

Epreuve 19

Filles, 400m 4 nages

13 ans et moins

2026-05-16 - 8:30

Liste résultats Elimatoire

Canadian Senior Records	4:23.65	MCINTOSH, Summer	UNCAN	Victoria	2025-06-11
Canadian Age Group Records 13 - 14	4:46.69	BELLIO, Katrina	ESWIM	Toronto	2019-04-04
Canadian Age Group Records 11 - 12	4:50.21	MCINTOSH, Summer	ESWIM	Toronto	2019-04-04
Quebec Provincial Senior Records	4:34.37	HARVEY, Mary-Sophie	CAMO	Saint-Denis (FRA)	2026-03-20
Quebec Provincial Age Group Records	134:55.58	HARVEY, Mary-Sophie	MEGO	Sherbrooke	2013-08-05
Quebec Provincial Age Group Records - 15	06:41	HARVEY, Mary-Sophie	MEGO	Montreal	2011-07-28

Essais canadiens - 17: 5:05.36

Points: Can PARA 2025

Rang	Age	Temps	Pts	100m	200m	300m	400m
1. PERRY, Ella	13	Pointe-Claire Swim Club	5:12.25 Q	1:10.94	2:30.79	4:02.23	5:12.25
50m: 32.82	32.82	150m: 1:52.02	41.08	250m: 3:16.61	45.82	350m: 4:37.61	35.38
100m: 1:10.94	38.12	200m: 2:30.79	38.77	300m: 4:02.23	45.62	400m: 5:12.25	34.64
2. RÉGNIER, Lily Rose	13	Club Natation Mustang Bou	5:21.15 Q	1:13.32	2:36.19	4:10.02	5:21.15
50m: 33.45	33.45	150m: 1:54.83	41.51	250m: 3:23.08	46.89	350m: 4:46.23	36.21
100m: 1:13.32	39.87	200m: 2:36.19	41.36	300m: 4:10.02	46.94	400m: 5:21.15	34.92
3. TESSIER, Ellyanne	13	Club de natation région de	5:33.63 Q	1:20.27	2:48.44	4:17.98	5:33.63
50m: 37.37	37.37	150m: 2:05.20	44.93	250m: 3:32.47	44.03	350m: 4:56.39	38.41
100m: 1:20.27	42.90	200m: 2:48.44	43.24	300m: 4:17.98	45.51	400m: 5:33.63	37.24
4. CÔTÉ, Alexie	12	Club Aquatique Charlesbot	5:36.26 Q	1:16.16	2:40.96	4:18.08	5:36.26
50m: 34.69	34.69	150m: 1:59.61	43.45	250m: 3:29.03	48.07	350m: 4:57.77	39.69
100m: 1:16.16	41.47	200m: 2:40.96	41.35	300m: 4:18.08	49.05	400m: 5:36.26	38.49
5. CHEN, Helena	13	Pointe-Claire Swim Club	5:38.12 Q	1:16.08	2:46.88	4:22.43	5:38.12
50m: 35.15	35.15	150m: 2:02.12	46.04	250m: 3:34.02	47.14	350m: 5:01.65	39.22
100m: 1:16.08	40.93	200m: 2:46.88	44.76	300m: 4:22.43	48.41	400m: 5:38.12	36.47
6. LAISNEY, Azélie	12	Elite	5:38.61 Q	1:14.11	2:43.60	4:19.40	5:38.61
50m: 33.45	33.45	150m: 1:59.86	45.75	250m: 3:30.93	47.33	350m: 4:59.79	40.39
100m: 1:14.11	40.66	200m: 2:43.60	43.74	300m: 4:19.40	48.47	400m: 5:38.61	38.82
7. COTE, Lili	13	Elite	5:39.96 Q	1:16.70	2:45.28	4:25.85	5:39.96
50m: 35.66	35.66	150m: 2:01.36	44.66	250m: 3:34.99	49.71	350m: 5:03.29	37.44
100m: 1:16.70	41.04	200m: 2:45.28	43.92	300m: 4:25.85	50.86	400m: 5:39.96	36.67
8. LABBÉ, Laurence	12	Nsh	5:41.10 Q	1:17.32	2:43.39	4:26.18	5:41.10
50m: 35.07	35.07	150m: 2:01.50	44.18	250m: 3:34.24	50.85	350m: 5:04.55	38.37
