



gara 2  
23.05.2026 - 14:50

Ragazze, 400m Stile Libero

Allieve 3  
Risultati

Record RSI	4:09.29	RIGAMONTI, Flavia	AST	Austin (USA)	06.06.2008
Record Campionato	5:09.58	PAPAI, Suami	AST	Tenero	06.07.2019
Vincitore 2024	5:25.53	DE CONTO, Sveva	SUI	Mendrisio	27.05.2023

Limiti A4 : 7:23.00

Pointi: AQUA 2026

Rango	An		Tempo	Pt.	100m	200m	300m	400m
1.	15	Nuoto Sport Locarno	<b>5:28.56</b>	362	1:17.57	1:24.54	1:25.63	1:20.82
2.	15	A-Club Swimming Team	<b>5:35.14</b>	341	1:19.69	1:26.54	1:25.92	1:22.99
3.	15	A-Club Swimming Team	<b>5:48.58</b>	303	1:23.61	1:30.03	1:29.45	1:25.49
4.	15	A-Club Swimming Team	<b>5:49.78</b>	300	1:24.88	1:29.67	1:29.09	1:26.14
5.	15	A-Club Swimming Team	<b>5:58.82</b>	277	1:22.72	1:32.83	1:32.86	1:30.41
6.	15	A-Club Swimming Team	<b>6:11.54</b>	250	1:28.22	1:36.08	1:34.55	1:32.69
7.	15	Mendrisiotto Nuoto	<b>6:12.90</b>	247	1:25.18	1:38.43	1:37.34	1:31.95
8.	15	A-Club Swimming Team	<b>6:15.61</b>	242	1:28.62	1:36.92	1:36.95	1:33.12
9.	15	Lugano Aquatics	<b>6:15.90</b>	241	1:29.61	1:36.81	1:36.67	1:32.81
10.	15	Nuoto Sport Locarno	<b>6:23.58</b>	227	1:30.05	1:38.23	1:39.31	1:35.99
11.	15	Nuoto Sport Locarno	<b>6:25.02</b>	225	1:30.52	1:38.82	1:39.55	1:36.13
12.	15	Mendrisiotto Nuoto	<b>6:25.65</b>	223	1:29.80	1:42.16	1:41.27	1:32.42
13.	15	Turrita Nuoto	<b>7:04.55</b>	167	1:39.49	1:49.25	1:51.56	1:44.25