

GPSK 2026  
Lago Kortrijk Weide, 2 - 3/5/2026

Event 27  
3/05/2026 - 9:43

Women, 400m Freestyle

11 years and older  
Results

Loodsvijsje 2026 11: 5:55.11; 12: 5:37.32; 13: 5:22.64; 14: 5:10.21; 15: 5:04.67; 16: 4:59.51 / Orka 2026 11 - 12: 5:10.21; 13 - 14: 4:50.14; 15 - 16: 4:41.85

Points: AQUA 2025

Rank					Inschr.			Time	Pts			
<b>11 - 12 years</b>												
1.	Berkein Francesca		STA/21087/14		5:38.51			<b>5:23.57</b>	384			
	50m:	36.83	36.83	150m:	1:59.61	41.89	250m:	3:22.81	41.32	350m:	4:45.39	40.76
	100m:	1:17.72	40.89	200m:	2:41.49	41.88	300m:	4:04.63	41.82	400m:	5:23.57	38.18
2.	Laloo Pauline		BZK/21404/14		6:17.10			<b>5:26.61</b>	374			
	50m:	35.25	35.25	150m:	2:00.87	43.47	250m:	3:27.19	43.35	350m:	4:49.71	40.65
	100m:	1:17.40	42.15	200m:	2:43.84	42.97	300m:	4:09.06	41.87	400m:	5:26.61	36.90
3.	Tazmi Ines		CNBA/012773/14		5:28.13			<b>5:29.43</b>	364			
	50m:	37.20	37.20	150m:	2:01.11	41.90	250m:	3:25.35	41.69	350m:	4:49.67	42.23
	100m:	1:19.21	42.01	200m:	2:43.66	42.55	300m:	4:07.44	42.09	400m:	5:29.43	39.76
4.	De Muer Anna		STA/21088/14		5:48.96			<b>5:30.25</b>	362			
	50m:	36.69	36.69	150m:	2:00.05	41.85	250m:	3:24.65	41.74	350m:	4:49.18	41.81
	100m:	1:18.20	41.51	200m:	2:42.91	42.86	300m:	4:07.37	42.72	400m:	5:30.25	41.07
5.	Tyvaert Babette		ISWIM/21121/14		5:36.08			<b>5:34.07</b>	349			
	50m:	37.44	37.44	150m:	2:02.93	43.36	250m:	3:29.78	43.55	350m:	4:56.63	42.84
	100m:	1:19.57	42.13	200m:	2:46.23	43.30	300m:	4:13.79	44.01	400m:	5:34.07	37.44
6.	Loccufier Fleur		BZK/21420/14		5:53.10			<b>5:37.86</b>	338			
	50m:	38.54	38.54	150m:	2:03.41	43.01	250m:	3:29.73	43.30	350m:	4:56.38	43.33
	100m:	1:20.40	41.86	200m:	2:46.43	43.02	300m:	4:13.05	43.32	400m:	5:37.86	41.48
7.	De Mulder Maithe		STA/21080/14		5:39.26			<b>5:39.01</b>	334			
	50m:	37.54	37.54	150m:	2:02.75	42.88	250m:	3:29.59	43.75	350m:	4:56.96	43.30
	100m:	1:19.87	42.33	200m:	2:45.84	43.09	300m:	4:13.66	44.07	400m:	5:39.01	42.05
8.	Van De Steene Lore		STA/21091/15		5:58.35			<b>5:48.01</b>	309			
	50m:	38.62	38.62	150m:	2:04.67	43.62	250m:	3:35.70	45.81	350m:	5:05.64	43.84
	100m:	1:21.05	42.43	200m:	2:49.89	45.22	300m:	4:21.80	46.10	400m:	5:48.01	42.37
9.	Demaret Anaëlle		BOUST/013367/16		10:29			<b>5:48.89</b>	307			
	50m:	40.78	40.78	150m:	2:10.83	45.80	250m:	3:40.26	44.12	350m:	5:08.43	43.61
	100m:	1:25.03	44.25	200m:	2:56.14	45.31	300m:	4:24.82	44.56	400m:	5:48.89	40.46
10.	Derudder Leah		ISWIM/21117/14		5:55.68			<b>5:51.14</b>	301			
	50m:	37.90	37.90	150m:	2:07.18	45.13	250m:	3:39.10	45.79	350m:	5:09.29	44.98
	100m:	1:22.05	44.15	200m:	2:53.31	46.13	300m:	4:24.31	45.21	400m:	5:51.14	41.85
11.	Cai Qixuan		BOUST/013278/16		02:84			<b>5:52.92</b>	296			
	50m:	38.74	38.74	150m:	2:06.97	43.77	250m:	3:38.50	45.81	350m:	5:09.19	45.08
	100m:	1:23.20	44.46	200m:	2:52.69	45.72	300m:	4:24.11	45.61	400m:	5:52.92	43.73
12.	Horacek Gaia		BOUST/015002/16		20:24			<b>5:55.38</b>	290			
	50m:	39.48	39.48	150m:	2:09.22	44.16	250m:	3:41.16	44.74	350m:	5:13.37	45.92
	100m:	1:25.06	45.58	200m:	2:56.42	47.20	300m:	4:27.45	46.29	400m:	5:55.38	42.01
13.	Kemps Amelia		MOZKA/21147/14		NT			<b>5:57.89</b>	284			
	50m:	39.79	39.79	150m:	2:10.23	45.74	250m:	3:42.13	45.90	350m:	5:14.49	47.35
	100m:	1:24.49	44.70	200m:	2:56.23	46.00	300m:	4:27.14	45.01	400m:	5:57.89	43.40
14.	Dhuyvetter Em		UZKZ/21163/14		5:55.05			<b>5:58.59</b>	282			
	50m:	39.61	39.61	150m:	2:11.79	46.80	250m:	3:43.49	46.37	350m:	5:15.20	46.14
	100m:	1:24.99	45.38	200m:	2:57.12	45.33	300m:	4:29.06	45.57	400m:	5:58.59	43.39
15.	Decaestecker Oona		ZB/21106/15		5:59.95			<b>6:03.13</b>	272			
	50m:	38.96	38.96	150m:	2:09.57	46.22	250m:	3:43.95	47.39	350m:	5:18.66	46.79
	100m:	1:23.35	44.39	200m:	2:56.56	46.99	300m:	4:31.87	47.92	400m:	6:03.13	44.47
16.	Degrande Nore		STA/21089/14		6:16.20			<b>6:04.15</b>	270			
	50m:	38.94	38.94	150m:	2:09.62	45.42	250m:	3:44.42	47.36	350m:	5:19.46	47.48
	100m:	1:24.20	45.26	200m:	2:57.06	47.44	300m:	4:31.98	47.56	400m:	6:04.15	44.69