100m: 1:17.32	42.25	200m: 2:43.39	41.89	300m: 4:26.18	51.94	400m: 5:41.10	36.55
9. AUBIN, Naomie	13	Club De Natation Sherbroo	5:42.09 Q	1:21.27	2:45.08	4:26.74	5:42.09
50m: 36.65	36.65	150m: 2:03.54	42.27	250m: 3:36.12	51.04	350m: 5:04.35	37.61
100m: 1:21.27	44.62	200m: 2:45.08	41.54	300m: 4:26.74	50.62	400m: 5:42.09	37.74
10. BEAUCHAMP, Marie	13	Natation Gatineau	5:42.81 Q	1:19.02	2:45.65	4:28.82	5:42.81
50m: 36.43	36.43	150m: 2:02.63	43.61	250m: 3:37.33	51.68	350m: 5:07.09	38.27
100m: 1:19.02	42.59	200m: 2:45.65	43.02	300m: 4:28.82	51.49	400m: 5:42.81	35.72
11. BOUHAREVICH, Olivia	13	C.N. Dollard-des-Ormeaux	5:43.58 R	1:16.84	2:44.58	4:22.67	5:43.58
50m: 34.58	34.58	150m: 2:00.65	43.81	250m: 3:33.55	48.97	350m: 5:03.07	40.40
100m: 1:16.84	42.26	200m: 2:44.58	43.93	300m: 4:22.67	49.12	400m: 5:43.58	40.51
12. WATSON, Éléonore	13	Cote Saint-Luc Aquatics	5:43.62 R	1:16.52	2:42.53	4:28.05	5:43.62
50m: 35.11	35.11	150m: 2:00.46	43.94	250m: 3:35.25	52.72	350m: 5:06.71	38.66
100m: 1:16.52	41.41	200m: 2:42.53	42.07	300m: 4:28.05	52.80	400m: 5:43.62	36.91
13. MARTIN, Alizé	13	Club de natation du Centre	5:45.81 R	1:22.27	2:46.76	4:25.59	5:45.81
50m: 37.31	37.31	150m: 2:04.70	42.43	250m: 3:34.90	48.14	350m: 5:05.97	40.38
100m: 1:22.27	44.96	200m: 2:46.76	42.06	300m: 4:25.59	50.69	400m: 5:45.81	39.84
14. LORTIE, Charlotte	12	Club de natation région de	5:47.20 R	1:17.47	2:45.29	4:30.08	5:47.20
50m: 35.36	35.36	150m: 2:02.24	44.77	250m: 3:38.14	52.85	350m: 5:09.50	39.42
100m: 1:17.47	42.11	200m: 2:45.29	43.05	300m: 4:30.08	51.94	400m: 5:47.20	37.70
15. CAREAU, Béatrice	12	Les Dauphins de Rimouski	5:47.33	1:19.51	2:50.72	4:27.49	5:47.33
50m: 36.09	36.09	150m: 2:05.76	46.25	250m: 3:39.14	48.42	350m: 5:08.49	41.00
100m: 1:19.51	43.42	200m: 2:50.72	44.96	300m: 4:27.49	48.35	400m: 5:47.33	38.84
16. BONNEVILLE, Naomi	12	Club aquatique Montréal	5:47.99	1:22.67	2:51.27	4:29.31	5:47.99
50m: 38.71	38.71	150m: 2:07.06	44.39	250m: 3:40.57	49.30	350m: 5:08.73	39.42
100m: 1:22.67	43.96	200m: 2:51.27	44.21	300m: 4:29.31	48.74	400m: 5:47.99	39.26
17. PELLETIER, Léonie	12	Club de natation Mégophia	5:50.05	1:16.60	2:49.27	4:32.57	5:50.05
50m: 34.68	34.68	150m: 2:03.61	47.01	250m: 3:40.67	51.40	350m: 5:11.90	39.33
100m: 1:16.60	41.92	200m: 2:49.27	45.66	300m: 4:32.57	51.90	400m: 5:50.05	38.15
18. GRABOWIECKA, Isca	12	Cote Saint-Luc Aquatics	5:50.20	1:18.04	2:50.41	4:34.10	5:50.20
50m: 33.94	33.94	150m: 2:04.87	46.83	250m: 3:41.66	51.25	350m: 5:12.75	38.65
100m: 1:18.04	44.10	200m: 2:50.41	45.54	300m: 4:34.10	52.44	400m: 5:50.20	37.45

