

Ethias Swimming Trophy  
Charleroi, 23 - 24/5/2026

Epreuve 49  
24/05/2026

Filles, 400m 4 nages

13 - 15 ans  
Liste résultats

Points: AQUA 2025

Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	FINA			
	1.	DE GEEST, Manon	12	AQUABLA	BEL	5:48.03	<b>5:46.52</b>	444			
		<i>Mistral</i>									
		50m: 39.19	39.19	150m: 2:07.84	43.94	250m: 3:40.72	50.41	350m: 5:08.82	38.88		
		100m: 1:23.90	44.71	200m: 2:50.31	42.47	300m: 4:29.94	49.22	400m: 5:46.52	37.70		
	2.	ROUDOMETKINA, Ksenia	12	HELIOS	BEL	5:34.93	<b>5:46.77</b>	443			
		<i>Mistral</i>									
		50m: 37.25	37.25	150m: 2:07.79	45.65	250m: 3:41.42	49.57	350m: 5:10.10	39.16		
		100m: 1:22.14	44.89	200m: 2:51.85	44.06	300m: 4:30.94	49.52	400m: 5:46.77	36.67		
	3.	RINKIN, Valentine	13	MOSAN	BEL	6:13.02	<b>5:48.88</b>	435			
		<i>Mistral, Trident</i>									
		50m: 39.22	39.22	150m: 2:08.52	43.32	250m: 3:40.28	50.49	350m: 5:11.50	39.50		
		100m: 1:25.20	45.98	200m: 2:49.79	41.27	300m: 4:32.00	51.72	400m: 5:48.88	37.38		
	4.	NAZIANZENO, Dayana	12	ENLN	BEL	6:14.78	<b>5:52.11</b>	423			
		50m: 35.82	35.82	150m: 2:09.69	46.58	250m: 3:42.94	50.38	350m: 5:13.41	40.84		
		100m: 1:23.11	47.29	200m: 2:52.56	42.87	300m: 4:32.57	49.63	400m: 5:52.11	38.70		
	5.	MICHELS, Julie	11	ENLN	BEL	5:50.47	<b>5:52.60</b>	421			
		50m: 36.90	36.90	150m: 2:10.39	46.15	250m: 3:44.36	49.32	350m: 5:14.31	40.14		
		100m: 1:24.24	47.34	200m: 2:55.04	44.65	300m: 4:34.17	49.81	400m: 5:52.60	38.29		
	6.	HAVELANGE, Océane	12	HELIOS	BEL	5:48.53	<b>5:53.81</b>	417			
		50m: 38.76	38.76	150m: 2:11.03	44.62	250m: 3:45.41	50.36	350m: 5:16.16	39.21		
		100m: 1:26.41	47.65	200m: 2:55.05	44.02	300m: 4:36.95	51.54	400m: 5:53.81	37.65		
	7.	MAGHUE, Laly	13	ENLN	BEL	5:49.24	<b>5:53.92</b>	416			
		<i>Mistral</i>									
		50m: 37.78	37.78	150m: 2:10.87	47.07	250m: 3:46.07	49.70	350m: 5:16.99	39.50		
		100m: 1:23.80	46.02	200m: 2:56.37	45.50	300m: 4:37.49	51.42	400m: 5:53.92	36.93		
	8.	FALZONE, Tess	12	ENLN	BEL	5:59.08	<b>5:54.21</b>	415			
		50m: 38.40	38.40	150m: 2:11.79	45.34	250m: 3:47.15	49.91	350m: 5:16.67	37.89		
		100m: 1:26.45	48.05	200m: 2:57.24	45.45	300m: 4:38.78	51.63	400m: 5:54.21	37.54		
	9.	DELEPLANQUE, Erin	12	HELIOS	BEL	6:02.96	<b>6:05.94</b>	377			
		50m: 39.72	39.72	150m: 2:15.65	47.31	250m: 3:52.02	51.65	350m: 5:26.15	41.19		
		100m: 1:28.34	48.62	200m: 3:00.37	44.72	300m: 4:44.96	52.94	400m: 6:05.94	39.79		
	10.	LAFALIZE, Julia	12	CNB	BEL	6:17.43	<b>6:07.78</b>	371			
		50m: 40.72	40.72	150m: 2:17.72	48.70	250m: 3:55.72	49.98	350m: 5:30.07	41.21		
		100m: 1:29.02	48.30	200m: 3:05.74	48.02	300m: 4:48.86	53.14	400m: 6:07.78	37.71		
	11.	BARDI SAM-GIAO, Gabrielle	13	MOSAN	FRA	6:07.39	<b>6:09.91</b>	365			
		50m: 41.76	41.76	150m: 2:15.54	44.36	250m: 3:53.05	53.81	350m: 5:29.50	43.83		
		100m: 1:31.18	49.42	200m: 2:59.24	43.70	300m: 4:45.67	52.62	400m: 6:09.91	40.41		
	12.	TOUQUET, Eline	12	WN	BEL	NT	<b>6:10.34</b>	363			
		50m: 39.23	39.23	150m: 2:15.05	46.17	250m: 3:52.96	53.78	350m: 5:31.40	44.17		
		100m: 1:28.88	49.65	200m: 2:59.18	44.13	300m: 4:47.23	54.27	400m: 6:10.34	38.94		
	13.	SCARMURE, Emilie	13	WN	BEL	6:17.59	<b>6:10.77</b>	362			
		50m: 38.41	38.41	150m: 2:16.77	51.00	250m: 3:55.50	49.63	350m: 5:28.97	43.43		
		100m: 1:25.77	47.36	200m: 3:05.87	49.10	300m: 4:45.54	50.04	400m: 6:10.77	41.80		
	14.	AZZOUZI, Layla	13	VN	BEL	6:01.24	<b>6:11.53</b>	360			
		50m: 38.10	38.10	150m: 2:14.24	48.47	250m: 3:56.30	53.28	350m: 5:32.02	42.16		
		100m: 1:25.77	47.67	200m: 3:03.02	48.78	300m: 4:49.86	53.56	400m: 6:11.53	39.51		
	15.	EL GUENDOUZ, Dikra	13	MOSAN	BEL	NT	<b>6:29.28</b>	313			
		50m: 42.36	42.36	150m: 2:23.25	49.36	250m: 4:06.15	54.63	350m: 5:46.83	43.21		
		100m: 1:33.89	51.53	200m: 3:11.52	48.27	300m: 5:03.62	57.47	400m: 6:29.28	42.45		
	16.	FONTAINE, Léa	12	HELIOS	BEL	6:55.24	<b>6:33.88</b>	302			
		50m: 44.89	44.89	150m: 2:31.22	52.81	250m: 4:14.45	54.06	350m: 5:52.32	44.50		
		100m: 1:38.41	53.52	200m: 3:20.39	49.17	300m: 5:07.82	53.37	400m: 6:33.88	41.56		
	17.	BIETTE, Luce	12	CNB	BEL	6:14.03	<b>6:38.85</b>	291			
		50m: 49.45	49.45	150m: 2:36.10	50.39	250m: 4:18.26	52.13	350m: 5:55.77	45.03		
		100m: 1:45.71	56.26	200m: 3:26.13	50.03	300m: 5:10.74	52.48	400m: 6:38.85	43.08		
	18.	KOEUNE, Julia	11	CNB	BEL	6:44.99	<b>6:40.79</b>	287			
		50m: 43.76	43.76	150m: 2:32.22	49.56	250m: 4:19.53	58.55	350m: 6:00.75	42.90		
		100m: 1:42.66	58.90	200m: 3:20.98	48.76	300m: 5:17.85	58.32	400m: 6:40.79	40.04		

