

Epreuve 19

Filles, 400m 4 nages

13 ans et moins

2026-05-16 - 16:30

Liste résultats Finale

Canadian Senior Records	4:23.65	MCINTOSH, Summer	UNCAN	Victoria	2025-06-11
Canadian Age Group Records 13 - 14	4:46.69	BELLIO, Katrina	ESWIM	Toronto	2019-04-04
Canadian Age Group Records 11 - 12	4:50.21	MCINTOSH, Summer	ESWIM	Toronto	2019-04-04
Quebec Provincial Senior Records	4:34.37	HARVEY, Mary-Sophie	CAMO	Saint-Denis (FRA)	2026-03-20
Quebec Provincial Age Group Records	134:55.58	HARVEY, Mary-Sophie	MEGO	Sherbrooke	2013-08-05
Quebec Provincial Age Group Records - 15:06.41		HARVEY, Mary-Sophie	MEGO	Montreal	2011-07-28

Essais canadiens - 17: 5:05.36

Points: Can PARA 2025

Rang	Age	Club	Temps	Pts	100m	200m	300m	400m
1.	PERRY, Ella	13	Pointe-Claire Swim Club	<b>5:05.17</b>	1:10.34	2:28.91	3:58.69	5:05.17
	<i>TQ Essais</i>							
	50m: 32.37	32.37	150m: 1:50.27	39.93	250m: 3:13.18	44.27	350m: 4:32.21	33.52
	100m: 1:10.34	37.97	200m: 2:28.91	38.64	300m: 3:58.69	45.51	400m: 5:05.17	32.96
2.	RÉGNIER, Lily Rose	13	Club Natation Mustang Bou	<b>5:05.31</b>	1:10.85	2:28.26	3:57.90	5:05.31
	<i>TQ Essais</i>							
	50m: 32.03	32.03	150m: 1:49.44	38.59	250m: 3:13.01	44.75	350m: 4:32.65	34.75
	100m: 1:10.85	38.82	200m: 2:28.26	38.82	300m: 3:57.90	44.89	400m: 5:05.31	32.66
3.	CÔTÉ, Alexie	12	Club Aquatique Charlesbot	<b>5:31.98</b>	1:14.93	2:40.81	4:17.00	5:31.98
	50m: 34.06	34.06	150m: 1:58.43	43.50	250m: 3:28.87	48.06	350m: 4:55.27	38.27
	100m: 1:14.93	40.87	200m: 2:40.81	42.38	300m: 4:17.00	48.13	400m: 5:31.98	36.71
4.	TESSIER, Elyanne	13	Club de natation région de	<b>5:32.82</b>	1:20.87	2:49.13	4:16.90	5:32.82
	50m: 37.57	37.57	150m: 2:05.99	45.12	250m: 3:32.62	43.49	350m: 4:55.26	38.36
	100m: 1:20.87	43.30	200m: 2:49.13	43.14	300m: 4:16.90	44.28	400m: 5:32.82	37.56
5.	LAISNEY, Azélie	12	Elite	<b>5:34.83</b>	1:16.34	2:43.91	4:18.70	5:34.83
	50m: 34.27	34.27	150m: 2:01.57	45.23	250m: 3:30.75	46.84	350m: 4:57.19	38.49
	100m: 1:16.34	42.07	200m: 2:43.91	42.34	300m: 4:18.70	47.95	400m: 5:34.83	37.64
6.	CHEN, Helena	13	Pointe-Claire Swim Club	<b>5:36.02</b>	1:15.49	2:47.35	4:22.41	5:36.02
	50m: 34.70	34.70	150m: 2:02.56	47.07	250m: 3:34.57	47.22	350m: 5:00.66	38.25
	100m: 1:15.49	40.79	200m: 2:47.35	44.79	300m: 4:22.41	47.84	400m: 5:36.02	35.36
7.	COTE, Lili	13	Elite	<b>5:36.41</b>	1:15.28	2:44.18	4:24.54	5:36.41
	50m: 34.86	34.86	150m: 2:00.19	44.91	250m: 3:33.59	49.41	350m: 5:01.14	36.60
	100m: 1:15.28	40.42	200m: 2:44.18	43.99	300m: 4:24.54	50.95	400m: 5:36.41	35.27
8.	BEAUCHAMP, Marie	13	Natation Gatineau	<b>5:36.55</b>	1:18.55	2:44.20	4:25.32	5:36.55
	50m: 36.26	36.26	150m: 2:02.06	43.51	250m: 3:35.19	50.99	350m: 5:02.28	36.96
	100m: 1:18.55	42.29	200m: 2:44.20	42.14	300m: 4:25.32	50.13	400m: 5:36.55	34.27
9.	LABBÉ, Laurence	12	Nsh	<b>5:36.97</b>	1:16.06	2:40.82	4:22.70	5:36.97
	50m: 34.84	34.84	150m: 1:59.24	43.18	250m: 3:31.25	50.43	350m: 5:01.34	38.64
	100m: 1:16.06	41.22	200m: 2:40.82	41.58	300m: 4:22.70	51.45	400m: 5:36.97	35.63
10.	AUBIN, Naomie	13	Club De Natation Sherbroo	<b>5:39.61</b>	1:19.11	2:43.65	4:24.73	5:39.61
	50m: 35.76	35.76	150m: 2:01.70	42.59	250m: 3:34.00	50.35	350m: 5:02.23	37.50
	100m: 1:19.11	43.35	200m: 2:43.65	41.95	300m: 4:24.73	50.73	400m: 5:39.61	37.38

