<b>6:50.62</b>	188
		50m: 43.06 43.06	150m: 2:24.64 52.26	250m: 4:12.72 53.67	350m: 5:59.28 53.35			
		100m: 1:32.38 49.32	200m: 3:19.05 54.41	300m: 5:05.93 53.21	400m: 6:50.62 51.34			
	16.	PIRARD, Erin	15	MOSAN	BEL	7:16.76	<b>7:01.38</b>	174
		50m: 45.85 45.85	150m: 2:31.82 54.43	250m: 4:19.71 53.72	350m: 6:10.96 55.53			
		100m: 1:37.39 51.54	200m: 3:25.99 54.17	300m: 5:15.43 55.72	400m: 7:01.38 50.42			
	17.	LIU, Zoé	15	MOSAN	BEL	7:38.23	<b>7:31.38</b>	141
		50m: 48.94 48.94	150m: 2:42.38 57.87	250m: 4:41.79 1:00.10	350m: 6:37.60 57.03			
		100m: 1:44.51 55.57	200m: 3:41.69 59.31	300m: 5:40.57 58.78	400m: 7:31.38 53.78			

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Epreuve 53, Filles, 400m Libre, 11 ans

Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	FINA	
	18.	LAALIOUI, Nisrine	15	HELIOS	BEL	8:10.50	<b>7:38.83</b>	135	
		50m: 45.22	45.22	150m: 2:39.61	58.93	250m: 4:40.02	1:00.01	350m: 6:41.70	1:00.70
		100m: 1:40.68	55.46	200m: 3:40.01	1:00.40	300m: 5:41.00	1:00.98	400m: 7:38.83	57.13
	19.	TOURNAY, Anaëlle	15	NOC	BEL	9:05.73	<b>7:49.02</b>	126	
		50m: 49.53	49.53	150m: 2:49.80	1:01.87	250m: 4:52.00	1:01.58	350m: 6:54.37	1:01.83
		100m: 1:47.93	58.40	200m: 3:50.42	1:00.62	300m: 5:52.54	1:00.54	400m: 7:49.02	54.65

