

Prova 1
09/07/2026 - 14:30

Femin., 200m Costas

Master Resultados

Recordes Nacionais Masters 50m M	5:50.24	SA, Nair Gomes	CCD	São João da Madeira	06/07/2024
Recordes Nacionais Masters 50m L	5:21.71	SA, Nair Gomes	ANE	Reguengos de Monsaraz	09/07/2022
Recordes Nacionais Masters 50m K	6:39.88	AZINHEIRA, Maria Augusta	SFP	Famalicão	08/07/2017
Recordes Nacionais Masters 50m J	4:20.32	PINTAO, Luisa Maria	ANE	Reguengos de Monsaraz	12/07/2025
Recordes Nacionais Masters 50m I	3:14.86	GAMONAL, Elena Alarcon	LAGAC	Loulé	30/05/2026
Recordes Nacionais Masters 50m H	3:32.11	ANDRADE, Maria Teresa	FCP	S. Joao da Madeira	08/07/2023
Recordes Nacionais Masters 50m G	2:58.11	KRAEVA, Elena Nikolaevna	ADRCIMM	Loulé	09/07/2016
Recordes Nacionais Masters 50m F	2:50.24	COUTINHO, Gisela Barbosa	CFP	Reguengos de Monsaraz	12/07/2025
Recordes Nacionais Masters 50m E	2:51.24	SOUZA, Natacha Alexandra	CFP	Famalicão	08/07/2017
Recordes Nacionais Masters 50m D	2:42.83	AFONSO, Sofia Martiniano	CFP	Reguengos de Monsaraz	12/07/2025
Recordes Nacionais Masters 50m C	2:37.72	NEVES, Vania Soares	VNC	Reguengos de Monsaraz	12/07/2025
Recordes Nacionais Masters 50m B	2:37.73	NEVES, Vania Soares	VNC	Reguengos de Monsaraz	09/07/2022
Recordes Nacionais Masters 50m A	2:37.12	SANTOS, Alexandra Jesus	LSC	Póvoa de Varzim	21/06/2026

Lugar	Nome	Licença	Clube	TReac	Tempo Final	DSV	Pts	50m	100m	150m	200m
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Master A

1.	SANTOS, Alexandra Jesus	117408	LSC	+0,77	2:36.44	814	16,00	34.77	39.01	40.42	42.24
	<i>Recorde Nacional</i>										
2.	PAULINO, Bruna Elisabete	102345	CNAL	+0,74	2:46.26	678	15,00	37.46	42.01	43.75	43.04
3.	DIAS, Maria Beatriz	108045	CNPO		2:49.42	641	14,00	38.80	42.15	43.78	44.69
4.	DOMINGUES, M.	110972	CNAL	+0,65	2:51.81	615	13,00	40.24	42.71	44.49	44.37
5.	SANTOS, R.	111454	CNMAL	+0,85	2:56.42	568	12,00	42.35	44.16	45.75	44.16
6.	FERREIRA, Beatriz Marques	122579	CFP	+0,72	2:59.58	538	11,00	41.53	44.76	47.12	46.17
7.	MONTEIRO, Maria Leonor	226404	CNV	+0,97	3:39.93	293	10,00	47.36	55.63		
8.	SOUZA, Mariana Guedes	224390	CNV	+0,98	4:01.45	221	-	59.24	1:01.18	1:00.14	1:00.89
	<i>FTL</i>										

Master B

1.	ROSA, Danielle Kisiel	227373	CNV	+0,63	2:37.96	749	16,00	36.36	39.67	40.80	41.13
2.	PINHO, Catarina Dias	24405	CNN	+0,71	2:55.90	542	15,00	40.01	44.29	45.86	45.74
3.	GONCALVES, F.	26907	CAA	+0,70	2:56.72	535	14,00	39.60	44.77	46.82	45.53
4.	MONTEIRO, Ana Sofia	206852	CNV	+0,76	3:09.31	435	13,00	43.63	47.48	49.07	49.13
5.	AZEVEDO, Ana Maria	20402	CDUP	+0,92	3:14.94	398	12,00	43.42	49.28	50.91	51.33

