

Prova 1
16/05/2026

400m Lliure

Open
Resultats

Punts: AQUA Master 2025

Classificació	ANY		Temps	Pts	100m	200m	300m	400m
Open, Masc.								
1.	PÉREZ MERINO, Alex	93	C.N. Granollers	4:50.50	550	1:06.84	1:14.76	
	50m:		150m:	250m:	350m:			
	100m:	1:06.84	200m:	300m:	400m:	4:50.50		
2.	PRESAS GUTIERREZ, Da70		C.N. Aquamasters	4:54.69	706	1:06.44	1:16.06	
	50m:		150m:	250m:	350m:			
	100m:	1:06.44	200m:	300m:	400m:	4:54.69		
3.	GALLEGO ALE, Jose Carl70		Club Natació Swimfaster S	4:58.84	677	1:11.22	1:16.14	
	50m:		150m:	250m:	350m:			
	100m:	1:11.22	200m:	300m:	400m:	4:58.84		
4.	ALVAREZ RODRIGUEZ, J.73		C.N. Prat Llobregat	5:18.26	520	1:14.05	1:19.91	
	50m:		150m:	250m:	350m:			
	100m:	1:14.05	200m:	300m:	400m:	5:18.26		
5.	RICART SANCHEZ, Jaum94		C.E. Panteres Grogues	5:21.78	405	1:13.28	1:20.06	
	50m:		150m:	250m:	350m:			
	100m:	1:13.28	200m:	300m:	400m:	5:21.78		
6.	PARELLA MARTI, Joan	98	C.N. La Bisbal	5:29.37	391	1:15.64	1:22.57	
	50m:		150m:	250m:	350m:			
	100m:	1:15.64	200m:	300m:	400m:	5:29.37		
7.	NEBOT PUIG, Lluís	71	C.N. Calella	5:31.32	497	1:14.17	1:25.53	
	50m:		150m:	250m:	350m:			
	100m:	1:14.17	200m:	300m:	400m:	5:31.32		
8.	SILES CHINCHILLA, M.	84	C.N. Prat Llobregat	5:50.54	348	1:23.35	1:30.60	
	50m:		150m:	250m:	350m:			
	100m:	1:23.35	200m:	300m:	400m:	5:50.54		
9.	GARRIDO HERNANDEZ, \60		Club Natació Swimfaster S	6:18.48	395	1:29.46	1:37.63	
	50m:		150m:	250m:	350m:			
	100m:	1:29.46	200m:	300m:	400m:	6:18.48		
10.	LLORET COLL, Julio	68	G.E. I.E.G.	6:39.05	284	1:29.87	1:42.83	
	50m:		150m:	250m:	350m:			
	100m:	1:29.87	200m:	300m:	400m:	6:39.05		
11.	BLANCAFORT SAN JOSE,66		G.E. I.E.G.	7:01.87	262	1:38.39	1:48.95	
	50m:		150m:	250m:	350m:			
	100m:	1:38.39	200m:	300m:	400m:	7:01.87		
12.	POCH BATLLE, Josep	51	G.E.Nautics De Roses	7:02.38	425	1:38.03	1:50.55	
	50m:		150m:	250m:	350m:			
	100m:	1:38.03	200m:	300m:	400m:	7:02.38		
25+, Masc.								
1.	PARELLA MARTI, Joan	98	C.N. La Bisbal	5:29.37	391	1:15.64	1:22.57	
	50m:		150m:	250m:	350m:			
	100m:	1:15.64	200m:	300m:	400m:	5:29.37		
30+, Masc.								
1.	PÉREZ MERINO, Alex	93	C.N. Granollers	4:50.50	550	1:06.84	1:14.76	
	50m:		150m:	250m:	350m:			
	100m:	1:06.84	200m:	300m:	400m:	4:50.50		
2.	RICART SANCHEZ, Jaum94		C.E. Panteres Grogues	5:21.78	405	1:13.28	1:20.06	
	50m:		150m:	250m:	350m:			
	100m:	1:13.28	200m:	300m:	400m:	5:21.78		
40+, Masc.								
1.	SILES CHINCHILLA, M.	84	C.N. Prat Llobregat	5:50.54	348	1:23.35	1:30.60	
	50m:		150m:	250m:	350m:			
	100m:	1:23.35	200m:	300m:	400m:	5:50.54		

Prova 1, 400m Lliure

50+, Masc.

