

ROS Nachwuchsmeisterschaft Sommer 2026
Romanshorn, 27. - 28.6.2026

Wettkampf 14
27.06.2026 - 14:50

Mädchen, 400m Freistil

1 - 18 Jahre
Rangliste

Punkte: AQUA 2026

Rang	Jg.	Zeit	Pkt.	100m	200m	300m	400m
12 Jahre und jünger							
1. FITZI, Lea	14	Scfg	5:10.49 429	1:14.79	1:19.85	1:19.83	1:16.02
50m:		150m:	250m:		350m:		
100m: 1:14.79		200m: 2:34.64	300m: 3:54.47		400m: 5:10.49		
2. GÖTTE, Elina	14	Schwimmverein St.Gallen-V	5:17.21 402	1:15.31	1:22.34	1:21.96	1:17.60
50m:		150m:	250m:		350m:		
100m: 1:15.31		200m: 2:37.65	300m: 3:59.61		400m: 5:17.21		
3. STOCKER, Christina	14	Sgli	5:30.64 355	1:17.05	1:23.74	1:24.83	1:25.02
50m:		150m:	250m:		350m:		
100m: 1:17.05		200m: 2:40.79	300m: 4:05.62		400m: 5:30.64		
4. RECHSTEINER, Melina	14	Schwimmclub Kreuzlingen	5:38.38 331	1:19.61	1:27.39	1:27.96	1:23.42
50m:		150m:	250m:		350m:		
100m: 1:19.61		200m: 2:47.00	300m: 4:14.96		400m: 5:38.38		
5. PLIESSNIG, Frida	14	Schwimmverein St.Gallen-V	5:38.57 330	1:20.11	1:27.57	1:27.73	1:23.16
50m:		150m:	250m:		350m:		
100m: 1:20.11		200m: 2:47.68	300m: 4:15.41		400m: 5:38.57		
6. DEL BELLO, Joana	14	Schwimmverein St.Gallen-V	5:38.83 330	1:20.64	1:28.80	1:26.67	1:22.72
50m:		150m:	250m:		350m:		
100m: 1:20.64		200m: 2:49.44	300m: 4:16.11		400m: 5:38.83		
7. BAUMGARTNER, Neah	14	Schwimmverein St.Gallen-V	5:40.09 326	1:20.91	1:27.43	1:27.79	1:23.96
50m:		150m:	250m:		350m:		
100m: 1:20.91		200m: 2:48.34	300m: 4:16.13		400m: 5:40.09		
8. BOLZON, Aleksandra	14	SRV Linth	5:49.00 302	1:23.03	1:29.21	1:29.94	1:26.82
50m:		150m:	250m:		350m:		
100m: 1:23.03		200m: 2:52.24	300m: 4:22.18		400m: 5:49.00		
9. TIRNANIĆ, Katarina	14	Schwimmverein St.Gallen-V	5:55.43 286	1:28.23	1:32.58	1:30.48	1:24.14
50m:		150m:	250m:		350m:		
100m: 1:28.23		200m: 3:00.81	300m: 4:31.29		400m: 5:55.43		
10. IVOS, Valerija	15	SRV Linth	6:08.52 256	1:27.86	1:35.28	1:36.12	1:29.26
50m:		150m:	250m:		350m:		
100m: 1:27.86		200m: 3:03.14	300m: 4:39.26		400m: 6:08.52		
11. FIXMER, Stella	14	Rhy Swimming	6:10.37 252	1:31.91	1:36.23	1:34.76	1:27.47
50m:		150m:	250m:		350m:		
100m: 1:31.91		200m: 3:08.14	300m: 4:42.90		400m: 6:10.37		
12. MASTRODOMENICO, N.	14	Scsh	6:11.63 250	1:25.56	1:36.13	1:36.75	1:33.19
50m:		150m:	250m:		350m:		
100m: 1:25.56		200m: 3:01.69	300m: 4:38.44		400m: 6:11.63		
13. THEINER, Elisa	16	Yps	6:16.91 239	1:27.62	1:37.65	1:38.56	1:33.08
50m:		150m:	250m:		350m:		
100m: 1:27.62		200m: 3:05.27	300m: 4:43.83		400m: 6:16.91		
14. LOPES, Valentina	16	Schwimmclub Romanshorn	6:26.28 222	1:31.87	1:36.81	1:39.87	1:37.73
50m:		150m:	250m:		350m:		
100m: 1:31.87		200m: 3:08.68	300m: 4:48.55		400m: 6:26.28		
15. SORIANO, Ximena	15	Flos	6:28.80 218	1:31.72	1:42.86	1:40.00	1:34.22
50m:		150m:	250m:		350m:		
100m: 1:31.72		200m: 3:14.58	300m: 4:54.58		400m: 6:28.80		
16. KLEIN, Marla	15	Schwimmclub Kreuzlingen	6:28.81 218	1:34.17	12.05	3:09.33	1:33.26
50m:		150m:	250m:		350m:		
100m: 1:34.17		200m: 1:46.22	300m: 4:55.55		400m: 6:28.81		
17. ENTNER, Emilie	16	Schwimmclub Romanshorn	6:33.96 210	1:37.65	1:40.41	1:40.70	1:35.20
50m:		150m:	250m:		350m:		
100m: 1:37.65		200m: 3:18.06	300m: 4:58.76		400m: 6:33.96		
18. BÄHLER, Jekaterina	15	Schwimmverein St.Gallen-V	6:34.56 209	1:34.14	1:41.72	1:41.21	1:37.49
50m:		150m:	250m:		350m:		
100m: 1:34.14		200m: 3:15.86	300m: 4:57.07		400m: 6:34.56		
19. COLOGNATI, Stella-Jolie	15	Scsh	6:43.51 195	1:33.26	1:43.55	1:46.36	1:40.34
50m:		150m:	250m:		350m:		
100m: 1:33.26		200m: 3:16.81	300m: 5:03.17		400m: 6:43.51		

