



Festival par équipes section 2- Sherbrooke  
Sherbrooke, 5- - 7-6-2026



Epreuve 23  
2026-06-07 - 15:30

Dames, 400m Libre

11 ans et plus  
Liste résultats Finales

Points: AQUA 2025

Rang				Age						Temps	Pts	
<b>11 - 13 ans</b>												
1.	MORIN, Romy			13	SHER					<b>4:39.77</b>	557	
	50m:	30.39	30.39	150m:	1:40.64	35.76	250m:	2:52.53	35.95	350m:	4:04.86	35.98
	100m:	1:04.88	34.49	200m:	2:16.58	35.94	300m:	3:28.88	36.35	400m:	4:39.77	34.91
2.	COTE, Lili			13	ELITE					<b>4:40.61</b>	552	
	50m:	31.49	31.49	150m:	1:41.55	35.52	250m:	2:53.72	35.93	350m:	4:06.04	36.08
	100m:	1:06.03	34.54	200m:	2:17.79	36.24	300m:	3:29.96	36.24	400m:	4:40.61	34.57
3.	COLLARD, Aurélie			12	SHER					<b>4:56.91</b>	466	
	50m:	32.86	32.86	150m:	1:46.62	37.44	250m:	3:03.48	38.29	350m:	4:19.78	37.90
	100m:	1:09.18	36.32	200m:	2:25.19	38.57	300m:	3:41.88	38.40	400m:	4:56.91	37.13
4.	CONSTANTIN, Maélie			12	CASE					<b>4:59.42</b>	454	
	50m:	32.54	32.54	150m:	1:47.65	38.74	250m:	3:05.23	38.68	350m:	4:22.65	38.69
	100m:	1:08.91	36.37	200m:	2:26.55	38.90	300m:	3:43.96	38.73	400m:	4:59.42	36.77
5.	TREMBLAY, Nellie			13	RL					<b>5:02.08</b>	442	
	50m:	33.00	33.00	150m:	1:48.41	38.31	250m:	3:06.45	38.98	350m:	4:24.30	38.96
	100m:	1:10.10	37.10	200m:	2:27.47	39.06	300m:	3:45.34	38.89	400m:	5:02.08	37.78
6.	AUBIN, Naomie			13	SHER					<b>5:06.17</b>	425	
	50m:	33.58	33.58	150m:	1:47.76	37.87	250m:	3:06.18	39.40	350m:	4:26.19	39.92
	100m:	1:09.89	36.31	200m:	2:26.78	39.02	300m:	3:46.27	40.09	400m:	5:06.17	39.98
7.	GERVAIS, Florence			13	UL					<b>5:06.78</b>	422	
	50m:	34.11	34.11	150m:	1:51.65	39.09	250m:	3:10.23	39.31	350m:	4:28.93	39.42
	100m:	1:12.56	38.45	200m:	2:30.92	39.27	300m:	3:49.51	39.28	400m:	5:06.78	37.85
8.	ROUX, Samantha			12	MUST					<b>5:16.50</b>	385	
	50m:	35.38	35.38	150m:	1:54.67	40.09	250m:	3:16.29	40.77	350m:	4:37.35	40.27
	100m:	1:14.58	39.20	200m:	2:35.52	40.85	300m:	3:57.08	40.79	400m:	5:16.50	39.15
<b>14 - 15 ans</b>												
1.	PIATERA MERCIER, Léa			15	SHER					<b>4:31.41</b>	610	
	50m:	30.91	30.91	150m:	1:39.35	34.76	250m:	2:48.59	33.84	350m:	3:58.19	34.48
	100m:	1:04.59	33.68	200m:	2:14.75	35.40	300m:	3:23.71	35.12	400m:	4:31.41	33.22
2.	GOSSELIN, Mélia			15	UL					<b>4:31.63</b>	609	
	50m:	30.55	30.55	150m:	1:38.31	34.38	250m:	2:48.45	34.94	350m:	3:58.51	35.15
	100m:	1:03.93	33.38	200m:	2:13.51	35.20	300m:	3:23.36	34.91	400m:	4:31.63	33.12
3.	TANGUAY, Lily-Rose			15	RL					<b>4:34.30</b>	591	
	50m:	31.11	31.11	150m:	1:39.30	34.55	250m:	2:49.19	34.92	350m:	3:59.83	35.23
	100m:	1:04.75	33.64	200m:	2:14.27	34.97	300m:	3:24.60	35.41	400m:	4:34.30	34.47
4.	ST-AMOUR, Laurence			14	ELITE					<b>4:37.77</b>	569	
	50m:	30.56	30.56	150m:	1:39.96	35.12	250m:	2:51.58	35.95	350m:	4:03.02	35.77
	100m:	1:04.84	34.28	200m:	2:15.63	35.67	300m:	3:27.25	35.67	400m:	4:37.77	34.75
5.	BOMBARDIER, Cecile			15	SHER					<b>4:38.56</b>	564	
	50m:	31.78	31.78	150m:	1:42.52	35.78	250m:	2:54.20	35.90	350m:	4:05.27	35.36
	100m:	1:06.74	34.96	200m:	2:18.30	35.78	300m:	3:29.91	35.71	400m:	4:38.56	33.29
6.	SAMSON, Amélia			15	RL					<b>4:41.75</b>	545	
	50m:	31.67	31.67	150m:	1:41.60	35.29	250m:	2:53.83	36.20	350m:	4:06.31	36.20
	100m:	1:06.31	34.64	200m:	2:17.63	36.03	300m:	3:30.11	36.28	400m:	4:41.75	35.44