12 ans

	1.	ROENEN, Zoé	14	MOSAN	BEL	5:36.89	<b>5:09.71</b>	438	
		<i>Mistral, Trident</i>							
		50m: 36.24	36.24	150m: 1:54.58	39.71	250m: 3:13.97	40.04	350m: 4:32.68	39.71
		100m: 1:14.87	38.63	200m: 2:33.93	39.35	300m: 3:52.97	39.00	400m: 5:09.71	37.03
	2.	COCO, Amalia	14	HELIOS	BEL	5:01.78	<b>5:10.86</b>	434	
		<i>Mistral, Trident</i>							
		50m: 33.98	33.98	150m: 1:50.53	39.37	250m: 3:11.41	41.21	350m: 4:32.67	41.04
		100m: 1:14.16	37.18	200m: 2:30.20	39.67	300m: 3:51.63	40.22	400m: 5:10.86	38.19
	3.	SABA, Leila	14	BOUST	BEL	5:21.67	<b>5:13.14</b>	424	
		<i>Mistral, Trident</i>							
		50m: 35.77	35.77	150m: 1:54.63	39.79	250m: 3:14.94	40.58	350m: 4:35.07	40.01
		100m: 1:14.84	39.07	200m: 2:34.36	39.73	300m: 3:55.06	40.12	400m: 5:13.14	38.07
	4.	DE COSTER, Lise	14	WN	BEL	5:23.77	<b>5:14.76</b>	418	
		<i>Mistral, Trident</i>							
		50m: 34.18	34.18	150m: 1:54.45	40.46	250m: 3:15.78	40.42	350m: 4:36.13	39.19
		100m: 1:13.99	39.81	200m: 2:35.36	40.91	300m: 3:56.94	41.16	400m: 5:14.76	38.63
	5.	GHEIS, Giulia	14	CMA	BEL	5:20.46	<b>5:20.74</b>	395	
		<i>Mistral</i>							
		50m: 34.94	34.94	150m: 1:56.35	40.93	250m: 3:18.57	40.96	350m: 4:41.58	41.25
		100m: 1:15.42	40.48	200m: 2:37.61	41.26	300m: 4:00.33	41.76	400m: 5:20.74	39.16
		KOEUNE, Sofia	14	CNB	BEL	5:24.15	<b>5:20.74</b>	395	
		<i>Mistral</i>							
		50m: 36.65	36.65	150m: 1:58.80	41.12	250m: 3:20.92	41.33	350m: 4:42.18	39.81
		100m: 1:17.68	41.03	200m: 2:39.59	40.79	300m: 4:02.37	41.45	400m: 5:20.74	38.56
	7.	DE WITTE, Elise	14	AQUABLA	BEL	5:19.45	<b>5:22.15</b>	390	
		<i>Mistral</i>							
		50m: 36.16	36.16	150m: 1:56.37	41.22	250m: 3:18.83	41.77	350m: 4:42.48	41.80
		100m: 1:15.15	38.99	200m: 2:37.06	40.69	300m: 4:00.68	41.85	400m: 5:22.15	39.67
	8.	TAZMI, Inès	14	CNBA	BEL	5:28.13	<b>5:29.37</b>	364	
		50m: 35.46	35.46	150m: 1:59.24	42.49	250m: 3:23.72	42.27	350m: 4:48.57	42.62
		100m: 1:16.75	41.29	200m: 2:41.45	42.21	300m: 4:05.95	42.23	400m: 5:29.37	40.80
	9.	NOBELS, Camille	14	WN	BEL	5:34.09	<b>5:29.45</b>	364	
		50m: 36.01	36.01	150m: 1:58.23	41.93	250m: 3:24.41	42.88	350m: 4:48.64	42.16
		100m: 1:16.30	40.29	200m: 2:41.53	43.30	300m: 4:06.48	42.07	400m: 5:29.45	40.81
	10.	YALCIN, Alin	14	WN	BEL	5:49.27	<b>5:33.56</b>	351	
		50m: 37.99	37.99	150m: 2:03.42	42.89	250m: 3:29.37	43.52	350m: 4:52.07	40.04
		100m: 1:20.53	42.54	200m: 2:45.85	42.43	300m: 4:12.03	42.66	400m: 5:33.56	41.49
	11.	BOUCART, Nyssa	14	AQUABLA	BEL	5:24.94	<b>5:34.74</b>	347	
		50m: 36.52	36.52	150m: 2:00.22	42.96	250m: 3:27.03	43.04	350m: 4:53.66	43.23
		100m: 1:17.26	40.74	200m: 2:43.99	43.77	300m: 4:10.43	43.40	400m: 5:34.74	41.08
	12.	GADEYNE, Loréana	14	STD	BEL	5:42.92	<b>5:36.29</b>	342	
		50m: 37.40	37.40	150m: 2:01.88	42.84	250m: 3:27.35	42.86	350m: 4:54.14	42.73
		100m: 1:19.04	41.64	200m: 2:44.49	42.61	300m: 4:11.41	44.06	400m: 5:36.29	42.15
	13.	LECOMTE CAMARA, Camille	14	MOSAN	BEL	5:41.00	<b>5:40.42</b>	330	
		50m: 37.04	37.04	150m: 2:02.39	42.98	250m: 3:29.64	43.42	350m: 4:57.64	43.46
		100m: 1:19.41	42.37	200m: 2:46.22	43.83	300m: 4:14.18	44.54	400m: 5:40.42	42.78
	14.	LEPOUTRE, Eléonore	14	AQUABLA	BEL	5:58.80	<b>5:46.63</b>	313	
		50m: 37.92	37.92	150m: 2:05.34	43.68	250m: 3:34.32	44.13	350m: 5:03.52	44.22
		100m: 1:21.66	43.74	200m: 2:50.19	44.85	300m: 4:19.30	44.98	400m: 5:46.63	43.11

