

Prova 28  
25/07/2026 - 10:56

Femin., 200m Livres

Absolutos  
Resultados Elimin

|               |          |                            |        |                     |            |
|---------------|----------|----------------------------|--------|---------------------|------------|
| RN 50m Open   | 1:57.85  | MARTINS, Francisca Soares  | POR    | Berlin (GER)        | 22/07/2025 |
| RN 50m Sen    | 1:57.85  | MARTINS, Francisca Soares  | POR    | Berlin (GER)        | 22/07/2025 |
| RN 50m Jun 18 | 2:02.68  | CUNHA, Mariana Pacheco     | CNCE   | Porto               | 05/06/2022 |
| RN 50m Jun 17 | 2:03.11  | MARTINS, Francisca Soares  | POR    | Loule               | 16/08/2020 |
| RN 50m Juv A  | 2:02.89  | SOUSA, Ana Reis            | POR    | Helsinki (FIN)      | 06/07/2018 |
| RN 50m Juv B  | 2:05.85  | MARTINS, Francisca Soares  | FOCA   | Oeiras              | 27/07/2018 |
| RN NA 50m S1  | 59:00.00 | , start                    |        |                     | 01/01/1800 |
| RN NA 50m S2  | 59:00.00 | , start                    |        |                     | 01/01/1800 |
| RN NA 50m S3  | 5:07.35  | BARROSO, Susana Cristina   | GESL   | Lisboa              | 26/05/2001 |
| RN NA 50m S4  | 4:07.64  | GUIMARAES, Diana Lobo      | FCP    | Vila Franca de Xira | 01/12/2007 |
| RN NA 50m S5  | 3:31.89  | MORGADO, Maria Joao        | POR    | Braunschweig (GER)  | 13/08/1999 |
| RN NA 50m S6  | 5:24.18  | MENDES, Diana Goncalves    | CNG    | Rio Maior           | 31/05/2025 |
| RN NA 50m S7  | 4:07.52  | FERREIRA, Carlota Girao    | ADADA  | Porto               | 09/03/2025 |
| RN NA 50m S8  | 2:41.60  | CASTRO, Ana Filipa         | FCP    | Vila Franca de Xira | 14/03/2026 |
| RN NA 50m S9  | 2:24.12  | VEIGA, Susana Pereira      | CFB    | Coimbra             | 29/03/2026 |
| RN NA 50m S10 | 2:40.38  | NEVES, Teresa Lamego       | POR    | Berlin (GER)        | 26/04/2014 |
| RN NA 50m S11 | 59:00.00 | ,                          |        |                     | 01/01/1800 |
| RN NA 50m S12 | 59:00.00 | ,                          |        |                     | 01/01/1800 |
| RN NA 50m S13 | 59:00.00 | ,                          |        |                     |            |
| RN NA 50m S14 | 2:48.99  | RESENDE, Sonia Castanheiro | POR    | Loano (ITA)         | 11/06/2016 |
| RN NA 50m S15 | 2:40.90  | ALMEIDA, Eunice Evora      | SCP    | Povoa de Varzim     | 12/05/2018 |
| RN NA 50m S16 | 3:35.36  | TABORDA, Maria Joao        | FCP    | Povoa de Varzim     | 07/04/2019 |
| RN NA 50m S17 | 2:25.27  | SALGUEIRO, Joana Lopes     | RIAAC  | Rio Maior           | 31/05/2025 |
| RN NA 50m S21 | 3:25.18  | GASPAR, Matilde Lucia      | APCC   | Coimbra             | 03/03/2024 |
| RN NA 50m M   | 3:23.61  | FONSECA, Sofia Luz         | CAFBDP | Vila Franca de Xira | 14/03/2026 |

