

Prova 19
11/07/2026 - 13:38

Femin., 100m Bruços

Master
Resultados

RN 50m N	59:00.00								01/01/1800
RN 50m M	3:24.65	SA, Nair Gomes	ANE	São João da Madeira					07/07/2024
RN 50m L	2:51.86	SA, Nair Gomes	ANE	Reguengos de Monsaraz					21/07/2019
RN 50m K	1:58.05	BASTO, Luisa Bessone	SAD	Setúbal					09/06/2019
RN 50m J	1:50.98	BASTO, Luisa Bessone	SAD	Budapest (HUN)					15/08/2017
RN 50m I	1:42.81	TORRES, Maria Isabel	AAC	Coimbra					10/05/2025
RN 50m H	1:36.02	ANDRADE, Maria Teresa	FCP	S. Joao da Madeira					09/07/2023
RN 50m G	1:32.54	COUTTS, Sarah	ANE	Reguengos de Monsaraz					10/07/2022
RN 50m F	1:29.56	CUNHA, Maria Ines	CGA	Coimbra					17/05/2026
RN 50m E	1:19.05	FIGUEIRA, Isabel Maria	LDC	Loulé					30/05/2026
RN 50m D	1:15.32	FIGUEIRA, Isabel Maria	CNFA	Reguengos de Monsaraz					21/07/2019
RN 50m C	1:16.61	FIGUEIRA, Isabel Maria	CNFA	Loulé					15/07/2018
RN 50m B	1:14.95	FIGUEIRA, Isabel Maria	CNFA	Cádiz (ESP)					17/09/2009
RN 50m A	1:16.62	MAIA, Joana Marques	GCST	Reguengos de Monsaraz					21/07/2019

Lugar	Nome	Licença	Clube	TReac	Tempo Final	DSV	Pts	50m	100m
Master A									
1.	SILVA, Ines Rocha	117806	CNAL	+0,72	1:20.41	729	16,00	39.77	40.64
2.	RIESENBERGER, B.	105541	CIRL	+0,70	1:20.66	722	15,00	38.69	41.97
3.	RUIVACO, Maria Saraiva	117813	IDV	+0,78	1:22.94	664	14,00	38.92	44.02
4.	SANTOS, Carolina Ascenso	121271	CNV	+0,82	1:23.14	659	13,00	39.16	43.98
5.	SOROKINA, Irina	216159	CFP	+0,75	1:24.28	633	12,00	39.24	45.04
6.	ALVES, Miriam Natacha	105873	LSC	+0,74	1:25.38	608	11,00	38.98	46.40
7.	MAGALHAES, Ines Santos	126529	SCA	+0,88	1:33.48	464	10,00	44.55	48.93
8.	GONCALVES, Ana Margarida	118052	CFV	+0,84	1:34.22	453	9,00	43.51	50.71
9.	RODRIGUES, Rafaela Ferreira	117752	CDUP	+0,84	1:34.24	452	8,00	43.24	51.00
10.	CARGALEIRO, Margarida Rei	227865	CNMAL	+0,87	1:34.38	450	7,00	45.71	48.67
11.	ROCHA, Rita Oliveira	116897	LSC	+0,83	1:34.98	442	6,00	44.30	50.68
12.	MATOS, Beatriz Soares	221640	GDNFAMA	+0,93	1:47.02	309	5,00	51.59	55.43
13.	RODRIGUES, Maria Leonor	227832	LSC	+0,92	1:47.12	308	4,00	49.35	57.77
14.	SARAIVA, Isa Maria	223614	CFV	+0,86	1:49.83	286	3,00	49.51	1:00.32
15.	FREITAS, Barbara Madalena	227864	CNMAL	+0,93	1:52.33	267	2,00	50.55	1:01.78
16.	ROLDÃO BAPTISTA, Leonor	228265	LSC	+0,85	1:52.49	266	-	52.33	1:00.16
17.	FERNANDES, Barbara Pereira	221696	CNV	+0,77	1:57.15	235	1,00	55.94	1:01.21
18.	RODRIGUES, Ines Florencio	107522	VNC	+0,84	1:57.70	232	-	56.78	1:00.92
19.	DUARTE, Leonor Azevedo	228648	CDF	+0,86	2:05.59	191	-	57.13	1:08.46
FTL									

