

Majstrovstvá SR juniorov
Košice, 29. - 31.5.2026

disciplína 29
30.05.2026 - 18:17

žia ky, 400m vo ný spôsob

15 - 18 ro .
Výsledky

Rekord SR jun. 4:21.97 Valko Karolina KUPI Garland (USA) 01.05.2026

bodovanie: AQUA 2025

por.			Ro .			as	RT	body				
17 - 18 ro .												
1.	Špániková Natália		09	PK Záhorák Senica		4:31.96	+0,76	648				
	50m:	30.66	30.66	150m:	1:39.83	35.15	250m:	2:49.68	34.74	350m:	3:58.85	34.33
	100m:	1:04.68	34.02	200m:	2:14.94	35.11	300m:	3:24.52	34.84	400m:	4:31.96	33.11
2.	Peknušová Sophia		08	PK TENAX Žilina		4:32.58	+0,67	643	+ 0.62			
	50m:	31.24	31.24	150m:	1:40.45	35.02	250m:	2:50.33	35.03	350m:	3:59.82	34.63
	100m:	1:05.43	34.19	200m:	2:15.30	34.85	300m:	3:25.19	34.86	400m:	4:32.58	32.76
3.	Pašková Barbora		09	XBS swimming		4:46.69	+0,72	553	+ 14.73			
	50m:	32.07	32.07	150m:	1:43.36	36.37	250m:	2:56.58	36.52	350m:	4:11.23	37.29
	100m:	1:06.99	34.92	200m:	2:20.06	36.70	300m:	3:33.94	37.36	400m:	4:46.69	35.46
4.	Cvengrošová Lucia		09	Považskobystrický PO		4:49.45	+0,79	537	+ 17.49			
	50m:	31.42	31.42	150m:	1:43.16	36.36	250m:	2:57.84	37.37	350m:	4:13.12	37.63
	100m:	1:06.80	35.38	200m:	2:20.47	37.31	300m:	3:35.49	37.65	400m:	4:49.45	36.33
5.	Jurgová Lucia		09	Matador Púchov		4:49.93	+0,84	535	+ 17.97			
	50m:	32.61	32.61	150m:	1:45.37	36.64	250m:	2:59.84	37.30	350m:	4:14.18	36.98
	100m:	1:08.73	36.12	200m:	2:22.54	37.17	300m:	3:37.20	37.36	400m:	4:49.93	35.75
6.	Chavis Adriana		09	DSC Prešov		5:02.96	+0,69	468	+ 31.00			
	50m:	33.13	33.13	150m:	1:48.63	38.69	250m:	3:07.81	39.63	350m:	4:24.95	37.54
	100m:	1:09.94	36.81	200m:	2:28.18	39.55	300m:	3:47.41	39.60	400m:	5:02.96	38.01
7.	Mucinová Lenka		09	STU Trnava		5:03.23	+0,84	467	+ 31.27			
	50m:	32.67	32.67	150m:	1:48.44	38.63	250m:	3:06.40	38.85	350m:	4:25.22	39.53
	100m:	1:09.81	37.14	200m:	2:27.55	39.11	300m:	3:45.69	39.29	400m:	5:03.23	38.01
8.	Spišáková Alexandra		08	VŠK FTVŠ UK Lafranconi		5:07.55	+0,80	448	+ 35.59			
	50m:	33.68	33.68	150m:	1:50.74	39.39	250m:	3:10.58	40.36	350m:	4:29.92	39.88
	100m:	1:11.35	37.67	200m:	2:30.22	39.48	300m:	3:50.04	39.46	400m:	5:07.55	37.63

15 - 16 ro .