GPSK 2026  
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Event 27, Girls, 400m Freestyle, 11 - 12 years

Rank			Inscr.				Time	Pts				
17.	Breda Maud		UZKZ/21187/15				6:13.87	<b>6:10.29</b>	256			
	50m:	40.73	40.73	150m:	2:14.76	47.75	250m:	3:51.02	47.78	350m:	5:25.72	46.50
	100m:	1:27.01	46.28	200m:	3:03.24	48.48	300m:	4:39.22	48.20	400m:	6:10.29	44.57
18.	De Smet Lore		STA/21086/15				6:19.68	<b>6:10.33</b>	256			
	50m:	40.39	40.39	150m:	2:13.95	46.97	250m:	3:49.94	47.87	350m:	5:25.11	46.80
	100m:	1:26.98	46.59	200m:	3:02.07	48.12	300m:	4:38.31	48.37	400m:	6:10.33	45.22
19.	Demarest Jayda		ZB/21107/15				6:18.17	<b>6:16.49</b>	244			
	50m:	40.71	40.71	150m:	2:15.16	48.14	250m:	3:52.71	49.53	350m:	5:29.25	48.54
	100m:	1:27.02	46.31	200m:	3:03.18	48.02	300m:	4:40.71	48.00	400m:	6:16.49	47.24
20.	De Vusser Laure		STA/21092/15				6:27.89	<b>6:17.26</b>	242			
	50m:	41.12	41.12	150m:	2:16.30	47.47	250m:	3:52.62	47.70	350m:	5:31.02	48.54
	100m:	1:28.83	47.71	200m:	3:04.92	48.62	300m:	4:42.48	49.86	400m:	6:17.26	46.24
21.	Devolder Alice		BZK/21443/15				6:43.15	<b>6:18.68</b>	240			
	50m:	39.61	39.61	150m:	2:12.06	46.69	250m:	3:48.97	49.26	350m:	5:29.74	50.79
	100m:	1:25.37	45.76	200m:	2:59.71	47.65	300m:	4:38.95	49.98	400m:	6:18.68	48.94
22.	Terwe Fenna		DMI/21112/15				NT	<b>6:39.62</b>	204			
	50m:	43.30	43.30	150m:	2:25.36	50.66	250m:	4:09.51	51.33	350m:	5:50.27	49.26
	100m:	1:34.70	51.40	200m:	3:18.18	52.82	300m:	5:01.01	51.50	400m:	6:39.62	49.35
23.	Rogiers Ella		ISWIM/21134/15				7:10.02	<b>6:59.49</b>	176			
	50m:	44.79	44.79	150m:	2:33.88	55.42	250m:	4:22.23	53.88	350m:	6:08.25	53.40
	100m:	1:38.46	53.67	200m:	3:28.35	54.47	300m:	5:14.85	52.62	400m:	6:59.49	51.24
24.	Naessens Anke		DMI/21105/15				7:40.77	<b>7:21.09</b>	151			
	50m:	47.36	47.36	150m:	2:39.11	57.59	250m:	4:31.62	56.88	350m:	6:25.28	57.36
	100m:	1:41.52	54.16	200m:	3:34.74	55.63	300m:	5:27.92	56.30	400m:	7:21.09	55.81

