

Epreuve 21
11.07.2026 - 17:00

Messieurs, 400m 4 nages

Cat. générale
Liste résultats Finales

Limite : 5:11.07 / Limite 2x : 5:17.07 / Limite 3x : 5:23.07

Points: AQUA 2026

Rang	An								TR	Temps	Pts	
Finale A												
1.	Vlahogiannakos Panagiotis				2002 Hellenic Swimming Federation				+0.65	4:26.64	752	
	50m:	27.99	27.99	150m:	1:35.57	35.49	250m:	2:46.03	36.05	350m:	3:55.30	32.17
	100m:	1:00.08	32.09	200m:	2:09.98	34.41	300m:	3:23.13	37.10	400m:	4:26.64	31.34
2.	Giourtzidis Daniil				2002 Hellenic Swimming Federation				+0.69	4:31.33	713	
	50m:	28.37	28.37	150m:	1:36.84	35.51	250m:	2:49.71	36.86	350m:	3:59.78	31.76
	100m:	1:01.33	32.96	200m:	2:12.85	36.01	300m:	3:28.02	38.31	400m:	4:31.33	31.55
3.	Guidotti Lorenzo				2008 Geneve Natation 1885				+0.66	4:32.47	704	
	50m:	27.68	27.68	150m:	1:37.60	36.69	250m:	2:53.35	38.69	350m:	4:03.54	30.62
	100m:	1:00.91	33.23	200m:	2:14.66	37.06	300m:	3:32.92	39.57	400m:	4:32.47	28.93
4.	Polster Attila				2007 Schwimmclub Uster				+0.66	4:32.64	703	
	50m:	27.60	27.60	150m:	1:37.22	36.73	250m:	2:52.07	38.28	350m:	4:02.19	31.02
	100m:	1:00.49	32.89	200m:	2:13.79	36.57	300m:	3:31.17	39.10	400m:	4:32.64	30.45
5.	Oerer Levin Elia				2009 Schwimmclub Uster				+0.66	4:36.40	675	
	50m:	29.00	29.00	150m:	1:38.65	36.38	250m:	2:52.59	38.58	350m:	4:04.72	33.08
	100m:	1:02.27	33.27	200m:	2:14.01	35.36	300m:	3:31.64	39.05	400m:	4:36.40	31.68
6.	Neidow Jonathan				2010 Schwimmgemeinschaft Liechter				+0.59	4:40.22	648	
	50m:	29.83	29.83	150m:	1:41.45	36.65	250m:	2:57.25	40.25	350m:	4:10.31	32.76
	100m:	1:04.80	34.97	200m:	2:17.00	35.55	300m:	3:37.55	40.30	400m:	4:40.22	29.91
7.	Schiedt Julius				2007 Schwimmgemeinschaft Liechter				+0.78	4:40.46	646	
	50m:	28.97	28.97	150m:	1:39.58	36.47	250m:	2:55.22	41.12	350m:	4:09.60	32.25
	100m:	1:03.11	34.14	200m:	2:14.10	34.52	300m:	3:37.35	42.13	400m:	4:40.46	30.86
8.	Baur Luca				2007 Lausanne Aquatique				+0.73	4:43.17	628	
	50m:	29.20	29.20	150m:	1:40.69	36.75	250m:	2:58.04	40.59	350m:	4:12.47	32.74
	100m:	1:03.94	34.74	200m:	2:17.45	36.76	300m:	3:39.73	41.69	400m:	4:43.17	30.70
9.	Andreoli Simone				2007 Turrita Nuoto				+0.62	4:45.95	609	
	50m:	29.59	29.59	150m:	1:43.92	39.51	250m:	2:59.99	37.62	350m:	4:13.26	34.10
	100m:	1:04.41	34.82	200m:	2:22.37	38.45	300m:	3:39.16	39.17	400m:	4:45.95	32.69
disq.	D'lorio Ian				2006 Turrita Nuoto				+0.69	4:39.12		
	528 - Battements papillon pendant la course (Temps: 17:19)											
	50m:	28.59	28.59	150m:	1:40.80	38.80	250m:	2:56.15	37.94	350m:	4:08.27	32.81
	100m:	1:02.00	33.41	200m:	2:18.21	37.41	300m:	3:35.46	39.31	400m:	4:39.12	30.85
Finale B												
11.	Pavlovic Luka				2009 AS Corbeil-Essonne				+0.73	4:32.86	701	
	50m:	28.49	28.49	150m:	1:37.81	36.01	250m:	2:51.67	39.40	350m:	4:03.33	31.68
	100m:	1:01.80	33.31	200m:	2:12.27	34.46	300m:	3:31.65	39.98	400m:	4:32.86	29.53
12.	Britton John				1995 Ealing SC				+0.76	4:36.52	674	
	50m:	28.38	28.38	150m:	1:38.53	37.54	250m:	2:52.35	38.02	350m:	4:05.00	33.80
	100m:	1:00.99	32.61	200m:	2:14.33	35.80	300m:	3:31.20	38.85	400m:	4:36.52	31.52
13.	Favale Danilo				2007 Schwimmclub Schaffhausen				+0.68	4:45.59	612	
	50m:	30.29	30.29	150m:	1:45.30	38.59	250m:	3:00.74	36.69	350m:	4:13.87	33.77
	100m:	1:06.71	36.42	200m:	2:24.05	38.75	300m:	3:40.10	39.36	400m:	4:45.59	31.72
14.	Knab Yannick				2006 Schwimmclub Liestal				+0.68	4:45.81	610	
	50m:	28.63	28.63	150m:	1:39.51	36.97	250m:	2:57.87	41.34	350m:	4:14.35	34.61
	100m:	1:02.54	33.91	200m:	2:16.53	37.02	300m:	3:39.74	41.87	400m:	4:45.81	31.46