Epreuve 19, Filles, 400m 4 nages, Eliminatoire, 13 ans et moins

Rang	Age	Temps	Pts	100m	200m	300m	400m	
19.	ZHOU, Cindy	12	Pointe-Claire Swim Club	5:53.51	1:19.97	2:52.60	4:33.94	5:53.51
	50m: 36.84	36.84	150m: 2:07.33	47.36	250m: 3:43.25	50.65	350m: 5:14.02	40.08
	100m: 1:19.97	43.13	200m: 2:52.60	45.27	300m: 4:33.94	50.69	400m: 5:53.51	39.49
20.	DION, Callie	12	C.N. Dollard-des-Ormeaux	5:53.99	1:20.43	2:51.48	4:32.65	5:53.99
	50m: 36.86	36.86	150m: 2:07.08	46.65	250m: 3:42.05	50.57	350m: 5:15.44	42.79
	100m: 1:20.43	43.57	200m: 2:51.48	44.40	300m: 4:32.65	50.60	400m: 5:53.99	38.55
21.	TURCOTTE, Noémie	12	É.N. St Lambert	5:57.60	1:18.88	2:48.42	4:30.64	5:57.60
	50m: 35.25	35.25	150m: 2:03.75	44.87	250m: 3:39.01	50.59	350m: 5:14.54	43.90
	100m: 1:18.88	43.63	200m: 2:48.42	44.67	300m: 4:30.64	51.63	400m: 5:57.60	43.06
22.	LAPERRIÈRE, Alizé	12	Neptune Natation	6:00.89	1:24.84	2:55.19	4:38.68	6:00.89
	50m: 37.61	37.61	150m: 2:10.81	45.97	250m: 3:46.15	50.96	350m: 5:20.58	41.90
	100m: 1:24.84	47.23	200m: 2:55.19	44.38	300m: 4:38.68	52.53	400m: 6:00.89	40.31
23.	SPINA, Isabella	12	Club de natation Saint-Laur	6:01.74	1:22.83	3:00.17	4:38.24	6:01.74
	50m: 38.45	38.45	150m: 2:11.67	48.84	250m: 3:48.61	48.44	350m: 5:20.55	42.31
	100m: 1:22.83	44.38	200m: 3:00.17	48.50	300m: 4:38.24	49.63	400m: 6:01.74	41.19
disq.	MECTEAU, Abygaëlle	13	Club de Natation des Riverains					

Epreuve 19 Filles, 400m 4 nages 14 - 15 ans
2026-05-16 - 8:30 Liste résultats Eliminatoire

Canadian Senior Records	4:23.65	MCINTOSH, Summer	UNCAN	Victoria	2025-06-11
Canadian Age Group Records 15 - 17	4:24.38	MCINTOSH, Summer	UNCAN	Toronto	2024-05-16
Canadian Age Group Records 13 - 14	4:46.69	BELLIIO, Katrina	ESWIM	Toronto	2019-04-04
Quebec Provincial Senior Records	4:34.37	HARVEY, Mary-Sophie	CAMO	Saint-Denis (FRA)	2026-03-20
Quebec Provincial Age Group Records 154:45.36		HARVEY, Mary-Sophie	NN	Kihei (USA)	2014-08-28
Quebec Provincial Age Group Records 144:50.79		HARVEY, Mary-Sophie	NN	Saskatoon	2014-07-17

