

Prova 14	Femin., 200m Bruços					Master Resultados
10/07/2026 - 17:15						
RN 50m L	59:00.00					01/01/1800
RN 50m K	4:30.77	BASTO, Luisa Bessone	SAD	Reguengos de Monsaraz		08/07/2022
RN 50m J	4:06.67	BASTO, Luisa Bessone	SAD	Budapeste (HUN)		19/08/2017
RN 50m I	3:56.19	TORRES, Maria Isabel	AAC	Reguengos de Monsaraz		11/07/2025
RN 50m H	3:34.39	ANDRADE, Maria Teresa	FCP	S. Joao da Madeira		07/07/2023
RN 50m G	3:24.56	COUTTS, Sarah	ANE	Reguengos de Monsaraz		08/07/2022
RN 50m F	3:18.76	CUNHA, Maria Ines	CGA	São João da Madeira		05/07/2024
RN 50m E	2:53.31	FIGUEIRA, Isabel Maria	LDC	Loulé		01/06/2025
RN 50m D	2:49.62	FIGUEIRA, Isabel Maria	CNFA	Gwangju (KOR)		17/08/2019
RN 50m C	2:57.34	FIGUEIRA, Isabel Maria	LDC	Évora		04/07/2014
RN 50m B	2:46.69	MAIA, Joana Marques	SCB	Famalicao		09/07/2021
RN 50m A	2:43.10	MAIA, Joana Marques	INDANP	Loulé		08/07/2016

Lugar	Nome	Licença	Clube	TReac	Tempo Final	DSV	Pts	50m	100m	150m	200m
Master A											
1.	SANTOS, C.	121271	CNV		2:57.57	675	16,00	40.19	43.98	46.23	47.17
2.	RUIVACO, Maria Saraiva	117813	IDV	+0,83	3:07.30	575	15,00	40.82	46.83	48.87	50.78
3.	FERREIRA, Beatriz Marques	122579	CFP	+0,76	3:12.52	530	14,00	44.70	49.43	49.78	48.61
4.	SANTOS, R.	111454	CNMAL		3:20.97	466	13,00	47.10	50.11	51.89	51.87
5.	MATOS, Beatriz Soares	221640	GDNFAMA	+0,95	3:48.92	315	12,00	51.17	57.32	1:00.62	59.81
6.	LACERDA, Mariana Ramos	227040	CNV	+0,98	4:02.67	264	11,00	56.20	1:01.22	1:03.85	1:01.40

Master B											
1.	SILVA, Patricia Fonseca	13374	FCP	+0,98	3:06.45	624	16,00	43.80	47.36	48.81	46.48
2.	ALMEIDA, Mariana Dias	22405	GCST	+0,85	3:07.23	616	15,00	41.63	46.78	48.58	50.24
3.	FERNANDES, Alexia Alves	201754	CNV	+0,99	3:33.70	414	14,00	50.02	53.55	55.53	54.60
4.	COELHO, P.	226807	SCB	+0,97	3:37.88	391	13,00	49.08	55.46	57.07	56.27
5.	FERNANDES, M.	221116	CDUP	+0,87	4:08.88	262	12,00	54.20	1:01.87	1:07.66	1:05.15

Master C											
1.	MATOS, Carolina Ferreira	203814	CAPGE	+0,88	3:37.80	388	16,00	49.98	55.02	56.55	56.25
2.	LORY, Susana Pereira	130673	CNMAL	+0,51	3:57.91	298	15,00	55.20	1:00.54	1:02.59	59.58
3.	KURTASH, Oksana	218902	SCB	+0,85	3:58.52	295	14,00	52.89	1:00.31	1:04.20	1:01.12

Master D											
1.	ARENAS, Lina Orrego	211228	FCP	+0,97	3:29.64	532	16,00	49.16	52.55	53.78	54.15
2.	CARVALHO, Ines Silva	212606	CFP		3:57.71	365	15,00	55.99	1:00.35	1:02.04	59.33
3.	MARTIN, Emma	220976	PORTIN	+0,97	4:07.19	324	14,00	54.08	1:02.39	1:08.07	1:02.65
4.	BARROS, Rita Henriques	222753	CE		4:17.46	287	13,00	57.54	1:03.42	1:07.04	1:09.46
5.	UHLFELDER, Ana Sofia	200872	CFP		4:28.63	253	12,00	1:00.87	1:08.88		

