

3. Ziepniekkalna kausa IV posms
Riga, 15.5.2026



Event 18
15.05.2026 - 18:35

Men, 400m Medley

2011 and older
Results

Sacens bu rekords 18	4:37.06	KRAMPE Emils	LAT	Riga	11.04.2025
Sacens bu rekords 17	5:51.75	GREIBERS Niks	LAT	Riga	11.04.2025
Sacens bu rekords 16	5:00.40	LOBANS Deniss	LAT	Riga	11.04.2025
Latvijas rekords	4:15.24	KALNINS Uvis	VBSS	Jelgava	21.12.2017

SKSM Open: 4:10.86 / SM Open: 4:32.47 / SMK Open: 4:48.34 / I Open: 5:08.72 / II Open: 5:39.79 / III Open: 6:23.24 / IV Open: 7:43.52

Points: AQUA 2025

Rank			YB			Time			Pts			
YOB 2011												
1.	BARMASOVS Ruslans		11	RSS Ridzene-DSN		5:41.88	323		III			
	50m:	33.29	33.29	150m:	1:58.07	45.89	250m:	3:32.24	50.18	350m:	5:04.03	40.98
	100m:	1:12.18	38.89	200m:	2:42.06	43.99	300m:	4:23.05	50.81	400m:	5:41.88	37.85

YOB 2010

1.	TIMOFEJEVS Dmitrijs		10	RSS Ridzene-ZOL		5:25.30	376		II			
	50m:	31.44	31.44	150m:	1:55.09	43.03	250m:	3:22.20	46.08	350m:	4:49.94	40.88
	100m:	1:12.06	40.62	200m:	2:36.12	41.03	300m:	4:09.06	46.86	400m:	5:25.30	35.36
2.	MATROSOVS Ilja		10	RSS Ridzene-DSN		5:59.74	278		III			
	50m:	39.69	39.69	150m:	2:11.20	44.98	250m:	3:44.31	48.79	350m:	5:18.91	43.48
	100m:	1:26.22	46.53	200m:	2:55.52	44.32	300m:	4:35.43	51.12	400m:	5:59.74	40.83

YOB 2009

1.	HORUNZIJS Glebs		09	RSS Ridzene-ZOL		5:02.21	469		I			
JAUNS SACENS BU VECUMA GRUPAS REKORDS!!												
	50m:	32.64	32.64	150m:	1:51.31	39.07	250m:	3:13.29	43.71	350m:	4:30.55	33.30
	100m:	1:12.24	39.60	200m:	2:29.58	38.27	300m:	3:57.25	43.96	400m:	5:02.21	31.66

2008 and older

1.	PETRIKINS Ilja		08	RSS Ridzene-DSN		4:36.94	609		SMK			
JAUNS SACENS BU VECUMA GRUPAS REKORDS!!												
	50m:	28.69	28.69	150m:	1:38.67	36.28	250m:	2:53.65	40.03	350m:	4:06.33	31.98
	100m:	1:02.39	33.70	200m:	2:13.62	34.95	300m:	3:34.35	40.70	400m:	4:36.94	30.61
2.	VASILJEVS Romans		06	RSS Ridzene-DSN		4:56.81	495		I			
	50m:	30.30	30.30	150m:	1:45.90	39.15	250m:	3:06.35	41.63	350m:	4:23.80	35.53
	100m:	1:06.75	36.45	200m:	2:24.72	38.82	300m:	3:48.27	41.92	400m:	4:56.81	33.01
3.	SAZONOVS Mihails		06	RSS Ridzene-DSN		5:09.34	437		II			
	50m:	30.20	30.20	150m:	1:49.15	43.28	250m:	3:13.42	41.80	350m:	4:33.49	37.77
	100m:	1:05.87	35.67	200m:	2:31.62	42.47	300m:	3:55.72	42.30	400m:	5:09.34	35.85
4.	BIERANDS Arturs		07	Olaines SC		5:25.45	375		II			
	50m:	32.33	32.33	150m:	1:57.84	45.88	250m:	3:26.89	44.32	350m:	4:51.04	38.95
	100m:	1:11.96	39.63	200m:	2:42.57	44.73	300m:	4:12.09	45.20	400m:	5:25.45	34.41