



LEIRIASWIM Categorias 2026
Leiria, 16/5/2026

Prova 18 Masc., 400m Livres Grupo B
16/05/2026 - 15:46 Resultados

Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac 14	4:12.35	Andre Vilas, RUIVO	DNMG	Campo Maior	29/03/2014
Rec Nac 13	4:21.95	Pedro Fontoura, OLIVEIRA	CFB	Santarém	04/04/2003

Pontos: AQUA 2026

Lugar			Ano			Tempo final			Pts
1.	Sebastian, PACHECO		12	Naval de Peniche		4:46.94			
	50m:	31.09 31.09	150m:	1:42.93 36.49	250m:	2:57.25 37.32	350m:	4:11.46 37.07	
	100m:	1:06.44 35.35	200m:	2:19.93 37.00	300m:	3:34.39 37.14	400m:	4:46.94 35.48	
2.	Vladyslav, DVIRNYY		13	Nucleo de Pombal		4:58.36			
	50m:	34.18 34.18	150m:	1:50.67 38.33	250m:	3:08.21 38.75	350m:	4:24.81 38.07	
	100m:	1:12.34 38.16	200m:	2:29.46 38.79	300m:	3:46.74 38.53	400m:	4:58.36 33.55	
3.	Goncalo Nunes, MORAIS		12	Ba Leiria / Sk Coffee		5:04.17			
	50m:	34.85 34.85	150m:	1:53.36 39.40	250m:	3:11.49 38.80	350m:	4:29.72 40.00	
	100m:	1:13.96 39.11	200m:	2:32.69 39.33	300m:	3:49.72 38.23	400m:	5:04.17 34.45	
4.	Miguel, CAINAC		13	Benedita		5:07.77			
	50m:	33.83 33.83	150m:	1:50.54 38.68	250m:	3:09.85 39.30	350m:	4:28.94 39.45	
	100m:	1:11.86 38.03	200m:	2:30.55 40.01	300m:	3:49.49 39.64	400m:	5:07.77 38.83	
5.	Vasco Figueiredo, ALMEIDA		12	CD Estarreja		5:14.56			
	50m:	35.05 35.05	150m:	1:56.00 40.66	250m:	3:17.34 40.52	350m:	4:37.11 39.50	
	100m:	1:15.34 40.29	200m:	2:36.82 40.82	300m:	3:57.61 40.27	400m:	5:14.56 37.45	
6.	Roberto Bento, CANAS		12	Pimpoes/Cimai		5:30.97			
	50m:	36.50 36.50	150m:	2:00.66 42.06	250m:	3:26.05 42.97	350m:	4:51.22 43.15	
	100m:	1:18.60 42.10	200m:	2:43.08 42.42	300m:	4:08.07 42.02	400m:	5:30.97 39.75	
7.	Manuel Maria, FONSECA		13	Académico Viseu		5:37.62			
	50m:	37.12 37.12	150m:	2:02.72 43.08	250m:	3:30.02 43.27	350m:	4:55.78 42.65	
	100m:	1:19.64 42.52	200m:	2:46.75 44.03	300m:	4:13.13 43.11	400m:	5:37.62 41.84	
8.	Gabriel Bernardo, ALEXANDRE		13	Uniao Juncalense		7:09.59			
	50m:	42.76 42.76	150m:	2:30.24 56.05	250m:	4:23.60 57.29	350m:	6:15.75 55.56	
	100m:	1:34.19 51.43	200m:	3:26.31 56.07	300m:	5:20.19 56.59	400m:	7:09.59 53.84	





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Leiria, 16/5/2026

Prova 18, Masc., 400m Livres

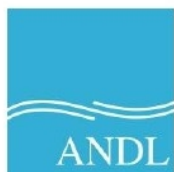
Prova 18 Masc., 400m Livres Grupo C
16/05/2026 - 15:46 Resultados

Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac 16	3:58.45	Rui Silva, PEREIRA	ADRCIMM	Sines	17/12/2023
Rec Nac 15	4:01.42	Rui Silva, PEREIRA	POR	Tomar	15/01/2023

