

Event 13  
2026-06-12 - 12:28

Men, 400m Freestyle

13 years and older  
Results

Points: AQUA 2026

Rank			YB			Time	Pts	
1.	Kostas VAICIUNAS		06	Panevezio Zemyna		<b>4:04.85</b>	724	
	50m:	27.90 27.90	150m:	1:29.81 31.18	250m:	2:32.77 31.31	350m:	3:35.31 30.81
	100m:	58.63 30.73	200m:	2:01.46 31.65	300m:	3:04.50 31.73	400m:	4:04.85 29.54
2.	Jonas KNASAS		06	LTU 19+		<b>4:12.36</b>	662	
	50m:	28.45 28.45	150m:	1:32.49 32.70	250m:	2:37.71 32.60	350m:	3:43.58 32.98
	100m:	59.79 31.34	200m:	2:05.11 32.62	300m:	3:10.60 32.89	400m:	4:12.36 28.78
3.	Matas GRISKONIS		08	KPM Vilija		<b>4:15.83</b>	635	
	50m:	28.65 28.65	150m:	1:32.75 32.53	250m:	2:38.75 32.85	350m:	3:44.48 32.59
	100m:	1:00.22 31.57	200m:	2:05.90 33.15	300m:	3:11.89 33.14	400m:	4:15.83 31.35
4.	Edgaras STURA		88	Vilniaus Poseidonas		<b>4:16.41</b>	631	
	50m:	30.36 30.36	150m:	1:39.07 34.33	250m:	2:44.92 31.68	350m:	3:46.60 30.62
	100m:	1:04.74 34.38	200m:	2:13.24 34.17	300m:	3:15.98 31.06	400m:	4:16.41 29.81
5.	Simonas ZEKAS		09	Sostines SC		<b>4:21.51</b>	595	
	50m:	30.05 30.05	150m:	1:38.59 34.47	250m:	2:45.83 32.74	350m:	3:51.08 31.40
	100m:	1:04.12 34.07	200m:	2:13.09 34.50	300m:	3:19.68 33.85	400m:	4:21.51 30.43
6.	Aronas DAILYDA		08	Sostines SC		<b>4:30.61</b>	537	
	50m:	28.97 28.97	150m:	1:38.49 35.32	250m:	2:48.67 34.82	350m:	3:58.48 34.31
	100m:	1:03.17 34.20	200m:	2:13.85 35.36	300m:	3:24.17 35.50	400m:	4:30.61 32.13
7.	Simonas POSKUS		09	Sostines SC		<b>4:37.05</b>	500	
	50m:	30.76 30.76	150m:	1:41.05 35.90	250m:	2:53.18 36.09	350m:	4:03.76 34.83
	100m:	1:05.15 34.39	200m:	2:17.09 36.04	300m:	3:28.93 35.75	400m:	4:37.05 33.29
8.	Domas BURNEIKA		10	Sostines SC		<b>4:39.60</b>	486	
	50m:	31.39 31.39	150m:	1:42.49 35.51	250m:	2:54.30 35.52	350m:	4:05.48 34.91
	100m:	1:06.98 35.59	200m:	2:18.78 36.29	300m:	3:30.57 36.27	400m:	4:39.60 34.12
9.	Vejas SMELEVICIUS		09	Sostines SC		<b>4:42.83</b>	470	
	50m:	31.06 31.06	150m:	1:42.40 36.49	250m:	2:55.73 36.09	350m:	4:07.84 35.43
	100m:	1:05.91 34.85	200m:	2:19.64 37.24	300m:	3:32.41 36.68	400m:	4:42.83 34.99
10.	Majus SERGEJEVAS		12	KPM Silainiai		<b>4:42.86</b>	470	
	50m:	31.87 31.87	150m:	1:43.93 36.88	250m:	2:57.82 37.24	350m:	4:09.39 34.59
	100m:	1:07.05 35.18	200m:	2:20.58 36.65	300m:	3:34.80 36.98	400m:	4:42.86 33.47
11.	Ernestas KOSTIUKOVAS		10	Sostines SC		<b>4:43.77</b>	465	
	50m:	32.59 32.59	150m:	1:44.64 36.71	250m:	2:57.98 36.84	350m:	4:11.43 36.15
	100m:	1:07.93 35.34	200m:	2:21.14 36.50	300m:	3:35.28 37.30	400m:	4:43.77 32.34
12.	Matas STRELEC		13	SM Nemunas		<b>4:49.54</b>	438	
	50m:	33.07 33.07	150m:	1:46.44 36.93	250m:	3:01.09 36.89	350m:	4:15.18 36.77
	100m:	1:09.51 36.44	200m:	2:24.20 37.76	300m:	3:38.41 37.32	400m:	4:49.54 34.36
13.	Maksims FOMICOVS		12	Rezeknes BJSS		<b>4:51.10</b>	431	
	50m:	31.56 31.56	150m:	1:45.45 37.88	250m:	3:01.81 38.05	350m:	4:16.48 36.57
	100m:	1:07.57 36.01	200m:	2:23.76 38.31	300m:	3:39.91 38.10	400m:	4:51.10 34.62
14.	Jonas GALMINAS		11	Sostines SC		<b>4:56.39</b>	408	
	50m:	31.83 31.83	150m:	1:46.94 38.31	250m:	3:03.45 38.64	350m:	4:21.05 37.59
	100m:	1:08.63 36.80	200m:	2:24.81 37.87	300m:	3:43.46 40.01	400m:	4:56.39 35.34
15.	Markas DIRMA		13	Utenos DSC		<b>4:57.30</b>	404	
	50m:	34.20 34.20	150m:	1:50.05 38.33	250m:	3:06.63 38.46	350m:	4:22.25 37.99
	100m:	1:11.72 37.52	200m:	2:28.17 38.12	300m:	3:44.26 37.63	400m:	4:57.30 35.05

Event 13, Men, 400m Freestyle, 13 years and older

Rank			YB						Time	Pts		
16.	Timurs HODJUKS		10		Rezeknes BJSS				<b>5:15.47</b>	338		
	50m:	34.16	34.16	150m:	1:54.65	40.90	250m:	3:16.61	41.73	350m:	4:38.22	41.27
	100m:	1:13.75	39.59	200m:	2:34.88	40.23	300m:	3:56.95	40.34	400m:	5:15.47	37.25