

Wettkampf 26  
 14.06.2026 - 9:48

Damen, 400m Freistil

 allg. Kategorie  
 Rangliste

Limiten 2026 : 6:20.00

Punkte: AQUA 2026

Rang	Jg.	Zeit	Pkt.	100m	200m	300m	400m	
1.	DEL BELLO, Paula	12	Schwimmverein St.Gallen-V4: <b>4:46.21</b>	547	1:07.14	1:13.89	1:13.08	1:12.10
	<i>Regionale Meisterin</i>							
	50m:	150m:	250m:	350m:				
	100m: 1:07.14	200m: 2:21.03	300m: 3:34.11	400m: 4:46.21				
2.	MÜLLER, Jaël	10	Schwimmverein St.Gallen-V4: <b>4:47.86</b>	538	1:08.22	1:13.84	1:14.04	1:11.76
	50m:	150m:	250m:	350m:				
	100m: 1:08.22	200m: 2:22.06	300m: 3:36.10	400m: 4:47.86				
3.	ST-PIERRE, Alena	08	Schwimmclub Kreuzlingen <b>4:49.60</b>	528	1:09.39	1:14.23	1:13.92	1:12.06
	50m:	150m:	250m:	350m:				
	100m: 1:09.39	200m: 2:23.62	300m: 3:37.54	400m: 4:49.60				
4.	SCHNELLMANN, Aline	11	Schwimmverein St.Gallen-V4: <b>4:49.83</b>	527	1:09.83	1:14.17	1:14.77	1:11.06
	50m:	150m:	250m:	350m:				
	100m: 1:09.83	200m: 2:24.00	300m: 3:38.77	400m: 4:49.83				
5.	HIRSCH, Frida	11	Schwimmclub Kreuzlingen <b>4:54.60</b>	502	1:09.81	1:15.43	1:15.20	1:14.16
	50m:	150m:	250m:	350m:				
	100m: 1:09.81	200m: 2:25.24	300m: 3:40.44	400m: 4:54.60				
6.	SCHÄRMELI, Elina	12	Schwimmclub Kreuzlingen <b>4:59.23</b>	479	1:10.03	1:16.07	1:16.70	1:16.43
	50m:	150m:	250m:	350m:				
	100m: 1:10.03	200m: 2:26.10	300m: 3:42.80	400m: 4:59.23				
7.	GÜLEC, Aylin	11	Her <b>4:59.84</b>	476	0.80	2:26.33	1:16.74	1:15.97
	50m:	150m:	250m:	350m:				
	100m: 0.80	200m: 2:27.13	300m: 3:43.87	400m: 4:59.84				
8.	MILJANOVIC, Josephina	13	Schwimmverein St.Gallen-V5: <b>5:03.75</b>	458	1:10.31	1:18.00	1:19.52	1:15.92
	50m:	150m:	250m:	350m:				
	100m: 1:10.31	200m: 2:28.31	300m: 3:47.83	400m: 5:03.75				
9.	HARDEGGER, Moana Finj	11	Flos <b>5:04.90</b>	453	1:11.88	1:18.94	1:18.59	1:15.49
	50m:	150m:	250m:	350m:				
	100m: 1:11.88	200m: 2:30.82	300m: 3:49.41	400m: 5:04.90				
10.	PORTULEZ, Beatriz Oliveir	11	SC Chur <b>5:05.12</b>	452	1:10.43	1:18.60	1:18.84	1:17.25
	50m:	150m:	250m:	350m:				
	100m: 1:10.43	200m: 2:29.03	300m: 3:47.87	400m: 5:05.12				
11.	GUT, Nora	12	Schwimmclub Frauenfeld <b>5:05.50</b>	450	1:11.14	1:18.29	1:18.86	1:17.21
	50m:	150m:	250m:	350m:				
	100m: 1:11.14	200m: 2:29.43	300m: 3:48.29	400m: 5:05.50				
12.	D'ADDARIO, Valentina	13	Scsh <b>5:06.69</b>	445	1:12.24	1:18.47	1:18.60	1:17.38
	50m:	150m:	250m:	350m:				
	100m: 1:12.24	200m: 2:30.71	300m: 3:49.31	400m: 5:06.69				
13.	SCHMID, Nea	13	Scfg <b>5:07.48</b>	441	1:11.48	1:19.27	1:19.72	1:17.01
	50m:	150m:	250m:	350m:				
	100m: 1:11.48	200m: 2:30.75	300m: 3:50.47	400m: 5:07.48				
14.	FITZI, Lea	14	Scfg <b>5:09.69</b>	432	1:14.30	1:20.29	1:19.72	1:15.38
	50m:	150m:	250m:	350m:				
	100m: 1:14.30	200m: 2:34.59	300m: 3:54.31	400m: 5:09.69				
15.	BONKE, Elisabeth	12	Schwimmverein St.Gallen-V5: <b>5:10.67</b>	428	1:14.76	1:20.10	1:19.74	1:16.07
	50m:	150m:	250m:	350m:				
	100m: 1:14.76	200m: 2:34.86	300m: 3:54.60	400m: 5:10.67				
16.	SCHENKER, Jael	13	Schwimmverein St.Gallen-V5: <b>5:10.82</b>	427	1:14.26	1:19.50	1:20.54	1:16.52
	50m:	150m:	250m:	350m:				
	100m: 1:14.26	200m: 2:33.76	300m: 3:54.30	400m: 5:10.82				
17.	ZIMMERMANN, Nora	14	Schwimmclub Kreuzlingen <b>5:14.13</b>	414	1:14.21	1:20.36	1:20.26	1:19.30
	50m:	150m:	250m:	350m:				
	100m: 1:14.21	200m: 2:34.57	300m: 3:54.83	400m: 5:14.13				
18.	ANDREOLI, Elena	13	SC Chur <b>5:14.75</b>	411	1:15.49	1:22.14	1:18.41	1:18.71
	50m:	150m:	250m:	350m:				
	100m: 1:15.49	200m: 2:37.63	300m: 3:56.04	400m: 5:14.75				