1. ALVAREZ RODRIGUEZ, J.73	C.N. Prat Llobregat	5:18.26 520	1:14.05	1:19.91
50m:	150m:	250m:	350m:	
100m: 1:14.05	200m: 2:33.96	300m:	400m: 5:18.26	

55+, Masc.

1. PRESAS GUTIERREZ, Da70	C.N. Aquamasters	4:54.69 706	1:06.44	1:16.06
50m:	150m:	250m:	350m:	
100m: 1:06.44	200m: 2:22.50	300m:	400m: 4:54.69	
2. GALLEGRO ALE, Jose Carl70	Club Natació Swimfaster Sa	4:58.84 677	1:11.22	1:16.14
50m:	150m:	250m:	350m:	
100m: 1:11.22	200m: 2:27.36	300m:	400m: 4:58.84	
3. NEBOT PUIG, Lluís 71	C.N. Calella	5:31.32 497	1:14.17	1:25.53
50m:	150m:	250m:	350m:	
100m: 1:14.17	200m: 2:39.70	300m:	400m: 5:31.32	
4. LLORET COLL, Julio 68	G.E. I.E.G.	6:39.05 284	1:29.87	1:42.83
50m:	150m:	250m:	350m:	
100m: 1:29.87	200m: 3:12.70	300m:	400m: 6:39.05	

60+, Masc.

1. BLANCAFORT SAN JOSE,66	G.E. I.E.G.	7:01.87 262	1:38.39	1:48.95
50m:	150m:	250m:	350m:	
100m: 1:38.39	200m: 3:27.34	300m:	400m: 7:01.87	

65+, Masc.

1. GARRIDO HERNANDEZ, \60	Club Natació Swimfaster Sa	6:18.48 395	1:29.46	1:37.63
50m:	150m:	250m:	350m:	
100m: 1:29.46	200m: 3:07.09	300m:	400m: 6:18.48	

75+, Masc.

1. POCH BATLLE, Josep 51	G.E.Nautics De Roses	7:02.38 425	1:38.03	1:50.55
50m:	150m:	250m:	350m:	
100m: 1:38.03	200m: 3:28.58	300m:	400m: 7:02.38	

Class Punts T. Catalana Màster, Masc.

1. PRESAS GUTIERREZ, Da70	C.N. Aquamasters	4:54.69 706	1:06.44	1:16.06
50m:	150m:	250m:	350m:	
100m: 1:06.44	200m: 2:22.50	300m:	400m: 4:54.69	
2. GALLEGRO ALE, Jose Carl70	Club Natació Swimfaster Sa	4:58.84 677	1:11.22	1:16.14
50m:	150m:	250m:	350m:	
100m: 1:11.22	200m: 2:27.36	300m:	400m: 4:58.84	
3. PEREZ MERINO, Alex 93	C.N. Granollers	4:50.50 550	1:06.84	1:14.76
50m:	150m:	250m:	350m:	
100m: 1:06.84	200m: 2:21.60	300m:	400m: 4:50.50	
4. ALVAREZ RODRIGUEZ, J.73	C.N. Prat Llobregat	5:18.26 520	1:14.05	1:19.91
50m:	150m:	250m:	350m:	
100m: 1:14.05	200m: 2:33.96	300m:	400m: 5:18.26	
5. NEBOT PUIG, Lluís 71	C.N. Calella	5:31.32 497	1:14.17	1:25.53
50m:	150m:	250m:	350m:	
100m: 1:14.17	200m: 2:39.70	300m:	400m: 5:31.32	
6. POCH BATLLE, Josep 51	G.E.Nautics De Roses	7:02.38 425	1:38.03	1:50.55
50m:	150m:	250m:	350m:	
100m: 1:38.03	200m: 3:28.58	300m:	400m: 7:02.38	
7. RICART SANCHEZ, Jaum94	C.E. Panteres Grogues	5:21.78 405	1:13.28	1:20.06
50m:	150m:	250m:	350m:	
100m: 1:13.28	200m: 2:33.34	300m:	400m: 5:21.78	
8. GARRIDO HERNANDEZ, \60	Club Natació Swimfaster Sa	6:18.48 395	1:29.46	1:37.63
50m:	150m:	250m:	350m:	
100m: 1:29.46	200m: 3:07.09	300m:	400m: 6:18.48	