Master E											
1.	ALVES, Catarina Andrade	133101	CNF	+0,76	3:11.41	712	16,00	43.60	47.96	49.72	50.13
2.	FREITAS, Joana Manuel	23323	CFP	+0,86	3:15.15	672	15,00	44.83	49.04	50.20	51.08
3.	ERVILHA, Joana Antunes	13980	CNL	+0,83	3:37.16	487	14,00	47.86	55.56	57.15	56.59
4.	COIMBRA, Rute Lourenco	218689	CAPGE		3:45.19	437	13,00	48.63	56.42	1:01.92	58.22
5.	GUEDES, Carolina Saraiva	218213	CDUP	+0,93	4:02.50	350	12,00	54.98	1:01.83	1:03.29	1:02.40
6.	REIS, Ana Luis	218990	CFP		4:36.18	237	11,00	1:06.03	1:10.79	1:10.55	1:08.81
7.	MOUTINHO, Carla Sofia	216755	CDE		5:38.18	129	-	1:19.80	1:26.22	1:26.27	1:25.89

FTL

Prova 14, Femin., 200m Bruços

Master F

1. CUNHA, Maria Ines	12628	CGA	+0,83	3:23.16	733 16,00	43.33	50.95	53.82	55.06
2. CARVALHO, Elza Maria	153144	CFP	+0,94	3:26.51	698 15,00	46.54	51.48	54.13	54.36
3. SOUSA, Teresa Margarida	221800	SCA	+0,79	3:28.16	682 14,00	46.89	51.75	54.88	54.64
4. AVELANS, Carla Susana	130741	CFP	+0,99	3:35.32	616 13,00	49.53	53.83	57.71	54.25
5. GOMES, Ana Claudia	215283	AAC		3:57.58	458 12,00	53.53	59.90	1:02.80	1:01.35
6. SANTINHA, F.	100478	CNMAL		4:21.83	342 11,00	1:03.06	1:05.82	1:08.82	1:04.13
7. ROMA, Sandra Cristina	212003	CNL	+0,76	5:00.56	226 10,00	1:08.58	1:18.40	1:17.24	1:16.34

Master G

1. SEQUEIRA, Maria Manuela	109962	CAPGE	+0,96	3:44.58	599 16,00	51.29	56.38	58.55	58.36
2. SOARES, Susana Maria	26158	CDUP		4:07.05	450 15,00	56.46	1:01.97	1:05.40	1:03.22
3. LENZI, Carla Vale	25647	SAD		4:09.85	435 14,00	56.74	1:02.59	1:05.60	1:04.92
4. GARCIA, Ana Luisa	214120	LSC	+0,80	4:19.34	389 13,00	57.19	1:05.32	1:08.39	1:08.44

Master H

1. URBANO, M.	11355	AAC		3:49.98	615 16,00	54.07	58.53	58.69	58.69
2. CARVALHO, Helena Paula	17549	SCP	+0,74	3:55.81	571 15,00	54.51	59.94	1:00.78	1:00.58
3. FERNANDES, Maria Santos	105263	LSC		4:01.25	533 14,00	53.56	1:01.28	1:03.26	1:03.15
4. COSTA, Rosa Leitao	132419	FOCA		4:21.17	420 13,00	59.49	1:05.81	1:07.46	1:08.41
5. DUARTE, Paula Cristina	207732	CDF	+0,93	4:47.62	314 12,00	1:09.45	1:16.42	1:15.34	1:06.41
6. DIAS, Maria Alexandra	219156	CFP		4:58.41	281 11,00	1:11.18	1:13.77	1:16.50	1:16.96
7. AMORIM, Manuela Cruz	222359	EDV		5:37.74	194 10,00	1:15.49	1:25.89	1:30.59	1:25.77

Master I

1. TORRES, Maria Isabel	12229	AAC	+0,73	3:57.89	657 16,00	52.92	1:02.57	1:04.54	57.86
2. CORREIA, Maria Teresa	214529	OC		4:27.34	463 15,00	59.74	1:08.28	1:10.98	1:08.34
3. COELHO, Maria Fatima	109032	AAC		4:33.75	431 14,00	1:01.28	1:09.61	1:13.31	1:09.55
4. MACHADO, G.	117386	GCST		5:59.71	190 13,00	1:19.17	1:33.34	1:36.25	1:30.95

Master J

1. PINTAO, Luisa Maria	26112	ANE	+0,83	4:13.18	624 16,00	57.76	1:05.13	1:06.42	1:03.87
2. MARTINS, Ana Paula	108035	FCP		5:29.54	283 15,00	1:15.01	1:24.89	1:26.44	1:23.20

Master K

1. SILVA, Alia Maria	221695	CFP		7:03.49	146 16,00	1:28.84	1:44.67	1:55.32	1:54.66
----------------------	--------	-----	--	----------------	-----------	---------	---------	---------	---------