Pontos: AQUA 2026

Lugar			Ano					Tempo final	Pts		
1.	Andre Ferreira, SANTOS		10	Académico Viseu				4:11.64			
	50m:	29.63 29.63	150m:	1:33.53	31.93	250m:	2:37.52	31.98	350m:	3:41.15	31.51
	100m:	1:01.60 31.97	200m:	2:05.54	32.01	300m:	3:09.64	32.12	400m:	4:11.64	30.49
2.	Guilherme Rodrigues, CABRAL		10	Pimpoes/Cimai				4:24.31			
	50m:	30.97 30.97	150m:	1:38.34	33.57	250m:	2:45.38	33.11	350m:	3:52.21	33.13
	100m:	1:04.77 33.80	200m:	2:12.27	33.93	300m:	3:19.08	33.70	400m:	4:24.31	32.10
3.	Dinis Lamas, SANTOS		10	Ba Leiria / Sk Coffee				4:31.99			
	50m:	29.59 29.59	150m:	1:37.78	34.43	250m:	2:47.52	34.75	350m:	3:57.39	35.02
	100m:	1:03.35 33.76	200m:	2:12.77	34.99	300m:	3:22.37	34.85	400m:	4:31.99	34.60
4.	Duarte Miguel, SANTOS		11	CD Estarreja				4:43.37			
	50m:	30.84 30.84	150m:	1:41.99	35.94	250m:	2:54.79	36.22	350m:	4:08.52	36.57
	100m:	1:06.05 35.21	200m:	2:18.57	36.58	300m:	3:31.95	37.16	400m:	4:43.37	34.85
5.	Duarte Oliveira, PINTO		11	Gesloures				4:44.35			
	50m:	32.08 32.08	150m:	1:43.86	36.59	250m:	2:58.27	37.85	350m:	4:10.80	35.69
	100m:	1:07.27 35.19	200m:	2:20.42	36.56	300m:	3:35.11	36.84	400m:	4:44.35	33.55
6.	Brock Ammon, MERRELL		10	Naval de Peniche				4:52.01			
	50m:	29.05 29.05	150m:	1:41.64	37.46	250m:	2:58.58	38.79	350m:	4:15.83	38.96
	100m:	1:04.18 35.13	200m:	2:19.79	38.15	300m:	3:36.87	38.29	400m:	4:52.01	36.18
7.	Santiago Neves, SILVA		10	Nucleo de Pombal				5:20.31			
	50m:	34.06 34.06	150m:	1:54.13	41.03	250m:	3:17.46	41.89	350m:	4:41.18	41.70
	100m:	1:13.10 39.04	200m:	2:35.57	41.44	300m:	3:59.48	42.02	400m:	5:20.31	39.13
8.	Joao Santos, DURAO		10	Uniao Juncalense				5:43.58			
	50m:	38.63 38.63	150m:	2:05.23	44.04	250m:	3:33.53	43.81	350m:	5:01.75	44.36
	100m:	1:21.19 42.56	200m:	2:49.72	44.49	300m:	4:17.39	43.86	400m:	5:43.58	41.83





LEIRIASWIM Categorias 2026
Leiria, 16/5/2026

Prova 18, Masc., 400m Livres

Prova 18 Masc., 400m Livres Grupo D
16/05/2026 - 15:46 Resultados

Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac 19 +	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac 18	3:50.52	Adriano Miquel, NIZ	CFV	Fafe	26/06/2004
Rec Nac 17	3:52.60	Rui Silva, PEREIRA	ADRCIMM	Tomar	14/12/2024