ROS Nachwuchsmeisterschaft Sommer 2026
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Wettkampf 14, Mädchen, 400m Freistil, 12 Jahre und jünger

Rang		Jg.			Zeit	Pkt.	100m	200m	300m	400m
20.	TAKACS, Alisa	16	Schwimmclub Romanshorn	6:48.60	188		1:37.86	1:42.78	1:45.64	1:42.32
	50m:		150m:		250m:			350m:		
	100m: 1:37.86		200m: 3:20.64		300m: 5:06.28			400m: 6:48.60		
21.	HONSELL, Maira Andrina	15	Schwimmclub Kreuzlingen	6:50.17	186		1:36.51	1:45.60	1:45.57	1:42.49
	50m:		150m:		250m:			350m:		
	100m: 1:36.51		200m: 3:22.11		300m: 5:07.68			400m: 6:50.17		
22.	MAGYAR, Hanna	15	Schwimmclub Romanshorn	6:50.66	185		1:33.69	1:44.95	1:47.32	1:44.70
	50m:		150m:		250m:			350m:		
	100m: 1:33.69		200m: 3:18.64		300m: 5:05.96			400m: 6:50.66		
23.	WENAWESER, Mia	14	Schwimmclub Aquarius Tri	7:11.12	160		1:38.77	1:52.55	1:51.59	1:48.21
	50m:		150m:		250m:			350m:		
	100m: 1:38.77		200m: 3:31.32		300m: 5:22.91			400m: 7:11.12		

