

XXIX Second Breath
Valmiera, 23. - 24.5.2026

Event 14
23.05.2026 - 17:10

Men, 400m Freestyle

25 years and older
Results

Points: AQUA Master 2025

Rank				YB					Time	Pts		
45 - 49 years												
1.	BUNA Janis			77	Apvieniba Dadzis				6:27.34	247		
	50m:	42.15	42.15	150m:	2:21.34	50.90	250m:	4:02.06	49.94	350m:	5:40.34	48.35
	100m:	1:30.44	48.29	200m:	3:12.12	50.78	300m:	4:51.99	49.93	400m:	6:27.34	47.00
2.	BLUDENS Igors			77	Ventspils PK "Octopus"				6:28.84	244		
	50m:	41.60	41.60	150m:	2:18.62	50.06	250m:	4:00.11	51.82	350m:	5:41.61	50.49
	100m:	1:28.56	46.96	200m:	3:08.29	49.67	300m:	4:51.12	51.01	400m:	6:28.84	47.23
60 - 64 years												
1.	KRASAUSKAS Vilmantas			64	Marijampoles plaukimo klubas "TORPED"				5:28.10	542		
	50m:	38.76	38.76	150m:	2:01.31	41.45	250m:	3:23.94	41.04	350m:	4:48.36	42.15
	100m:	1:19.86	41.10	200m:	2:42.90	41.59	300m:	4:06.21	42.27	400m:	5:28.10	39.74
74 years and older												
1.	GRIGAS Stasys			41	Marijampoles plaukimo klubas "TORPE"				12:06.80	151		
	50m:	1:28.73	1:28.73	150m:	4:36.41	1:34.52	250m:	7:42.02	1:33.32	350m:	10:42.34	1:30.08
	100m:	3:01.89	1:33.16	200m:	6:08.70	1:32.29	300m:	9:12.26	1:30.24	400m:	12:06.80	1:24.46