Pontos: AQUA 2026

| Lugar   | Ano                       |    | Tempo final               | Pts     | 50m | 100m | 150m  | 200m  |       |       |
|---------|---------------------------|----|---------------------------|---------|-----|------|-------|-------|-------|-------|
| Juvenis |                           |    |                           |         |     |      |       |       |       |       |
| 1.      | HOLUB, Sofia Hryhorivna   | 11 | Vitória Sport Clube       | 2:10.02 | 643 | Q    | 30.49 | 32.64 | 34.09 | 32.80 |
| 2.      | RHARROUCH, Malak Dias     | 10 | Aquatico Pacense          | 2:11.24 | 625 | Q    | 30.50 | 32.78 | 33.95 | 34.01 |
| 3.      | TAVEIRA, Carolina Ratola  | 10 | Galitos / Bresimar        | 2:11.70 | 618 | Q    | 30.37 | 33.02 | 34.30 | 34.01 |
| 4.      | MOURA, Margarida Ferreira | 11 | Sporting                  | 2:13.03 | 600 | Q    | 30.61 | 33.48 | 34.31 | 34.63 |
| 5.      | NUNES, Zoe Pinho          | 11 | Galitos / Bresimar        | 2:14.92 | 575 | Q    | 32.59 | 34.30 | 34.74 | 33.29 |
| 6.      | CARDEAL, Leonor Nunes     | 10 | Condeixa Aqua Clube       | 2:15.19 | 572 | Q    | 29.61 | 33.18 | 36.38 | 36.02 |
| 7.      | GONCALVES, F.             | 11 | Benfica                   | 2:15.92 | 562 | Q    | 30.58 | 34.64 | 35.96 | 34.74 |
| 8.      | VASCONCELOS, S.           | 10 | Galitos / Bresimar        | 2:16.28 | 558 | Q    | 31.86 | 34.43 | 35.30 | 34.69 |
| 9.      | PIMENTEL, Eduarda Dias    | 10 | Porto                     | 2:16.76 | 552 | Q    | 31.88 | 34.79 | 35.16 | 34.93 |
| 10.     | MARTINS, L.               | 10 | BUZIOS - Coruche          | 2:16.90 | 550 | Q    | 31.32 | 34.44 | 35.99 | 35.15 |
| 11.     | CUNHA, Mariana Fernande   | 11 | FOCA Quinta Da Lixa - Cnf | 2:16.96 | 550 |      | 30.98 | 34.19 | 35.84 | 35.95 |
| 12.     | PEREIRA, Sofia Barroca    | 11 | BUZIOS - Coruche          | 2:17.49 | 543 |      | 31.01 | 34.47 | 35.82 | 36.19 |
| 13.     | HASSAMO, Maria Rita       | 11 | Benfica                   | 2:17.50 | 543 |      | 31.63 | 34.25 | 36.20 | 35.42 |
| 14.     | GREGORIO, Bruna Bacelar   | 10 | Vilacondense              | 2:17.70 | 541 |      | 31.71 | 35.42 | 36.07 | 34.50 |
| 15.     | CAMEJO, Carolina Melo     | 11 | Sporting                  | 2:18.51 | 531 |      | 31.83 | 34.58 | 36.49 | 35.61 |
| 16.     | CAPAREIRA, Alice Machado  | 11 | Ada                       | 2:18.59 | 531 |      | 30.95 | 34.56 | 36.88 | 36.20 |
| 17.     | FERNANDES, Maria Miguel   | 10 | Columbofila Cantanhedense | 2:18.92 | 527 |      | 31.48 | 36.02 | 35.94 | 35.48 |
| 18.     | LOPES, Carolina Melo      | 10 | Portinado                 | 2:19.41 | 521 |      | 31.56 | 34.67 | 36.43 | 36.75 |
| 19.     | GOMES, Isilda Raquel      | 11 | FOCA Quinta Da Lixa - Cnf | 2:19.72 | 518 |      | 31.51 | 34.78 | 36.37 | 37.06 |
| 20.     | CARDOSO, Matilde Paiva    | 11 | Fluvial Portuense         | 2:19.77 | 517 |      | 30.88 | 35.65 | 36.82 | 36.42 |
| 21.     | FERREIRA, Carolina Morao  | 11 | Ada                       | 2:19.86 | 516 |      | 32.10 | 34.66 | 36.09 | 37.01 |
| 22.     | PROENCA, Victoria Sales   | 10 | Benfica                   | 2:20.12 | 513 |      | 31.88 | 35.61 | 35.99 | 36.64 |
| 23.     | MADEIRA, Carmo Rosa       | 11 | Laranjeiro                | 2:20.37 | 511 |      | 32.25 | 35.26 | 36.91 | 35.95 |