13 - 14 years

1.	Velghe Laura		IKZ/21118/12				4:42.68	<b>4:52.17</b>	522			
	50m:	32.84	32.84	150m:	1:46.74	37.34	250m:	3:01.61	37.43	350m:	4:17.17	37.91
	100m:	1:09.40	36.56	200m:	2:24.18	37.44	300m:	3:39.26	37.65	400m:	4:52.17	35.00
2.	Verstraete Linde		IKZ/21128/12				4:55.67	<b>4:57.95</b>	493			
	50m:	34.16	34.16	150m:	1:49.91	38.31	250m:	3:06.45	38.32	350m:	4:22.06	37.24
	100m:	1:11.60	37.44	200m:	2:28.13	38.22	300m:	3:44.82	38.37	400m:	4:57.95	35.89
3.	Decupere Laurence		KZK/21142/12				4:57.07	<b>5:00.62</b>	480			
	50m:	34.03	34.03	150m:	1:49.32	38.04	250m:	3:06.37	38.54	350m:	4:23.14	37.84
	100m:	1:11.28	37.25	200m:	2:27.83	38.51	300m:	3:45.30	38.93	400m:	5:00.62	37.48
4.	Noppe Pauline		IKZ/21126/12				5:08.63	<b>5:12.44</b>	427			
	50m:	34.53	34.53	150m:	1:53.96	40.17	250m:	3:15.00	40.22	350m:	4:35.47	39.91
	100m:	1:13.79	39.26	200m:	2:34.78	40.82	300m:	3:55.56	40.56	400m:	5:12.44	36.97
5.	Brouwers Phebe		AZK/21088/13				5:08.32	<b>5:16.91</b>	409			
	50m:	34.39	34.39	150m:	1:53.50	40.29	250m:	3:15.96	40.77	350m:	4:37.56	40.22
	100m:	1:13.21	38.82	200m:	2:35.19	41.69	300m:	3:57.34	41.38	400m:	5:16.91	39.35
6.	Adriaensen Lena		MOZKA/21148/135:22.65					<b>5:17.53</b>	407			
	50m:	37.00	37.00	150m:	2:00.29	42.09	250m:	3:22.45	39.85	350m:	4:41.79	39.96
	100m:	1:18.20	41.20	200m:	2:42.60	42.31	300m:	4:01.83	39.38	400m:	5:17.53	35.74
7.	Ceulemans Lena		MOZKA/21186/125:19.28					<b>5:17.75</b>	406			
	50m:	36.20	36.20	150m:	1:55.98	40.82	250m:	3:18.24	41.55	350m:	4:39.08	40.01
	100m:	1:15.16	38.96	200m:	2:36.69	40.71	300m:	3:59.07	40.83	400m:	5:17.75	38.67
8.	Huysentruyt Flore-Marie		UZKZ/21126/12				5:22.57	<b>5:23.58</b>	384			
	50m:	36.97	36.97	150m:	1:59.47	41.53	250m:	3:22.21	41.59	350m:	4:44.28	41.26
	100m:	1:17.94	40.97	200m:	2:40.62	41.15	300m:	4:03.02	40.81	400m:	5:23.58	39.30
9.	Geelen Guusje		ZN/21086/12				5:19.62	<b>5:31.88</b>	356			
	50m:	36.55	36.55	150m:	2:00.91	42.56	250m:	3:26.24	42.49	350m:	4:52.30	42.38
	100m:	1:18.35	41.80	200m:	2:43.75	42.84	300m:	4:09.92	43.68	400m:	5:31.88	39.58

