

Majstrovstvá SR juniorov
Košice, 29. - 31.5.2026

disciplína 10
29.05.2026 - 11:44

žiaci, 400m polohové preteky

15 - 18 ro .
Výsledky

Rekord SR jun. 4:50.29 Trníková Nikoleta PBPO Kazan (RUS) 03.07.2019

bodovanie: AQUA 2025

por.			Ro .			as	RT	body		
17 - 18 ro .										
1.	Orosz Sára		09	PK Azeta		5:05.38	+0,73	648		
	50m: 30.72	30.72	150m: 1:46.36	39.20	250m: 3:09.28	44.33	350m: 4:30.41	35.94		
	100m: 1:07.16	36.44	200m: 2:24.95	38.59	300m: 3:54.47	45.19	400m: 5:05.38	34.97		
2.	Pašková Barbora		09	XBS swimming		5:22.62	+0,75	550	+ 17.24	
	50m: 33.19	33.19	150m: 1:56.22	44.07	250m: 3:22.83	44.90	350m: 4:46.88	38.65		
	100m: 1:12.15	38.96	200m: 2:37.93	41.71	300m: 4:08.23	45.40	400m: 5:22.62	35.74		
3.	Cvengrošová Lucia		09	Považskobystrický PO		5:33.41		498	+ 28.03	
	50m: 35.43	35.43	150m: 1:59.62	42.35	250m: 3:31.42	50.22	350m: 4:57.96	36.24		
	100m: 1:17.27	41.84	200m: 2:41.20	41.58	300m: 4:21.72	50.30	400m: 5:33.41	35.45		
4.	Gronichová Melánia		09	STU Trnava		5:43.99	+0,77	453	+ 38.61	
	50m: 35.90	35.90	150m: 2:05.43	45.49	250m: 3:38.35	48.57	350m: 5:06.77	39.74		
	100m: 1:19.94	44.04	200m: 2:49.78	44.35	300m: 4:27.03	48.68	400m: 5:43.99	37.22		
5.	Spišáková Alexandra		08	VŠK FTVŠ UK Lafranconi		5:45.76	+0,73	447	+ 40.38	
	50m: 36.76	36.76	150m: 2:08.34	45.64	250m: 3:38.71	46.97	350m: 5:07.89	39.74		
	100m: 1:22.70	45.94	200m: 2:51.74	43.40	300m: 4:28.15	49.44	400m: 5:45.76	37.87		

15 - 16 ro .

1.	Krištofiková Simona		10	Považskobystrický PO		5:10.18	+0,77	619		
	50m: 30.97	30.97	150m: 1:50.62	43.71	250m: 3:17.40	46.04	350m: 4:37.73	34.15		
	100m: 1:06.91	35.94	200m: 2:31.36	40.74	300m: 4:03.58	46.18	400m: 5:10.18	32.45		
2.	Klohnová Ella		10	PK TENAX Žilina		5:23.46	+0,75	546	+ 13.28	
	50m: 31.98	31.98	150m: 1:54.14	44.28	250m: 3:23.40	47.20	350m: 4:48.71	36.54		
	100m: 1:09.86	37.88	200m: 2:36.20	42.06	300m: 4:12.17	48.77	400m: 5:23.46	34.75		
3.	Hermelijn Jaydee		11	XBS swimming		5:24.53		540	+ 14.35	
	50m: 33.04	33.04	150m: 1:54.45	44.11	250m: 3:24.06	46.45	350m: 4:49.07	38.55		
	100m: 1:10.34	37.30	200m: 2:37.61	43.16	300m: 4:10.52	46.46	400m: 5:24.53	35.46		
4.	Kacera Hana		11	XBS swimming		5:30.18	+0,68	513	+ 20.00	
	50m: 33.87	33.87	150m: 1:56.98	42.92	250m: 3:26.20	47.56	350m: 4:51.19	37.57		
	100m: 1:14.06	40.19	200m: 2:38.64	41.66	300m: 4:13.62	47.42	400m: 5:30.18	38.99		
5.	Királová Kristína		10	ŠPK Kúpele Piešťany		5:36.08	+0,70	486	+ 25.90	
	50m: 33.04	33.04	150m: 1:56.84	45.82	250m: 3:27.96	45.99	350m: 4:56.31	40.99		
	100m: 1:11.02	37.98	200m: 2:41.97	45.13	300m: 4:15.32	47.36	400m: 5:36.08	39.77		
6.	Muránska Nina		11	ŠK Iglovia		5:41.36	+0,76	464	+ 31.18	
	50m: 34.36	34.36	150m: 2:02.24	44.96	250m: 3:34.74	47.24	350m: 5:02.71	39.49		
	100m: 1:17.28	42.92	200m: 2:47.50	45.26	300m: 4:23.22	48.48	400m: 5:41.36	38.65		
7.	Pipíšková Nina		11	PK Záhorák Senica		5:42.37	+0,78	460	+ 32.19	
	50m: 33.91	33.91	150m: 2:01.41	44.06	250m: 3:33.63	49.27	350m: 5:03.18	39.91		
	100m: 1:17.35	43.44	200m: 2:44.36	42.95	300m: 4:23.27	49.64	400m: 5:42.37	39.19		
8.	Pospiechová Alica		11	Piešťanský PK		5:43.02		457	+ 32.84	
	50m: 35.57	35.57	150m: 2:02.79	44.28	250m: 3:36.07	49.81	350m: 5:05.30	38.08		
	100m: 1:18.51	42.94	200m: 2:46.26	43.47	300m: 4:27.22	51.15	400m: 5:43.02	37.72		
9.	Ovčiariková Zora		11	KP Spišská Nová Ves		5:47.90	+0,62	438	+ 37.72	
	50m: 36.51	36.51	150m: 2:03.38	43.74	250m: 3:37.62	50.81	350m: 5:08.64	40.28		
	100m: 1:19.64	43.13	200m: 2:46.81	43.43	300m: 4:28.36	50.74	400m: 5:47.90	39.26		