Epreuve 19, Dames, 400m 4 nages, Finale

Epreuve 19

Filles, 400m 4 nages

14 - 15 ans

2026-05-16 - 16:30

Liste résultats Finale

Canadian Senior Records	4:23.65	MCINTOSH, Summer	UNCAN	Victoria	2025-06-11
Canadian Age Group Records 15 - 17	4:24.38	MCINTOSH, Summer	UNCAN	Toronto	2024-05-16
Canadian Age Group Records 13 - 14	4:46.69	BELLIO, Katrina	ESWIM	Toronto	2019-04-04
Quebec Provincial Senior Records	4:34.37	HARVEY, Mary-Sophie	CAMO	Saint-Denis (FRA)	2026-03-20
Quebec Provincial Age Group Records 154:45.36		HARVEY, Mary-Sophie	NN	Kihei (USA)	2014-08-28
Quebec Provincial Age Group Records 144:50.79		HARVEY, Mary-Sophie	NN	Saskatoon	2014-07-17

Essais canadiens - 17: 5:05.36

Points: Can PARA 2025

Rang	Age	Club	Temps	Pts	100m	200m	300m	400m
1.	14	Club aquatique Montréal	<b>5:01.78</b>		1:06.78	2:27.08	3:54.64	5:01.78
		<i>TQ Essais</i>						
		50m: 31.13 31.13	150m: 1:46.70 39.92	250m: 3:11.00	43.92	350m: 4:27.95	33.31	
		100m: 1:06.78 35.65	200m: 2:27.08 40.38	300m: 3:54.64	43.64	400m: 5:01.78	33.83	
2.	15	Pointe-Claire Swim Club	<b>5:06.36</b>		1:06.98	2:22.96	3:55.92	5:06.36
		50m: 31.07 31.07	150m: 1:45.54 38.56	250m: 3:10.24	47.28	350m: 4:30.84	34.92	
		100m: 1:06.98 35.91	200m: 2:22.96 37.42	300m: 3:55.92	45.68	400m: 5:06.36	35.52	
3.	14	Club De Natation Sherbrooke	<b>5:08.78</b>		1:09.78	2:30.43	3:56.61	5:08.78
		50m: 31.93 31.93	150m: 1:50.84 41.06	250m: 3:13.28	42.85	350m: 4:33.40	36.79	
		100m: 1:09.78 37.85	200m: 2:30.43 39.59	300m: 3:56.61	43.33	400m: 5:08.78	35.38	
4.	15	Natation Gatineau	<b>5:15.48</b>		1:08.56	2:28.18	4:04.34	5:15.48
		50m: 32.29 32.29	150m: 1:48.60 40.04	250m: 3:16.64	48.46	350m: 4:40.17	35.83	
		100m: 1:08.56 36.27	200m: 2:28.18 39.58	300m: 4:04.34	47.70	400m: 5:15.48	35.31	
5.	15	Neptune Natation	<b>5:19.22</b>		1:11.17	2:30.58	4:06.21	5:19.22
		50m: 32.62 32.62	150m: 1:51.19 40.02	250m: 3:18.32	47.74	350m: 4:42.62	36.41	
