

IX Siguldas peldbaseina akvatlons
Sigulda, 25.4.2026

Event 5
25.04.2026 - 12:30

Women, 400m Freestyle

YOB 1967 - 2012
Results

Points: AQUA 2024

		YB				Time				Pts
YOB 2009 - 2012										
121	GUSTINA Marta	12	Triatlona akademija					4:47.30	521	
	50m: 29.97 29.97	150m: 1:41.29	36.26	250m: 2:54.92	37.00	350m: 4:10.26	37.46			
	100m: 1:05.03 35.06	200m: 2:17.92	36.63	300m: 3:32.80	37.88	400m: 4:47.30	37.04			
38	SULAINE Nadezda	09	DTC Jauniba					5:39.58	316	
	50m: 38.63 38.63	150m: 2:04.99	43.62	250m: 3:32.12	43.48	350m: 4:58.16	42.93			
	100m: 1:21.37 42.74	200m: 2:48.64	43.65	300m: 4:15.23	43.11	400m: 5:39.58	41.42			
85	VAKULICA Anastasija	11	SK Sharky					6:27.55	212	
	50m: 40.30 40.30	150m: 2:15.28	48.84	250m: 3:56.60	51.36	350m: 5:39.39	51.09			
	100m: 1:26.44 46.14	200m: 3:05.24	49.96	300m: 4:48.30	51.70	400m: 6:27.55	48.16			
71	VIKSNE Marta	10	Baltijas triatlona klubs					6:48.19	181	
	50m: 40.90 40.90	150m: 2:22.89	52.80	250m: 4:09.79	53.55	350m: 5:56.91	53.70			
	100m: 1:30.09 49.19	200m: 3:16.24	53.35	300m: 5:03.21	53.42	400m: 6:48.19	51.28			
75	KOVANCOVA Emilija	10	Marupes NSS					7:20.47	144	
	50m: 41.42 41.42	150m: 2:30.68	57.34	250m: 4:27.05	58.36	350m: 6:25.47	58.85			
	100m: 1:33.34 51.92	200m: 3:28.69	58.01	300m: 5:26.62	59.57	400m: 7:20.47	55.00			
YOB 2007 - 2008										
67	BERZINA Marta	07	Baltijas triatlona klubs					6:35.75	199	
	50m: 42.17 42.17	150m: 2:20.18	50.20	250m: 4:02.98	51.76	350m: 5:47.31	52.00			
	100m: 1:29.98 47.81	200m: 3:11.22	51.04	300m: 4:55.31	52.33	400m: 6:35.75	48.44			
73	BOMBINA Katrina	08	Marupes NSS					7:20.81	144	
	50m: 45.76 45.76	150m: 2:34.23	55.91	250m: 4:30.52	58.62	350m: 6:26.94	58.38			
	100m: 1:38.32 52.56	200m: 3:31.90	57.67	300m: 5:28.56	58.04	400m: 7:20.81	53.87			
YOB 1987 - 2006										
126	MEDNE Baiba	90	TRI KAN					5:09.35	418	
	50m: 33.41 33.41	150m: 1:47.95	37.93	250m: 3:07.26	40.23	350m: 4:28.78	40.95			
	100m: 1:10.02 36.61	200m: 2:27.03	39.08	300m: 3:47.83	40.57	400m: 5:09.35	40.57			
65	PAUNINA Ieva	99	Baltijas triatlona klubs					6:18.25	228	
	50m: 43.45 43.45	150m: 2:18.37	47.95	250m: 3:55.66	49.12	350m: 5:33.04	48.18			
	100m: 1:30.42 46.97	200m: 3:06.54	48.17	300m: 4:44.86	49.20	400m: 6:18.25	45.21			
YOB 1977 - 1986										
125	VOLFRAMA Ilze	80	OK Ikskile					5:31.57	339	
	50m: 37.29 37.29	150m: 1:59.36	41.72	250m: 3:24.28	42.48	350m: 4:51.09	43.41			
	100m: 1:17.64 40.35	200m: 2:41.80	42.44	300m: 4:07.68	43.40	400m: 5:31.57	40.48			
129	PETROVSKA Elina	86	SK Siguldas Takas					8:56.94	79	
	50m: 55.63 55.63	150m: 3:14.47	1:12.65	250m: 5:34.31	1:08.89	350m: 7:52.17	1:06.76			
	100m: 2:01.82 1:06.19	200m: 4:25.42	1:10.95	300m: 6:45.41	1:11.10	400m: 8:56.94	1:04.77			