

XXIX Second Breath  
Valmiera, 23. - 24.5.2026

Event 13  
23.05.2026 - 17:00

Women, 400m Freestyle

25 years and older  
Results

Points: AQUA Master 2025

Rank			YB						Time	Pts		
55 - 59 years												
1.	MIRONOVSKA Anna			68	Valmieras PK Aqua				<b>6:53.89</b>	300		
	50m:	44.28	44.28	150m:	2:27.41	52.35	250m:	4:14.19	53.18	350m:	6:01.17	53.45
	100m:	1:35.06	50.78	200m:	3:21.01	53.60	300m:	5:07.72	53.53	400m:	6:53.89	52.72
60 - 64 years												
1.	URBIENE Ramune			66	Klaipedos PK				<b>8:21.26</b>	179		
	50m:	56.57	56.57	150m:	3:03.83	1:06.07	250m:	5:09.99	1:02.49	350m:	7:18.73	1:03.81
	100m:	1:57.76	1:01.19	200m:	4:07.50	1:03.67	300m:	6:14.92	1:04.93	400m:	8:21.26	1:02.53