		100m: 1:11.17 38.55	200m: 2:30.58 39.39	300m: 4:06.21	47.89	400m: 5:19.22	36.60	
6.	15	Rouge et Or/Université Lavigne	<b>5:19.91</b>		1:13.08	2:35.38	4:06.44	5:19.91
		50m: 33.73 33.73	150m: 1:55.10 42.02	250m: 3:20.56	45.18	350m: 4:44.44	38.00	
		100m: 1:13.08 39.35	200m: 2:35.38 40.28	300m: 4:06.44	45.88	400m: 5:19.91	35.47	
7.	15	Pointe-Claire Swim Club	<b>5:20.71</b>		1:10.99	2:36.52	4:05.76	5:20.71
		50m: 32.92 32.92	150m: 1:54.21 43.22	250m: 3:21.31	44.79	350m: 4:43.84	38.08	
		100m: 1:10.99 38.07	200m: 2:36.52 42.31	300m: 4:05.76	44.45	400m: 5:20.71	36.87	
8.	15	Elite	<b>5:21.94</b>		1:13.49	2:39.46	4:09.22	5:21.94
		50m: 33.58 33.58	150m: 1:57.29 43.80	250m: 3:23.88	44.42	350m: 4:46.65	37.43	
		100m: 1:13.49 39.91	200m: 2:39.46 42.17	300m: 4:09.22	45.34	400m: 5:21.94	35.29	
9.	14	Velox Natation	<b>5:26.09</b>		1:15.71	2:38.93	4:14.87	5:26.09
		50m: 33.80 33.80	150m: 1:57.55 41.84	250m: 3:26.06	47.13	350m: 4:51.22	36.35	
		100m: 1:15.71 41.91	200m: 2:38.93 41.38	300m: 4:14.87	48.81	400m: 5:26.09	34.87	
10.	15	Neptune Natation	<b>5:27.77</b>		1:13.41	2:40.27	4:13.33	5:27.77
		50m: 33.09 33.09	150m: 1:57.17 43.76	250m: 3:26.50	46.23	350m: 4:50.80	37.47	
		100m: 1:13.41 40.32	200m: 2:40.27 43.10	300m: 4:13.33	46.83	400m: 5:27.77	36.97	

Epreuve 19, Dames, 400m 4 nages, Finale

Epreuve 19 Filles, 400m 4 nages 16 - 17 ans  
2026-05-16 - 16:30 Liste résultats Finale

Canadian Senior Records	4:23.65	MCINTOSH, Summer	UNCAN	Victoria	2025-06-11
Canadian Age Group Records	4:24.38	MCINTOSH, Summer	UNCAN	Toronto	2024-05-16
Quebec Provincial Senior Records	4:34.37	HARVEY, Mary-Sophie	CAMO	Saint-Denis (FRA)	2026-03-20
Quebec Provincial Age Group Records	174:36.48	HARVEY, Mary-Sophie	NN	Rome (ITA)	2017-06-24
Quebec Provincial Age Group Records	164:47.55	HARVEY, Mary-Sophie	NN	Edmonton	2016-08-05