Prova 28, Femin., 200m Livres, Elimin, Juvenis

| Lugar               |                            | Ano |                             | Tempo final | Pts | 50m   | 100m  | 150m  | 200m  |
|---------------------|----------------------------|-----|-----------------------------|-------------|-----|-------|-------|-------|-------|
| 24.                 | LUCAS, Maria Madalena      | 11  | Nacional de Natação         | 2:20.69     | 507 | 33.07 | 35.25 | 36.22 | 36.15 |
| 25.                 | MONTEIRO, F.               | 11  | Benfica                     | 2:20.98     | 504 | 31.99 | 35.33 | 36.39 | 37.27 |
| 26.                 | SYTNYK, Sofia              | 11  | Braga                       | 2:21.32     | 500 | 33.13 | 35.03 | 36.24 | 36.92 |
| 27.                 | SEMIAO, Lara Nobre         | 11  | Fundacao Salesianos         | 2:21.43     | 499 | 32.92 | 36.08 | 36.73 | 35.70 |
| 28.                 | PEREIRA, Matilde Sofia     | 11  | Condeixa Aqua Clube         | 2:22.70     | 486 | 32.50 | 36.47 | 36.85 | 36.88 |
| 29.                 | SERRA, Ana Filipa          | 11  | ADRCCI Monte Maior          | 2:22.91     | 484 | 32.33 | 35.80 | 37.24 | 37.54 |
| 30.                 | CORREIA, Maria Rendeiro    | 11  | Sport Alges e Dafundo       | 2:23.58     | 477 | 32.70 | 35.71 | 37.41 | 37.76 |
| 31.                 | MAGIYEVA, Eva              | 11  | Lagoa Academico Clube       | 2:23.59     | 477 | 32.49 | 35.50 | 37.92 | 37.68 |
| 32.                 | LOISAS, Filipa Ferreira    | 11  | Columbofila Cantanhedense   | 2:23.61     | 477 | 32.77 | 35.64 | 37.82 | 37.38 |
| 33.                 | FIGUEIREDO, Matilde Cond   | 11  | Condeixa Aqua Clube         | 2:23.98     | 473 | 33.92 | 36.17 | 37.79 | 36.10 |
| 34.                 | ROLDAO, Ana Teresa         | 11  | Academico Viseu Futebol Clu | 2:24.18     | 471 | 31.92 | 35.96 | 37.79 | 38.51 |
| 35.                 | GOMES, Madalena Correia    | 11  | ADRCCI Monte Maior          | 2:24.23     | 471 | 33.81 | 35.57 | 38.24 | 36.61 |
| 36.                 | ANDRADE, Luisa Goncalve    | 11  | Porto                       | 2:24.24     | 471 | 33.08 | 36.23 | 37.19 | 37.74 |
| 37.                 | PRYMACHENKO, A.            | 11  | Nucleo de Pombal            | 2:24.26     | 470 | 31.87 | 35.47 | 38.71 | 38.21 |
| 38.                 | RODRIGUES, Alice Maria     | 11  | Academico Viseu Futebol Clu | 2:24.50     | 468 | 33.16 | 36.67 | 37.32 | 37.35 |
| 39.                 | PORTULEZ, Beatriz Oliveira | 11  | Columbofila Cantanhedense   | 2:25.09     | 462 | 32.49 | 36.46 | 38.46 | 37.68 |
| 40.                 | LUIS, Maria Ines           | 11  | Aljustrelense               | 2:25.71     | 456 | 32.60 | 36.20 | 38.65 | 38.26 |
| 41.                 | VIEIRA, Frederica Vinhas   | 11  | Cdca                        | 2:26.98     | 445 | 32.89 | 36.24 | 38.73 | 39.12 |
| DSQ                 | JESUS, Vera Franca         | 11  | Naval Do Funchal            |             |     |       |       |       |       |
| 4.4 - Falsa Partida |                            |     |                             |             |     |       |       |       |       |

4.4 - Falsa Partida

Juniores

|     |                           |    |                       |                |       |       |       |       |       |
|-----|---------------------------|----|-----------------------|----------------|-------|-------|-------|-------|-------|
| 1.  | BOLEIXA, Carlota Costa    | 08 | Sport Alges e Dafundo | <b>2:08.75</b> | 662 Q | 29.62 | 32.17 | 33.35 | 33.61 |
| 2.  | NEVES, Maria Gomes        | 08 | Braga                 | <b>2:09.59</b> | 649 Q | 30.01 | 32.78 | 33.77 | 33.03 |
| 3.  | PINTO, Maria Carvalho     | 09 | Viana Natacao         | <b>2:10.37</b> | 637 Q | 30.34 | 32.91 | 33.52 | 33.60 |
| 4.  | MENDES, Rafaela Ferreira  | 08 | Torres Novas          | <b>2:12.50</b> | 607 Q | 31.00 | 33.40 | 34.48 | 33.62 |
| 5.  | NEVES, Ana Carolina       | 08 | Fluvial Portuense     | <b>2:13.42</b> | 595 Q | 29.43 | 33.45 | 34.94 | 35.60 |
| 6.  | UVA, Sofia Monteiro       | 09 | Sport Alges e Dafundo | <b>2:13.61</b> | 592 Q | 30.93 | 33.83 | 34.60 | 34.25 |
| 7.  | FREITAS, Diana Gomes      | 08 | Amigos da Montanha    | <b>2:13.90</b> | 588 Q | 30.91 | 33.61 | 34.63 | 34.75 |
| 8.  | COSTA, Uxia Romero        | 09 | Fluvial Portuense     | <b>2:14.06</b> | 586 Q | 31.02 | 34.19 | 34.80 | 34.05 |
| 9.  | MOREIRA, M.               | 09 | Colegio Efanor        | <b>2:15.15</b> | 572 Q | 31.14 | 34.16 | 35.04 | 34.81 |
| 10. | MATIAS, Alana Costa       | 09 | Louzan Natacao/EFAPEL | <b>2:16.04</b> | 561 Q | 31.13 | 34.19 | 35.50 | 35.22 |
| 11. | NUNES, Francisca Ramos    | 09 | Naval de Peniche      | <b>2:16.12</b> | 560   | 31.48 | 34.26 | 35.79 | 34.59 |
| 12. | PIRES, Ana Beatriz        | 08 | Sport Alges e Dafundo | <b>2:16.21</b> | 559   | 31.93 | 34.10 | 35.02 | 35.16 |
| 13. | MADEIRA, C.               | 09 | Nacional de Natacao   | <b>2:19.54</b> | 520   | 32.22 | 34.83 | 35.66 | 36.83 |
| 14. | TOMAS, Constanca Baptista | 09 | Alcobaca              | <b>2:23.64</b> | 476   | 32.51 | 36.56 | 37.60 | 36.97 |