## Wettkampf 26, Damen, 400m Freistil, allg. Kategorie

Rang	Jg.	Zeit	Pkt.	100m	200m	300m	400m		
19.	HITZERT, Layla	12	Flos	<b>5:15.15</b>	410	1:12.78	1:21.77	1:22.31	1:18.29
	50m:		150m:	250m:	350m:				
	100m: 1:12.78		200m: 2:34.55	300m: 3:56.86	400m: 5:15.15				
20.	STOCKER, Christina	14	Sgli	<b>5:19.71</b>	392	1:16.66	1:22.40	1:22.63	1:18.02
	50m:		150m:	250m:	350m:				
	100m: 1:16.66		200m: 2:39.06	300m: 4:01.69	400m: 5:19.71				
21.	BAKIS, Cemre	14	Schwimmclub Kreuzlingen	<b>5:21.12</b>	387	1:15.61	1:22.31	1:22.92	1:20.28
	50m:		150m:	250m:	350m:				
	100m: 1:15.61		200m: 2:37.92	300m: 4:00.84	400m: 5:21.12				
22.	RECHSTEINER, Sophie	12	Schwimmclub Kreuzlingen	<b>5:21.93</b>	384	1:16.40	1:22.81	1:23.06	1:19.66
	50m:		150m:	250m:	350m:				
	100m: 1:16.40		200m: 2:39.21	300m: 4:02.27	400m: 5:21.93				
23.	FRÖHLICH, Tamara	12	Schwimmclub Kreuzlingen	<b>5:22.48</b>	382	1:15.87	1:22.68	1:22.63	1:21.30
	50m:		150m:	250m:	350m:				
	100m: 1:15.87		200m: 2:38.55	300m: 4:01.18	400m: 5:22.48				
24.	SCHULER, Sveja Maria	12	Flos	<b>5:22.90</b>	381	1:15.09	1:24.09	1:23.08	1:20.64
	50m:		150m:	250m:	350m:				
	100m: 1:15.09		200m: 2:39.18	300m: 4:02.26	400m: 5:22.90				
25.	MÜLLER, Davina	13	Schwimmclub Romanshorn	<b>5:24.12</b>	377	1:15.11	1:22.07	1:24.15	1:22.79
	50m:		150m:	250m:	350m:				
	100m: 1:15.11		200m: 2:37.18	300m: 4:01.33	400m: 5:24.12				
26.	PETERSEN, Sara	08	Her	<b>5:27.11</b>	366	1:15.87	1:24.92	1:25.69	1:20.63
	50m:		150m:	250m:	350m:				
	100m: 1:15.87		200m: 2:40.79	300m: 4:06.48	400m: 5:27.11				
27.	SAXER, Amelie	12	Schwimmclub Romanshorn	<b>5:27.21</b>	366	1:15.71	1:25.89	1:24.60	1:21.01
	50m:		150m:	250m:	350m:				
	100m: 1:15.71		200m: 2:41.60	300m: 4:06.20	400m: 5:27.21				
28.	KLAK, Eline	13	Scfg	<b>5:31.03</b>	354	1:16.95	1:26.80	1:25.47	1:21.81
	50m:		150m:	250m:	350m:				
	100m: 1:16.95		200m: 2:43.75	300m: 4:09.22	400m: 5:31.03				
29.	VÖLKI, Luisa	12	Schwimmclub Frauenfeld	<b>5:32.13</b>	350	1:14.51	1:26.18	1:27.16	1:24.28
	50m:		150m:	250m:	350m:				
	100m: 1:14.51		200m: 2:40.69	300m: 4:07.85	400m: 5:32.13				