Essais canadiens - 17: 5:05.36

Points: Can PARA 2025

Rang	Age	Temps	Pts	100m	200m	300m	400m	
1. DAGSAAN, Jadyne	16	Pointe-Claire Swim Club	<b>5:05.29</b>	1:07.55	2:24.56	3:54.55	5:05.29	
<i>TQ Essais</i>								
	50m: 31.68	31.68	150m: 1:46.38	38.83	250m: 3:09.57	45.01	350m: 4:30.24	35.69
	100m: 1:07.55	35.87	200m: 2:24.56	38.18	300m: 3:54.55	44.98	400m: 5:05.29	35.05
2. MASSICOTTE, Anabelle	16	Club de natation Mégophia	<b>5:11.59</b>	1:14.01	2:38.86	4:05.25	5:11.59	
	50m: 32.91	32.91	150m: 1:57.24	43.23	250m: 3:21.83	42.97	350m: 4:39.14	33.89
	100m: 1:14.01	41.10	200m: 2:38.86	41.62	300m: 4:05.25	43.42	400m: 5:11.59	32.45
3. BOYER, Mariane	17	Natation Gatineau	<b>5:11.68</b>	1:11.37	2:35.11	4:04.41	5:11.68	
	50m: 33.52	33.52	150m: 1:54.03	42.66	250m: 3:20.30	45.19	350m: 4:38.80	34.39
	100m: 1:11.37	37.85	200m: 2:35.11	41.08	300m: 4:04.41	44.11	400m: 5:11.68	32.88
4. ABETTI, Douae	16	Club de natation région de	<b>5:11.98</b>	1:12.61	2:34.85	4:01.19	5:11.98	
	50m: 33.47	33.47	150m: 1:54.38	41.77	250m: 3:18.06	43.21	350m: 4:37.49	36.30
	100m: 1:12.61	39.14	200m: 2:34.85	40.47	300m: 4:01.19	43.13	400m: 5:11.98	34.49
5. MONETTE, Mathilde	16	Neptune Natation	<b>5:12.45</b>	1:11.14	2:30.84	4:00.99	5:12.45	
	50m: 32.46	32.46	150m: 1:51.26	40.12	250m: 3:15.98	45.14	350m: 4:37.86	36.87
	100m: 1:11.14	38.68	200m: 2:30.84	39.58	300m: 4:00.99	45.01	400m: 5:12.45	34.59
6. SHINK, Laurie	17	Club de natation région de	<b>5:19.20</b>	1:11.98	2:34.45	4:06.54	5:19.20	
	50m: 33.40	33.40	150m: 1:53.03	41.05	250m: 3:20.10	45.65	350m: 4:43.42	36.88
	100m: 1:11.98	38.58	200m: 2:34.45	41.42	300m: 4:06.54	46.44	400m: 5:19.20	35.78
7. LEMELIN, Émie	16	Club de natation région de	<b>5:20.79</b>	1:12.47	2:30.90	4:08.27	5:20.79	
	50m: 33.37	33.37	150m: 1:51.66	39.19	250m: 3:19.16	48.26	350m: 4:44.85	36.58
	100m: 1:12.47	39.10	200m: 2:30.90	39.24	300m: 4:08.27	49.11	400m: 5:20.79	35.94
8. TURCOTTE, Annabelle	16	Club de natation région de	<b>5:22.60</b>	1:13.99	2:36.94	4:14.27	5:22.60	
	50m: 34.51	34.51	150m: 1:56.68	42.69	250m: 3:25.30	48.36	350m: 4:49.14	34.87
	100m: 1:13.99	39.48	200m: 2:36.94	40.26	300m: 4:14.27	48.97	400m: 5:22.60	33.46
9. LETENDRE, Emma	16	Club De Natation Sherbroo	<b>5:26.97</b>	1:14.83	2:37.49	4:11.06	5:26.97	
	50m: 34.11	34.11	150m: 1:56.84	42.01	250m: 3:23.81	46.32	350m: 4:49.07	38.01
	100m: 1:14.83	40.72	200m: 2:37.49	40.65	300m: 4:11.06	47.25	400m: 5:26.97	37.90
disq. GORDON, Erika	17	Pointe-Claire Swim Club						

Epreuve 19 Dames, 400m 4 nages 18 ans et plus  
2026-05-16 - 16:30 Liste résultats Finale

Canadian Senior Records	4:23.65	MCINTOSH, Summer	UNCAN	Victoria	2025-06-11
Quebec Provincial Senior Records	4:34.37	HARVEY, Mary-Sophie	CAMO	Saint-Denis (FRA)	2026-03-20