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Charleroi, 23 - 24/5/2026

Epreuve 53, Filles, 400m Libre, 12 ans

Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	FINA			
	15.	LICOP, Romane	14	ENLN	BEL	6:36.99	<b>5:53.98</b>	294			
		50m: 39.70	39.70	150m: 2:09.87	45.83	250m: 3:41.66	46.29	350m: 5:12.21	45.36		
		100m: 1:24.04	44.34	200m: 2:55.37	45.50	300m: 4:26.85	45.19	400m: 5:53.98	41.77		
	16.	ROMBAUX, Camille	14	BCSG	BEL	5:44.37	<b>5:54.63</b>	292			
		50m: 37.91	37.91	150m: 2:06.91	45.49	250m: 3:38.02	45.24	350m: 5:09.99	45.17		
		100m: 1:21.42	43.51	200m: 2:52.78	45.87	300m: 4:24.82	46.80	400m: 5:54.63	44.64		
	17.	DJEMAL, Lilia	14	HELIOS	BEL	5:41.00	<b>5:58.42</b>	283			
		50m: 38.20	38.20	150m: 2:08.19	46.63	250m: 3:41.83	47.27	350m: 5:15.45	47.04		
		100m: 1:21.56	43.36	200m: 2:54.56	46.37	300m: 4:28.41	46.58	400m: 5:58.42	42.97		
	18.	BODART, Liz	14	NOC	BEL	6:33.03	<b>6:04.19</b>	269			
		50m: 40.46	40.46	150m: 2:13.92	46.69	250m: 3:46.09	45.80	350m: 5:20.97	46.43		
		100m: 1:27.23	46.77	200m: 3:00.29	46.37	300m: 4:34.54	48.45	400m: 6:04.19	43.22		
	19.	FAUCON, Amélie	14	AQUABLA	BEL	5:56.95	<b>6:06.98</b>	263			
		50m: 40.05	40.05	150m: 2:13.42	48.19	250m: 3:48.39	47.03	350m: 5:23.39	46.57		
		100m: 1:25.23	45.18	200m: 3:01.36	47.94	300m: 4:36.82	48.43	400m: 6:06.98	43.59		
	20.	DOLJENCU, Olivia	14	BOUST	BEL	6:58.59	<b>6:07.35</b>	263			
		50m: 40.98	40.98	150m: 2:15.18	47.66	250m: 3:49.71	47.47	350m: 5:23.81	46.92		
		100m: 1:27.52	46.54	200m: 3:02.24	47.06	300m: 4:36.89	47.18	400m: 6:07.35	43.54		
	21.	ROBETTE, Aloona	14	ENLN	BEL	6:36.37	<b>6:23.01</b>	232			
		50m: 39.46	39.46	150m: 2:13.99	49.56	250m: 3:54.45	51.21	350m: 5:35.75	51.01		
		100m: 1:24.43	44.97	200m: 3:03.24	49.25	300m: 4:44.74	50.29	400m: 6:23.01	47.26		
	22.	PIRLOT, Louane	14	NCH	BEL	6:42.11	<b>6:23.70</b>	230			
		50m: 42.21	42.21	150m: 2:20.96	50.24	250m: 4:00.80	49.76	350m: 5:39.58	49.90		
		100m: 1:30.72	48.51	200m: 3:11.04	50.08	300m: 4:49.68	48.88	400m: 6:23.70	44.12		
	23.	BOUQUETTE, Anaëlle	14	NCH	BEL	6:27.65	<b>6:23.87</b>	230			
		50m: 40.43	40.43	150m: 2:16.23	48.15	250m: 3:55.50	49.84	350m: 5:38.66	52.25		
		100m: 1:28.08	47.65	200m: 3:05.66	49.43	300m: 4:46.41	50.91	400m: 6:23.87	45.21		
	24.	DROZD, Alexandra	14	CNBA	BEL	NT	<b>6:31.84</b>	216			
		50m: 40.13	40.13	150m: 2:19.73	50.53	250m: 4:02.98	51.12	350m: 5:45.07	50.07		
		100m: 1:29.20	49.07	200m: 3:11.86	52.13	300m: 4:55.00	52.02	400m: 6:31.84	46.77		
	25.	HUPPERTS, Eline	14	NCH	BEL	7:11.83	<b>6:41.69</b>	201			
		50m: 41.83	41.83	150m: 2:25.10	52.11	250m: 4:10.32	52.50	350m: 5:55.67	53.17		
		100m: 1:32.99	51.16	200m: 3:17.82	52.72	300m: 5:02.50	52.18	400m: 6:41.69	46.02		
	26.	LETELLIER, Lyzie	14	HELIOS	BEL	6:58.23	<b>7:02.16</b>	173			
		50m: 44.39	44.39	150m: 2:32.80	53.99	250m: 4:22.54	54.55	350m: 6:10.78	52.43		
		100m: 1:38.81	54.42	200m: 3:27.99	55.19	300m: 5:18.35	55.81	400m: 7:02.16	51.38		
	27.	CATTARIN, Emy	14	FLIPPERSBEL	NT	NT	<b>7:07.62</b>	166			
		50m: 45.02	45.02	150m: 2:33.75	56.35	250m: 4:24.67	55.79	350m: 6:15.08	53.54		
		100m: 1:37.40	52.38	200m: 3:28.88	55.13	300m: 5:21.54	56.87	400m: 7:07.62	52.54		
	disq.	DEGUELDRE, Roxane	14	FLIPPERSBEL		6:08.58	<b>6:22.01</b>				
		50m: 39.82	39.82	150m: 2:14.41	48.90	250m: 3:56.79	52.04	350m: 5:39.80	51.71		
		100m: 1:25.51	45.69	200m: 3:04.75	50.34	300m: 4:48.09	51.30	400m: 6:22.01	42.21		