Essais canadiens - 17: 5:05.36

Points: Can PARA 2025

Rang	Age	Temps	Pts	100m	200m	300m	400m		
1.	FERGUSON, Taylor	15	Pointe-Claire Swim Club	5:09.31	Q	1:08.17	2:25.46	3:58.33	5:09.31
	50m: 31.54	31.54	150m: 1:47.32	39.15	250m: 3:11.62	46.16	350m: 4:34.71	36.38	
	100m: 1:08.17	36.63	200m: 2:25.46	38.14	300m: 3:58.33	46.71	400m: 5:09.31	34.60	
2.	FORTIER, Charlie-Rose	14	Club De Natation Sherbroo	5:10.92	Q	1:10.40	2:31.43	3:58.28	5:10.92
	50m: 32.14	32.14	150m: 1:51.11	40.71	250m: 3:14.35	42.92	350m: 4:35.07	36.79	
	100m: 1:10.40	38.26	200m: 2:31.43	40.32	300m: 3:58.28	43.93	400m: 5:10.92	35.85	
3.	MOFFET, Raphaëlle	14	Club aquatique Montréal	5:13.89	Q	1:08.53	2:31.69	4:02.23	5:13.89
	50m: 31.92	31.92	150m: 1:50.70	42.17	250m: 3:16.69	45.00	350m: 4:38.42	36.19	
	100m: 1:08.53	36.61	200m: 2:31.69	40.99	300m: 4:02.23	45.54	400m: 5:13.89	35.47	
4.	MARTINEAU, Alyssa	15	Natation Gatineau	5:20.97	Q	1:11.68	2:31.89	4:08.66	5:20.97
	50m: 33.37	33.37	150m: 1:52.29	40.61	250m: 3:20.58	48.69	350m: 4:44.97	36.31	
	100m: 1:11.68	38.31	200m: 2:31.89	39.60	300m: 4:08.66	48.08	400m: 5:20.97	36.00	
5.	LAMBERT, Jade	15	Neptune Natation	5:21.45	Q	1:12.06	2:32.40	4:08.17	5:21.45
	50m: 33.06	33.06	150m: 1:52.61	40.55	250m: 3:20.35	47.95	350m: 4:44.81	36.64	
	100m: 1:12.06	39.00	200m: 2:32.40	39.79	300m: 4:08.17	47.82	400m: 5:21.45	36.64	
6.	GOSELIN, Méli	15	Rouge et Or/Université Lav	5:25.17	Q	1:15.58	2:39.61	4:12.23	5:25.17
	50m: 34.77	34.77	150m: 1:58.17	42.59	250m: 3:25.71	46.10	350m: 4:49.18	36.95	
	100m: 1:15.58	40.81	200m: 2:39.61	41.44	300m: 4:12.23	46.52	400m: 5:25.17	35.99	
7.	MARCHAND, Gabrielle	14	Velox Natation	5:27.53	Q	1:13.89	2:37.19	4:14.29	5:27.53
	50m: 33.46	33.46	150m: 1:56.25	42.36	250m: 3:25.21	48.02	350m: 4:52.30	38.01	
	100m: 1:13.89	40.43	200m: 2:37.19	40.94	300m: 4:14.29	49.08	400m: 5:27.53	35.23	
8.	MOUJOURD, Lina	15	Elite	5:28.00	Q	1:14.09	2:41.20	4:13.32	5:28.00
	50m: 33.92	33.92	150m: 1:58.10	44.01	250m: 3:27.06	45.86	350m: 4:52.61	39.29	
	100m: 1:14.09	40.17	200m: 2:41.20	43.10	300m: 4:13.32	46.26	400m: 5:28.00	35.39	
9.	FORTIN, Alix	15	Neptune Natation	5:28.89	Q	1:13.63	2:40.91	4:12.85	5:28.89
	50m: 33.39	33.39	150m: 1:57.56	43.93	250m: 3:26.40	45.49	350m: 4:51.29	38.44	
	100m: 1:13.63	40.24	200m: 2:40.91	43.35	300m: 4:12.85	46.45	400m: 5:28.89	37.60	
10.	DESJARDINS, Katelyn	15	Pointe-Claire Swim Club	5:29.15	Q	1:11.59	2:39.97	4:11.66	5:29.15
	50m: 32.95	32.95	150m: 1:56.56	44.97	250m: 3:25.04	45.07	350m: 4:51.33	39.67	
	100m: 1:11.59	38.64	200m: 2:39.97	43.41	300m: 4:11.66	46.62	400m: 5:29.15	37.82	
11.	FORTIN, Flavie	14	Rouge et Or/Université Lav	5:32.43	R	1:13.91	2:39.54	4:18.51	5:32.43
	50m: 34.74	34.74	150m: 1:57.15	43.24	250m: 3:29.06	49.52	350m: 4:55.59	37.08	
	100m: 1:13.91	39.17	200m: 2:39.54	42.39	300m: 4:18.51	49.45	400m: 5:32.43	36.84	

