

Prova 13

10/07/2026 - 16:04

Masc., 200m Bruços

Master
Resultados

RN 50m M	6:18.23	COSTA, Virgilio Zacarias	AAC	Reguengos de Monsaraz	19/07/2019
RN 50m L	4:25.28	GOMES, Leonel Sousa	AAC	Reguengos de Monsaraz	04/07/2010
RN 50m K	4:06.23	BASTO, Antonio Bessone	SAD	S. Joao da Madeira	07/07/2023
RN 50m J	3:23.56	SILVA, Carlos Roberto	SAD	São João da Madeira	05/07/2024
RN 50m I	3:21.61	SILVA, Carlos Roberto	SAD	S. Joao da Madeira	07/07/2023
RN 50m H	3:06.55	BARROSO, Jose Miguel	CFP	Reguengos de Monsaraz	08/07/2022
RN 50m G	3:07.15	SOARES, Ralf Pinto	ANE	Reguengos de Monsaraz	19/07/2019
RN 50m F	2:47.07	DUARTE, Jose Samuel	SCP	Famalicão	09/07/2017
RN 50m E	2:44.19	DUARTE, Jose Samuel	SCP	Reguengos de Monsaraz	30/06/2012
RN 50m D	2:34.20	ROSARIO, Vasco Jorge	SAD	Loulé	10/07/2016
RN 50m C	2:32.29	PINOTES, Pedro Miguel	SCP	Reguengos de Monsaraz	11/07/2025
RN 50m B	2:27.06	PINOTES, Pedro Miguel	SCP	Reguengos de Monsaraz	19/07/2019
RN 50m A	2:27.30	SILVA, Pedro Miguel	ADRCIMM	Reguengos de Monsaraz	19/07/2019

Lugar	Nome	Licença	Clube	TReac	Tempo Final	DSV	Pts	50m	100m	150m	200m
Master A											
1.	MAGALHAES, Andre Filipe	111394	CIRL	+0,67	2:39.05	752	16,00	36.18	42.74	41.71	38.42
2.	DOMINGUES, Bruno Pinto	119682	IDV	+0,70	2:40.57	731	15,00	35.98	41.62	41.90	41.07
3.	QUINTAO, L.	117381	CNN	+0,71	2:47.94	639	14,00	35.71	42.28	44.31	45.64
4.	JORGE, Joao Bernardo	109162	ADAIA	+0,62	2:50.37	612	13,00	37.82	44.08	45.30	43.17
5.	WANG, Chen	227374	CNV		2:53.39	580	12,00	38.68	44.03	46.02	44.66
6.	LEITE, Vitor Lelis	222530	SCB	+0,71	2:58.67	530	11,00	39.21	45.05	46.13	48.28

Master B

1.	DOMINGUES, D.	102327	CNV	+0,73	2:45.10	656	16,00	37.74	41.84	42.42	43.10
2.	PEREIRA, Diogo Filipe	24332	LSC		2:58.34	520	15,00	37.99	44.53	46.82	49.00
3.	ROLA, Tiago Jose	101947	CPCD	+0,86	3:02.84	483	14,00	42.34	47.42	48.60	44.48
4.	LOPES, Miguel Diz	116835	CFP	+0,98	3:05.35	463	13,00	41.23	46.92	49.10	48.10
5.	CASTRO, Joao Francisco	105022	CFP	+0,83	3:06.20	457	12,00	42.45	47.42	48.29	48.04
6.	FREIRE, Tiago Alexandre	220965	LPS	+0,81	3:09.64	433	11,00	40.16	46.98	50.41	52.09
7.	ROCHA, Joao Castro	212348	CFP		3:36.83	289	10,00	51.11	55.39	56.32	54.01
8.	VAZ, Joao Francisco	133323	SAD	+0,92	3:48.47	247	9,00	46.02	56.37	1:02.22	1:03.86

