

AZV 31 mei  
Arendonk, 31/5/2026

Programmanr. 1  
31/05/2026 - 14:00

Dames, 400m vrije slag

11 jaar en ouder  
Resultaten

Punten: AQUA 2025

Rang			Inschr.	Tijd	Pnt
<b>11 - 12 jaar</b>					
1.	Melis Fee		HOZT/21088/14 5:44.38	<b>5:11.98</b>	401
	50m:	150m:	250m:	350m:	
	100m: 1:12.82	200m: 2:34.32	300m:	400m: 5:11.98	
2.	Van Breedam Lena		ZVL/21146/15 5:23.82	<b>5:20.95</b>	369
	50m:	150m:	250m:	350m:	
	100m: 1:14.12	200m: 2:35.51	300m:	400m: 5:20.95	
3.	Kenis Lola		SHARK/21218/155:55.93	<b>5:27.27</b>	348
	50m:	150m:	250m:	350m:	
	100m: 1:15.65	200m: 2:40.50	300m:	400m: 5:27.27	
4.	Peeters Lena		AZV/21068/15 6:32.67	<b>5:31.20</b>	335
	50m:	150m:	250m:	350m:	
	100m: 1:11.56	200m: 2:42.73	300m:	400m: 5:31.20	
5.	Laurysen Nette		AZV/21070/15 6:53.84	<b>5:42.51</b>	303
	50m:	150m:	250m:	350m:	
	100m:	200m: 2:46.21	300m:	400m: 5:42.51	
6.	Van Cotthem Nika		AZV/21075/15 5:54.48	<b>5:47.46</b>	290
	50m:	150m:	250m:	350m:	
	100m: 1:18.66	200m: 2:47.20	300m:	400m: 5:47.46	
7.	Lukin Arina		KST/21105/14 6:14.48	<b>6:04.16</b>	252
	50m:	150m:	250m:	350m:	
	100m: 1:21.87	200m: 2:56.59	300m:	400m: 6:04.16	
<b>13 - 14 jaar</b>					
1.	Melis Vlinder		HOZT/21089/12 4:55.84	<b>4:46.83</b>	517
	50m:	150m:	250m:	350m:	
	100m: 1:09.22	200m: 2:23.23	300m:	400m: 4:46.83	
2.	Sarmi Sofia		ZVL/21136/13 5:18.04	<b>5:10.14</b>	409
	50m:	150m:	250m:	350m:	
	100m: 1:16.42	200m: 2:36.40	300m:	400m: 5:10.14	
3.	Joris Linde		ZVL/21156/12 5:46.02	<b>5:32.07</b>	333
	50m:	150m:	250m:	350m:	
	100m: 1:18.60	200m: 2:44.91	300m:	400m: 5:32.07	
4.	Van Mechelen Luna		KST/21097/13 6:49.24	<b>6:05.73</b>	249
	50m:	150m:	250m:	350m:	
	100m: 1:22.31	200m: 2:57.90	300m:	400m: 6:05.73	
5.	Herremans Elien		ZVL/21154/12 6:34.59	<b>6:16.45</b>	228
	50m:	150m:	250m:	350m:	
	100m: 1:25.65	200m: 3:04.65	300m:	400m: 6:16.45	
<b>15 - 16 jaar</b>					
1.	Verdood Pip		ZVL/21086/11 4:53.97	<b>4:47.91</b>	511
	50m:	150m:	250m:	350m:	
	100m: 1:10.05	200m: 2:24.60	300m:	400m: 4:47.91	
2.	Lambrechts Loes		AZV/21063/11 4:56.44	<b>4:59.47</b>	454
	50m:	150m:	250m:	350m:	
	100m: 1:10.88	200m: 2:27.12	300m:	400m: 4:59.47	

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Programmanr. 1, Meisjes, 400m vrije slag, 15 - 16 jaar

Rang			Inshr.	Tijd	Pnt
3.	Schellemans Charlotte	ZVL/21082/10	4:50.63	<b>5:00.12</b>	451
	50m:	150m:	250m:	350m:	
	100m: 1:10.39	200m: 2:24.74	300m:	400m: 5:00.12	
4.	Van Mechelen Zoë	KST/21077/10	5:35.78	<b>5:35.35</b>	323
	50m:	150m:	250m:	350m:	
	100m: 1:15.90	200m: 2:43.72	300m:	400m: 5:35.35	

17 jaar en ouder

1.	Verhoeven Liese	ZVL/21126/09	NT	<b>5:25.32</b>	354
	50m:	150m:	250m:	350m:	
	100m: 1:17.74	200m: 2:40.86	300m:	400m: 5:25.32	