

Ethias Swimming Trophy  
Charleroi, 23 - 24/5/2026

Epreuve 48  
24/05/2026

Messieurs, 400m 4 nages

16 ans et plus  
Liste résultats

Points: AQUA 2025

| Q | PL NAME                        | YB                  | CLUB                | COUN                | I-TIME         | S-TIME         | FINA       |  |  |  |  |
|---|--------------------------------|---------------------|---------------------|---------------------|----------------|----------------|------------|--|--|--|--|
|   | <b>1. BENNANI, Walid</b>       | <b>07</b>           | <b>HN</b>           | <b>BEL</b>          | <b>4:28.99</b> | <b>4:49.42</b> | <b>588</b> |  |  |  |  |
|   | <i>Mistral</i>                 |                     |                     |                     |                |                |            |  |  |  |  |
|   | 50m: 28.77 28.77               | 150m: 1:41.92 38.14 | 250m: 3:00.38 41.21 | 350m: 4:16.17 34.13 |                |                |            |  |  |  |  |
|   | 100m: 1:03.78 35.01            | 200m: 2:19.17 37.25 | 300m: 3:42.04 41.66 | 400m: 4:49.42 33.25 |                |                |            |  |  |  |  |
|   | <b>2. VAN SINTEJAN, Romain</b> | <b>10</b>           | <b>SCWR</b>         | <b>BEL</b>          | <b>4:50.64</b> | <b>4:57.97</b> | <b>539</b> |  |  |  |  |
|   | <i>Mistral, Trident</i>        |                     |                     |                     |                |                |            |  |  |  |  |
|   | 50m: 29.32 29.32               | 150m: 1:42.10 38.01 | 250m: 3:03.99 43.63 | 350m: 4:24.09 35.05 |                |                |            |  |  |  |  |
|   | 100m: 1:04.09 34.77            | 200m: 2:20.36 38.26 | 300m: 3:49.04 45.05 | 400m: 4:57.97 33.88 |                |                |            |  |  |  |  |
|   | <b>3. GENIN, Alexandre</b>     | <b>09</b>           | <b>SCWR</b>         | <b>BEL</b>          | <b>4:48.09</b> | <b>5:01.23</b> | <b>521</b> |  |  |  |  |
|   | <i>Mistral</i>                 |                     |                     |                     |                |                |            |  |  |  |  |
|   | 50m: 29.96 29.96               | 150m: 1:44.55 39.37 | 250m: 3:06.22 42.83 | 350m: 4:27.01 35.67 |                |                |            |  |  |  |  |
|   | 100m: 1:05.18 35.22            | 200m: 2:23.39 38.84 | 300m: 3:51.34 45.12 | 400m: 5:01.23 34.22 |                |                |            |  |  |  |  |
|   | <b>4. ROOSEN, Lukas</b>        | <b>10</b>           | <b>PZC</b>          | <b>BEL</b>          | <b>4:57.59</b> | <b>5:02.15</b> | <b>516</b> |  |  |  |  |
|   | <i>Mistral</i>                 |                     |                     |                     |                |                |            |  |  |  |  |
|   | 50m: 31.75 31.75               | 150m: 1:47.23 40.16 | 250m: 3:10.80 45.20 | 350m: 4:30.00 34.29 |                |                |            |  |  |  |  |
|   | 100m: 1:07.07 35.32            | 200m: 2:25.60 38.37 | 300m: 3:55.71 44.91 | 400m: 5:02.15 32.15 |                |                |            |  |  |  |  |
|   | <b>5. MAKI, Nicolas</b>        | <b>09</b>           | <b>ESN</b>          | <b>BEL</b>          | <b>5:13.51</b> | <b>5:22.13</b> | <b>426</b> |  |  |  |  |
|   | 50m: 33.61 33.61               | 150m: 1:57.69 43.80 | 250m: 3:23.34 42.81 | 350m: 4:46.96 37.18 |                |                |            |  |  |  |  |
|   | 100m: 1:13.89 40.28            | 200m: 2:40.53 42.84 | 300m: 4:09.78 46.44 | 400m: 5:22.13 35.17 |                |                |            |  |  |  |  |
|   | <b>6. AIESI, Vasco</b>         | <b>10</b>           | <b>ENLN</b>         | <b>BEL</b>          | <b>5:24.50</b> | <b>5:22.23</b> | <b>426</b> |  |  |  |  |
|   | 50m: 32.20 32.20               | 150m: 1:51.83 41.60 | 250m: 3:20.86 48.52 | 350m: 4:46.10 35.54 |                |                |            |  |  |  |  |
|   | 100m: 1:10.23 38.03            | 200m: 2:32.34 40.51 | 300m: 4:10.56 49.70 | 400m: 5:22.23 36.13 |                |                |            |  |  |  |  |
|   | <b>7. BOMBAERTS, Maloh</b>     | <b>09</b>           | <b>BOUST</b>        | <b>BEL</b>          | <b>5:26.35</b> | <b>5:29.43</b> | <b>398</b> |  |  |  |  |
|   | 50m: 32.32 32.32               | 150m: 1:53.30 41.68 | 250m: 3:24.13 50.35 | 350m: 4:52.91 36.85 |                |                |            |  |  |  |  |
|   | 100m: 1:11.62 39.30            | 200m: 2:33.78 40.48 | 300m: 4:16.06 51.93 | 400m: 5:29.43 36.52 |                |                |            |  |  |  |  |
|   | <b>8. CARELLA, Alejandro</b>   | <b>09</b>           | <b>BCSG</b>         | <b>BEL</b>          | <b>5:50.40</b> | <b>5:55.00</b> | <b>318</b> |  |  |  |  |
|   | 50m: 38.04 38.04               | 150m: 2:08.58 46.06 | 250m: 3:43.94 51.15 | 350m: 5:16.19 41.73 |                |                |            |  |  |  |  |
|   | 100m: 1:22.52 44.48            | 200m: 2:52.79 44.21 | 300m: 4:34.46 50.52 | 400m: 5:55.00 38.81 |                |                |            |  |  |  |  |