Epreuve 19, Filles, 400m 4 nages, Eliminatoire, 14 - 15 ans

Rang	Age	Temps	Pts	100m	200m	300m	400m		
12. DION, Chloe	15	C.N. Dollard-des-Ormeaux	5:34.52	R	1:14.59	2:44.23	4:19.15	5:34.52	
		50m: 34.32	34.32	150m: 2:00.33	45.74	250m: 3:30.98	46.75	350m: 4:57.51	38.36
		100m: 1:14.59	40.27	200m: 2:44.23	43.90	300m: 4:19.15	48.17	400m: 5:34.52	37.01
13. WANG, Emily Zihan	14	Club de Natation SAMAK	5:39.23	R	1:14.98	2:43.36	4:21.58	5:39.23	
		50m: 34.07	34.07	150m: 1:59.35	44.37	250m: 3:31.40	48.04	350m: 5:00.40	38.82
		100m: 1:14.98	40.91	200m: 2:43.36	44.01	300m: 4:21.58	50.18	400m: 5:39.23	38.83
14. HUANG, Vinciane	14	Club de Natation SAMAK	5:41.72	R	1:12.62	2:44.57	4:20.75	5:41.72	
		50m: 33.77	33.77	150m: 1:59.77	47.15	250m: 3:31.84	47.27	350m: 5:02.02	41.27
		100m: 1:12.62	38.85	200m: 2:44.57	44.80	300m: 4:20.75	48.91	400m: 5:41.72	39.70

Epreuve 19 Filles, 400m 4 nages 16 - 17 ans
2026-05-16 - 8:30 Liste résultats Eliminatoire

Canadian Senior Records	4:23.65	MCINTOSH, Summer	UNCAN	Victoria	2025-06-11
Canadian Age Group Records	4:24.38	MCINTOSH, Summer	UNCAN	Toronto	2024-05-16
Quebec Provincial Senior Records	4:34.37	HARVEY, Mary-Sophie	CAMO	Saint-Denis (FRA)	2026-03-20
Quebec Provincial Age Group Records	174:36.48	HARVEY, Mary-Sophie	NN	Rome (ITA)	2017-06-24
Quebec Provincial Age Group Records	164:47.55	HARVEY, Mary-Sophie	NN	Edmonton	2016-08-05