Master B

1.	ALMEIDA, Mariana Dias	22405	GCST	+0,86	1:24.50	618	16,00	39.68	44.82
2.	SILVA, Patricia Fonseca	13374	FCP	+0,97	1:24.98	607	15,00	40.57	44.41
3.	HILARIO, Mafalda Sofia	13868	LPS	+0,86	1:33.25	459	14,00	43.16	50.09
4.	AZEVEDO, Ana Maria	20402	CDUP	+0,97	1:37.60	401	13,00	43.79	53.81
5.	FERNANDES, Alexia Alves	201754	CNV	+0,58	1:39.03	384	12,00	47.78	51.25
6.	COELHO, Patricia Alexandra	226807	SCB	+0,83	1:40.67	365	11,00	48.21	52.46
7.	FERNANDES, M.	221116	CDUP		1:48.66	290	10,00	49.56	59.10
8.	PEREIRA, Claudia Patricia	223915	CNFU		2:11.51	163	-	1:00.58	1:10.93
FTL									

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Master C

1. NEVES, Vania Soares	12380	VNC	+0,79	1:27.50	570	16,00	41.57	45.93
2. BARBARA, Joana Pereira	13948	CNMAL	+0,73	1:29.70	529	15,00	41.45	48.25
3. FERREIRA, Daniela Filipa	15631	LSC	+0,96	1:37.30	414	14,00		
4. LORY, Susana Pereira	130673	CNMAL	+0,97	1:49.41	291	13,00	51.85	57.56
5. KURTASH, Oksana	218902	SCB	+0,79	1:51.17	278	12,00	51.56	59.61
6. SANTOS, Nadia Filipa	200465	CNAL	+0,99	2:02.81	206	11,00	55.14	1:07.67
7. VAREJAO, Sara Patricia	227463	CNBE		2:05.73	192	10,00	58.89	1:06.84

Master D

1. MARTINS, Maria Sofia	124662	CFP	+0,79	1:22.22	815	16,00		
2. TORRE GONZALEZ, Elisa	1243130	CNVIGO	+0,95	1:33.18	560	15,00	45.64	47.54
3. MIRANDA, Ana Filipa	24760	CGA	+0,83	1:35.01	528	14,00	45.13	49.88
4. ARENAS, Lina Orrego	211228	FCP	+0,94	1:35.95	513	13,00	45.19	50.76
5. SOUSA, Ana Oliveira	110048	AAC		1:43.64	407	12,00	49.91	53.73
6. VIEIRA, Maria Reboledo	215973	SCB	+0,97	1:45.18	389	11,00	49.30	55.88
7. SOUSA, Rita Vanessa	224771	GESL	+0,89	1:47.45	365	10,00	50.64	56.81
8. CARVALHO, Ines Silva	212606	CFP	+0,91	1:47.60	363	9,00	52.49	55.11
9. BARROS, Rita Henriques	222753	CE		1:53.10	313	8,00	52.75	1:00.35
10. MARTIN, Emma	220976	PORTIN		1:54.17	304	7,00	51.24	1:02.93
11. CASTRO, Helga Patricia	226593	CFP	+0,91	1:56.39	287	6,00	56.52	59.87
12. FRANCO, Elisabete Botelho	219646	GESL	+0,67	2:01.65	251	5,00	55.53	1:06.12