Master C

1.	VIANA, Luis Filipe	131961	CLAC	+0,78	2:39.28	858	16,00	36.20	41.87	42.73	38.48
2.	FILIFE CASIMIRO, Telmo	10261	GCP	+0,80	2:41.08	829	15,00	36.63	42.27	42.09	40.09
3.	GONCALVES, F.	215265	LPS	+0,83	2:44.69	776	14,00	38.39	42.70	42.83	40.77
4.	MARIA NOLASCO, Nuno	26204	GCP	+0,80	2:49.93	706	13,00	37.64	43.99	44.60	43.70
5.	HENRIQUES, M.	219257	CNL	+0,78	2:51.18	691	12,00	38.36	44.04	45.34	43.44
6.	MONMOUSSEAU, P.	227044	CFP	+0,82	2:51.51	687	11,00	38.29	43.03	44.90	45.29
7.	LOPES, Pedro Fragoso	12075	FCP	+0,81	2:52.27	678	10,00	38.97	43.33	44.75	45.22
8.	CARVALHO, Joao Carlos	25338	LPS	+0,79	2:59.28	601	9,00	39.13	45.46	46.68	48.01
9.	NETO, Fernando Campos	226617	FCP	+0,95	3:08.80	515	8,00	40.91	48.24	51.22	48.43
10.	COSTA, Carlos Daniel	202827	CNV	+0,85	3:08.88	514	7,00	42.62	48.82	50.32	47.12
11.	SOUSA, Afonso Catrau	219147	ANE	+0,88	3:10.55	501	6,00	41.47	47.68	50.05	51.35
12.	PINTO, Andre Santos	103997	CDF		3:12.82	483	5,00	41.74	47.35	50.01	53.72
13.	XAVIER, Jorge Miguel	222531	SCB	+0,84	3:13.59	477	4,00	42.16	48.90	50.60	51.93
14.	RIBEIRO, Luis Manuel	107830	FOCA		3:13.90	475	3,00	42.41	48.01	51.73	51.75
15.	CORDEIRO, Diogo Andre	13976	CNMAL	+0,87	3:15.56	463	2,00	42.10	48.15	52.36	52.95
16.	FERNANDES, A.	208967	CPCD	+0,89	3:20.76	428	1,00	45.09	47.44	52.36	55.87
17.	GOMES, Pedro Emanuel	202830	CNV	+0,73	3:20.80	428	-	46.01	52.81	52.79	49.19
18.	SILVA, Afonso Vilaca	222178	FCP	+0,90	3:41.41	319	-	47.84	55.35	59.15	59.07

Prova 13, Masc., 200m Bruços

Master D

1. JULIO SHER, David	206916	GCP	+0,88	2:51.67	678 16,00	37.54	43.95	46.09	44.09
2. VARELA, Pedro Miguel	12947	PDEM	+0,89	2:54.21	649 15,00	39.91	44.79	45.14	44.37
3. RODRIGUES, M.	205613	CNV	+0,95	3:03.75	553 14,00	40.57	46.67	47.26	49.25
4. RODRIGUEZ, Luis Alberto	222867	FCP	+0,83	3:15.91	456 13,00	42.28	49.08	52.53	52.02
5. FANGUEIRO, Rui Neves	217801	CFV	+0,90	3:17.08	448 12,00	43.42	49.28	51.87	52.51
6. MARTELO, Filipe Velez	221238	LDC	+0,90	3:22.14	415 11,00	45.24	51.47	52.01	53.42
7. CARVALHO, Vitor Moreira	218789	SCB	+0,91	3:27.32	385 10,00	46.98	53.44	52.96	53.94
8. SOARES, Frederico Gomes	226959	FCP	+0,93	3:30.35	368 9,00	46.88	52.77	56.79	53.91
9. COELHO, Ruben Filipe	203172	GESL	+0,91	3:46.07	297 8,00	51.28	1:00.68	57.08	57.03

Master E

1. SANTOS, Joao Miguel	216395	CNL		2:41.34	865 16,00	35.75	41.08	43.22	41.29
<i>Recorde Nacional</i>									
2. FERREIRA, Ricardo Regufe	106877	CFP	+0,71	2:57.89	645 15,00	39.57	45.11	45.91	47.30
3. SANTOS, Patrick	26609	LDC	+0,81	3:00.24	620 14,00	40.76	44.76	46.88	47.84
4. PEREIRA, Tiago Melo	208402	CNV		3:16.70	477 13,00	45.74	49.69	51.24	50.03
5. SA, Filipe Teixeira	206936	FCP	+0,77	3:19.96	454 12,00	43.64	51.13	53.00	52.19
6. LIMA, Joao Pedro	203990	GAN		3:25.56	418 11,00	46.55	52.46	54.09	52.46
7. NOVAIS, Jose Orlando	110370	VSC		3:28.99	398 10,00	46.38	51.31	55.72	55.58
8. AFONSO, Nuno Silva	201498	AAC	+0,97	3:41.94	332 9,00	48.51	57.67	58.56	57.20
9. JOAO, Felix Rodrigues	227152	CNV		3:43.02	327 8,00	50.45	54.96	58.67	58.94
10. DIAS, Hugo Alexandre	213209	ADAIA		3:48.71	303 7,00	52.33	58.79	59.49	58.10
11. ABREU, Tiago Andre	225473	CDUP		4:11.84	227 6,00	54.03	1:03.36	1:07.02	1:07.43

