

SileSilk kevadvõistlus 2026
Tallinn, 22.5.2026

Event 17
22.05.2026

Women, 400m Freestyle

15 years and older
Results

Points: AQUA 2025

Rank				YB						Time	Pts	
15 - 20 years												
1.	KOIT, Susanna			10	MyFitness					5:06.75	422	
	50m:	32.87	32.87	150m:	1:50.62	39.69	250m:	3:12.03	40.50	350m:	4:30.93	38.70
	100m:	1:10.93	38.06	200m:	2:31.53	40.91	300m:	3:52.23	40.20	400m:	5:06.75	35.82
2.	LEISSOO, Desiree			11	Nord Sport					5:14.69	391	
	50m:	34.06	34.06	150m:	1:52.31	39.29	250m:	3:13.72	40.54	350m:	4:35.12	40.62
	100m:	1:13.02	38.96	200m:	2:33.18	40.87	300m:	3:54.50	40.78	400m:	5:14.69	39.57
3.	KOGGER, Keiti			11	Nord Sport					5:22.06	365	
	50m:	34.93	34.93	150m:	1:55.89	41.54	250m:	3:19.84	41.57	350m:	4:44.17	41.52
	100m:	1:14.35	39.42	200m:	2:38.27	42.38	300m:	4:02.65	42.81	400m:	5:22.06	37.89
21 years and older												
1.	ARON, Sirli			86	MyFitness					6:23.48	216	
	50m:	39.64	39.64	150m:	2:15.88	49.59	250m:	3:56.76	49.97	350m:	5:36.35	48.89
	100m:	1:26.29	46.65	200m:	3:06.79	50.91	300m:	4:47.46	50.70	400m:	6:23.48	47.13
2.	HANSALU, Caresse			65	MyFitness					7:04.38	159	
	50m:	44.47	44.47	150m:	2:27.94	52.32	250m:	4:18.12	55.54	350m:	6:09.24	55.99
	100m:	1:35.62	51.15	200m:	3:22.58	54.64	300m:	5:13.25	55.13	400m:	7:04.38	55.14