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por.				Ro .				as	RT	body		
10.	apinová Karína			11	KP Aquacity Poprad			5:53.10	+0,74	419	+ 42.92	
	50m:	38.01	38.01	150m:	2:09.32	46.81	250m:	3:41.49	47.45	350m:	5:13.89	43.25
	100m:	1:22.51	44.50	200m:	2:54.04	44.72	300m:	4:30.64	49.15	400m:	5:53.10	39.21
11.	Kvaš ovská Karolína			11	MPK Dolný Kubín			5:53.55	+0,75	418	+ 43.37	
	50m:	35.31	35.31	150m:	2:05.76	45.89	250m:	3:40.11	49.86	350m:	5:13.30	41.40
	100m:	1:19.87	44.56	200m:	2:50.25	44.49	300m:	4:31.90	51.79	400m:	5:53.55	40.25
12.	Dugová Natália			11	PO Spartak Myjava			5:56.96	+0,75	406	+ 46.78	
	50m:	37.58	37.58	150m:	2:12.79	47.68	250m:	3:48.15	48.46	350m:	5:18.75	40.52
	100m:	1:25.11	47.53	200m:	2:59.69	46.90	300m:	4:38.23	50.08	400m:	5:56.96	38.21
13.	Poloncová Zuzana			11	PK Martin			5:56.99	+0,79	406	+ 46.81	
	50m:	37.50	37.50	150m:	2:07.50	46.32	250m:	3:41.05	48.73	350m:	5:15.18	44.31
	100m:	1:21.18	43.68	200m:	2:52.32	44.82	300m:	4:30.87	49.82	400m:	5:56.99	41.81
14.	Schott Anna Mária			10	ŠPK Kúpele Piešťany			6:05.16	+0,76	379	+ 54.98	
	50m:	35.94	35.94	150m:	2:10.05	48.00	250m:	3:47.48	52.84	350m:	5:23.73	43.76
	100m:	1:22.05	46.11	200m:	2:54.64	44.59	300m:	4:39.97	52.49	400m:	6:05.16	41.43
15.	Frankovi ová Nina			11	KP Aquacity Poprad			6:05.61	+0,77	378	+ 55.43	
	50m:	39.58	39.58	150m:	2:13.48	48.02	250m:	3:49.47	49.77	350m:	5:24.17	44.27
	100m:	1:25.46	45.88	200m:	2:59.70	46.22	300m:	4:39.90	50.43	400m:	6:05.61	41.44
DSQ	Genšiniaková Dorota			11	Slávia Trenčín							
	<i>9.4 - Nedokon enie plaveckého spôsobu v súlade s pravidlom pre daný plavecký spôsob (doplnené o vyššie uvedené porušenie pravidla pl.spôsobu) (as: 11:35), 7.7 - Nesú asný dohmat na obrátke alebo v cieľi, dohmat jednou rukou, dohmat neoddelenými rukami</i>											
MS	Mikhalevich Anastasiia			09	Slávia Trenčín			5:01.06	+0,67	677		
	50m:	29.85	29.85	150m:	1:43.04	39.00	250m:	3:05.57	43.76	350m:	4:26.70	36.39
	100m:	1:04.04	34.19	200m:	2:21.81	38.77	300m:	3:50.31	44.74	400m:	5:01.06	34.36