Essais canadiens - 17: 5:05.36

Points: Can PARA 2025

Rang	Age	Temps	Pts	100m	200m	300m	400m		
1. KRAUSS, Ellie	17	Natation Gatineau	5:09.61	Q	1:07.09	2:28.02	4:00.24	5:09.61	
		50m: 31.20	31.20	150m: 1:48.45	41.36	250m: 3:13.73	45.71	350m: 4:35.65	35.41
		100m: 1:07.09	35.89	200m: 2:28.02	39.57	300m: 4:00.24	46.51	400m: 5:09.61	33.96
2. DAGSAAN, Jadyn	16	Pointe-Claire Swim Club	5:09.69	Q	1:09.07	2:27.93	3:58.96	5:09.69	
		50m: 32.40	32.40	150m: 1:49.07	40.00	250m: 3:13.11	45.18	350m: 4:35.02	36.06
		100m: 1:09.07	36.67	200m: 2:27.93	38.86	300m: 3:58.96	45.85	400m: 5:09.69	34.67
3. ABETTI, Douae	16	Club de natation région de	5:13.29	Q	1:12.74	2:35.13	4:01.80	5:13.29	
		50m: 33.73	33.73	150m: 1:54.51	41.77	250m: 3:18.41	43.28	350m: 4:38.61	36.81
		100m: 1:12.74	39.01	200m: 2:35.13	40.62	300m: 4:01.80	43.39	400m: 5:13.29	34.68
4. BOYER, Mariane	17	Natation Gatineau	5:14.35	Q	1:10.61	2:33.64	4:03.45	5:14.35	
		50m: 33.34	33.34	150m: 1:52.45	41.84	250m: 3:19.17	45.53	350m: 4:39.34	35.89
		100m: 1:10.61	37.27	200m: 2:33.64	41.19	300m: 4:03.45	44.28	400m: 5:14.35	35.01
5. MASSICOTTE, Anabelle	16	Club de natation Mégophia	5:17.91	Q	1:12.51	2:36.03	4:05.23	5:17.91	
		50m: 32.80	32.80	150m: 1:54.94	42.43	250m: 3:20.59	44.56	350m: 4:42.67	37.44
		100m: 1:12.51	39.71	200m: 2:36.03	41.09	300m: 4:05.23	44.64	400m: 5:17.91	35.24
6. MONETTE, Mathilde	16	Neptune Natation	5:20.07	Q	1:12.49	2:32.62	4:05.81	5:20.07	
		50m: 33.24	33.24	150m: 1:53.07	40.58	250m: 3:19.94	47.32	350m: 4:43.73	37.92
		100m: 1:12.49	39.25	200m: 2:32.62	39.55	300m: 4:05.81	45.87	400m: 5:20.07	36.34
7. LETENDRE, Emma	16	Club De Natation Sherbroo	5:22.52	Q	1:15.02	2:36.09	4:07.26	5:22.52	
		50m: 34.30	34.30	150m: 1:56.17	41.15	250m: 3:21.33	45.24	350m: 4:45.39	38.13
		100m: 1:15.02	40.72	200m: 2:36.09	39.92	300m: 4:07.26	45.93	400m: 5:22.52	37.13
8. LEMELIN, Émie	16	Club de natation région de	5:22.58	Q	1:13.42	2:32.20	4:08.96	5:22.58	
		50m: 34.43	34.43	150m: 1:52.90	39.48	250m: 3:19.89	47.69	350m: 4:46.18	37.22
		100m: 1:13.42	38.99	200m: 2:32.20	39.30	300m: 4:08.96	49.07	400m: 5:22.58	36.40
9. GORDON, Erika	17	Pointe-Claire Swim Club	5:23.50	Q	1:12.39	2:33.71	4:09.62	5:23.50	
		50m: 33.64	33.64	150m: 1:54.04	41.65	250m: 3:21.81	48.10	350m: 4:47.37	37.75
		100m: 1:12.39	38.75	200m: 2:33.71	39.67	300m: 4:09.62	47.81	400m: 5:23.50	36.13
10. SHINK, Laurie	17	Club de natation région de	5:23.72	Q	1:12.34	2:35.36	4:09.23	5:23.72	
		50m: 33.43	33.43	150m: 1:53.57	41.23	250m: 3:21.63	46.27	350m: 4:46.59	37.36
		100m: 1:12.34	38.91	200m: 2:35.36	41.79	300m: 4:09.23	47.60	400m: 5:23.72	37.13
11. TURCOTTE, Annabelle	16	Club de natation région de	5:24.26	R	1:13.40	2:35.54	4:14.86	5:24.26	
		50m: 34.19	34.19	150m: 1:55.59	42.19	250m: 3:24.87	49.33	350m: 4:50.07	35.21
		100m: 1:13.40	39.21	200m: 2:35.54	39.95	300m: 4:14.86	49.99	400m: 5:24.26	34.19
12. BEAUDOIN, M.	17	Rouge et Or/Université Lav	5:31.43	R	1:11.92	2:38.42	4:16.12	5:31.43	
		50m: 33.87	33.87	150m: 1:54.51	42.59	250m: 3:27.49	49.07	350m: 4:54.26	38.14
		100m: 1:11.92	38.05	200m: 2:38.42	43.91	300m: 4:16.12	48.63	400m: 5:31.43	37.17