13 Jahre

1.	CAVEGN, Gianna Frieda	13	SC Chur	5:01.62	468	1:11.08	1:16.29	1:17.24	1:17.01
	50m:		150m:	250m:		350m:			
	100m: 1:11.08		200m: 2:27.37	300m: 3:44.61		400m: 5:01.62			
2.	SCHENKER, Jael	13	Schwimmverein St.Gallen-V	5:09.38	433	1:14.36	1:19.87	1:19.75	1:15.40
	50m:		150m:	250m:		350m:			
	100m: 1:14.36		200m: 2:34.23	300m: 3:53.98		400m: 5:09.38			
3.	TRACHSEL, Liz	13	Scsh	5:10.98	427	1:15.77	1:20.09	1:20.05	1:15.07
	50m:		150m:	250m:		350m:			
	100m: 1:15.77		200m: 2:35.86	300m: 3:55.91		400m: 5:10.98			
4.	D'ADDARIO, Valentina	13	Scsh	5:12.63	420	1:15.86	1:20.91	1:21.48	1:14.38
	50m:		150m:	250m:		350m:			
	100m: 1:15.86		200m: 2:36.77	300m: 3:58.25		400m: 5:12.63			
5.	LITVIN, Vasylyna	13	Yps	5:14.01	414	1:16.56	1:21.98	1:20.25	1:15.22
	50m:		150m:	250m:		350m:			
	100m: 1:16.56		200m: 2:38.54	300m: 3:58.79		400m: 5:14.01			
6.	ANDREOLI, Elena	13	SC Chur	5:18.65	396	1:16.40	1:21.64	1:21.68	1:18.93
	50m:		150m:	250m:		350m:			
	100m: 1:16.40		200m: 2:38.04	300m: 3:59.72		400m: 5:18.65			
7.	GISLER, Sira	13	Scsh	5:19.96	392	1:16.97	1:23.45	1:22.53	1:17.01
	50m:		150m:	250m:		350m:			
	100m: 1:16.97		200m: 2:40.42	300m: 4:02.95		400m: 5:19.96			
8.	SCROB, Rebeca	13	Flos	5:20.17	391	1:17.45	1:22.54	1:22.37	1:17.81
	50m:		150m:	250m:		350m:			
	100m: 1:17.45		200m: 2:39.99	300m: 4:02.36		400m: 5:20.17			
9.	KLAK, Eline	13	Scfg	5:24.93	374	1:17.77	1:23.58	1:23.37	1:20.21
	50m:		150m:	250m:		350m:			
	100m: 1:17.77		200m: 2:41.35	300m: 4:04.72		400m: 5:24.93			
10.	MÜLLER, Davina	13	Schwimmclub Romanshorn	5:27.02	367	1:17.06	1:22.85	1:24.69	1:22.42
	50m:		150m:	250m:		350m:			
	100m: 1:17.06		200m: 2:39.91	300m: 4:04.60		400m: 5:27.02			
11.	MEILI, Seraina	13	Scfg	5:38.76	330	1:19.94	1:27.33	1:27.44	1:24.05
	50m:		150m:	250m:		350m:			
	100m: 1:19.94		200m: 2:47.27	300m: 4:14.71		400m: 5:38.76			
12.	DOMINGUEZ BRIESKORN	13J.	SRV Linth	5:43.54	316	1:20.46	1:28.28	1:28.71	1:26.09
	50m:		150m:	250m:		350m:			
	100m: 1:20.46		200m: 2:48.74	300m: 4:17.45		400m: 5:43.54			
13.	AERNI, Lara	13	SC Chur	5:48.00	304	1:21.04	1:31.78	1:30.03	1:25.15
	50m:		150m:	250m:		350m:			
	100m: 1:21.04		200m: 2:52.82	300m: 4:22.85		400m: 5:48.00			
14.	CARAMMA, M.	13	Schwimmclub Frauenfeld	5:48.41	303	1:22.42	1:30.43	1:30.39	1:25.17
	50m:		150m:	250m:		350m:			
	100m: 1:22.42		200m: 2:52.85	300m: 4:23.24		400m: 5:48.41			
15.	KREMENOVIC, Serafina	13	Schwimmclub Romanshorn	5:57.65	280	1:24.81	1:32.12	1:32.34	1:28.38
	50m:		150m:	250m:		350m:			
	100m: 1:24.81		200m: 2:56.93	300m: 4:29.27		400m: 5:57.65			

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Wettkampf 14, Mädchen, 400m Freistil, 13 Jahre

Rang	Jg.		Zeit	Pkt.	100m	200m	300m	400m	
16.	FEUSI, Viola	13	Schwimmclub Frauenfeld	6:00.69	273	1:23.83	1:33.09	1:34.05	1:29.72
	50m:		150m:			350m:			
	100m: 1:23.83		200m: 2:56.92	300m: 4:30.97		400m: 6:00.69			
17.	ENGEL, Valea	13	SRV Linth	6:13.97	245	1:32.44	1:37.87	1:35.54	1:28.12
	50m:		150m:			350m:			
	100m: 1:32.44		200m: 3:10.31	300m: 4:45.85		400m: 6:13.97			
18.	WOODTLI, Tamina	13	Rhy Swimming	6:27.39	220	1:32.62	1:38.94	1:38.83	1:37.00
	50m:		150m:			350m:			
	100m: 1:32.62		200m: 3:11.56	300m: 4:50.39		400m: 6:27.39			