Ethias Swimming Trophy  
Charleroi, 23 - 24/5/2026

Epreuve 49, Filles, 400m 4 nages, 13 - 15 ans

Q	PL NAME	YB	CLUB	COUN	I-TIME	S-TIME	FINA				
	19. BOMBOIR, Alissa	13	CNB	BEL	NT	<b>6:42.12</b>	284				
	50m: 41.92	41.92	150m: 2:31.19	53.07	250m: 4:15.51	53.41	350m: 5:57.85	44.24			
	100m: 1:38.12	56.20	200m: 3:22.10	50.91	300m: 5:13.61	58.10	400m: 6:42.12	44.27			
	20. DELOBBE, Lucie	12	HELIOS	BEL	7:15.31	<b>6:55.93</b>	256				
	50m: 52.15	52.15	150m: 2:43.11	50.19	250m: 4:29.94	59.97	350m: 6:13.53	44.65			
	100m: 1:52.92	1:00.77	200m: 3:29.97	46.86	300m: 5:28.88	58.94	400m: 6:55.93	42.40			
	disq. BARSZCZEWSKA, Julia	12	WN	BEL	NT	<b>5:55.61</b>					
	50m: 36.88	36.88	150m: 2:06.67	48.99	250m: 3:47.60	53.90	350m: 5:17.53	39.33			
	100m: 1:17.68	40.80	200m: 2:53.70	47.03	300m: 4:38.20	50.60	400m: 5:55.61	38.08			