Master C

1.	ALVES, Joana Isabel	130453	CDUP	+0,79	3:00.20	564	16,00	43.35	46.04	45.67	45.14
2.	PIRES, Rafaela Barreiros	13418	SCB	+0,66	3:07.12	504	15,00	43.26	47.31	48.02	48.53
3.	MATOS, Carolina Ferreira	203814	CAPGE	+0,78	3:08.40	493	14,00	44.92	47.20	49.26	47.02
4.	MONTEIRO, Maria Joao	10052	GCP	+0,72	3:15.67	440	13,00	44.79	49.84	51.01	50.03
5.	LOPES, Maria Carolina	12501	SCB	+0,67	3:16.96	432	12,00	43.84	47.56	51.36	54.20
6.	REIS, Filipa Isabel	153141	LSC	+0,76	4:22.90	181	-	1:01.21	1:06.20	1:09.20	1:06.29
	<i>FTL</i>										

Master D

1.	PINTO, Rita Loureiro	131353	GCP	+0,89	3:19.93	456	16,00	47.16	50.12	51.90	50.75
2.	FONSECA, Maria Ana	129912	CFP	+0,91	3:29.46	397	15,00	48.28	52.08	53.96	55.14

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Master E

1. FOWLER, Mirja		OUATES	+0,88	3:02.06	668 16,00	43.37	46.44	47.16	45.09
2. BAPTISTA, L.	120495	LSC	+0,80	3:02.15	667 15,00			48.67	47.39
3. ERVILHA, Joana Antunes	13980	CNL	+0,80	3:25.88	462 14,00	47.84	50.88	53.27	53.89
4. FREITAS, Carmen Joao	223875	CNV	+0,83	3:59.46	293 13,00	58.13	1:02.59	1:01.43	57.31
5. MARTINS, Ana Maria	123246	SCA		4:03.50	279 12,00	58.46	1:02.82	1:02.26	59.96

Master F

1. COSTA, Maria Luisa	119218	FCP	+0,73	3:09.03	650 16,00	42.85	48.13	49.03	49.02
2. CORREIA, Sandra Cristina	212315	FCP		3:25.20	508 15,00	47.21	51.35	53.26	53.38
3. FERNANDES, F.	125509	GESL	+0,79	3:27.25	493 14,00			54.00	52.61
4. VALENTINO, Maren Clare	228312	SCB	+0,99	3:40.47	409 13,00	48.86	54.87	58.97	57.77

Master G

1. YOKOCHI, Luisa Tamaki	218308	CNN	+0,73	3:11.26	665 16,00				
2. COSTA, Marta Sofia	206938	CDUP	+0,94	3:28.10	516 15,00	47.82	51.92	53.54	54.82
3. PALHARES, Daniela Maria	209005	CFP		3:38.42	447 14,00	52.85	55.23	56.70	53.64
4. PEREIRA, Manuela Ribeiro	211409	ADBA		4:49.51	191 13,00	1:04.61	1:20.52		

Master H

1. PALHARES, P.	212331	CFP		3:19.40	797 16,00	47.62	50.57		
<i>Recorde Nacional</i>									
2. ANDRADE, Maria Teresa	203942	FCP	+0,64	3:26.38	719 15,00	48.55	52.95	54.08	50.80
3. FRIAES, Maria Manuel	204549	FCP	+0,87	3:43.63	565 14,00	53.30	59.10	59.20	52.03
4. GUIMARAES, Rita Cabral	104341	CFP	+0,79	3:46.80	542 13,00				
5. GONCALVES, Ana Paula	215679	CNMAL	+0,89	3:47.68	535 12,00	52.05	59.98	1:00.04	55.61
6. LOBO, Ana Cristina	103983	CFP	+0,85	4:12.09	394 11,00				
7. MOURA, Cristina Isabel	200762	LSC	+0,62	4:20.79	356 10,00	1:01.34	1:07.07	1:09.41	1:02.97
8. RIBEIRO, Margarida Maria	131782	CFP		5:21.00	191 -	1:12.37	1:21.79		

Master I

1. MOORE, Michelle Annette	212338	OC		3:39.78	700 16,00	50.98	55.41	56.74	56.65
2. OLIVEIRA, Cristina Maria	217798	CNV	+0,81	4:03.16	517 15,00			1:04.91	1:03.22
3. ALMEIDA, Ana Paula	153497	CFP		4:18.57	430 14,00	58.92	1:07.52	1:08.07	1:04.06
4. WERNICKE, Maria Giraldo	210543	CFP		4:53.64	293 13,00	1:04.61	1:25.72		

Master J

1. WARNOK, Susan Ann	216222	OC	+0,80	4:27.92	423 16,00	59.04	1:10.76	1:11.59	1:06.53
2. MONTEIRO, Isabel Costa	11174	AAC		4:47.35	343 15,00	1:07.40	1:14.44		