

SileSilk kevadvõistlus 2026
Tallinn, 22.5.2026

Event 18
22.05.2026

Men, 400m Freestyle

15 years and older
Results

Points: AQUA 2025

Rank			YB				Time		Pts			
21 years and older												
1.	ARON, Raul		80		MyFitness		7:12.66		118			
	50m:	41.60	41.60	150m:	1:34.72	5.05	250m:	3:24.85	59.02	350m:	5:24.07	58.96
	100m:	1:29.67	48.07	200m:	2:25.83	51.11	300m:	4:25.11	1:00.26	400m:	7:12.66	1:48.59
2.	PALM, Martin		87		MyFitness		7:23.23		109			
	50m:	45.97	45.97	150m:	2:36.09	56.76	250m:	4:32.18	58.13	350m:	6:28.37	58.23
	100m:	1:39.33	53.36	200m:	3:34.05	57.96	300m:	5:30.14	57.96	400m:	7:23.23	54.86