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Rang	An								TR	Temps	Pts	
15.	2010 Renens-Natation								+0.67	4:46.23	608	
	50m:	30.97	30.97	150m:	1:44.80	39.01	250m:	3:02.00	39.65	350m:	4:15.12	32.83
	100m:	1:05.79	34.82	200m:	2:22.35	37.55	300m:	3:42.29	40.29	400m:	4:46.23	31.11
16.	2010 Limmat Sharks Zürich								+0.63	4:46.67	605	
	50m:	30.28	30.28	150m:	1:43.44	38.28	250m:	3:00.52	39.86	350m:	4:14.93	33.91
	100m:	1:05.16	34.88	200m:	2:20.66	37.22	300m:	3:41.02	40.50	400m:	4:46.67	31.74
17.	2008 Schwimmclub Bülach								+0.71	4:47.77	598	
	50m:	29.90	29.90	150m:	1:42.25	37.44	250m:	3:01.52	41.70	350m:	4:16.55	32.18
	100m:	1:04.81	34.91	200m:	2:19.82	37.57	300m:	3:44.37	42.85	400m:	4:47.77	31.22
18.	2009 Schwimmklub Bern								+0.78	4:49.78	586	
	50m:	31.09	31.09	150m:	1:42.88	36.76	250m:	3:00.78	40.46	350m:	4:16.47	33.72
	100m:	1:06.12	35.03	200m:	2:20.32	37.44	300m:	3:42.75	41.97	400m:	4:49.78	33.31
19.	2009 Schwimmverein St.Gallen-Wittenberg								+0.68	4:52.30	571	
	50m:	30.29	30.29	150m:	1:43.51	37.59	250m:	3:01.87	40.70	350m:	4:18.46	33.35
	100m:	1:05.92	35.63	200m:	2:21.17	37.66	300m:	3:45.11	43.24	400m:	4:52.30	33.84
20.	2010 Lancy Natation								+0.62	4:55.71	551	
	50m:	31.38	31.38	150m:	1:45.42	38.38	250m:	3:03.94	41.68	350m:	4:21.54	35.36
	100m:	1:07.04	35.66	200m:	2:22.26	36.84	300m:	3:46.18	42.24	400m:	4:55.71	34.17