

Programmanr. 7
25-4-2026 - 15:20

Heren, 400m wisselslag

alg. leeftijdsgroep
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Pablo Sebastián Yagüe 50m: 28.37 100m: 1:00.17	G.S.Z.V. De Golfbreker 28.37 150m: 31.80 200m:	4:46.12 200604559	4:46.34 350m: 400m: 4:46.34	
2.	Tom Balsen Versteeg 50m: 28.92 100m: 1:04.00	E.S.W.Z.V. Nayade 28.92 150m: 35.08 200m:	4:54.66 200005673	4:53.38 350m: 400m: 4:53.38	
3.	Odo McCarthy 50m: 28.22 100m: 1:02.90	N.S.Z.& W.V. Hydrofiel 28.22 150m: 34.68 200m:	4:50.24 200700307	4:54.07 350m: 400m: 4:54.07	
4.	A. Hendriksen of Hendriks 50m: 28.89 100m: 1:03.64	A.S.Z.V. Spons 28.89 150m: 34.75 200m:	5:00.00 200002711	5:01.51 350m: 400m: 5:01.51	
5.	Seiya Takada 50m: 30.64 100m: 1:05.61	Dsz Wave 30.64 150m: 34.97 200m:	5:00.00 200205199	5:02.18 350m: 400m: 5:02.18	
6.	David Warris 50m: 29.10 100m: 1:05.13	G.S.Z.V. De Golfbreker 29.10 150m: 36.03 200m:	5:22.80 200502147	5:06.80 350m: 400m: 5:06.80	
7.	Finn Meyer 50m: 32.98 100m: 1:11.19	MSZV Tiburon 32.98 150m: 38.21 200m:	5:34.50	5:09.56 250m: 300m: 350m: 400m: 5:09.56	
8.	Tom van den Akker 50m: 30.70 100m: 1:08.65	USZ&WF Het Zinkstuk 30.70 150m: 37.95 200m:	5:08.52 200204653	5:09.57 250m: 300m: 350m: 400m: 5:09.57	
9.	Rafaël Houkes 50m: 32.22 100m: 1:10.49	Aquamania 32.22 150m: 38.27 200m:	5:39.04 200204803	5:23.86 250m: 300m: 350m: 400m: 5:23.86	
10.	Rick Haanschoten 50m: 32.81 100m: 1:11.67	SZV Aquifer 32.81 150m: 38.86 200m:	5:29.11 200100291	5:31.35 250m: 300m: 350m: 400m: 5:31.35	
11.	Jorim Hebbink 50m: 31.72 100m: 1:10.79	ZPV Piranha 31.72 150m: 39.07 200m:	5:31.29 200401957	5:41.16 250m: 300m: 350m: 400m: 5:41.16	
12.	Lucas Houkes 50m: 34.25 100m: 1:15.52	Dsz Wave 34.25 150m: 41.27 200m:	NT 200503425	5:42.28 250m: 300m: 350m: 400m: 5:42.28	
13.	Vincent Berghorst 50m: 32.34 100m: 1:11.08	N.S.Z.& W.V. Hydrofiel 32.34 150m: 38.74 200m:	NT 200300567	5:43.19 250m: 300m: 350m: 400m: 5:43.19	
14.	Marco Peralta Tapia 50m: 33.16 100m: 1:15.63	Dsz Wave 33.16 150m: 42.47 200m:	6:35.00	5:50.34 250m: 300m: 350m: 400m: 5:50.34	
15.	Jesper Luppens 50m: 34.14 100m: 1:16.17	G.S.Z.V. De Golfbreker 34.14 150m: 42.03 200m:	6:16.37 200005403	5:58.78 250m: 300m: 350m: 400m: 5:58.78	
16.	Gonzalo Rojas 50m: 36.82 100m: 1:23.02	Ragnar 36.82 150m: 46.20 200m:	NT	6:14.40 250m: 300m: 350m: 400m: 6:14.40	
17.	Bora Gungor 50m: 41.10 100m: 1:28.66	Aquamania 41.10 150m: 47.56 200m:	NT	7:06.43 250m: 300m: 350m: 400m: 7:06.43	
AFGEM	Le Phat	G.S.Z.V. De Golfbreker	NT		
AFGEM	Haico Weijers	Ragnar	NT 198803759		
AFGEM	Cynrik Beyer	Dsz Wave	10:00.00		
NG	Neven Gentil	E.S.W.Z.V. Nayade	5:30.00		
BM	Ted Ruiter 50m: 35.86 100m: 1:18.53	Dsz Wave 35.86 150m: 42.67 200m:	5:45.85 200000047	5:39.78 250m: 300m: 350m: 400m: 5:39.78	
BM	Emiel Geerts 50m: 33.75 100m: 1:19.25	G.S.Z.V. De Golfbreker 33.75 150m: 45.50 200m:	NT 199701701	6:16.53 250m: 300m: 350m: 400m: 6:16.53	