

ZMC Lelystad  
Lelystad, 9-5-2026

Programmanr. 4  
9-5-2026 - 14:35

100m wisselslag

Gebjr 1932 - 2006  
Resultaten

rang	naam	vereniging	intijd		tijd	RT	50m	100m
<b>Masters 20+, Dames</b>								
1.	Evelien Husselman	MZ&PC De Reest	1:11.87	200501324	<b>1:11.70</b>			1:11.70
2.	Kyra Wesemann	MSV-Zeemacht	1:15.56	200201440	<b>1:15.95</b>			1:15.95
3.	Joyce Toonstra	Neptunia '24	1:17.55	200501298	<b>1:16.32</b>			1:16.32
4.	Amber Westerink	De Hokseberg	1:20.59	200401078	<b>1:22.97</b>			1:22.97
5.	Ilse Siemerink	WS Twente	1:22.53	200502512	<b>1:23.41</b>			1:23.41
6.	Alex van der Meij	Gay Swim Amsterdam	1:29.00	200206366	<b>1:29.10</b>			1:29.10
7.	Marit Gerritsen	WS Twente	1:34.23	200200664	<b>1:30.45</b>			1:30.45
<b>Masters 20+, Heren</b>								
1.	Mees Minneboo	MSV-Zeemacht	1:04.97	200203465	<b>1:03.99</b>			1:03.99
2.	Daan Schra	MZ&PC De Reest	1:07.10	200203271	<b>1:05.82</b>			1:05.82
3.	Ruben Beldman	De Hokseberg	1:16.99	200503575	<b>1:18.82</b>			1:18.82
<b>Masters 25+, Dames</b>								
1.	Jolien Wind	ZPC de Kanaalstreek	1:14.47	200100510	<b>1:13.59</b>			1:13.59
2.	F. Wiersma	Neptunia '24	1:09.83	200103078	<b>1:14.20</b>			1:14.20
3.	Sabine Lageweg	Steenwijk 1934	1:16.04	199900926	<b>1:16.44</b>			1:16.44
4.	Marleen Hof	WS Twente	1:18.50	199802464	<b>1:18.11</b>			1:18.11
5.	Alies Wagter	Steenwijk 1934	1:15.23	199900840	<b>1:18.91</b>			1:18.91
6.	Mirna Wolters	de Plons	1:26.18	199802046	<b>1:25.54</b>			1:25.54
7.	Marion Sijbesma	Enkhuizer Zwem Vereniging	1:23.33	199704048	<b>1:26.07</b>			1:26.07
8.	Kim Dekker	de Plons	1:26.00	199903790	<b>1:27.03</b>			1:27.03
<b>Masters 25+, Heren</b>								
1.	Jordi de Nijs	MSV-Zeemacht	1:03.22	199801851	<b>1:05.82</b>			1:05.82
2.	Mark Peters	ZV De Aalscholver	1:13.79	200101431	<b>1:10.49</b>			1:10.49
3.	Kristian Kiers	Deltasteur	1:10.54	200100349	<b>1:11.16</b>			1:11.16
4.	Declan Drost	De Hokseberg	1:11.66	200100203	<b>1:12.35</b>			1:12.35
<b>Masters 30+, Dames</b>								
1.	Jisca Majolée	Zpc Amersfoort	1:15.72	199403570	<b>1:16.69</b>			1:16.69
2.	Nienke Smidt	WS Twente	1:20.09	199407596	<b>1:19.62</b>			1:19.62
3.	Astrid Wibbelink	Steenwijk 1934	1:21.08	199600006	<b>1:20.63</b>			1:20.63
4.	M. Zuccaro	Daw	1:22.72	199606894	<b>1:23.98</b>			1:23.98
5.	Welmoed van Dijk	ZPC Isis	2:07.67	199606918	<b>1:56.95</b>			1:56.95
<b>Masters 30+, Heren</b>								
1.	Erwin Pras	Gzvw	1:07.33	199601781	<b>1:09.88</b>			1:09.88
2.	Roy Schroten	Zuiderzeewimmers	1:15.51	199506373	<b>1:17.43</b>			1:17.43
3.	Patrick Graver	Gzvw	1:18.50	199404735	<b>1:18.02</b>			1:18.02
4.	Arnold Hofman	Dz&Pc	1:24.40	199406759	<b>1:23.41</b>			1:23.41
<b>Masters 35+, Dames</b>								
1.	Manouk Ticheler	De Duinkickers	1:25.75	198705416	<b>1:29.00</b>			1:29.00
2.	Marieke Weering	de Plons	1:30.75	198704550	<b>1:29.95</b>			1:29.95
3.	Janneke Wynia	WS Twente	1:35.69	199005500	<b>1:35.29</b>			1:35.29
4.	Brechtje de Jong	ZPC Isis	2:07.66	198907422	<b>2:15.07</b>			2:15.07
<b>Masters 35+, Heren</b>								
1.	Oz Hirzel	Gay Swim Amsterdam	1:07.83	198806403	<b>1:06.20</b>			1:06.20
2.	Harry Dijkma	ZPC Isis	1:12.81	199100487	<b>1:11.74</b>			1:11.74
3.	Wessel Everloo	WS Twente	1:19.03	198906597	<b>1:18.01</b>	SM14	536	1:18.01
4.	Albert Dijkma	ZPC Isis	1:18.68	198700711	<b>1:20.22</b>			1:20.22
5.	Timon Klok	Aquapoldro	1:38.16	198705477	<b>1:35.63</b>			1:35.63