Essais canadiens : 5:00.92

Points: Can PARA 2025

Rang	Age	Temps	Pts	100m	200m	300m	400m	
1. BROUSSEAU, Charlotte	18	Club aquatique Montréal	<b>4:57.51</b>	1:06.44	2:24.37	3:50.84	4:57.51	
<i>TQ Essais</i>								
	50m: 30.88	30.88	150m: 1:46.52	40.08	250m: 3:07.69	43.32	350m: 4:25.23	34.39
	100m: 1:06.44	35.56	200m: 2:24.37	37.85	300m: 3:50.84	43.15	400m: 4:57.51	32.28
2. BEAUDOIN, Shanelle	18	Club de Natation SAMAK	<b>5:05.33</b>	1:09.77	2:28.51	3:54.26	5:05.33	
	50m: 31.86	31.86	150m: 1:50.14	40.37	250m: 3:10.98	42.47	350m: 4:30.76	36.50
	100m: 1:09.77	37.91	200m: 2:28.51	38.37	300m: 3:54.26	43.28	400m: 5:05.33	34.57
3. TREMBLAY, Raphaëlle	21	LMRL Rivière-du-Loup	<b>5:08.90</b>	1:10.69	2:31.71	4:01.23	5:08.90	
	50m: 32.40	32.40	150m: 1:51.46	40.77	250m: 3:16.41	44.70	350m: 4:35.58	34.35
	100m: 1:10.69	38.29	200m: 2:31.71	40.25	300m: 4:01.23	44.82	400m: 5:08.90	33.32
4. MCLEOD, Kealeigh	19	McGILL	<b>5:09.55</b>	1:10.55	2:30.45	3:59.35	5:09.55	
	50m: 33.06	33.06	150m: 1:51.19	40.64	250m: 3:14.49	44.04	350m: 4:35.63	36.28
	100m: 1:10.55	37.49	200m: 2:30.45	39.26	300m: 3:59.35	44.86	400m: 5:09.55	33.92

Epreuve 19, Dames, 400m 4 nages, Finale, 18 ans et plus

Rang	Age	Temps	Pts	100m	200m	300m	400m	
5.	MALENFANT, Viviane	18	Club de natation région de	<b>5:10.47</b>	1:12.74	2:33.30	4:00.57	5:10.47
	50m: 33.69	33.69	150m: 1:53.46	40.72	250m: 3:16.62	43.32	350m: 4:36.32	35.75
	100m: 1:12.74	39.05	200m: 2:33.30	39.84	300m: 4:00.57	43.95	400m: 5:10.47	34.15
6.	LAPIERRE, Justine	18	Pointe-Claire Swim Club	<b>5:10.92</b>	1:11.16	2:31.48	3:59.13	5:10.92
	50m: 33.06	33.06	150m: 1:51.67	40.51	250m: 3:14.65	43.17	350m: 4:35.67	36.54
	100m: 1:11.16	38.10	200m: 2:31.48	39.81	300m: 3:59.13	44.48	400m: 5:10.92	35.25
7.	MICHAUD, Élisabeth	20	Club de natation Saint-Laur	<b>5:12.95</b>	1:08.79	2:31.07	4:01.65	5:12.95
	50m: 31.82	31.82	150m: 1:50.10	41.31	250m: 3:15.75	44.68	350m: 4:37.64	35.99
	100m: 1:08.79	36.97	200m: 2:31.07	40.97	300m: 4:01.65	45.90	400m: 5:12.95	35.31
8.	VÉZINA, Corinne	21	Rouge et Or/Université Lav	<b>5:15.47</b>	1:10.80	2:35.44	4:03.39	5:15.47
	50m: 32.86	32.86	150m: 1:53.78	42.98	250m: 3:18.83	43.39	350m: 4:40.12	36.73
	100m: 1:10.80	37.94	200m: 2:35.44	41.66	300m: 4:03.39	44.56	400m: 5:15.47	35.35
9.	GUY, Roxane	18	Club de natation région de	<b>5:16.45</b>	1:13.72	2:34.01	4:04.95	5:16.45
	50m: 34.52	34.52	150m: 1:54.52	40.80	250m: 3:19.60	45.59	350m: 4:41.46	36.51
	100m: 1:13.72	39.20	200m: 2:34.01	39.49	300m: 4:04.95	45.35	400m: 5:16.45	34.99
disq.	MARIGAUX, Maika	21	Université de Montréal					