Master F

1. SANTOS, A.	219470	CFP	+0,82	2:52.96	725 16,00	38.98	42.96	46.07	44.95
2. SILVA, Pedro Nuno	121480	AAC	+0,68	3:03.73	604 15,00	43.35	47.39	46.84	46.15
3. SANTOS, Nuno Rogerio	125510	GESL	+0,77	3:05.58	586 14,00	43.04	47.97	47.48	47.09
4. RODRIGUES, H.	220844	LSC	+0,86	3:18.44	480 13,00	44.82	50.11	52.08	51.43
5. PACHECO, F.	130750	LSC	+0,98	3:23.85	442 12,00	45.26	51.55	54.13	52.91
6. FREDERICO OLIVEIRA, S.	129047	GCP	+0,95	3:28.21	415 11,00	45.63	53.93	55.10	53.55
7. REIS, Marcio Leandro	216076	CFP	+0,87	3:29.18	409 10,00	48.07	54.85	54.84	51.42
8. MONTEIRO, Filipe Andre	219352	ADAIA	+0,82	3:31.87	394 9,00	45.85	53.55	55.18	57.29
9. CARDOSO, Vitor Manuel	207728	CNV	+0,84	3:33.34	386 8,00	46.40	55.17	56.34	55.43
10. BRANDAO, D.	219553	CFP	+0,97	4:05.77	252 7,00	54.61	1:01.75	1:04.57	1:04.84
11. RODRIGUES, Luis Miguel	212927	ACS		4:05.85	252 6,00	54.60	1:04.69	1:07.66	58.90

Master G

1. SOTO, Hector Oscar	1051938	CNVIGO	+0,99	3:09.79	638 16,00	41.81	47.34	49.71	50.93
2. TEJO, Rui Miguel	104306	AAC	+0,99	3:12.26	614 15,00	42.98	48.60	50.88	49.80
3. LIMA, Jorge Sequeira	10524	EFC	+0,93	3:16.49	575 14,00	45.39	49.47	51.73	49.90
4. BASTO, Gustavo Ferreira	103219	CGA	+0,95	3:18.61	557 13,00	43.54	50.72	52.15	52.20
5. VITORIANO, F.	14397	CAA	+0,93	3:23.14	521 12,00	44.39	50.93	54.53	53.29
6. SOARES, Joao Tiago	201938	FCP		3:27.80	486 11,00	47.91	54.06	54.67	51.16
7. AMARAL, Joao Gunther	209669	CFP	+0,81	3:27.99	485 10,00	46.50	51.76	54.29	55.44
8. CARDOSO, Jose Luis	130669	CNMAL		3:40.95	404 9,00	46.32	57.01	1:00.62	57.00
9. COSTA, Andre Vilhena	117247	CFV		3:48.55	365 8,00	50.28	57.33	1:03.01	57.93
10. BAPTISTA, Jose Manuel	130027	LSC	+0,83	3:59.16	319 7,00	55.93	1:00.72	1:01.52	1:00.99
11. ARCANGELO, Luis Miguel	223684	CNMAL		3:59.26	318 6,00	55.18	1:01.30	1:02.94	59.84
12. LOUREIRO, Luis Miguel	205536	CFP		4:20.18	248 5,00	59.88	1:06.97	1:06.70	1:06.63

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Master H

1.	SOUSA, Antonio Fernando	202718	FCP		3:12.55	697 16,00	43.86	49.47	49.36	49.86
2.	BARROSO, Jose Miguel	208445	CFP	+0,72	3:12.66	696 15,00	43.79	48.73	49.93	50.21
3.	FREITAS, Jose Carlos	111877	INDANNP	+0,80	3:17.65	644 14,00	46.78	51.24	51.67	47.96
4.	DANTAS, Paulo Marcos	206918	SAD	+0,93	3:26.01	569 13,00	44.81	51.57	55.03	54.60
5.	ALMEIDA, Luis Filipe	201324	LPS	+0,99	3:45.38	435 12,00	53.70	59.85	59.02	52.81
6.	TRIGO, Daniel Castro	120704	SCA		3:58.41	367 11,00	54.82	1:02.38	1:02.19	59.02
7.	CAMPOS, Joao Paulo	14639	CNMAIA	+0,73	4:03.14	346 10,00	51.90	1:01.42	1:04.46	1:05.36
8.	FLORIANO, Fabio	207665	SCE	+0,93	4:11.19	314 9,00	53.76	1:03.53	1:07.32	1:06.58
9.	ALVES, Joao Cesar	214253	CFP	+0,98	4:23.70	271 8,00	1:03.39	1:09.92	1:08.40	1:01.99
10.	ANDRADE, Joao Jose	108551	CNMAL		4:25.02	267 7,00	57.62	1:07.61	1:10.44	1:09.35
11.	SEARA, Joao Henrique	131833	LSC	+0,77	4:36.01	236 6,00	57.58	1:05.77	1:13.57	1:19.09
12.	PINTO, Paulo Monteiro	211230	FCP		5:10.25	166 -	1:14.23	1:19.98	1:21.49	1:14.55
FTL										
13.	MOURAO, Luis Joao	209692	CNV		5:34.75	132 -	1:09.10	1:25.95	1:28.30	1:31.40
FTL										