Pontos: AQUA 2026

Lugar			Ano			Tempo final			Pts
1.	Santiago Agostinho, PARREIRA		09	Pimpoes/Cimai		4:05.96			
	50m:	28.27 28.27	150m:	1:31.31 31.88	250m:	2:33.40 31.02	350m:	3:36.03 30.88	
	100m:	59.43 31.16	200m:	2:02.38 31.07	300m:	3:05.15 31.75	400m:	4:05.96 29.93	
2.	Joao Nuno, GASPAR		09	Condeixa Aqua Clube		4:07.73			
	50m:	27.86 27.86	150m:	1:30.59 31.60	250m:	2:33.86 31.49	350m:	3:37.81 32.03	
	100m:	58.99 31.13	200m:	2:02.37 31.78	300m:	3:05.78 31.92	400m:	4:07.73 29.92	
3.	Tomas Pascoal, FERREIRA		09	Ba Leiria / Sk Coffee		4:10.90			
	50m:	28.42 28.42	150m:	1:31.60 31.93	250m:	2:35.91 32.18	350m:	3:39.78 31.76	
	100m:	59.67 31.25	200m:	2:03.73 32.13	300m:	3:08.02 32.11	400m:	4:10.90 31.12	
4.	David Ferrador, PEREIRA		09	Nucleo de Pombal		4:28.58			
	50m:	29.35 29.35	150m:	1:37.20 34.99	250m:	2:46.60 34.73	350m:	3:55.48 34.15	
	100m:	1:02.21 32.86	200m:	2:11.87 34.67	300m:	3:21.33 34.73	400m:	4:28.58 33.10	
5.	Luis Azevedo, PINTO		09	CD Estarreja		4:32.60			
	50m:	30.20 30.20	150m:	1:36.72 33.83	250m:	2:46.31 34.99	350m:	3:57.70 35.43	
	100m:	1:02.89 32.69	200m:	2:11.32 34.60	300m:	3:22.27 35.96	400m:	4:32.60 34.90	
6.	Alexandre Afonso, SANTOS		09	Uniao Juncalense		5:23.90			
	50m:	33.05 33.05	150m:	1:54.09 41.59	250m:	3:18.44 41.74	350m:	4:43.19 42.21	
	100m:	1:12.50 39.45	200m:	2:36.70 42.61	300m:	4:00.98 42.54	400m:	5:23.90 40.71	
EXH	Tiago Joao, OLAS		10	Académico Viseu		4:22.00			
	50m:	30.22 30.22	150m:	1:36.34 33.17	250m:	2:43.56 33.80	350m:	3:50.54 33.44	
	100m:	1:03.17 32.95	200m:	2:09.76 33.42	300m:	3:17.10 33.54	400m:	4:22.00 31.46	
EXH	Afonso Matos, CORREIA		09	Nucleo de Pombal		4:44.85			
	50m:	31.06 31.06	150m:	1:43.69 36.63	250m:	2:56.83 36.62	350m:	4:11.07 37.37	
	100m:	1:07.06 36.00	200m:	2:20.21 36.52	300m:	3:33.70 36.87	400m:	4:44.85 33.78	
EXH	Eduardo Manuel, FERREIRA		12	Nucleo de Pombal		4:55.90			
	50m:	33.42 33.42	150m:	1:47.55 37.33	250m:	3:03.44 38.17	350m:	4:19.91 38.06	
	100m:	1:10.22 36.80	200m:	2:25.27 37.72	300m:	3:41.85 38.41	400m:	4:55.90 35.99	
EXH	Afonso Nunes, MARCELINO		08	Nucleo de Pombal		5:17.30			
	50m:	35.21 35.21	150m:	1:54.08 40.17	250m:	3:17.24 41.94	350m:	4:39.12 40.81	
	100m:	1:13.91 38.70	200m:	2:35.30 41.22	300m:	3:58.31 41.07	400m:	5:17.30 38.18	
EXH	Estevao Esperanco, MOTA		13	Ba Leiria / Sk Coffee		5:18.25			
	50m:	35.16 35.16	150m:	1:56.16 41.18	250m:	3:18.42 40.73	350m:	4:39.70 39.93	
	100m:	1:14.98 39.82	200m:	2:37.69 41.53	300m:	3:59.77 41.35	400m:	5:18.25 38.55	





LEIRIASWIM Categorias 2026
Leiria, 16/5/2026

Prova 18, Masc., 400m Livres

Lugar			Ano					Tempo final	Pts		
EXH	Pedro Martim, CRESPO		13	Ba Leiria / Sk Coffee				5:44.03			
	50m:	38.15 38.15	150m:	2:04.33	43.59	250m:	3:33.46	45.15	350m:	4:55.24	36.18
	100m:	1:20.74 42.59	200m:	2:48.31	43.98	300m:	4:19.06	45.60	400m:	5:44.03	48.79
EXH	Mihail, ONCIU		12	Ba Leiria / Sk Coffee				5:44.53			
	50m:	36.81 36.81	150m:	2:03.29	44.71	250m:	3:31.48	44.07	350m:	5:00.72	44.52
	100m:	1:18.58 41.77	200m:	2:47.41	44.12	300m:	4:16.20	44.72	400m:	5:44.53	43.81
EXH	Asabdek, TUYCHIEV		11	Ba Leiria / Sk Coffee				5:48.06			
	50m:	36.34 36.34	150m:	2:02.63	43.93	250m:	3:32.82	45.49	350m:	5:00.06	41.92
	100m:	1:18.70 42.36	200m:	2:47.33	44.70	300m:	4:18.14	45.32	400m:	5:48.06	48.00
EXH	Duarte Mota, GASPAR		12	Ba Leiria / Sk Coffee				5:56.54			
	50m:	40.75 40.75	150m:	2:12.34	45.87	250m:	3:43.78	45.19	350m:	5:13.48	44.14
	100m:	1:26.47 45.72	200m:	2:58.59	46.25	300m:	4:29.34	45.56	400m:	5:56.54	43.06
EXH	Egor, MIKHAILOV		12	Ba Leiria / Sk Coffee				6:21.58			
	50m:	40.34 40.34	150m:	2:18.17	50.39	250m:	3:58.87	50.16	350m:	5:39.79	49.14
	100m:	1:27.78 47.44	200m:	3:08.71	50.54	300m:	4:50.65	51.78	400m:	6:21.58	41.79