Seniores

|    |                          |    |                           |                |       |       |       |       |       |
|----|--------------------------|----|---------------------------|----------------|-------|-------|-------|-------|-------|
| 1. | CONCEICAO, E.            | 03 | Sport Alges e Dafundo     | <b>2:02.10</b> | 776 Q | 28.48 | 30.67 | 31.42 | 31.53 |
| 2. | CARDEAL, Joana Nunes     | 02 | Condeixa Aqua Clube       | <b>2:06.03</b> | 706 Q | 29.03 | 31.30 | 32.99 | 32.71 |
| 3. | FOMINA, Anna             | 02 | Sporting                  | <b>2:06.42</b> | 699 Q | 28.47 | 31.41 | 33.83 | 32.71 |
| 4. | FRISCHKNECHT, Rita Barr  | 98 | Benfica                   | <b>2:07.36</b> | 684 Q | 28.90 | 31.60 | 33.35 | 33.51 |
| 5. | BARBEITO, Laura Espinola | 06 | Sporting                  | <b>2:08.33</b> | 668 Q | 28.71 | 31.58 | 33.76 | 34.28 |
| 6. | MOURA, Maria Ferreira    | 04 | Sporting                  | <b>2:09.13</b> | 656 Q | 29.65 | 31.87 | 33.66 | 33.95 |
| 7. | LOPES, Francisca Macedo  | 05 | Fluvial Portuense         | <b>2:09.38</b> | 652 Q | 29.92 | 32.42 | 33.28 | 33.76 |
| 8. | VIEIRA, Ana Beatriz      | 07 | FOCA Quinta Da Lixa - Cnf | <b>2:11.00</b> | 628 Q | 30.22 | 32.70 | 34.28 | 33.80 |
| 9. | CABRAL, Carolina Vizinho | 07 | Galitos / Bresimar        | <b>2:11.22</b> | 625 Q | 30.31 | 32.68 | 34.17 | 34.06 |

Prova 28, Femin., 200m Livres, Elimin, Seniores

| Lugar | Ano                       |    | Tempo final         | Pts            | 50m | 100m | 150m  | 200m  |       |       |
|-------|---------------------------|----|---------------------|----------------|-----|------|-------|-------|-------|-------|
| 10.   | PIMENTA, Margarida Sobral | 99 | ADRCCI Monte Maior  | <b>2:11.93</b> | 615 | Q    | 30.06 | 32.98 | 34.62 | 34.27 |
| 11.   | RODRIGUES, J.             | 04 | Leixoes Sport Clube | <b>2:11.99</b> | 614 |      | 30.75 | 33.34 | 34.09 | 33.81 |
| 12.   | LOURO, Beatriz Silva      | 07 | Sporting            | <b>2:12.47</b> | 608 |      | 30.16 | 33.21 | 34.42 | 34.68 |
| 13.   | RODRIGUES, Helena Nune    | 03 | Condeixa Aqua Clube | <b>2:12.95</b> | 601 |      | 30.91 | 33.26 | 34.71 | 34.07 |
| 14.   | SA, Maria Luis            | 06 | Fluvial Portuense   | <b>2:13.25</b> | 597 |      | 31.06 | 33.79 | 34.51 | 33.89 |
| 15.   | FIDALGO, Maria Jardim     | 04 | Os Belenenses       | <b>2:15.84</b> | 563 |      | 30.50 | 33.68 | 34.81 | 36.85 |
| EXH   | VEIGA, Susana Pereira     | 00 | Os Belenenses       | <b>2:24.75</b> | 466 |      | 33.48 | 36.40 | 37.85 | 37.02 |