30.	RECHSTEINER, Melina	14	Schwimmclub Kreuzlingen	<b>5:37.14</b>	335	1:18.33	1:28.12	1:27.42	1:23.27
	50m:		150m:	250m:	350m:				
	100m: 1:18.33		200m: 2:46.45	300m: 4:13.87	400m: 5:37.14				
31.	LONIC, Hana	13	Scsh	<b>5:42.03</b>	320	1:18.45	1:28.26	1:28.63	1:26.69
	50m:		150m:	250m:	350m:				
	100m: 1:18.45		200m: 2:46.71	300m: 4:15.34	400m: 5:42.03				
32.	SCHÜEPP, Zoe	12	Schwimmclub Kreuzlingen	<b>5:42.14</b>	320	1:20.33	1:28.40	1:29.16	1:24.25
	50m:		150m:	250m:	350m:				
	100m: 1:20.33		200m: 2:48.73	300m: 4:17.89	400m: 5:42.14				
33.	SCHULER, Denja Maria	10	Flos	<b>5:44.84</b>	313	1:19.02	1:27.47	1:29.29	1:29.06
	50m:		150m:	250m:	350m:				
	100m: 1:19.02		200m: 2:46.49	300m: 4:15.78	400m: 5:44.84				
34.	DOMINGUEZ BRIESKORM13J.	13	SRV Linth	<b>5:45.69</b>	310	1:19.28	1:28.98	1:31.63	1:25.80
	50m:		150m:	250m:	350m:				
	100m: 1:19.28		200m: 2:48.26	300m: 4:19.89	400m: 5:45.69				
35.	CARAMMA, M.	13	Schwimmclub Frauenfeld	<b>5:46.66</b>	308	1:21.47	1:28.57	1:29.67	1:26.95
	50m:		150m:	250m:	350m:				
	100m: 1:21.47		200m: 2:50.04	300m: 4:19.71	400m: 5:46.66				
36.	BOLZON, Aleksandra	14	SRV Linth	<b>5:47.32</b>	306	1:21.05	1:29.96	1:31.02	1:25.29
	50m:		150m:	250m:	350m:				
	100m: 1:21.05		200m: 2:51.01	300m: 4:22.03	400m: 5:47.32				
37.	HELFENSTEIN, Linda	04	SC Chur	<b>5:51.26</b>	296	1:19.04	1:30.14	1:31.69	1:30.39
	50m:		150m:	250m:	350m:				
	100m: 1:19.04		200m: 2:49.18	300m: 4:20.87	400m: 5:51.26				

## Wettkampf 26, Damen, 400m Freistil, allg. Kategorie

Rang	Jg.		Zeit	Pkt.	100m	200m	300m	400m	
38.	LOOS, Zoé	14	Schwimmclub Kreuzlingen	<b>5:56.90</b>	282	1:21.30	1:31.98	1:32.89	1:30.73
	50m:		150m:	250m:		350m:			
	100m: 1:21.30		200m: 2:53.28	300m: 4:26.17		400m: 5:56.90			
39.	FEUSI, Viola	13	Schwimmclub Frauenfeld	<b>6:02.72</b>	269	1:24.69	1:33.29	1:34.02	1:30.72
	50m:		150m:	250m:		350m:			
	100m: 1:24.69		200m: 2:57.98	300m: 4:32.00		400m: 6:02.72			
40.	BERGER, Yanira	14	Her	<b>6:16.99</b>	239	1:28.32	1:38.52	1:37.75	1:32.40
	50m:		150m:	250m:		350m:			
	100m: 1:28.32		200m: 3:06.84	300m: 4:44.59		400m: 6:16.99			