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Masters 40+, Dames

1.	Astrid van den Berg	Dz&Pc	1:45.00	198600258	<b>1:40.31</b>		1:40.31
2.	Marloes Rebel	WS Twente	1:42.31	198403474	<b>1:52.51</b>		1:52.51

Masters 40+, Heren

1.	Rene Koedooder	Enkhuizer Zwem Verenigir	1:09.02	198200919	<b>1:11.27</b>		1:11.27
2.	Arjen van der Boom	Zignea	1:14.09	198604449	<b>1:13.34</b>		1:13.34
3.	Bruno Belchior	Gay Swim Amsterdam	1:15.09	198504039	<b>1:14.38</b>		1:14.38
4.	René van Dijk	ZPC Isis	1:16.88	198400489	<b>1:16.38</b>		1:16.38
5.	Cetin Cetiner	AZ&PC De Futen	1:20.00	198303155	<b>1:20.22</b>		1:20.22
6.	Edward van Dootingh	Deltasteur	1:25.00	198403341	<b>1:24.00</b>		1:24.00
7.	Sebastiaan de Vos	De Duinkickers	1:53.22	198402481	<b>1:58.08</b>	SM7 249	1:58.08

Masters 45+, Dames

1.	E. Poortvliet - Koedam	De Duinkickers	1:19.57	198001824	<b>1:22.80</b>		1:22.80
2.	Margriet Leeffers	Deltasteur	1:31.86	197800448	<b>1:31.44</b>		1:31.44
3.	Tilja den Broeder	Swol 1894	1:34.00	198001380	<b>1:31.48</b>		1:31.48
4.	Kristel Lips	Enkhuizer Zwem Verenigir	1:27.24	197900562	<b>1:31.81</b>		1:31.81
5.	Fabiola Bosman	Deltasteur	1:30.73	197701148	<b>1:32.25</b>		1:32.25

Masters 45+, Heren

1.	Marcel Reefhuis	WS Twente	1:10.89	198101381	<b>1:09.47</b>		1:09.47
2.	Arjen Nieveen	Dz&Pc	1:16.35	198002545	<b>1:11.61</b>		1:11.61
3.	Peter Lommert	Swol 1894	1:17.71	197900787	<b>1:19.06</b>		1:19.06
4.	Tom Bandsma	Psv	1:19.36	197701625	<b>1:23.86</b>		1:23.86
5.	Jan-Willem Koopman	Batavia Swim	1:37.61	198102641	<b>1:39.46</b>		1:39.46
6.	Mathieu Kreukniet	Zuiderzeewemmers	1:42.00	197902165	<b>1:42.99</b>		1:42.99
NG.ZA	Michiel Brinkman	Daw	1:20.00	198001991			

Masters 50+, Heren

1.	Peter de Vries	HZ&PC Heerenveen	1:17.24	197401601	<b>1:16.40</b>		1:16.40
2.	Heiner Stevens	Zignea	1:17.48	197201299	<b>1:18.31</b>		1:18.31

Masters 55+, Heren

1.	Korstiaan de Boer	Steenwijk 1934	1:18.25	197101629	<b>1:19.64</b>		1:19.64
2.	Gerhard Knol	ZV De Aalscholver	1:20.00	197100483	<b>1:21.94</b>		1:21.94
3.	Taco Eikelenboom	AZ&PC De Futen	1:26.00	196900275	<b>1:33.22</b>		1:33.22
DIS	Erik Zoethout	Aqualero	1:25.77	196901157			

*RH - Het eindpunt niet in rugligging aangeraakt.*

Masters 55+, Dames

1.	Bianca Groot	MSV-Zeemacht	1:24.56	197000652	<b>1:24.42</b>		1:24.42
2.	A. Neuteboom Spijker	Aquapoldro	1:41.80	196800890	<b>1:42.13</b>		1:42.13
3.	Baukje Ipema-Deinum	HZ&PC Heerenveen	1:58.17	196800964	<b>1:59.55</b>		1:59.55

Masters 60+, Dames

1.	Miranda Keijl	Zignea	1:46.80	196500588	<b>1:43.10</b>		1:43.10
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Masters 60+, Heren

1.	Jan Wierenga	ZV De Aalscholver	1:21.00	196400843	<b>1:21.59</b>		1:21.59
2.	E. Neuteboom Spijker	Aquapoldro	1:28.83	196500657	<b>1:27.73</b>		1:27.73

Masters 65+, Heren

1.	Pier van der Sluis	De Vikings	1:24.01	195900757	<b>1:51.28</b>		1:51.28
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Masters 70+, Dames

1.	Atie Pijtak-Radersma	Zpc Amersfoort	1:23.48	195600048	<b>1:24.30</b>	1:24.30
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Masters 70+, Heren

1.	Jaap Vis	TriVia	1:39.20	195600515	<b>1:41.30</b>	1:41.30
2.	Rob Berkhof	Swol 1894	1:53.79	195200245	<b>1:50.89</b>	1:50.89

Masters 75+, Heren

1.	Mans Buis	Swol 1894	2:12.80	194700133	<b>2:17.55</b>	2:17.55
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