Epreuve 19, Dames, 400m 4 nages, Eliminatoire

Epreuve 19

Dames, 400m 4 nages

18 ans et plus

2026-05-16 - 8:30

Liste résultats Eliminatoire

Canadian Senior Records	4:23.65	MCINTOSH, Summer	UNCAN	Victoria	2025-06-11
Quebec Provincial Senior Records	4:34.37	HARVEY, Mary-Sophie	CAMO	Saint-Denis (FRA)	2026-03-20

Essais canadiens : 5:00.92

Points: Can PARA 2025

Rang	Age	Temps	Pts	100m	200m	300m	400m
1.	BROUSSEAU, Charlotte 18	Club aquatique Montréal	5:02.04 Q	1:07.03	2:25.62	3:53.92	5:02.04
	50m: 31.34 31.34	150m: 1:47.75 40.72	250m: 3:10.81	45.19	350m: 4:29.58	35.66	
	100m: 1:07.03 35.69	200m: 2:25.62 37.87	300m: 3:53.92	43.11	400m: 5:02.04	32.46	
2.	BEAUDOIN, Shanelle 18	Club de Natation SAMAK	5:10.37 Q	1:11.38	2:29.53	3:56.77	5:10.37
	50m: 32.59 32.59	150m: 1:51.65 40.27	250m: 3:12.03	42.50	350m: 4:34.59	37.82	
	100m: 1:11.38 38.79	200m: 2:29.53 37.88	300m: 3:56.77	44.74	400m: 5:10.37	35.78	
3.	MALENFANT, Viviane 18	Club de natation région de	5:10.58 Q	1:12.27	2:32.08	4:00.02	5:10.58
	50m: 33.36 33.36	150m: 1:52.44 40.17	250m: 3:15.54	43.46	350m: 4:36.16	36.14	
	100m: 1:12.27 38.91	200m: 2:32.08 39.64	300m: 4:00.02	44.48	400m: 5:10.58	34.42	
4.	VÉZINA, Corinne 21	Rouge et Or/Université Lav	5:11.38 Q	1:08.69	2:31.04	3:59.15	5:11.38
	50m: 31.96 31.96	150m: 1:50.73 42.04	250m: 3:14.63	43.59	350m: 4:36.09	36.94	
	100m: 1:08.69 36.73	200m: 2:31.04 40.31	300m: 3:59.15	44.52	400m: 5:11.38	35.29	
5.	TREMBLAY, Raphaëlle 21	LMRL Rivière-du-Loup	5:12.79 Q	1:10.90	2:34.28	4:03.99	5:12.79
	50m: 32.87 32.87	150m: 1:52.40 41.50	250m: 3:18.96	44.68	350m: 4:39.78	35.79	
	100m: 1:10.90 38.03	200m: 2:34.28 41.88	300m: 4:03.99	45.03	400m: 5:12.79	33.01	
6.	LAPIERRE, Justine 18	Pointe-Claire Swim Club	5:13.09 Q	1:11.65	2:31.53	3:59.80	5:13.09
	50m: 33.17 33.17	150m: 1:52.05 40.40	250m: 3:15.06	43.53	350m: 4:36.72	36.92	
	100m: 1:11.65 38.48	200m: 2:31.53 39.48	300m: 3:59.80	44.74	400m: 5:13.09	36.37	
7.	KARAGIANNIS, M. 18	Club de Natation SAMAK	5:14.23 Q	1:06.94	2:27.99	3:59.88	5:14.23
	50m: 30.88 30.88	150m: 1:47.25 40.31	250m: 3:13.54	45.55	350m: 4:37.21	37.33	
	100m: 1:06.94 36.06	200m: 2:27.99 40.74	300m: 3:59.88	46.34	400m: 5:14.23	37.02	
8.	MICHAUD, Élisabeth 20	Club de natation Saint-Laur	5:15.33 Q	1:08.90	2:32.25	4:02.58	5:15.33
	50m: 32.09 32.09	150m: 1:51.25 42.35	250m: 3:16.98	44.73	350m: 4:39.09	36.51	