1.	Krištofiková Simona		10	Považskobystrický PO		4:22.76	+0,78	718				
	50m:	29.55	29.55	150m:	1:35.35	33.42	250m:	2:43.00	33.47	350m:	3:51.36	33.51
	100m:	1:01.93	32.38	200m:	2:09.53	34.18	300m:	3:17.85	34.85	400m:	4:22.76	31.40
	Valko Karolina		10	ŠPK Kúpele Piešťany		4:22.76	+0,66	718				
	50m:	29.54	29.54	150m:	1:35.60	33.91	250m:	2:44.02	34.21	350m:	3:52.24	34.01
	100m:	1:01.69	32.15	200m:	2:09.81	34.21	300m:	3:18.23	34.21	400m:	4:22.76	30.52
3.	Novinská Kristína		11	PK Martin		4:44.18	+0,75	568	+ 21.42			
	50m:	31.36	31.36	150m:	1:42.49	36.31	250m:	2:55.34	36.58	350m:	4:08.39	36.57
	100m:	1:06.18	34.82	200m:	2:18.76	36.27	300m:	3:31.82	36.48	400m:	4:44.18	35.79
4.	Vytýká ová Stela		11	PK Martin		4:47.08	+0,82	551	+ 24.32			
	50m:	32.53	32.53	150m:	1:43.72	36.40	250m:	2:57.28	37.18	350m:	4:11.69	37.44
	100m:	1:07.32	34.79	200m:	2:20.10	36.38	300m:	3:34.25	36.97	400m:	4:47.08	35.39
5.	Kolen íková Nela		10	XBS swimming		4:49.20	+0,77	539	+ 26.44			
	50m:	31.42	31.42	150m:	1:42.82	36.45	250m:	2:57.47	37.51	350m:	4:12.80	37.52
	100m:	1:06.37	34.95	200m:	2:19.96	37.14	300m:	3:35.28	37.81	400m:	4:49.20	36.40
6.	Štangová Gréta		10	ŠKP Košice		4:50.11	+0,80	534	+ 27.35			
	50m:	32.55	32.55	150m:	1:44.77	36.54	250m:	2:59.19	37.39	350m:	4:14.58	37.54
	100m:	1:08.23	35.68	200m:	2:21.80	37.03	300m:	3:37.04	37.85	400m:	4:50.11	35.53

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por.					Ro .					as	RT	body	
7.	Bretzová Tamara				10	ŠKP Košice				4:53.63	+0,71	515	+ 30.87
	50m:	31.55	31.55	150m:	1:43.64	36.87	250m:	3:00.12	38.49	350m:	4:16.63	38.11	
	100m:	1:06.77	35.22	200m:	2:21.63	37.99	300m:	3:38.52	38.40	400m:	4:53.63	37.00	
8.	Megová Petra				10	Pieš anský PK				4:55.92		503	+ 33.16
	50m:	32.35	32.35	150m:	1:45.13	37.13	250m:	3:01.47	38.61	350m:	4:18.49	38.64	
	100m:	1:08.00	35.65	200m:	2:22.86	37.73	300m:	3:39.85	38.38	400m:	4:55.92	37.43	
9.	Bališová Sabína				10	STU Trnava				4:56.69	+0,76	499	+ 33.93
	50m:	32.46	32.46	150m:	1:46.92	38.06	250m:	3:03.26	38.06	350m:	4:20.18	38.44	
	100m:	1:08.86	36.40	200m:	2:25.20	38.28	300m:	3:41.74	38.48	400m:	4:56.69	36.51	
10.	Muránska Nina				11	ŠK Iglovia				5:06.27	+0,76	453	+ 43.51
	50m:	32.60	32.60	150m:	1:47.02	37.98	250m:	3:06.14	39.85	350m:	4:26.57	40.19	
	100m:	1:09.04	36.44	200m:	2:26.29	39.27	300m:	3:46.38	40.24	400m:	5:06.27	39.70	
11.	Benková Sára				11	Nereus Žilina				5:06.38	+0,72	453	+ 43.62
	50m:	33.16	33.16	150m:	1:48.67	38.80	250m:	3:08.73	40.33	350m:	4:27.51	39.48	
	100m:	1:09.87	36.71	200m:	2:28.40	39.73	300m:	3:48.03	39.30	400m:	5:06.38	38.87	
12.	Pipíšková Nina				11	PK Záhorák Senica				5:08.03	+0,75	446	+ 45.27
	50m:	32.07	32.07	150m:	1:47.09	38.84	250m:	3:08.43	40.38	350m:	4:29.34	40.09	
	100m:	1:08.25	36.18	200m:	2:28.05	40.96	300m:	3:49.25	40.82	400m:	5:08.03	38.69	
13.	Schott Anna Mária				10	ŠPK Kúpele Pieš any				5:24.70	+0,76	380	+ 1:01.94
	50m:	34.09	34.09	150m:	1:53.88	41.15	250m:	3:18.20	42.57	350m:	4:42.80	42.44	
	100m:	1:12.73	38.64	200m:	2:35.63	41.75	300m:	4:00.36	42.16	400m:	5:24.70	41.90	