Prova 1, Masc., 400m Lliure, Class Punts T. Catalana Màster

Classificació	ANY		Temps	Pts	100m	200m	300m	400m
9.	PARELLA MARTI, Joan	98	C.N. La Bisbal	5:29.37	391	1:15.64	1:22.57	
	50m:		150m:	250m:	350m:			
	100m: 1:15.64		200m: 2:38.21	300m:	400m: 5:29.37			
10.	SILES CHINCHILLA, M.	84	C.N. Prat Llobregat	5:50.54	348	1:23.35	1:30.60	
	50m:		150m:	250m:	350m:			
	100m: 1:23.35		200m: 2:53.95	300m:	400m: 5:50.54			
11.	LLORET COLL, Julio	68	G.E. I.E.G.	6:39.05	284	1:29.87	1:42.83	
	50m:		150m:	250m:	350m:			
	100m: 1:29.87		200m: 3:12.70	300m:	400m: 6:39.05			
12.	BLANCAFORT SAN JOSE,66		G.E. I.E.G.	7:01.87	262	1:38.39	1:48.95	
	50m:		150m:	250m:	350m:			
	100m: 1:38.39		200m: 3:27.34	300m:	400m: 7:01.87			

Open, Fem.

1.	PUJOL ULIED, Minerva	78	C.N. Granollers	5:08.89	672	1:13.14	1:18.84	
	50m:		150m:	250m:	350m:			
	100m: 1:13.14		200m: 2:31.98	300m:	400m: 5:08.89			
2.	ARRIBAS DOMINGUEZ, M.75		G.E. I.E.G.	5:59.70	475	1:23.26	1:33.62	
	50m:		150m:	250m:	350m:			
	100m: 1:23.26		200m: 2:56.88	300m:	400m: 5:59.70			
3.	FRIGOLA PEREZ, Carme	65	C.N. L' Escala-Empuries	5:59.83	515	1:25.21	1:32.46	
	50m:		150m:	250m:	350m:			
	100m: 1:25.21		200m: 2:57.67	300m:	400m: 5:59.83			
4.	BALBUENA ESPARZA, Lol59		C.N. Sabadell	6:15.62	577	1:31.12	1:37.79	
	50m:		150m:	250m:	350m:			
	100m: 1:31.12		200m: 3:08.91	300m:	400m: 6:15.62			
5.	CORCOLL MULLER, N.	76	G.E.Nautics De Roses	6:42.54	338	1:32.98	1:42.87	
	50m:		150m:	250m:	350m:			
	100m: 1:32.98		200m: 3:15.85	300m:	400m: 6:42.54			
6.	TORDERA ARAUS, Laura	66	G.E. I.E.G.	6:57.57	330	1:39.88	1:45.05	
	50m:		150m:	250m:	350m:			
	100m: 1:39.88		200m: 3:24.93	300m:	400m: 6:57.57			
7.	GARRIGA ALSINA, Carme	67	G.E. I.E.G.	7:18.73	269	1:39.52	1:49.42	
	50m:		150m:	250m:	350m:			
	100m: 1:39.52		200m: 3:28.94	300m:	400m: 7:18.73			
8.	LLIVINA CARBONELL, M.	54	C.N. Aquamasters	8:14.19	274	1:56.78	2:04.84	
	50m:		150m:	250m:	350m:			
	100m: 1:56.78		200m: 4:01.62	300m:	400m: 8:14.19			

45+, Fem.

1.	PUJOL ULIED, Minerva	78	C.N. Granollers	5:08.89	672	1:13.14	1:18.84	
	50m:		150m:	250m:	350m:			
	100m: 1:13.14		200m: 2:31.98	300m:	400m: 5:08.89			

50+, Fem.