Master E

1. ALVES, Catarina Andrade	133101	CNF	+0,77	1:28.31	746	16,00	41.48	46.83
2. SILVA, Rita Rebelo	125430	CFP	+0,89	1:32.54	648	15,00	43.88	48.66
3. DULK, Talia Den	222174	ANE	+0,93	1:35.56	589	14,00	45.37	50.19
4. PALMA, Marcia Isabel	224401	ANE	+0,98	1:38.31	541	13,00	45.71	52.60
5. COIMBRA, Rute Lourenco	218689	CAPGE	+0,62	1:39.51	521	12,00	45.59	53.92
6. RIENDERHOFF, Yolanda	207733	SCE		1:43.80	459	11,00	48.46	55.34
7. GUEDES, Ana DAlte	121739	LSC	+0,84	1:46.39	427	10,00	49.85	56.54
8. PEREIRA, Sofia Isabel	106652	CDUP	+0,82	1:48.29	405	9,00		
9. CORTEZ, Sara Filipa	215343	CNMAL	+0,95	1:52.98	356	8,00	55.07	57.91
10. DAMAS, Corinne Helene	221804	SAD	+0,80	1:57.80	314	7,00	55.86	1:01.94
11. LEITE, Joana Isabel	130666	CFP	+0,47	2:00.30	295	6,00		
12. SERRA, Maria Rosa	205535	CNPO	+0,82	2:05.77	258	5,00	1:00.41	1:05.36
13. REIS, Ana Luis	218990	CFP		2:10.39	232	4,00	1:04.28	1:06.11
14. ANTUNES, Kathy Carrico	222865	CNL		2:35.92	135	-	1:13.03	1:22.89
FTL								
15. MOUTINHO, Carla Sofia	216755	CDE	+0,91	2:39.70	126	-	1:17.40	1:22.30
FTL								

Master F

1. CUNHA, Maria Ines	12628	CGA	+0,85	1:30.81	764	16,00	42.62	48.19
2. CARVALHO, Elza Maria	153144	CFP	+0,91	1:35.88	649	15,00	44.49	51.39
3. SOUSA, Teresa Margarida	221800	SCA	+0,93	1:36.04	645	14,00	45.95	50.09
4. AVELANS, Carla Susana	130741	CFP	+0,95	1:36.71	632	13,00	44.43	52.28
5. FARIA, Joana Maria	128933	LSC	+0,80	1:41.39	548	12,00	45.93	55.46
6. FERNANDES, Sara Cabral	150771	JACL	+0,83	1:42.28	534	11,00	46.88	55.40
7. RODRIGUES, Paula Alexandr	215263	ADAIA	+0,79	1:44.05	507	10,00	47.70	56.35
8. SANTINHA, Fernanda Maria	100478	CNMAL		2:05.17	291	9,00	1:00.57	1:04.60
9. ROMA, Sandra Cristina	212003	CNL	+0,88	2:18.98	213	8,00	1:06.96	1:12.02

Prova 19, Femin., 100m Bruços, Master F

Lugar	Nome	Licença	Clube	TReac	Tempo Final	DSV	Pts	50m	100m
10.	ALMEIDA, Sonia Catarina	210527	IDV	+0,90	2:21.69	201	7,00	1:05.32	1:16.37
11.	NUNES, Isabel Maria	227391	CNV		2:43.73	130	-	1:18.62	1:25.11

FTL

Master G

1.	SEQUEIRA, Maria Manuela	109962	CAPGE	+0,83	1:42.86	559	16,00	49.06	53.80
2.	SILVA, Claudia Maria	131425	PDEM	+0,83	1:42.90	559	15,00	46.68	56.22
3.	LOURENCO, T.	202828	CNV	+0,85	1:44.50	533	14,00	48.25	56.25
4.	LENZI, Carla Vale	25647	SAD	+0,96	1:54.88	401	13,00	53.74	1:01.14
5.	MENDES, Marina Isabel	106063	CNMAL	+0,92	1:58.18	369	12,00		
6.	TAVARES, C.	224321	CAPGE	+0,88	2:00.67	346	11,00	55.10	1:05.57
7.	GARCIA, Ana Luisa	214120	LSC		2:03.02	327	10,00	57.57	1:05.45
8.	TABORDA, Maria Joao	123373	CDUP	+0,72	2:05.31	309	9,00		
9.	DUARTE, Ana Paula	225838	CNV	+0,99	2:19.16	226	8,00	1:09.18	1:09.98