GPSK 2026  
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Event 27, Girls, 400m Freestyle, 13 - 14 years

Rank			Inscr.			Time	Pts		
10.	Vinter Louise		BZK/21431/13			5:32.31	<b>5:37.83</b>	338	
	50m:	37.54	37.54	150m:	2:02.68	42.82	250m:	3:30.02	43.00
	100m:	1:19.86	42.32	200m:	2:47.02	44.34	300m:	4:14.70	44.68
							350m:	4:57.80	43.10
							400m:	5:37.83	40.03
11.	Lemahieu Lucie		KZK/21176/12			6:02.28	<b>5:41.86</b>	326	
	50m:	39.02	39.02	150m:	2:05.76	44.03	250m:	3:34.08	44.20
	100m:	1:21.73	42.71	200m:	2:49.88	44.12	300m:	4:18.22	44.14
							350m:	5:01.04	42.82
							400m:	5:41.86	40.82
12.	Dirix Lily		MOZKA/21168/126:07.25				<b>5:45.20</b>	317	
	50m:	37.65	37.65	150m:	2:02.23	43.58	250m:	3:30.85	45.19
	100m:	1:18.65	41.00	200m:	2:45.66	43.43	300m:	4:16.09	45.24
							350m:	5:01.16	45.07
							400m:	5:45.20	44.04
13.	Van Colen Maelyne		DMI/21104/13			6:19.49	<b>5:55.81</b>	289	
	50m:	39.55	39.55	150m:	2:10.23	45.87	250m:	3:43.23	46.97
	100m:	1:24.36	44.81	200m:	2:56.26	46.03	300m:	4:29.28	46.05
							350m:	5:13.93	44.65
							400m:	5:55.81	41.88
14.	Hoste Skye		DMI/21099/13			6:18.56	<b>6:01.34</b>	276	
	50m:	39.09	39.09	150m:	2:11.98	47.70	250m:	3:45.14	46.97
	100m:	1:24.28	45.19	200m:	2:58.17	46.19	300m:	4:32.08	46.94
							350m:	5:18.50	46.42
							400m:	6:01.34	42.84