1.	ARRIBAS DOMINGUEZ, M.75		G.E. I.E.G.	5:59.70	475	1:23.26	1:33.62	
	50m:		150m:	250m:	350m:			
	100m: 1:23.26		200m: 2:56.88	300m:	400m: 5:59.70			
2.	CORCOLL MULLER, N.	76	G.E.Nautics De Roses	6:42.54	338	1:32.98	1:42.87	
	50m:		150m:	250m:	350m:			
	100m: 1:32.98		200m: 3:15.85	300m:	400m: 6:42.54			

55+, Fem.

1.	GARRIGA ALSINA, Carme	67	G.E. I.E.G.	7:18.73	269	1:39.52	1:49.42	
	50m:		150m:	250m:	350m:			
	100m: 1:39.52		200m: 3:28.94	300m:	400m: 7:18.73			

Prova 1, 400m Lliure

60+, Fem.

1. FRIGOLA PEREZ, Carme 65	C.N. L' Escala-Empuries	5:59.83 515	1:25.21	1:32.46
50m:	150m:	250m:	350m:	
100m: 1:25.21	200m: 2:57.67	300m:	400m: 5:59.83	
2. TORDERA ARAUS, Laura 66	G.E. I.E.G.	6:57.57 330	1:39.88	1:45.05
50m:	150m:	250m:	350m:	
100m: 1:39.88	200m: 3:24.93	300m:	400m: 6:57.57	

65+, Fem.

1. BALBUENA ESPARZA, Lol59	C.N. Sabadell	6:15.62 577	1:31.12	1:37.79
50m:	150m:	250m:	350m:	
100m: 1:31.12	200m: 3:08.91	300m:	400m: 6:15.62	

70+, Fem.

1. LLIVINA CARBONELL, M. 54	C.N. Aquamasters	8:14.19 274	1:56.78	2:04.84
50m:	150m:	250m:	350m:	
100m: 1:56.78	200m: 4:01.62	300m:	400m: 8:14.19	

Class Punts T. Catalana Màster, Fem.

1. PUJOL ULIED, Minerva 78	C.N. Granollers	5:08.89 672	1:13.14	1:18.84
50m:	150m:	250m:	350m:	
100m: 1:13.14	200m: 2:31.98	300m:	400m: 5:08.89	
2. BALBUENA ESPARZA, Lol59	C.N. Sabadell	6:15.62 577	1:31.12	1:37.79
50m:	150m:	250m:	350m:	
100m: 1:31.12	200m: 3:08.91	300m:	400m: 6:15.62	
3. FRIGOLA PEREZ, Carme 65	C.N. L' Escala-Empuries	5:59.83 515	1:25.21	1:32.46
50m:	150m:	250m:	350m:	
100m: 1:25.21	200m: 2:57.67	300m:	400m: 5:59.83	
4. ARRIBAS DOMINGUEZ, M.75	G.E. I.E.G.	5:59.70 475	1:23.26	1:33.62
50m:	150m:	250m:	350m:	
100m: 1:23.26	200m: 2:56.88	300m:	400m: 5:59.70	
5. CORCOLL MULLER, N. 76	G.E.Nautics De Roses	6:42.54 338	1:32.98	1:42.87
50m:	150m:	250m:	350m:	
100m: 1:32.98	200m: 3:15.85	300m:	400m: 6:42.54	
6. TORDERA ARAUS, Laura 66	G.E. I.E.G.	6:57.57 330	1:39.88	1:45.05
50m:	150m:	250m:	350m:	
100m: 1:39.88	200m: 3:24.93	300m:	400m: 6:57.57	
7. LLIVINA CARBONELL, M. 54	C.N. Aquamasters	8:14.19 274	1:56.78	2:04.84
50m:	150m:	250m:	350m:	
100m: 1:56.78	200m: 4:01.62	300m:	400m: 8:14.19	
8. GARRIGA ALSINA, Carme67	G.E. I.E.G.	7:18.73 269	1:39.52	1:49.42
50m:	150m:	250m:	350m:	
100m: 1:39.52	200m: 3:28.94	300m:	400m: 7:18.73	