Master I

1.	BERNARDO, Luis Miguel	201380	CFP	+0,82	3:22.24	797 16,00	44.88	50.81	53.55	53.00
2.	PINHO, Manuel Alberto	26833	CDUP		3:44.00	586 15,00	51.95	57.35	59.83	54.87
3.	FONSECA, Luis Miguel	221652	FCP	+0,85	3:49.84	543 14,00	51.31	1:00.25	1:01.03	57.25
4.	FABIAO, Fernando Paulo	215799	FCP	+0,97	3:59.53	479 13,00	53.33	59.36	1:03.28	1:03.56
5.	MADEIRA, Luis Cavaleiro	25641	SAD	+0,88	4:00.48	474 12,00	51.34	58.72	1:05.96	1:04.46
6.	ROCHA, Paulo Jorge	208405	CFP		4:01.38	469 11,00	58.36	1:02.74	1:01.05	59.23
7.	FILHO, Manoel Pinto	217979	SCB		4:17.75	385 10,00	55.75	1:03.97	1:08.24	1:09.79
8.	NEVES, D.	202831	CNV		4:34.50	318 9,00	1:01.20	1:07.00	1:12.15	1:14.15
9.	PINTO, Fernando Manuel	131365	CFP		5:01.82	239 8,00	1:10.76	1:16.49	1:18.19	1:16.38

Master J

1.	LETTRARI, Enrico Palmiro	215753	ANE		3:49.49	591 16,00	53.04	57.55	1:00.58	58.32
2.	BARROS, Mario Jorge	128252	FCP		4:02.61	500 15,00	55.93	1:02.75	1:04.29	59.64
3.	OSORIO, Ricardo Jorge	102095	CDUP		4:21.23	400 14,00	58.55	1:05.25	1:08.48	1:08.95
4.	MADAIL, Jose Henrique	119658	CGA		4:35.00	343 13,00	1:04.27	1:10.96	1:13.78	1:05.99
5.	GONCALVES, Jose Manuel	14660	CNMAL		5:10.05	239 12,00	1:09.02	1:20.23		
6.	MAGALHAES, A.	210499	FCP	+0,85	5:17.38	223 11,00	1:10.45	1:22.58	1:24.40	1:19.95
DSQ	PEREIRA, Americo Rocha	216703	FCP			-				

7.1 - O(a) atleta realizou mais do que uma pernada de mariposa durante a fase subaquatica anterior a pernada de brucos apos a viragem aos 150 metros

Master K

1.	CANELAS, A.	148547	SCE	+0,98	4:16.31	504 16,00	57.16	1:06.45	1:08.12	1:04.58
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Master L

1.	BASTO, Antonio Bessone	119672	SAD		4:36.41	502 16,00	1:04.88	1:09.22	1:12.52	1:09.79
2.	GASPAR, A.	119670	SAD		5:11.23	352 15,00	1:13.81	1:20.90	1:19.85	1:16.67
3.	SOUSA, Antero Silva	205243	CFP		5:18.03	330 14,00	1:11.39	1:20.85	1:23.16	1:22.63
4.	COUTEIRO, Carlos Alberto	201514	VNC		5:37.40	276 13,00	1:14.26	1:28.86	1:30.52	1:23.76

Prova 13, Masc., 200m Bruços

Master M

1. TENREIRO, M.	11175	AAC	+0,98	7:13.38	166 16,00	1:44.70	1:52.85	1:52.67	1:43.16
2. TEIXEIRA, Joao Rodrigues	100127	AAC		8:48.39	91 15,00	2:02.58	2:18.78	2:13.86	2:13.17

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