

Ethias Swimming Trophy  
Charleroi, 23 - 24/5/2026

Epreuve 2  
23/05/2026

Messieurs, 400m Libre

16 ans et plus  
Liste résultats

Points: AQUA 2025

Q	PL	NAME	YB	CLUB	COUN	FTIME	S-TIME	FINA			
	1.	SOBRIE, Gautier	08	DM	BEL	4:00.23	<b>4:07.24</b>	705			
		<i>Mistral, Trident</i>									
		50m: 28.07	28.07	150m: 1:31.78	32.34	250m: 2:34.79	30.52	350m: 3:36.97	31.38		
		100m: 59.44	31.37	200m: 2:04.27	32.49	300m: 3:05.59	30.80	400m: 4:07.24	30.27		
	2.	DOLNE, Noah	10	VN	BEL	4:04.09	<b>4:15.02</b>	642			
		<i>Mistral, Trident</i>									
		50m: 28.78	28.78	150m: 1:32.11	32.10	250m: 2:36.83	32.32	350m: 3:42.65	33.15		
		100m: 1:00.01	31.23	200m: 2:04.51	32.40	300m: 3:09.50	32.67	400m: 4:15.02	32.37		
	3.	DUREZ, Oliver	10	ENLN	BEL	4:18.08	<b>4:19.42</b>	610			
		<i>Mistral, Trident</i>									
		50m: 28.91	28.91	150m: 1:34.30	32.88	250m: 2:40.61	32.98	350m: 3:47.22	32.76		
		100m: 1:01.42	32.51	200m: 2:07.63	33.33	300m: 3:14.46	33.85	400m: 4:19.42	32.20		
	4.	REMY, Martin	09	MOSAN	BEL	4:15.18	<b>4:22.68</b>	588			
		<i>Mistral</i>									
		50m: 29.45	29.45	150m: 1:35.36	33.44	250m: 2:41.83	33.26	350m: 3:49.76	33.97		
		100m: 1:01.92	32.47	200m: 2:08.57	33.21	300m: 3:15.79	33.96	400m: 4:22.68	32.92		
	5.	EL YOUSFI, Ilyès	10	MHN	BEL	4:22.09	<b>4:23.02</b>	585			
		<i>Mistral, Trident</i>									
		50m: 29.35	29.35	150m: 1:35.77	33.69	250m: 2:43.30	33.78	350m: 3:51.42	33.94		
		100m: 1:02.08	32.73	200m: 2:09.52	33.75	300m: 3:17.48	34.18	400m: 4:23.02	31.60		
	6.	ROOSEN, Lukas	10	PZC	BEL	4:24.44	<b>4:25.11</b>	572			
		<i>Mistral</i>									
		50m: 30.56	30.56	150m: 1:37.83	33.74	250m: 2:45.47	33.70	350m: 3:53.13	33.85		
		100m: 1:04.09	33.53	200m: 2:11.77	33.94	300m: 3:19.28	33.81	400m: 4:25.11	31.98		
	7.	GARCIA ZAMORA, Esteban	09	PERRON	BEL	4:12.26	<b>4:27.47</b>	557			
		<i>Mistral</i>									
		50m: 29.32	29.32	150m: 1:35.20	33.88	250m: 2:44.93	35.21	350m: 3:54.53	35.04		
		100m: 1:01.32	32.00	200m: 2:09.72	34.52	300m: 3:19.49	34.56	400m: 4:27.47	32.94		
	8.	MAKA, Nicolas	09	ESN	BEL	4:39.39	<b>4:32.22</b>	528			
		50m: 31.12	31.12	150m: 1:40.31	34.83	250m: 2:49.94	34.74	350m: 3:59.34	34.40		
		100m: 1:05.48	34.36	200m: 2:15.20	34.89	300m: 3:24.94	35.00	400m: 4:32.22	32.88		
	9.	CHEN, Peter	09	MHN	BEL	4:24.79	<b>4:32.26</b>	528			
