

Championnat régional 2026 - Région QCA
Lévis, 16- - 17-5-2026

Epreuve 36
2026-05-17 - 10:44

Messieurs, 400m Libre

Cat. générale
Liste résultats

Points: AQUA 2025

Rang				Age					Temps	Pts		
13 ans et moins												
1.	CARNAHAN, Liam			13	Club de Natation des Riverains				4:58.07	361		
	50m:	33.43	33.43	150m:	1:48.80	38.22	250m:	3:06.03	39.35	350m:	4:22.28	38.99
	100m:	1:10.58	37.15	200m:	2:26.68	37.88	300m:	3:43.29	37.26	400m:	4:58.07	35.79
2.	BOUFFARD, François			13	Club de Natation des Riverains				5:03.51	341		
	50m:	33.96	33.96	150m:	1:51.23	38.72	250m:	3:08.55	38.57	350m:	4:26.16	38.88
	100m:	1:12.51	38.55	200m:	2:29.98	38.75	300m:	3:47.28	38.73	400m:	5:03.51	37.35
3.	LEBLANC, Samuel			11	Club de Natation des Riverains				5:21.86	286		
	50m:	34.76	34.76	150m:	1:56.79	42.06	250m:	3:21.29	42.54	350m:	4:44.74	41.03
	100m:	1:14.73	39.97	200m:	2:38.75	41.96	300m:	4:03.71	42.42	400m:	5:21.86	37.12
4.	GAGNON, Leonard			12	Club de Natation des Riverains				5:26.02	275		
	50m:	35.37	35.37	150m:	1:56.66	41.57	250m:	3:21.21	42.35	350m:	4:46.00	42.51
	100m:	1:15.09	39.72	200m:	2:38.86	42.20	300m:	4:03.49	42.28	400m:	5:26.02	40.02
5.	CÔTÉ, Émile			12	Club de Natation des Riverains				5:36.45	251		
	50m:	38.94	38.94	150m:	2:03.44	42.41	250m:	3:30.47	43.96	350m:	4:55.43	42.46
	100m:	1:21.03	42.09	200m:	2:46.51	43.07	300m:	4:12.97	42.50	400m:	5:36.45	41.02
6.	LAVOIE, Hubert			11	Club de Natation des Riverains				6:09.09	190		
	50m:	39.50	39.50	150m:	2:14.20	48.22	250m:	3:52.03	49.14	350m:	5:26.10	45.89
	100m:	1:25.98	46.48	200m:	3:02.89	48.69	300m:	4:40.21	48.18	400m:	6:09.09	42.99
14 - 15 ans												
1.	PERRIER, Rafaël			15	Unik				4:37.03	449		
	50m:	31.66	31.66	150m:	1:42.25	35.15	250m:	2:52.49	34.97	350m:	4:02.87	35.36
	100m:	1:07.10	35.44	200m:	2:17.52	35.27	300m:	3:27.51	35.02	400m:	4:37.03	34.16
16 - 17 ans												
1.	BÉLANGER, Eliot			17	Faucons Cégep Lévis				4:20.18	542		
	50m:	29.42	29.42	150m:	1:35.16	33.15	250m:	2:42.08	33.46	350m:	3:49.23	33.18
	100m:	1:02.01	32.59	200m:	2:08.62	33.46	300m:	3:16.05	33.97	400m:	4:20.18	30.95
2.	LARIVIÈRE, Simon			16	Club de natation région de Qué				4:39.81	436		
	50m:	32.07	32.07	150m:	1:42.67	35.48	250m:	2:53.94	35.62	350m:	4:05.01	35.48
	100m:	1:07.19	35.12	200m:	2:18.32	35.65	300m:	3:29.53	35.59	400m:	4:39.81	34.80
3.	CORRIVEAU, Raphaël			16	Club de Natation des Riverains				4:43.54	419		
	50m:	32.68	32.68	150m:	1:44.87	36.31	250m:	2:58.58	36.85	350m:	4:10.39	35.37
	100m:	1:08.56	35.88	200m:	2:21.73	36.86	300m:	3:35.02	36.44	400m:	4:43.54	33.15
18 ans et plus												
1.	BÉLANGER, Félix-Antoine			19	Club de Natation des Riverains				4:23.03	525		
	50m:	29.73	29.73	150m:	1:35.31	33.08	250m:	2:42.28	33.54	350m:	3:49.32	33.54
	100m:	1:02.23	32.50	200m:	2:08.74	33.43	300m:	3:15.78	33.50	400m:	4:23.03	33.71