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Epreuve 23, Filles, 400m Libre, Finale, 14 - 15 ans

Rang			Age						Temps	Pts		
7.	FORTIN, Flavie		14	UL					<b>4:42.32</b>	542		
	50m:	31.55	31.55	150m:	1:42.33	36.08	250m:	2:55.76	37.18	350m:	4:08.38	36.04
	100m:	1:06.25	34.70	200m:	2:18.58	36.25	300m:	3:32.34	36.58	400m:	4:42.32	33.94
8.	BLAIS, Élizab�th		14	RL					<b>4:42.38</b>	542		
	50m:	30.88	30.88	150m:	1:40.96	35.30	250m:	2:54.78	36.73	350m:	4:08.33	36.01
	100m:	1:05.66	34.78	200m:	2:18.05	37.09	300m:	3:32.32	37.54	400m:	4:42.38	34.05

16 - 17 ans

1.	ROBITAILLE, Florence		17	ELITE					<b>4:23.35</b>	668		
	50m:	29.59	29.59	150m:	1:34.96	33.15	250m:	2:42.35	33.86	350m:	3:50.43	34.08
	100m:	1:01.81	32.22	200m:	2:08.49	33.53	300m:	3:16.35	34.00	400m:	4:23.35	32.92
2.	OUATTARA ROUSSEAU, Zahia		16	ELITE					<b>4:32.38</b>	604		
	50m:	30.37	30.37	150m:	1:39.17	34.97	250m:	2:49.54	35.17	350m:	3:59.26	34.75
	100m:	1:04.20	33.83	200m:	2:14.37	35.20	300m:	3:24.51	34.97	400m:	4:32.38	33.12
3.	LACOSTE, �liane		16	CASE					<b>4:33.40</b>	597		
	50m:	30.49	30.49	150m:	1:37.75	34.36	250m:	2:47.38	34.80	350m:	3:58.28	35.55
	100m:	1:03.39	32.90	200m:	2:12.58	34.83	300m:	3:22.73	35.35	400m:	4:33.40	35.12
4.	JUTRAS, Annalie		17	RL					<b>4:33.44</b>	597		
	50m:	30.02	30.02	150m:	1:38.19	34.84	250m:	2:48.98	35.59	350m:	4:00.39	35.65
	100m:	1:03.35	33.33	200m:	2:13.39	35.20	300m:	3:24.74	35.76	400m:	4:33.44	33.05
5.	TALBOT, Alice		17	SHER					<b>4:41.07</b>	549		
	50m:	31.59	31.59	150m:	1:41.57	35.41	250m:	2:53.44	36.05	350m:	4:05.83	36.02
	100m:	1:06.16	34.57	200m:	2:17.39	35.82	300m:	3:29.81	36.37	400m:	4:41.07	35.24
6.	LABERGE, �lise		16	UL					<b>4:41.95</b>	544		
	50m:	30.78	30.78	150m:	1:41.34	35.91	250m:	2:54.48	36.75	350m:	4:07.73	36.42
	100m:	1:05.43	34.65	200m:	2:17.73	36.39	300m:	3:31.31	36.83	400m:	4:41.95	34.22
7.	BOUFFARD, Jeanne		17	RL					<b>4:42.03</b>	544		
	50m:	31.20	31.20	150m:	1:42.35	36.15	250m:	2:55.41	36.64	350m:	4:07.97	36.20
	100m:	1:06.20	35.00	200m:	2:18.77	36.42	300m:	3:31.77	36.36	400m:	4:42.03	34.06
8.	FELX, Lily		17	ELITE					<b>4:48.17</b>	510		
	50m:	32.26	32.26	150m:	1:43.22	35.97	250m:	2:56.85	36.99	350m:	4:11.64	37.37
	100m:	1:07.25	34.99	200m:	2:19.86	36.64	300m:	3:34.27	37.42	400m:	4:48.17	36.53