		50m: 29.50	29.50	150m: 1:36.12	33.89	250m: 2:45.02	33.89	350m: 3:57.49	36.09		
		100m: 1:02.23	32.73	200m: 2:11.13	35.01	300m: 3:21.40	36.38	400m: 4:32.26	34.77		
	10.	LECLERCQ, Justin	04	HELIOS	BEL	4:27.27	<b>4:33.57</b>	520			
		50m: 30.50	30.50	150m: 1:38.66	34.58	250m: 2:48.24	35.29	350m: 3:58.99	35.61		
		100m: 1:04.08	33.58	200m: 2:12.95	34.29	300m: 3:23.38	35.14	400m: 4:33.57	34.58		
	11.	NEGRIN, Samuel	09	MHN	BEL	4:25.04	<b>4:36.05</b>	506			
		50m: 31.14	31.14	150m: 1:40.57	35.06	250m: 2:50.68	34.97	350m: 4:01.67	35.61		
		100m: 1:05.51	34.37	200m: 2:15.71	35.14	300m: 3:26.06	35.38	400m: 4:36.05	34.38		
	12.	BIHORAC, Hamza	07	HN	BEL	NT	<b>4:41.39</b>	478			
		50m: 29.86	29.86	150m: 1:39.72	35.80	250m: 2:52.84	36.82	350m: 4:05.99	36.36		
		100m: 1:03.92	34.06	200m: 2:16.02	36.30	300m: 3:29.63	36.79	400m: 4:41.39	35.40		
	13.	FALZONE, Raphaël	10	ENLN	BEL	4:41.44	<b>4:42.91</b>	470			
		50m: 32.55	32.55	150m: 1:44.18	36.22	250m: 2:56.28	36.05	350m: 4:08.22	35.99		
		100m: 1:07.96	35.41	200m: 2:20.23	36.05	300m: 3:32.23	35.95	400m: 4:42.91	34.69		
	14.	JANSSEN, Nicolas	08	ESN	BEL	4:36.16	<b>4:46.52</b>	453			
		50m: 31.90	31.90	150m: 1:44.25	36.66	250m: 2:57.94	36.30	350m: 4:11.57	36.60		
		100m: 1:07.59	35.69	200m: 2:21.64	37.39	300m: 3:34.97	37.03	400m: 4:46.52	34.95		
	15.	ANKAERT, Léon	08	ENLN	BEL	4:29.22	<b>4:46.72</b>	452			
		50m: 31.27	31.27	150m: 1:41.04	35.39	250m: 2:53.13	36.35	350m: 4:08.56	38.00		
		100m: 1:05.65	34.38	200m: 2:16.78	35.74	300m: 3:30.56	37.43	400m: 4:46.72	38.16		
	16.	TRUBBIA, Alessio	10	BCSG	BEL	4:39.48	<b>4:46.92</b>	451			
		50m: 31.92	31.92	150m: 1:44.88	37.18	250m: 2:59.31	36.97	350m: 4:12.76	36.10		
		100m: 1:07.70	35.78	200m: 2:22.34	37.46	300m: 3:36.66	37.35	400m: 4:46.92	34.16		

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Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	FINA			
	17.	YAZAG, Amayas	09	MHN	BEL	4:49.16	<b>4:55.90</b>	411			
		50m: 33.56	33.56	150m: 1:49.54	38.67	250m: 3:05.20	37.78	350m: 4:20.45		37.33	
		100m: 1:10.87	37.31	200m: 2:27.42	37.88	300m: 3:43.12	37.92	400m: 4:55.90		35.45	
	18.	MONTEFORTE, Noe	09	ESN	BEL	4:55.76	<b>5:07.89</b>	365			
		50m: 33.10	33.10	150m: 1:50.00	39.02	250m: 3:09.61	40.42	350m: 4:29.55		40.88	
		100m: 1:10.98	37.88	200m: 2:29.19	39.19	300m: 3:48.67	39.06	400m: 5:07.89		38.34	