15 - 16 years

1.	De Mulder Chloe		STA/21049/10			4:49.76	<b>4:47.27</b>	550	
	50m:	32.89	32.89	150m:	1:45.75	36.20	250m:	2:58.04	35.83
	100m:	1:09.55	36.66	200m:	2:22.21	36.46	300m:	3:34.75	36.71
							350m:	4:11.25	36.50
							400m:	4:47.27	36.02
2.	Van Houcke Imke		KWZC/21078/11			4:50.70	<b>4:54.12</b>	512	
	50m:	33.08	33.08	150m:	1:47.29	37.83	250m:	3:02.85	38.00
	100m:	1:09.46	36.38	200m:	2:24.85	37.56	300m:	3:40.62	37.77
							350m:	4:18.25	37.63
							400m:	4:54.12	35.87
3.	Druwel Nora		TiMe/21023/11			5:03.79	<b>5:08.75</b>	443	
	50m:	33.85	33.85	150m:	1:51.25	39.32	250m:	3:10.85	39.81
	100m:	1:11.93	38.08	200m:	2:31.04	39.79	300m:	3:51.58	40.73
							350m:	4:31.16	39.58
							400m:	5:08.75	37.59
4.	Claeys Inna		ISWIM/21085/11			5:08.46	<b>5:17.35</b>	408	
	50m:	35.75	35.75	150m:	1:54.20	39.78	250m:	3:15.31	41.16
	100m:	1:14.42	38.67	200m:	2:34.15	39.95	300m:	3:56.62	41.31
							350m:	4:38.27	41.65
							400m:	5:17.35	39.08
5.	Salembier Babette		BZK/21376/11			5:24.05	<b>5:24.05</b>	383	
	50m:	37.37	37.37	150m:	1:58.71	41.22	250m:	3:21.51	41.77
	100m:	1:17.49	40.12	200m:	2:39.74	41.03	300m:	4:02.43	40.92
							350m:	4:44.77	42.34
							400m:	5:24.05	39.28
6.	Tuytens Aglaya		TiMe/21071/11			5:26.90	<b>5:38.44</b>	336	
	50m:	37.11	37.11	150m:	2:02.15	43.04	250m:	3:30.36	43.95
	100m:	1:19.11	42.00	200m:	2:46.41	44.26	300m:	4:15.45	45.09
							350m:	4:57.38	41.93
							400m:	5:38.44	41.06
7.	Embrechts Olivia		MOZKA/21152/115:54.77				<b>5:53.46</b>	295	
	50m:	37.52	37.52	150m:	2:06.58	44.56	250m:	3:38.46	46.02
	100m:	1:22.02	44.50	200m:	2:52.44	45.86	300m:	4:25.26	46.80
							350m:	5:10.50	45.24
							400m:	5:53.46	42.96
8.	Vandroogenbroeck Cheyenne		DMI/21090/10			6:08.26	<b>6:06.80</b>	264	
	50m:	38.47	38.47	150m:	2:10.19	46.82	250m:	3:45.85	47.65
	100m:	1:23.37	44.90	200m:	2:58.20	48.01	300m:	4:34.41	48.56
							350m:	5:21.32	46.91
							400m:	6:06.80	45.48

17 years and older

1.	Sprangers Kato		MOZKA/21109/084:39.38				<b>4:45.15</b>	562	
	50m:	32.67	32.67	150m:	1:43.79	35.97	250m:	2:56.78	36.61
	100m:	1:07.82	35.15	200m:	2:20.17	36.38	300m:	3:32.68	35.90
							350m:	4:09.62	36.94
							400m:	4:45.15	35.53
2.	Devolder Yelena		TiMe/21086/09			4:45.07	<b>4:47.51</b>	548	
	50m:	32.83	32.83	150m:	1:46.07	36.67	250m:	3:00.26	36.84
	100m:	1:09.40	36.57	200m:	2:23.42	37.35	300m:	3:37.52	37.26
							350m:	4:13.29	35.77
							400m:	4:47.51	34.22
3.	De Ridder Sterre		ZS/21080/08			4:48.48	<b>4:50.20</b>	533	
	50m:	34.22	34.22	150m:	1:46.58	36.68	250m:	2:59.86	36.89
	100m:	1:09.90	35.68	200m:	2:22.97	36.39	300m:	3:36.49	36.63
							350m:	4:13.68	37.19
							400m:	4:50.20	36.52

GPSK 2026  
Lago Kortrijk Weide, 2 - 3/5/2026

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Event 27, Women, 400m Freestyle, 17 years and older

Rank					Inschr.		Time	Pts				
4.	Van Baelen Yenthe				MOZKA/21075/09	4:54.64	<b>4:55.46</b>	505				
	50m:	32.88	32.88	150m:	1:48.13	37.46	250m:	3:03.19	37.13	350m:	4:19.10	37.81
	100m:	1:10.67	37.79	200m:	2:26.06	37.93	300m:	3:41.29	38.10	400m:	4:55.46	36.36
5.	Andries Febe				TZT/21171/09	4:41.95	<b>5:02.51</b>	471				
	50m:	33.08	33.08	150m:	1:47.32	37.79	250m:	3:04.35	38.84	350m:	4:23.67	39.55
	100m:	1:09.53	36.45	200m:	2:25.51	38.19	300m:	3:44.12	39.77	400m:	5:02.51	38.84
6.	Vanden Baviere Margo				MZK/21096/09	5:05.47	<b>5:27.26</b>	372				
	50m:	37.35	37.35	150m:	2:00.18	41.67	250m:	3:23.04	41.50	350m:	4:47.20	41.87
	100m:	1:18.51	41.16	200m:	2:41.54	41.36	300m:	4:05.33	42.29	400m:	5:27.26	40.06