	100m: 1:08.90 36.81	200m: 2:32.25 41.00	300m: 4:02.58	45.60	400m: 5:15.33	36.24	
9.	MCLEOD, Kealeigh 19	McGILL	5:16.73 Q	1:11.39	2:33.75	4:04.82	5:16.73
	50m: 33.00 33.00	150m: 1:53.15 41.76	250m: 3:18.39	44.64	350m: 4:41.39	36.57	
	100m: 1:11.39 38.39	200m: 2:33.75 40.60	300m: 4:04.82	46.43	400m: 5:16.73	35.34	
10.	MARIGAUX, Maika 21	Université de Montréal	5:17.77 Q	1:16.13	2:35.18	4:05.56	5:17.77
	50m: 34.55 34.55	150m: 1:56.34 40.21	250m: 3:20.24	45.06	350m: 4:42.79	37.23	
	100m: 1:16.13 41.58	200m: 2:35.18 38.84	300m: 4:05.56	45.32	400m: 5:17.77	34.98	
11.	GUY, Roxane 18	Club de natation région de	5:21.00 R	1:13.82	2:36.42	4:08.54	5:21.00
	50m: 34.67 34.67	150m: 1:55.94 42.12	250m: 3:22.48	46.06	350m: 4:45.48	36.94	
	100m: 1:13.82 39.15	200m: 2:36.42 40.48	300m: 4:08.54	46.06	400m: 5:21.00	35.52	
12.	TANGUAY, Daphnée 20	Université de Sherbrooke V	5:22.02 R	1:10.44	2:33.90	4:07.60	5:22.02
	50m: 33.20 33.20	150m: 1:52.47 42.03	250m: 3:20.13	46.23	350m: 4:45.67	38.07	
	100m: 1:10.44 37.24	200m: 2:33.90 41.43	300m: 4:07.60	47.47	400m: 5:22.02	36.35	
13.	BATTISTI, Alicia 18	club aquatique st-eustache	5:24.19 R	1:13.33	2:38.44	4:12.77	5:24.19
	50m: 32.85 32.85	150m: 1:56.01 42.68	250m: 3:24.76	46.32	350m: 4:48.99	36.22	
	100m: 1:13.33 40.48	200m: 2:38.44 42.43	300m: 4:12.77	48.01	400m: 5:24.19	35.20	
14.	SHINK, Ariane 19	Club de natation région de	5:24.75 R	1:12.44	2:38.52	4:13.54	5:24.75
	50m: 33.77 33.77	150m: 1:56.39 43.95	250m: 3:26.53	48.01	350m: 4:50.66	37.12	
	100m: 1:12.44 38.67	200m: 2:38.52 42.13	300m: 4:13.54	47.01	400m: 5:24.75	34.09	
15.	PRICE, Loriane 18	Club de Natation SAMAK	5:26.71	1:09.17	2:34.25	4:13.12	5:26.71
	50m: 31.98 31.98	150m: 1:52.56 43.39	250m: 3:23.45	49.20	350m: 4:50.44	37.32	
	100m: 1:09.17 37.19	200m: 2:34.25 41.69	300m: 4:13.12	49.67	400m: 5:26.71	36.27	
16.	QUEVILLON, Liliane 20	Neptune Natation	5:29.16	1:14.13	2:36.30	4:15.48	5:29.16
	50m: 33.79 33.79	150m: 1:55.72 41.59	250m: 3:25.26	48.96	350m: 4:52.40	36.92	
	100m: 1:14.13 40.34	200m: 2:36.30 40.58	300m: 4:15.48	50.22	400m: 5:29.16	36.76	
17.	SYLVESTRE, Justine 19	Neptune Natation	5:37.95	1:15.78	2:44.94	4:20.36	5:37.95
	50m: 34.89 34.89	150m: 2:01.46 45.68	250m: 3:32.02	47.08	350m: 4:59.24	38.88	
	100m: 1:15.78 40.89	200m: 2:44.94 43.48	300m: 4:20.36	48.34	400m: 5:37.95	38.71	