18 ans et plus

1.	PHAM-SPICKLER, Alexia		22	SHER					<b>4:29.40</b>	624		
	50m:	30.58	30.58	150m:	1:37.13	33.72	250m:	2:46.06	34.51	350m:	3:55.44	34.84
	100m:	1:03.41	32.83	200m:	2:11.55	34.42	300m:	3:20.60	34.54	400m:	4:29.40	33.96
2.	PAUL, Florence		19	UL					<b>4:35.53</b>	583		
	50m:	31.23	31.23	150m:	1:39.42	34.48	250m:	2:49.85	35.39	350m:	4:01.29	35.62
	100m:	1:04.94	33.71	200m:	2:14.46	35.04	300m:	3:25.67	35.82	400m:	4:35.53	34.24
3.	DROUIN, Laurie		19	CASE					<b>4:38.76</b>	563		
	50m:	31.33	31.33	150m:	1:41.53	35.66	250m:	2:54.24	36.29	350m:	4:04.48	35.03
	100m:	1:05.87	34.54	200m:	2:17.95	36.42	300m:	3:29.45	35.21	400m:	4:38.76	34.28
4.	GINGRAS, Aur�lie		18	RL					<b>4:41.53</b>	547		
	50m:	32.34	32.34	150m:	1:43.55	36.08	250m:	2:54.81	35.57	350m:	4:06.24	35.90
	100m:	1:07.47	35.13	200m:	2:19.24	35.69	300m:	3:30.34	35.53	400m:	4:41.53	35.29
5.	CHAUVETTE, Fr�d�rique		18	CASE					<b>4:41.61</b>	546		
	50m:	29.57	29.57	150m:	1:38.23	35.16	250m:	2:52.05	37.32	350m:	4:05.79	36.86
	100m:	1:03.07	33.50	200m:	2:14.73	36.50	300m:	3:28.93	36.88	400m:	4:41.61	35.82



Festival par équipes section 2- Sherbrooke  
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Epreuve 23, Dames, 400m Libre, Finale, 18 ans et plus

Rang					Age					Temps	Pts	
6.	SIMARD, Anne				20	UL				<b>4:45.32</b>	525	
	50m:	31.62	31.62	150m:	1:42.85	36.20	250m:	2:55.98	36.49	350m:	4:08.84	36.71
	100m:	1:06.65	35.03	200m:	2:19.49	36.64	300m:	3:32.13	36.15	400m:	4:45.32	36.48
7.	TCHAPTCHET, Diany				21	ELITE				<b>4:49.66</b>	502	
	50m:	31.31	31.31	150m:	1:41.67	35.99	250m:	2:56.09	37.42	350m:	4:12.49	38.26
	100m:	1:05.68	34.37	200m:	2:18.67	37.00	300m:	3:34.23	38.14	400m:	4:49.66	37.17
8.	LÉTOURNEAU, Élise				18	RL				<b>4:52.89</b>	485	
	50m:	32.48	32.48	150m:	1:46.00	37.24	250m:	3:01.28	37.90	350m:	4:16.35	37.33
	100m:	1:08.76	36.28	200m:	2:23.38	37.38	300m:	3:39.02	37.74	400m:	4:52.89	36.54