Master H

1.	ANDRADE, Maria Teresa	203942	FCP	+0,75	1:36.84	695	16,00	46.16	50.68
2.	FERNANDES, Maria Santos	105263	LSC	+0,74	1:52.32	446	15,00	54.78	57.54
3.	LOBO, Ana Cristina	103983	CFP	+0,90	1:54.82	417	14,00	53.21	1:01.61
4.	CARVALHO, Helena Paula	17549	SCP	+0,82	1:55.18	413	13,00	56.17	59.01
5.	DUARTE, Paula Cristina	207732	CDF	+0,89	2:05.30	321	12,00	1:00.07	1:05.23
6.	VASCONCELOS, M.	130670	CNMAL		2:05.93	316	11,00	58.96	1:06.97
7.	MOURA, Cristina Isabel	200762	LSC	+0,97	2:06.24	314	10,00		
8.	COSTA, Rosa Leitao	132419	FOCA		2:06.49	312	9,00	58.85	1:07.64
9.	ROQUETTE, Vera Martins	228405	CFP		2:15.63	253	8,00	1:03.72	1:11.91
10.	DIAS, Maria Alexandra	219156	CFP	+0,99	2:15.93	251	7,00		
11.	GUERRA, Margarida Maria	224169	CNFU		2:26.16	202	6,00	1:09.76	1:16.40
12.	AMORIM, Manuela Cruz	222359	EDV		2:39.98	154	5,00	1:16.23	1:23.75
DSQ	ALMEIDA, Lucia Lima	153247	CAPGE				-		

7.6 - O(a) atleta nao tocou na parede com ambas as maos separadas e simultaneamente na viragem aos 50 metros

Master I

1.	TORRES, Maria Isabel	12229	AAC	+0,79	1:43.29	667	16,00		
2.	GONZALEZ, Carla Luisa	223406	CDE		2:03.74	388	15,00	56.80	1:06.94
3.	CORREIA, Maria Teresa	214529	OC		2:05.56	371	14,00	1:00.35	1:05.21
4.	DUPONT, Ana Paula	205209	CFP		2:16.39	289	13,00	1:08.76	1:07.63
5.	CARRONDO, Maria Luisa	221694	CFP	+0,98	2:32.09	209	12,00	1:14.69	1:17.40
6.	MACHADO, Gracinda Maria	117386	GCST		2:44.48	165	11,00	1:17.64	1:26.84
7.	BARBOSA, Maria Lucia	224394	SAD		2:45.46	162	10,00		

Master J

1.	RELVAS, Ana Moura	12124	AAC		1:51.16	757	16,00	53.43	57.73
2.	PINTAO, Luisa Maria	26112	ANE	+0,86	2:00.86	588	15,00	57.75	1:03.11
3.	FERREIRA, Maria Felix	112081	SAD	+0,98	2:28.42	318	14,00	1:09.15	1:19.27
4.	ROCHA, Maria Carmo	118886	LSC		2:28.55	317	13,00	1:11.56	1:16.99
5.	MARTINS, Ana Paula	108035	FCP		2:29.74	309	12,00	1:07.16	1:22.58
6.	TARASOVA, Nataliia	224814	CFP		2:30.78	303	11,00	1:15.74	1:15.04
7.	SILVA, Marilia Laura	131783	CFP		3:54.23	80	-	1:58.91	1:55.32

FTL

Prova 19, Femin., 100m Bruços

Master K

1. OLIVEIRA, Maria Elisabete	211854	CDE	3:20.41	139	16,00	1:31.88	1:48.53
2. CABRAL, Maria Fatima	106203	CFP	3:37.06	109	15,00	1:46.36	1:50.70

Master M

1. SA, Nair Gomes	13404	ANE	4:50.06	173	16,00	2:20.13	2:29.93
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