14 Jahre

1.	DEL BELLO, Paula	12	Schwimmverein St.Gallen-V4	4:40.00	585	1:06.32	1:12.28	1:11.69	1:09.71
	50m:		150m:	250m:		350m:			
	100m: 1:06.32		200m: 2:18.60	300m: 3:30.29		400m: 4:40.00			
2.	ALLEGRI, Gianna	12	Schwimmverein St.Gallen-V4	4:50.77	522	1:11.27	1:14.33	1:14.33	1:10.84
	50m:		150m:	250m:		350m:			
	100m: 1:11.27		200m: 2:25.60	300m: 3:39.93		400m: 4:50.77			
3.	GUT, Nora	12	Schwimmclub Frauenfeld	4:55.42	498	1:10.90	1:15.21	1:15.82	1:13.49
	50m:		150m:	250m:		350m:			
	100m: 1:10.90		200m: 2:26.11	300m: 3:41.93		400m: 4:55.42			
4.	SCHÄRMELI, Elina	12	Schwimmclub Kreuzlingen	4:58.29	483	1:11.32	1:15.80	1:16.23	1:14.94
	50m:		150m:	250m:		350m:			
	100m: 1:11.32		200m: 2:27.12	300m: 3:43.35		400m: 4:58.29			
5.	MASTRODOMENICO, L.	12	Scsh	5:03.92	457	1:10.18	1:18.10	1:18.76	1:16.88
	50m:		150m:	250m:		350m:			
	100m: 1:10.18		200m: 2:28.28	300m: 3:47.04		400m: 5:03.92			
6.	HITZERT, Layla	12	Flos	5:07.46	441	1:14.22	1:19.97	1:18.73	1:14.54
	50m:		150m:	250m:		350m:			
	100m: 1:14.22		200m: 2:34.19	300m: 3:52.92		400m: 5:07.46			
7.	VÖLKI, Luisa	12	Schwimmclub Frauenfeld	5:15.81	407	1:13.66	1:21.02	1:21.99	1:19.14
	50m:		150m:	250m:		350m:			
	100m: 1:13.66		200m: 2:34.68	300m: 3:56.67		400m: 5:15.81			
8.	FRÖHLICH, Tamara	12	Schwimmclub Kreuzlingen	5:23.19	380	1:17.66	1:22.97	1:21.66	1:20.90
	50m:		150m:	250m:		350m:			
	100m: 1:17.66		200m: 2:40.63	300m: 4:02.29		400m: 5:23.19			
9.	RECHSTEINER, Sophie	12	Schwimmclub Kreuzlingen	5:27.76	364	1:18.81	1:23.72	1:24.20	1:21.03
	50m:		150m:	250m:		350m:			
	100m: 1:18.81		200m: 2:42.53	300m: 4:06.73		400m: 5:27.76			
10.	SAXER, Amelie	12	Schwimmclub Romanshorn	5:32.55	349	1:19.03	1:24.82	1:25.64	1:23.06
	50m:		150m:	250m:		350m:			
	100m: 1:19.03		200m: 2:43.85	300m: 4:09.49		400m: 5:32.55			
11.	GROB, Liv Eileen	12	Schwimmclub Romanshorn	5:34.73	342	1:18.75	1:26.93	1:27.61	1:21.44
	50m:		150m:	250m:		350m:			
	100m: 1:18.75		200m: 2:45.68	300m: 4:13.29		400m: 5:34.73			
12.	SCHÜEPP, Zoe	12	Schwimmclub Kreuzlingen	5:35.21	340	1:21.23	1:26.85	1:25.69	1:21.44
	50m:		150m:	250m:		350m:			
	100m: 1:21.23		200m: 2:48.08	300m: 4:13.77		400m: 5:35.21			

15 Jahre

1.	HIRSCH, Frida	11	Schwimmclub Kreuzlingen	4:46.09	548	1:08.88	1:12.96	1:13.47	1:10.78
	50m:		150m:	250m:		350m:			
	100m:	1:08.88	200m:	2:21.84	300m:	3:35.31	400m:	4:46.09	
	SCHNELLMANN, Aline	11	Schwimmverein St.Gallen-V4	4:46.09	548	1:08.62	1:12.19	1:13.31	1:11.97
	50m:		150m:	250m:		350m:			
	100m:	1:08.62	200m:	2:20.81	300m:	3:34.12	400m:	4:46.09	
3.	GÜLEC, Aylin	11	Her	4:54.85	501	1:11.39	1:16.29	1:15.72	1:11.45
	50m:		150m:	250m:		350m:			
	100m:	1:11.39	200m:	2:27.68	300m:	3:43.40	400m:	4:54.85	

ROS Nachwuchsmeisterschaft Sommer 2026
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Wettkampf 14, Mädchen, 400m Freistil, 15 Jahre

Rang	Jg.		Zeit	Pkt.	100m	200m	300m	400m	
4.	11	PORTULEZ, B.	SC Chur	5:01.03	470	1:11.29	1:16.75	1:17.57	1:15.42
		50m:	150m:	250m:	350m:				
		100m: 1:11.29	200m: 2:28.04	300m: 3:45.61	400m: 5:01.03				
5.	11	NAGY, Arnika	Schwimmclub Kreuzlingen	5:11.68	424	1:13.81	1:20.33	1:21.39	1:16.15
		50m:	150m:	250m:	350m:				
		100m: 1:13.81	200m: 2:34.14	300m: 3:55.53	400m: 5:11.68				
6.	11	REIFLER, Nina	Her	6:01.38	272	1:25.51	1:33.66	1:32.76	1:29.45
		50m:	150m:	250m:	350m:				
		100m: 1:25.51	200m: 2:59.17	300m: 4:31.93	400m: 6:01.38				

16 Jahre

1.	10	KURIGER, Liana	SRV Linth	4:57.54	487	1:11.55	1:18.72	1:17.18	1:10.09
		50m:	150m:	250m:	350m:				
		100m: 1:11.55	200m: 2:30.27	300m: 3:47.45	400m: 4:57.54				
2.	10	FRISK, Christina	Schwimmverein St.Gallen-V5	5:00.31	474	1:10.10	1:16.78	1:17.60	1:15.83
		50m:	150m:	250m:	350m:				
		100m: 1:10.10	200m: 2:26.88	300m: 3:44.48	400m: 5:00.31				
3.	10	MÖSLE, Jana	Schwimmverein St.Gallen-V5	5:01.90	466	1:08.02	1:17.57	1:19.57	1:16.74
		50m:	150m:	250m:	350m:				
		100m: 1:08.02	200m: 2:25.59	300m: 3:45.16	400m: 5:01.90				
4.	10	KRULL, Klara	Her	5:18.02	399	1:15.46	1:21.77	1:21.75	1:19.04
		50m:	150m:	250m:	350m:				
		100m: 1:15.46	200m: 2:37.23	300m: 3:58.98	400m: 5:18.02				
5.	10	HONSELL, Seraina	Schwimmclub Kreuzlingen	5:25.77	371	1:16.72	1:23.97	1:24.61	1:20.47
		50m:	150m:	250m:	350m:				
		100m: 1:16.72	200m: 2:40.69	300m: 4:05.30	400m: 5:25.77				
6.	10	SCHULER, Denja Maria	Flos	5:45.32	311	1:19.60	1:27.76	1:29.19	1:28.77
		50m:	150m:	250m:	350m:				
		100m: 1:19.60	200m: 2:47.36	300m: 4:16.55	400m: 5:45.32				

17/18 Jahre

1.	08	BALSAMO, Elisa	Schwimmclub Romanshorn	4:39.97	585	1:07.48	1:11.23	1:11.19	1:10.07
		50m:	150m:	250m:	350m:				
		100m: 1:07.48	200m: 2:18.71	300m: 3:29.90	400m: 4:39.97				
2.	09	VARGA, Nora	SC Chur	4:50.98	521	1:10.03	1:14.89	1:14.62	1:11.44
		50m:	150m:	250m:	350m:				
		100m: 1:10.03	200m: 2:24.92	300m: 3:39.54	400m: 4:50.98				
3.	09	SOMAINI, Carolina	SC Chur	5:03.30	460	1:10.58	1:18.34	1:19.06	1:15.32
		50m:	150m:	250m:	350m:				
		100m: 1:10.58	200m: 2:28.92	300m: 3:47.98	400m: 5:03.30				
4.	09	MÜLLER, Samara	Schwimmclub Romanshorn	5:21.01	388	1:13.97	1:20.99	1:24.09	1:21.96
		50m:	150m:	250m:	350m:				
		100m: 1:13.97	200m: 2:34.96	300m: 3:59.05	400m: 5:21.01				